

Mental Health Institute

Strategies to Support Patients with IDD/ ASD and Mental Health Challenges

FULL DAY TRAINING ON OCTOBER 7, 2022 WITH ONGOING TRAININGS EVERY FRIDAY THROUGH
DECEMBER 16, 2022 FROM 11AM - 1PM



OVERVIEW

The goal of this training is to build on existing provider expertise and expand confidence and competence in working with clients with intellectual and developmental disabilities including Autism Spectrum Disorder. The training will cover core components of evidence-based practices for youth mental health such as effective assessment, treatment planning, culturally relevant care, and strategies for depression, anxiety, and trauma. Examples will be presented of adaptations of commonly used interventions which use visually based learning, use of structure and routine, support for sensory needs, and strategies to support effective behavior. Training sessions will include didactic presentations of specific tools and strategies, case presentations utilizing those skills, lived experience perspectives, and opportunities for questions, discussion and continued learning.

TRAINING FACILITATORS

James Mancini
MS, CCC-SLP
Director, INCLUDE

Molly Cevasco
PhD, BCBA
Clinical Psychologist

Alana McVey
PhD
Postdoctoral Fellow

Marie Loeb
LICSW, LMHC, CMHS, DMHS
Clinical Social Worker

FULL-DAY TRAINING

FRIDAY OCTOBER 7, 2022

9:00AM – 4:00PM

Topics Include:

- Systemic Issues
- Testimonials from providers and clients
- Medical and Social Models of Disability
- Understanding Diagnostic Criteria
- Mental Health in IDD/ASD

TRAINING SERIES

FRIDAYS, 11:00AM TO 1:00PM

Content to be covered:

- **10/14:** Building Rapport and Validation
- **10/21:** Assessment and Prioritization of Needs
- **10/28:** Setting up for Success
- **11/4:** Emotion Identification and Relaxation Strategies
- **11/18:** Behavioral Activation
- **12/2:** Exposure Therapy
- **12/9:** Suicidality and Risk Assessment
- **12/16:** What To Do When It Isn't Working

Register: <https://mhttcnetwork.org/centers/northwest-mhttc/intellectual-and-developmental-disabilities-idd-track-mental-health>