

## DID YOU KNOW?

# Learning about services you can receive in an Adult Family Home



## Did you know that if you reside in an Adult Family Home you may be eligible to receive a number other services?

When you reside in an Adult Family Home, your provider delivers personal care, which is assistance with bathing, personal hygiene, meals, and other basic care tasks. Other services exist that your Adult Family Home provider may be able to supply or that you can access from other providers. Read below to learn more about these services and how to access them.

### How do I know what services I am eligible for?

To see what program(s) you are eligible for, or if you are interested in any of the programs listed below, review your most recent service plan or contact your case manager.

Most people residing in an Adult Family Home are eligible for the Community First Choice program.

- Many people residing in an Adult Family Home are also eligible for a waiver.

| Services available through your Adult Family Home provider   | Program                |
|--|------------------------|
| Community Integration is provided by your Adult Family Home. It offers opportunities to engage in the local community through participation in relationships, activities, and organizations.   | Community First Choice |
| Meaningful Day is available from an eligible Adult Family Home provider. It offers individualized activities to eligible clients. The Adult Family Home provider uses person-centered planning to develop proactive individualized, strategies to engage individuals in activities designed to refocus behavior, improve health, and reduce challenging behaviors. | Community First Choice |
| Medical Escort is payment to your Adult Family Home provider to transport and accompany you to medical appointments when other means of transportation are not available.  | Community First Choice |

| Additional services available through other DSHS contracted providers   | Program                |
|---|------------------------|
| Assistive technology is equipment and other items which can help you complete tasks more independently. Some examples of are modified utensils, plate guards, non-skid surfaces, door openers, dressing sticks, reachers, and wrist cuffs to hold items like a toothbrush.  | Community First Choice |
| Skills Acquisition Training is available for a provider to help you become more independent with your daily personal care tasks.  | Community First Choice |
| Community Transition Services can help you move from a hospital-like setting or nursing facility into the community. These are non-recurring set-up expenses necessary outside of what is covered under room and board. It is used to help relocate a person to a less restrictive setting. Examples of this service include moving expenses or basic household items like linens or furniture. | Community First Choice |
| Supported employment provides intensive, ongoing individual and group support to obtain and sustain employment.   | Waiver                 |
| Community guide/engagement services increase access to informal community supports. Community guide services are short-term services designed to develop creative, flexible, and supportive community resources for individuals with developmental disabilities. The services are designed to meet a goal identified in the waiver participant's person-centered service plan.                  | Waiver                 |
| Community inclusion is individualized supports that connect people in their local community to build relationships with others who share similar interests.   | Waiver                 |

CONTINUED

| Additional services available through other DSHS contracted providers  | Program |
|--|---------|
| Staff/family consultation and training provides professional services for family/direct service staff to meet individualized and specific needs of participants and to help improve their independence and inclusion in their community, including a wide range of specialties. Wide ranges of specialties are qualified to provide this service in order to meet a large variety of individual needs. | Waiver  |
| Other professional services can meet a variety of therapeutic or stabilization needs.  | Waiver  |
| Specialized equipment and supplies provide items that are medically necessary,, but not otherwise covered under the Medicaid benefit.  | Waiver  |
| Wellness education is a monthly, individualized, printed educational letter designed to assist in managing health-related issues and achieving wellness goals.   | Waiver  |

**How do I get these services?**

Contact your case resource manager (CRM) and talk about your goals and care needs. Your CRM will add the service and your chosen provider to your person-centered service plan. You or your legal representative will need to sign your updated person-centered service plan before services start.

**How do I find a provider?**

Your case resource manager can provide you with a list of providers in your area.

**What do I do when I find a provider?**

Interview the provider to make sure they are a good fit. Talk about your goals and needs. Give your provider your CRM contact information and/or let your CRM know which provider you have chosen.s.

**When can my provider start?**

Your case resource manager will let you know when your provider can start. You will need to sign an updated person-centered service plan and the case resource manager will need to begin a service authorization.

**What should I expect from my provider?**

You should expect your provider to schedule a time to meet with you, identify your needs and goals, and set up a plan or schedule of work. Equipment providers will need documentation of the recommended items.

**How many hours or dollars can the client receive in the plan year?**

The approved hours and/or dollar amount is determined by your annual assessment. Your case resource manager will help you understand the size of benefit amounts.

**Interested in becoming a DDA provider?**

If you are interested in becoming a contracted provider for a DDA Medicaid service, please call your local DDA office and ask for the contracts department. Or go the DDA [homepage](#) to learn more.

| Office Location | Phone Number |
|-----------------|--------------|
| Everett         | 425-740-6500 |
| Seattle         | 206-568-5685 |
| Spokane         | 509-329-2900 |
| Tacoma          | 253-404-5500 |
| Tumwater        | 360-725-4250 |
| Yakima          | 509-225-7970 |

**Select an image to learn more**

