

## DID YOU KNOW?

# Learning about services – Assistive Technology (AT)



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The Developmental Disabilities Administration (DDA) offers Assistive Technology (AT) to eligible clients. AT helps people accomplish everyday tasks and be more independent.

## What is Assistive Technology?

AT includes items that increase independence, reduce the need for in person help, or make day to day tasks easier. AT can include training too.

## What are examples of AT?

- Adaptive utensils (weighted silverware or swivel spoon), plates, cups
- Automatic stove shut-off
- Magnifying glass
- Long-handled shoe horn
- Tablets with apps to assist with schedules/task completion
- Vibrating reminder watch
- Tablet and software applications
- Voice-activated systems such as an Amazon Echo and add-ons
- Personal Emergency Response System add-on services:
  - Fall detection
  - GPS
  - Medication management (reminder and/or dispenser) system.

## Who can receive AT services?

Assistive technology is available for children and adults currently enrolled or receiving:

- Community First Choice
- Children's Intensive In-Home Behavior Supports Waiver
- Individual and Family Services Waiver
- Pre-Admission Screening and Resident Review (PASRR)
- Roads to Community Living
- Temporarily during the COVID-19 Pandemic AT is available on all waivers if needed in order to receive DDA waiver funded remote supports.

## What is the eligibility criteria for AT?

- To be eligible, persons must have an assessed need identified in their person-centered service plan or PASRR assessment.
- DDA must approve AT before you get it.
- A professional recommendation may be necessary. The professional must have knowledge of a person's functional level (either through their own assessment or knowledge of needs by reviewing the DDA assessment). The recommendation must include: the item(s) being requested and why it is the most appropriate and cost-effective item

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### How do I get this service?

Contact your DDA case resource manager or PASRR assessor. They will help you through the process. If you are not currently receiving a paid service you may call the DDA local office or visit [www.dshs.wa.gov/dda/service-and-information-request](http://www.dshs.wa.gov/dda/service-and-information-request) to ask for a DDA assessment to see what you could be eligible for.

### Where can I receive more information?

[Informing Families](#) has lots of helpful information on assistive technology and other services from DDA and the community

[Northwest Access Fund](#) provides AT loans for Washington residents of all ages with disabilities, including some seniors with certain needs.

[Washington Assistive Technology Act Program](#) provides people with disabilities AT device demonstrations and borrowing.

### What rules or policies have more information?

[WAC 388-106-0270](#), [388-106-0273](#), [388-106-0274](#), [388-834-0040](#), [WAC 388-845-0415](#), [388-845-0420](#), [388-845-0425](#)

### Interested in becoming a provider?

If you are interested in becoming an AT contractor or other contracted provider for a DDA Medicaid service, call your local DDA office and ask for the contracts team.

Visit online:

[www.dshs.wa.gov/dda/counties-and-providers/developmental-disabilities-administration-counties-provider-information](http://www.dshs.wa.gov/dda/counties-and-providers/developmental-disabilities-administration-counties-provider-information)

Office Location	Phone Number
Everett	425-740-6500
Seattle	206-568-5685
Spokane	509-329-2900
Tacoma	253-404-5500
Tumwater	360-725-4250
Yakima	509-225-7970