

Location	Resource Type	Short Description
King County	Social	Phone Buddy
All Counties	General	Call takers connect people to vital resources
All Counties	Educational	Free educational subscriptions
King County	General	Seattle community resources only
King County	Food	Free Groceries/Meals
All Counties	Information	COVID-19 Plain Language
All Counties	Financial	Financial resources for WA residents impacted by COVID-19
King County	Financial	Rent assistance
All Counties	Financial	Rent assistance

King County Financial Housing Stability Program

All Counties General Equal access to cul-tur-ally &
lin-guis-ti-cally appro-pri-ate infor-ma-tion,
resources, & services

All Counties Information Handwashing technique poster

King County Transportation ORCA LIFT

All Counties General WA state link to find benefits and services

All Counties	Financial	COVID-19 Scenarios & Benefits Available Chart
All Counties	Information	How to Communicate to your Child about the Coronavirus & spread of COVID-19
King County	General	Links to a variety of resources related to COVID-19 (some apply to All Counties)
All Counties	Educational	Educational Resources for Families and Educators
All Counties	Information	COVID-19 Social Story
All Counties	Public Health	COVID-19 Fact Sheets in Multiple Languages
All Counties	Medical/Financial	COVID-19 Assistance for Immigrants
King County	Social	City of Seattle Emergency Food Vouchers
King County	Educational	Seattle School Sites for Student Meal Support
King County	Social	Seattle area COVID-19 "Request Support" Form
King County	Educational	Free Access to Internet for Seattle Public School Students

All Counties	Financial	Financial resources primarily for employers and non-profits, but also utility assistance, etc.
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All Counties	General	DDA COVID-19 Website (for consumers)
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All Counties	Educational	Virtural Zoos
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All Counties Educational Virtual Museums

All Counties Educational COVID-19 Time Capsule

All Counties General Resources from ParentMap
(Parenting/Educational/
Etc.)

Agency Name	Contact Person
The Arc of King County	

211

Amazing Educational Resources

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Informing Families WA State Dept. of Financial Institutions

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The Arc of King County

Open Doors for Multicultural
Families

World Health Organization

King County Metro

Washington Connection

Employment Security Department

Seattle Children's Hospital

The Autism Blog

The Arc of King County

Wide Open School

Little Puddins The Autism Educator

DOH

Office of Immigrant and Refugee
Affairs

City of Seattle

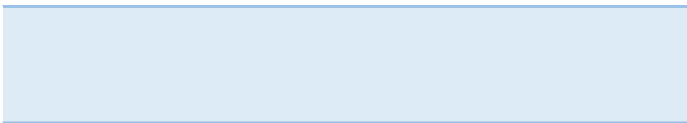
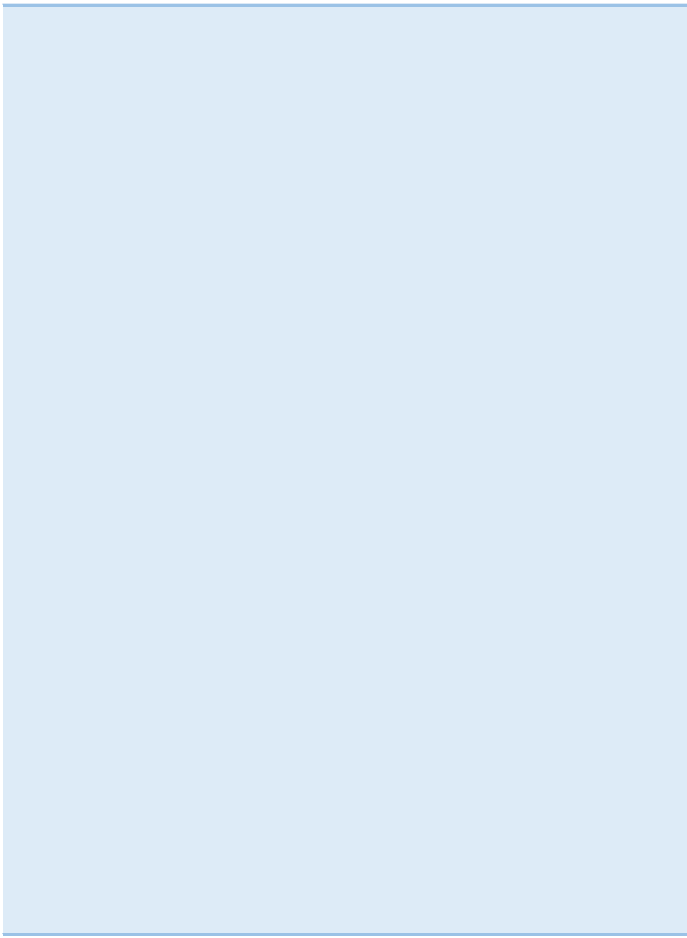
Seattle Public Schools

Mutual Aid Solidarity Network

Seattle Public Schools

Association of Washington
Businesses

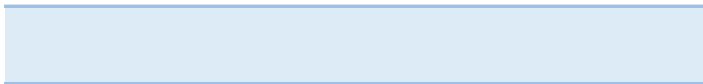
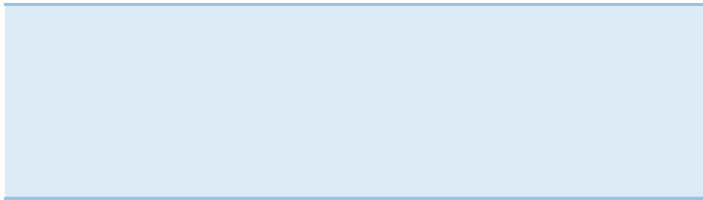
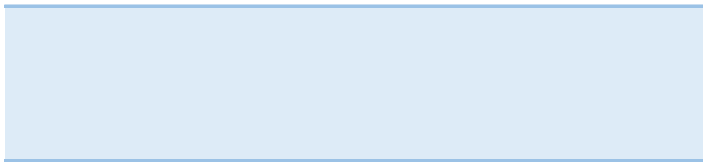
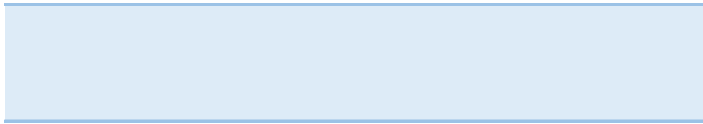
DDA



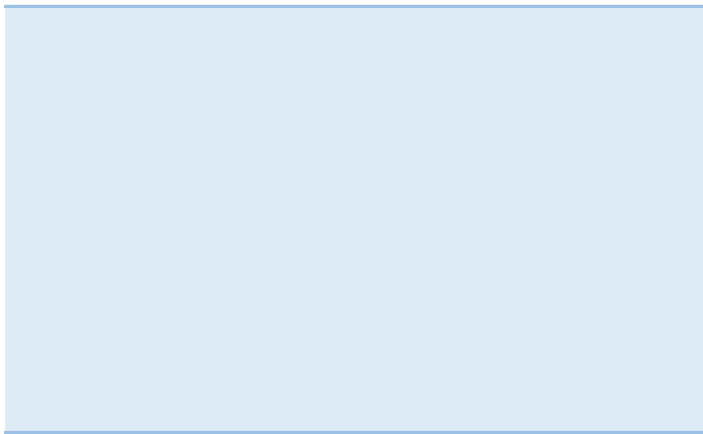
Email/Phone Number

206-829-7053 or ask@arcofkingcounty.org

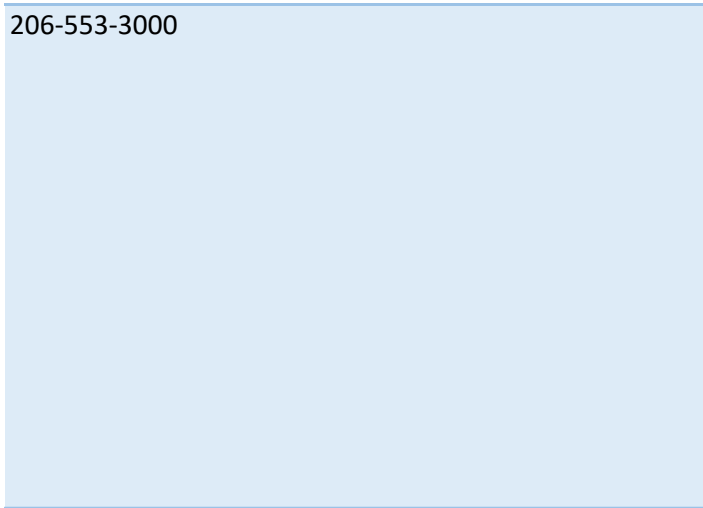
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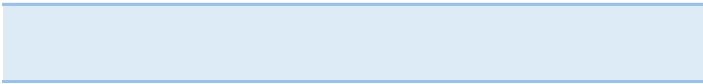
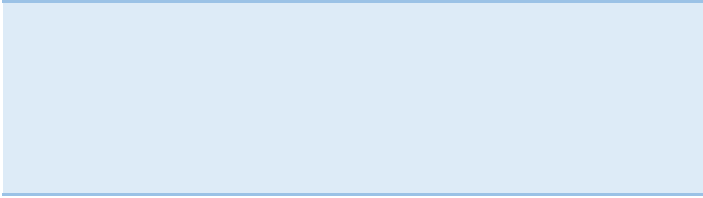
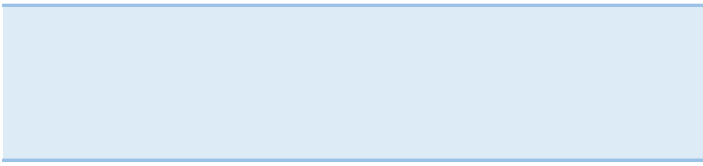


206-829-7053 or ask@arcofkingcounty.org

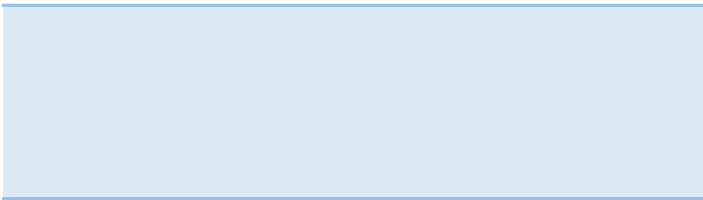


206-553-3000

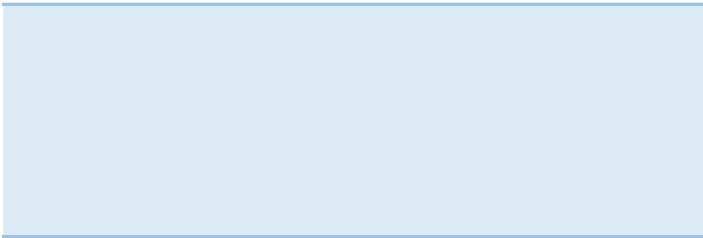




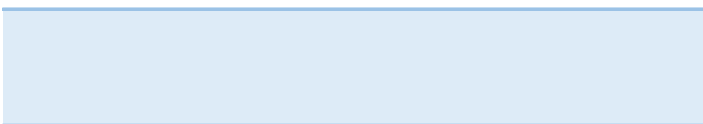
civil.rights@doh.wa.gov

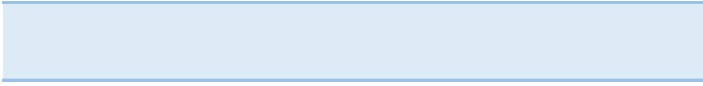


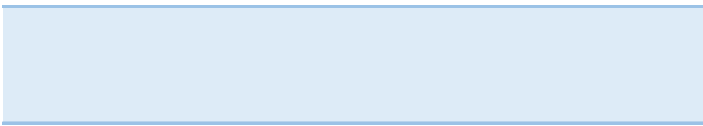
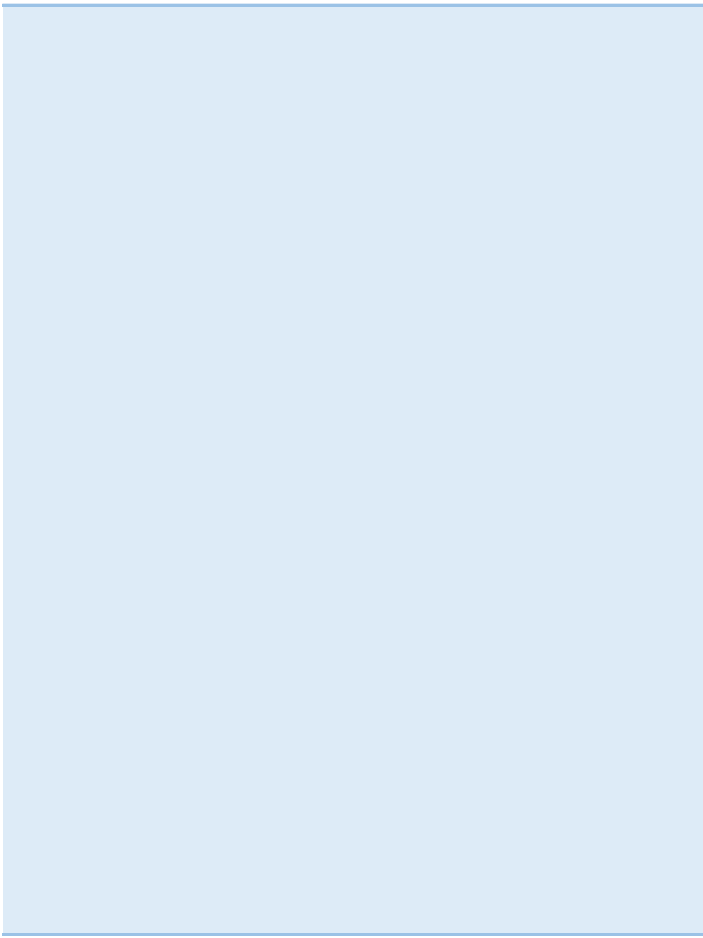
SeaFoodVoucher@seattle.gov or call 206-684-CITY



covid19mutualaidsea@gmail.com







Full Description/Instructions

"Are you a person with a disability who is feeling lonely, isolated or stuck at home with no one to talk to? The Arc of King County is here and we want to help." Clients can call and leave a msg with their name and phone number, and someone from the Outreach Team will call back. Alternately, they can email the team to schedule a time to talk.

How We Help:COVID-19/Coronavirus
Crisis & EmergencyDisaster AssistanceEssential Needs (food, housing, healthcare and more)

List of educational companies offering free subscriptions due to school closings.

Community resources available in Seattle, including help with healthcare, immigration, food, utilities, worker, small business, and home education issues.

SODO Community Market for anyone/any age in need of free groceries/meals. ID not required, curbside pickup also available.

The Washington State Department of Financial Institutions has developed a list of financial resources for Washington consumers impacted by the Coronavirus. We will add to this list as more resources become available.

Locate information on resources that may be able to offer rental assistance in Seattle and King County Washington. Several different government programs, charities, churches, non-profit organizations and agencies focus on dealing with housing issues that residents may be facing. Services range from direct financial assistance to paying rent or security deposits up through free legal advice on evictions.

Enter zip code to find rental assistance programs in your area.

Spanish: 206-829-7030 OR Preguntas@arcofkingcounty.org

Our Housing Resource team can help in the following ways: Provide assistance navigating housing services and systems in King County. Provide assistance to navigate and apply for relevant social service resources such as DDA, SSI, Section 8, DVR, etc. Support in understanding tenant rights, access reasonable accommodations, and effectively communicate with landlords. Provide knowledge of low-income and subsidized housing resources in King County. Initial screening and referral to King County's Best Starts for Kids Youth & Family Homelessness Prevention Program for eligible families (see more information below).

Our staff come from the same culture and speak the same language as the families they serve, and so are able to communicate with the family in their own language, and in a way that will make sense within their cultural context. Additionally, these staff are knowledgeable of disabilities services, Special Education, and other mainstream social services, and to bridge the gap between the families we serve and the services they need. Currently, our bilingual/bicultural Family Support Staff provide services in English, Spanish, Somali, Korean, Mandarin Chinese, Cantonese, Arabic, Vietnamese, and Khmer.

Once you qualify for the ORCA LIFT program, you'll receive an ORCA LIFT card registered to your name, with the same features every ORCA card has. You can load an E-purse value on your card to pay for trips one at a time, or load a discounted monthly pass that lets you take unlimited trips for an entire month. But what makes ORCA LIFT special is you have all the power and convenience of the ORCA card system at a fraction of the cost. With the ORCA LIFT card, income-qualified riders can save up to 50 percent or more on: Metro Transit buses Community Transit buses Everett Transit buses Kitsap Transit buses Sound Transit Regional Express buses Sound Transit Link light rail Sounder Trains King County Water Taxi Seattle Streetcar

Food, Cash / Financial, Housing & Utilities, Youth Services, Health Care, Long Term Care, Veterans, Mental Health, Treatment Centers, Education, Employment, Children & Families, Crime / Domestic Violence, Tribes, Legal Help, Transportation

Paid Sick & Safe Leave
Unemployment Insurance
Paid Family & Medical Leave
Industrial Insurance (L&I)

WASHINGTON STATE RESOURCES
Includes links to DOH ASL-captioned educational videos about the COVID-19 pandemic.
INFORMATION IN EASY-TO-UNDERSTAND LANGUAGE
NATIONAL AND WORLD RESOURCES
VIDEOS: COVID-19 EXPLAINED
ADVOCACY FOR COVID-19 SERVICES AND SUPPORTS

COVID-19 DOH Recommendations & Fact Sheets in Multiple Languages

COVID-19 Assistance and Public Charge FAQ for Immigrants: This is a Frequently Asked Question (FAQ) information guide for immigrants who want to know more about how the issue of public charge might affect their ability to access healthcare and other services during this COVID-19 outbreak.

Emergency Food Vouchers to Support Those in Need During COVID-19: The City of Seattle is taking steps to help residents who may be experiencing financial hardship due to the Coronavirus outbreak. The City is contributing \$5 million to provide emergency food vouchers to approximately 6,250 families in need.

Seattle Public Schools has 26 schools that are serving as a hub for student meal support during the closure. These schools provide sack lunches prepared by our central kitchen for all Seattle Public Schools students Monday through Friday, 11 a.m. - 1 p.m., for the duration of the school closure. Translated PDF documents with School Site Information listed on website.

If you would like food or other supplies dropped off at your front door, please use this form. We are prioritizing folks who are sick, disabled, quarantined without pay, elderly, undocumented, queer, Black, Indigenous, and/or people of color -- including those displaced from Seattle to the nearby areas. Form available in multiple languages on the website.

Internet-only Wi-Fi access is available for students, parents, and other school guests on their personal devices through the SPS-username and SPS-guest wireless networks.

Utilities/Rent Help (Example - there are more resources on the website)Seattle Mayor signs emergency order to temporarily halt evictions for small business and nonprofitsMany banks have adjusted terms for those affected by COVID-19. Check your lender's website to see if options are available for payment deferrals, low cost loans, etc.Utilities' COVID-19 responsesClark Public UtilitiesComcast XfinityCentury LinkT-MobilePuget Sound EnergyAvista UtilitiesCascade Natural GasPacific PowerNW NaturalSeattle City Light

DDA's webpage for consumers on COVID-19 resources and information.

Virtual Zoo Resources:

Houston Zoo:<https://www.houstonzoo.org/explore/webcams/>
Maryland Zoo:<https://www.marylandzoo.org/animals/live-cams-feeds/>
Memphis Zoo:<https://www.memphiszoo.org/animal-cams>
Omaha Zoo Online:<http://www.omahazoo.com/zoo-from-home>
San Diego Zoo:<https://zoo.sandiegozoo.org/were-here-together> (scroll down to wildlife cams)
Smithsonian National Zoo:<https://nationalzoo.si.edu/webcams>
Woodland Park Zoo:<https://www.zoo.org/webcams>
Zoo Education Online:<https://www.zoo.org.au/education/zoo-education-online/>

Virtual Museum Tours, Exhibits, and Activities (most free)
Tour The American Museum of Natural History – includes OLogy – The Science Website for Kids
Smithsonian American Art Museum – Photography – highlights of the photography section; includes links to other exhibit areas
The Digital Hadrian's Villa Project: State vs. Reconstruction (YouTube) (Indiana University)
Uffizi Digitization Project (classical sculptures) – interactive 3D renderings of the Uffizi Museum's (Florence, Italy) sculpture collection
Carnegie Museums of Pittsburgh
The National Gallery of Art – a variety of resources, including the gallery's collection online – zoom to enlarge
The Drop Zone Virtual Museum (WW II Airborne)
Museo Galileo - Virtual Tours
United States Holocaust Memorial Museum
International Museum of the Horse – Online Exhibits
Metropolitan Museum of Art - Collections 1000s of images online
Metropolitan Museum of Art - Online Features – more online features
Virtual Tour Historic Mount Vernon - Home of George Washington
National Museum of Women in the Arts
Virtual Tour of Orchard House (Lousia May Alcott) \$10 rental
U.C. Berkeley Museum of Paleontology - K-16 Educational Resources
The Museum of the Rockies - online learning – dinosaurs and more
Rock & Roll Hall of Fame - Explore Online
Smithsonian Institution - Education
Colonial Williamsburg - Explore from Home
National Museum of Women's History - Online Exhibits
Tour World Art Treasures

Time Capsule Activity

Resources for parents - includes general info., educational resources, indoor family fun, virtual field trips, and meal prep ideas.

Website	Modified
	4/6/2020 17:48
http://www.211.org/	3/17/2020 16:41
http://www.amazingeducationalresources.com/	3/17/2020 16:09
http://www.seattle.gov/mayor/covid-19#food	3/17/2020 16:52
https://www.northwestharvest.org/sodo-community-market	3/17/2020 17:12
https://informingfamilies.org/covid-plain-lang/	3/18/2020 13:45
https://dfi.wa.gov/coronavirus-financial-resources?fbclid=IwAR2FOXaOdE50mStb2g84wxhJbCGcKK-tiqQ38Z_olzclNPWSkXbHso2jthc	3/18/2020 10:42
https://www.needhelppayingbills.com/html/seattle_rental_assistance.html	3/17/2020 17:10
https://www.rentassistance.us/	3/17/2020 16:54

3/17/2020 16:55

<https://www.multiculturalfamilies.org/>

3/17/2020 17:22

https://www.who.int/gpsc/5may/How_To_HandWash_Poster.pdf?ua=1

3/17/2020 17:29

<https://kingcounty.gov/depts/transportation/metro/fares-orca/orca-cards/lift.aspx#qualify>

3/18/2020 10:35

<https://www.washingtonconnection.org/home/exploreeoptions.go>

3/18/2020 10:40

https://www.governor.wa.gov/sites/default/files/COVID-19_Scenarios%20and%20Benefits.pdf 3/18/2020 11:16

<https://theautismblog.seattlechildrens.org/how-to-communicate-to-your-child-about-the-coronavirus-and-spread-of-covid-19> 3/23/2020 17:41

<https://arcwa.org/covid-19/> 3/25/2020 13:07

<https://wideopenschool.org/> 4/1/2020 10:02

<https://littlepuddins.ie/coronavirus-social-story/> 4/2/2020 8:22

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FactSheet> 4/6/2020 11:26

<https://welcoming.seattle.gov/covid19publiccharge/> 4/6/2020 11:36

<https://greenspace.seattle.gov/2020/03/emergency-food-vouchers-to-support-those-in-need-during-covid-19/#sthash.Dsb6Dk9S.XajrjAks.dpbs> 4/6/2020 11:41

https://www.seattleschools.org/district/calendars/news/what_s_new/coronavirus_update/resources/student_meals 4/6/2020 11:51

https://docs.google.com/forms/d/e/1FAIpQLSdgbAX21UARi98rKKX6b6mpvpVHW4b63F2n2beJIHielcdU2Q/viewform?fbclid=IwAR2-W_BK_7JV8dILXR6DUNogQYUn-ghYQAJSU6PJ7JwKdIRXrwZLimQCJQ 4/6/2020 11:56

<https://www.seattleschools.org/cms/One.aspx?portalId=627&pageId=4807794> 4/6/2020 11:59

<https://www.awb.org/covid-19-resources#financialresources>

4/6/2020 18:03

<https://www.dshs.wa.gov/dda/consumers-and-families/dda-coronavirus-information>

4/7/2020 8:20

4/7/2020 9:20

4/7/2020 9:22

<https://teamshare.dshs.wa.gov/sites/ra/Region4/CRMS/Shared%20Documents1/COVID-19/2020%20Covid-19%20time%20capsule%20sheets.pdf> 4/7/2020 9:26

<https://teamshare.dshs.wa.gov/sites/ra/Region4/CRMS/Shared%20Documents1/COVID-19/ParentMap-Resources.docx> 4/7/2020 9:30

Snow, Merri (DSHS/DDA)	Item	sites/ra/Region4/C19/Lists/COVID19
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