

DEVELOPMENTAL DISABILITIES ADMINISTRATION
RESIDENTIAL HABILITATION CENTERS
STANDARD OPERATING PROCEDURE

TITLE: HYGIENIC TRIMMING 103.5

PURPOSE

To establish procedures for determining when hygienic trimming will be authorized for a client residing at a residential habilitation center.

SCOPE

This procedure applies to all employees who perform hygienic trimming or participate in decision-making about hygienic trimming.

POLICY

- A. While shaving in the peri/anal area is not advised because it may cause ingrown hairs and discomfort, hygienic trimming can be considered:
 - 1. To assist in the cleanliness of the peri/anal area;
 - 2. As a personal preference; or
 - 3. As a cultural norm.
- B. A physician order is required for hygienic trimming.
- C. A licensed nurse must perform hygienic trimming.

PROCEDURE

- A. The interdisciplinary team must discuss and document the need for hygienic trimming.
- B. At the discussion the interdisciplinary team must:
 - 1. Consider the reason for the request (e.g., for personal hygiene or personal dignity reasons).
 - 2. Consider alternatives to trimming, such as using a different personal hygiene product or addressing possible physiological causes or medication side effects.

