

READING AND FOLLOWING THE INDIVIDUAL INSTRUCTION AND SUPPORT PLAN (IISP)

**A CONTINUING EDUCATION (CE) COURSE
FOR DIRECT SUPPORT PROFESSIONALS**

INTRODUCTIONS

My Name is.....

One sound I really can't stand is.....

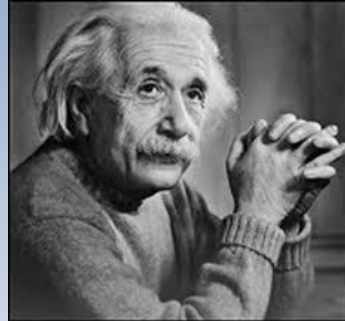
One thing of mine you better not touch is.....

One thing that makes me smile is.....

Likes :

I like things done my way
I love to take things apart to see how they work
I like to be left alone when I am in the bathroom or my bedroom
I like most foods, but my favorites are spaghetti, Wheat Thins & diet coke
I love talking to people – even those I have just met
Shopping at the mall and looking at the newspaper ads
All kinds of dancing
Playing board games
Going out to dinner on Wednesday nights

Albert Johnson



Dislikes :

Being rushed
People finishing my sentences
I get angry when people tell me what to do
Being nagged about my diet
Going to the gym (I prefer to take a walk outside!)
Being woken up before 10am on the weekends

RISKS!

Extremely allergic to **peanuts**; read all labels carefully, and monitor for signs of allergic reaction. Use EpiPen and call 911 in case of allergic reaction.
History of issues with fire, my combustibles (lighters, matches, charcoal, gas for lawn mower) is kept secured and staff should ensure any lighters or matches they bring into my home or secured at all times.

Skills & Abilities:

*I am a good dancer and have a good sense of rhythm
I get along with most everyone
I can read most things
I know how to get around in my neighborhood
I can advocate for myself and tell people what I want or need
I like to establish and follow a daily routine
I get up and ready for work on my own almost every day
I can cook simple meals, and follow a recipe with help
I take care of my own personal hygiene and most household tasks
I pride myself on being punctual*

Communication Style:

*I like to talk to people and have no problem communicating my needs.
I do use a hearing aid in my left ear, and prefer for people to stand on my right side when we are talking.
Sometimes I don't notice when my hearing aid battery dies – so if you notice I am having trouble hearing; you should ask me if I have checked my battery.
I like others to talk to me like an adult (because I am), let me know honestly what is going on, and avoid telling me what to do.*



DISCUSSION POINTS

What did you learn that will help you to be more effective when you work with this person?

What did you learn that will help you to create a positive environment?

Are there barriers that you see or anything that will be hard for you to do / not to do?



WHAT DO YOU NEED????

What do you think might get in your way to follow this plan?

What can we do to address this?

HABILITATION

Services delivered by residential services providers intended to assist persons with developmental disabilities to **acquire, retain and/or improve** upon the **self-help, socialization and/or adaptive skills** necessary to reside successfully in home and community-based settings.

“IMPORTANT TO”



What is important to a person includes those things in life which help us to be

- ✓ **Satisfied**
- ✓ **Content**
- ✓ **Comforted**
- ✓ **Happy**

This can include people, relationships, activities, events, rituals, routines, pace of life, things to have. You can determine what is important to people by their words or behavior

“IMPORTANT FOR”



dreamstime.com

What is important for people may include

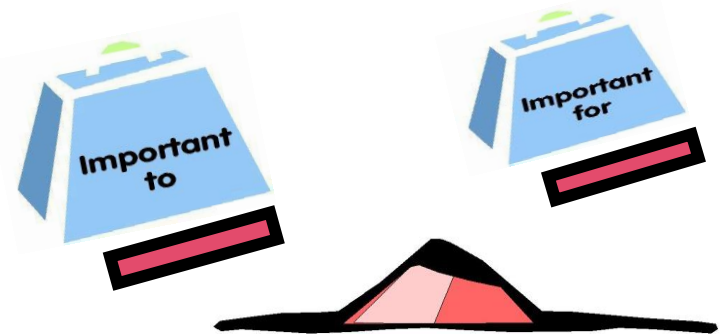
- ✓ **Physical, Mental, Emotional Health**
- ✓ **Safety**
- ✓ **Supports needed**

This can include wellness and prevention. It can also include what others see as important to help person be a valued member of their community.

THE BALANCE

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- There must be a balance between what is “important to” and “important for”
- If we only focus on “important for” – choice and quality of life are lost
- If we only focus on “important to” – we may be overlooking important health and safety concerns potentially to the point of negligence



PUTTING IT IN PRACTICE

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On a piece of paper, write down:

**Things that are
Important To you:**

*(Hint: think of those things
that make you feel
satisfied, content,
comforted and/or happy)*

**Things that are
Important For you:**

*(Hint: think of those things
that you know are good for
you, but you have to push
yourself to do or maybe
aren't doing as much or as
well as you should)*





ASK YOURSELF...

Why do you do the things that are important for you?

THE LINK

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If we want people to attend to what is important **for** them, there must be an aspect of it that is important **to** them



ASK YOURSELF...

What would help you increase doing the things that are important for you?

- ✓ Can you combine it with something important to you?
- ✓ How can you remind yourself of the reason you are doing it?

IISP GOALS – WHAT YOU NEED TO KNOW:

- What is the specific goal – what is the person trying to increase, decrease or retain?
- What is **important to** the person as it relates to the goal?
- What are you supposed to do in order to teach, encourage and/or motivate the person for this goal?
- What and where do you document?

DO YOU KNOW.....

- ❓ **Where to find what you need in the IISP**
- ❓ **The other plans your client has**
- ❓ **Risks and the interventions you are expected to take**
- ❓ **When to teach vs when to support (do for)**
- ❓ **What approach(es) work best to teach your client**
- ❓ **Use of special equipment / protocols**
- ❓ **What, when and how to support habilitative goals**
- ❓ **Where to document**

BREAK TIME REMAINING

10 MINUTES

BREAK TIME REMAINING

9 MINUTES

BREAK TIME REMAINING

8 MINUTES

BREAK TIME REMAINING

7 MINUTES



BREAK TIME REMAINING

6 MINUTES

**BREAK TIME
REMAINING**

5 MINUTES



BREAK TIME REMAINING

4 MINUTES

BREAK TIME REMAINING

3 MINUTES

BREAK TIME REMAINING

2 MINUTES

BREAK TIME REMAINING

1 MINUTES



BREAK TIME

IS OVER



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