|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Overnight Planned Respite Services**  Overnight Planned Respite Services (OPRS) are authorized by DDA with the intent to provide short-term intermittent relief for the primary caregivers who lives with the adult DDA client (age 18 and older). Respite service provides an individualized respite agreement with care and planned activities for the client in a certified setting in the community. Community activities and transportation available based on client interest and discussed during the development of the individualized respite agreement. | | | | | | |
|
| **Region** | **Provider** | **Location** | **Address** | **House Contact/**  **Program Manager:** | **Nurse Delegation** | **Accommodations** |
| **1** | **The Arc of Spokane** | **Spokane** | 1218 E. ***Bismark*** Ave.  Spokane, WA 99208 | Cathy O’Keefe  (509) 953-5507  [cokeefe@arc-spokane.org](mailto:cokeefe@arc-spokane.org) | Available and provided by contracted nurse delegator | * 1:1 support from female and male staff day and night based on assessed need * Wheelchair accessible * Large, tiled shower with 6” lip * Fenced in yard with deck * [Spokane OPRS pictures](file:///C:/Users/woodsbp/Desktop/OPRS/The%20Arc%20respite%20pictures.pptx) |
| **1** | **The Arc of Spokane** | **Spokane** | 5125 N. ***Lidgerwood***  Spokane, WA 99207 | Cathy O’Keefe  (509) 953-5507  [cokeefe@arc-spokane.org](mailto:cokeefe@arc-spokane.org) | Available and provided by contracted nurse delegator | * 1:1 support from female and male staff day and night based on assessed need * Wheelchair accessible * Hoyer lift, hi-lo bed available per need * Walk/ roll-in shower with shower chair * Near busy street * [Spokane OPRS pictures](file:///C:/Users/woodsbp/Desktop/OPRS/The%20Arc%20respite%20pictures.pptx) |
| **2** | **Service Alternatives (SA)** | **Shoreline** | 18839 3rd Avenue NW Shoreline, WA 98177 | Jess Eitelberg  (425) 314-2390  [Jessica.eitelberg@servicealternatives.com](mailto:Jessica.eitelberg@servicealternatives.com) | Available and provided by contracted nurse delegator  *Does not delegate*:   * Tracheotomy * Feeding tubes * Colostomy care * Catheter care | * Accessible for walker only, not wheelchair * Ramp at entrance * Mother-in-Law Apartment * 1:1 daytime support from female and male staff based on assessed need * Shared nighttime staff starting at 11pm with checks based on assessed need * Tub with grab bars * On/near busy street * Flexible check-in and out times between 7am and 8pm |
| **2** | **Service Alternatives (SA)** | **Lynnwood** | 3901 164th St. SW.  Lynnwood, WA 98087 | Jess Eitelberg  (425) 314-2390  [Jessica.eitelberg@servicealternatives.com](mailto:Jessica.eitelberg@servicealternatives.com) | Available and provided by contracted nurse delegator  *Does not delegate*:   * Tracheotomy * Feeding tubes * Colostomy care * Catheter care | ***Duplex #A: Top Floor***   * Wheelchair accessible w/ ramp at entrance * Walk/ roll-in shower with shower chair and grab bars   ***Duplex #B: Bottom Floor***   * Steps down to access entrance * Tub * Activity room w/ various art and sensory items * 1:1 daytime support from female and male staff based on assessed need * Shared between unit A & B nighttime staff starting at 11pm with checks based on assessed need |
| **3** | **Service Alternatives (SA)** | **Tacoma** | 5016 S 58th St.  Tacoma WA 98409 | Soraya Sulten-Meer  (253) 279-7695  [Soraya.meer@ servicealternatives.com](mailto:Soraya.meer@%20servicealternatives.com) | *Delegation not available at this time* | * Two (2) story home with the bedroom and bathroom located upstairs * 1:1 daytime support from female and male staff based on assessed need * Shared nighttime staff starting at 10pm w/ checks every 2 hours * Tub with grab bars * Alarm on door and windows available per need * Flexible check-in and out times |
| **2** | **Holly Community Services**  **(HCS)** | **Bellingham** | ***Bridge Creek***  260 East Bakerview #130  Bellingham, WA 98226 | Tom Delp  (360) 932-2338  [tom@ hollycommunity.com](mailto:tom@hollycommunity.com) | Available and provided by contracted nurse delegator  *Does not delegate*:   * Tracheotomy * Suppository during seizures | * Wheelchair accessible * 1:1 daytime support from female and male staff based on assessed need * Shared nighttime staff starting at 9pm w/ checks every 2 hours and available via call button if needed * Walk/ roll-in shower w/ shower chair & grab bars * On a busy street at apartment complex * Check-in after *11am* and check-out by *1pm flexible times can be considered by request* * Alarms on doors available per need * Swing, art and picnic area, video game consoles & TV apps * [Bellingham OPRS pictures](file:///C:/Users/woodsbp/Desktop/OPRS/Bridge%20Creek%20Bellingham%20OPRS.pptx) |
| **2** | **Holly Community Services (HCS)** | **Bellingham** | 656 ***Leroy*** Place,  Bellingham, WA 98226 | Tom Delp  (360) 932-2338  [tom@ hollycommunity.com](mailto:tom@hollycommunity.com) | Available and provided by contracted nurse delegator  *Does not delegate*:   * Tracheotomy * Suppository during seizures | * Wheelchair accessible * Big fenced in backyard with patio * 1:1 support from female and male staff day and night based on assessed need * Check-in after *11am* and check-out by *1pm flexible times can be considered by request* * Shower chair & grab bars * Hoyer lift, hi-lo bed available per need * Alarms on doors available per need * Art room, video game consoles & TV apps * [Bellingham OPRS pictures](file:///C:/Users/woodsbp/Desktop/OPRS/Bridge%20Creek%20Bellingham%20OPRS.pptx) |
| **3** | **Northwest Supported Living**  **(NWSL)** | **Olympia/ Tumwater** | 7637 Stable Ct. SE,  Olympia, WA 98501 | Susan Bueno  (808) 635- 2611  [susan@northwestsupportedliving.net](mailto:susan@northwestsupportedliving.net) | Available and provided by contracted nurse delegator | ***Duplex Side A:***   * Retro themed home   ***Duplex Side B:***   * Log Cabin themed home * Wheelchair accessible * Fenced in backyard * Walk/ roll-in shower w/ shower chair & grab bars * 1:1 daytime support from female and male staff based on assessed need * Shared nighttime staff starting at 8pm w/ checks every 30 minutes * Hoyer lift available per need * Swing, sensory room, art supplies * Flexible check-in and out times |
| **3** | **Northwest Supported Living**  **(NWSL)** | **Vancouver** | 3007 NW 104th St.  Vancouver, WA 98685 | Susan Bueno  (808) 635-2611  [susan@northwestsupportedliving.net](mailto:susan@northwestsupportedliving.net) | Available and provided by contracted nurse delegator  *Does not delegate*:   * Diabetes support | * Beach themed home * Wheelchair accessible * 1:1 support from female and male staff day and night based on assessed need * Walk/ roll-in shower w/ shower chair & grab bars * Fenced in backyard * On/near busy street * Flexible check-in and out times * Hoyer lift available per need * Swing chair * Sensory room coming soon |