

# IDD & Behavioral Health Best Practices

*Serving People with Co-occurring Developmental Disabilities and Behavioral Health Conditions*

What is the best way to support you if you have an Intellectual or Developmental Disability (IDD) and a behavioral health condition?

How do we make sure your providers have the tools to support you?



## What is the IDD & Behavioral Health Best Practices Project about?

If you, or your family member, has an intellectual or developmental disability and a behavioral health condition, this project will:

- Identify what kinds of supports work really well. These are called “best practices.”
- Identify gaps in support, where things are not working well.
- Make recommendations to improve the system of supports so that you get what you need to live a good life at home and in your community.



## Our Goals

This project will identify and share best practices in providing support to people with IDD and behavioral health conditions. This will help:

- Give service providers and professionals successful ways to provide support.
- Identify gaps in best practices so that services and supports can continue to improve.



## Comments

If you have comments about this project, please call Rebecca Rodni at 360-742-9509. Please use 711 for Washington Relay Service (TTY). Or, email [DDAProjects@dshs.wa.gov](mailto:DDAProjects@dshs.wa.gov).