Application for a §1915(c) Home and Community-Based Services Waiver

PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a State to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waiver's target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the State, service delivery system structure, State goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

Request for an Amendment to a §1915(c) Home and Community-Based Services Waiver

1. Request Information

A. The **State** of **Washington** requests approval for an amendment to the following Medicaid home and community-based services waiver approved under authority of §1915(c) of the Social Security Act.

B. Program Title:
Core Waiver

C. Waiver Number:WA.0410
Original Base Waiver Number: WA.0410.

D. Amendment Number:

E. Proposed Effective Date: *(mm/dd/yy)*
10/01/18
Approved Effective Date of Waiver being Amended: 09/01/17

2. Purpose(s) of Amendment

Purpose(s) of the Amendment. Describe the purpose(s) of the amendment:
The purpose of this amendment is to revise service limits for Residential Habilitation and revise the provider qualifications for residential providers serving children by referencing contract standards and Voluntary Placement Services chapter 388-826 WAC .

3. Nature of the Amendment

A. Component(s) of the Approved Waiver Affected by the Amendment. This amendment affects the following component(s) of the approved waiver. Revisions to the affected subsection(s) of these component(s) are being submitted concurrently *(check each that applies):*

Component of the Approved Waiver	Subsection(s)
☑ **Waiver Application**	Main 6I, Attachment
☐ **Appendix A – Waiver Administration and Operation**	
☐ **Appendix B – Participant Access and Eligibility**	
☑ **Appendix C – Participant Services**	C-1a
☐ **Appendix D – Participant Centered Service Planning and Delivery**	

Component of the Approved Waiver	Subsection(s)
☐ Appendix E – Participant Direction of Services	
☐ Appendix F – Participant Rights	
☐ Appendix G – Participant Safeguards	
☐ Appendix H	
☐ Appendix I – Financial Accountability	
☐ Appendix J – Cost-Neutrality Demonstration	

B. Nature of the Amendment. Indicate the nature of the changes to the waiver that are proposed in the amendment *(check each that applies):*

- ☐ **Modify target group(s)**
- ☐ **Modify Medicaid eligibility**
- ☐ **Add/delete services**
- ☐ **Revise service specifications**
- ☐ **Revise provider qualifications**
- ☐ **Increase/decrease number of participants**
- ☐ **Revise cost neutrality demonstration**
- ☐ **Add participant-direction of services**
- ☐ **Other**

Specify:

Application for a §1915(c) Home and Community-Based Services Waiver

1. Request Information (1 of 3)

A. The **State** of **Washington** requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).

B. Program Title (*optional - this title will be used to locate this waiver in the finder*):
Core Waiver

C. Type of Request: amendment

Requested Approval Period:*(For new waivers requesting five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)*

○ **3 years** ◉ **5 years**

Original Base Waiver Number: WA.0410
Draft ID: WA.010.03.02

D. Type of Waiver *(select only one):*

Regular Waiver

E. Proposed Effective Date of Waiver being Amended: 09/01/17
Approved Effective Date of Waiver being Amended: 09/01/17

1. Request Information (2 of 3)

F. Level(s) of Care. This waiver is requested in order to provide home and community-based waiver services to individuals who, but for the provision of such services, would require the following level(s) of care, the costs of which would be reimbursed under the approved Medicaid State plan (*check each that applies*):

- ☐ **Hospital**

Select applicable level of care

- ○ **Hospital as defined in 42 CFR §440.10**

If applicable, specify whether the State additionally limits the waiver to subcategories of the hospital level of care:

○ **Inpatient psychiatric facility for individuals age 21 and under as provided in42 CFR §440.160**

☐ **Nursing Facility**

Select applicable level of care

○ **Nursing Facility as defined in 42 CFR ××440.40 and 42 CFR ××440.155**

If applicable, specify whether the State additionally limits the waiver to subcategories of the nursing facility level of care:

○ **Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140**

☑ **Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR §440.150)**

If applicable, specify whether the State additionally limits the waiver to subcategories of the ICF/IID level of care:

1. Request Information (3 of 3)

G. Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or programs) approved under the following authorities

Select one:

◉ **Not applicable**

○ **Applicable**

Check the applicable authority or authorities:

☐ **Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I**

☐ **Waiver(s) authorized under §1915(b) of the Act.**

Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or previously approved:

Specify the §1915(b) authorities under which this program operates *(check each that applies):*

☐ **§1915(b)(1) (mandated enrollment to managed care)**

☐ **§1915(b)(2) (central broker)**

☐ **§1915(b)(3) (employ cost savings to furnish additional services)**

☐ **§1915(b)(4) (selective contracting/limit number of providers)**

☐ **A program operated under §1932(a) of the Act.**

Specify the nature of the State Plan benefit and indicate whether the State Plan Amendment has been submitted or previously approved:

☐ **A program authorized under §1915(i) of the Act.**

☐ **A program authorized under §1915(j) of the Act.**

☐ **A program authorized under §1115 of the Act.**

Specify the program:

H. Dual Eligiblity for Medicaid and Medicare.
Check if applicable:
☑ **This waiver provides services for individuals who are eligible for both Medicare and Medicaid.**

2. Brief Waiver Description

Brief Waiver Description. *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods.
The purpose of the Core Waiver it to provide an alternative to Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID) placement for individuals who require residential habilitation services or live at home but are at immediate risk of out of home placement due to one or more of the following extraordinary needs:
o The individual has extreme and frequently occurring behavior challenges resulting in danger to health or safety or
o Has had 18 or more days of inpatient psychiatric care in the past 12 months or
o The individual lives in an ICF/IID and requests community placement or
o The person requires daily to weekly one-on-one support, supervision and 24-hour access to trained others to meet basic health and safety needs.

The goal of the Core Waiver is to support individuals (who require the level of care provided in an ICF/IID) who choose to live in their community. This is accomplished by coordination of natural supports, community resources/services, Medicaid services and services available via the waiver. The Developmental Disabilities Administration wants people who receive Core Waiver services to experience these benefits:
- Health and Safety
- Personal Power and Choice
- Personal Value and Positive Recognition By Self and Others
- A Range of Experiences Which Help People Participate in the Physical and Social life of Their Communities
- Good Relationships with Friends and Relatives
- Competence to Manage Daily Activities and Pursue Personal Goals

The objective of the Core Waiver is to develop and implement supports and services to successfully maintain individuals in their homes and communities.

With regard to the organizational structure, the State of Washington's HCBS Core Waiver is managed by the Developmental Disabilities Administration (DDA), within the Department of Social and Health Services (DSHS) which is the state operating agency for the waiver. The Health Care Authority (HCA) is the State's Medicaid Agency (SMA), and the Administration operates the Core Waiver under a written agreement between DSHS and HCA. The State monitors against waiver requirements for all services delivered. The principles of Continuous Quality Improvement are used to enhance the Core waiver services delivery systems. The Medicaid Single State Agency (Health Care Authority-HCA) is responsible for approving rules, regulations and policies that govern how waivers are operated and retains the authority to discharge its responsibilities for the administration of the Medicaid program pursuant to 42 CFR §431.10(e).

Washington contracts with its counties for the implementation of Day Program/Supported Employment services. All other aspects of the Waiver are directly managed by the state. DDA operates this waiver within applicable federal regulations, manages the day-to-day administration and maintains operational responsibility for the waiver.

3. Components of the Waiver Request

The waiver application consists of the following components. *Note: Item 3-E must be completed.*

A. Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.

B. Participant Access and Eligibility. Appendix B specifies the target group(s) of individuals who are served in this waiver, the number of participants that the State expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.

C. **Participant Services. Appendix C** specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.

D. **Participant-Centered Service Planning and Delivery. Appendix D** specifies the procedures and methods that the State uses to develop, implement and monitor the participant-centered service plan (of care).

E. **Participant-Direction of Services.** When the State provides for participant direction of services, **Appendix E** specifies the participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (*Select one*):

- ○ **Yes. This waiver provides participant direction opportunities.** *Appendix E is required.*
- ◉ **No. This waiver does not provide participant direction opportunities.** *Appendix E is not required.*

F. **Participant Rights. Appendix F** specifies how the State informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.

G. **Participant Safeguards. Appendix G** describes the safeguards that the State has established to assure the health and welfare of waiver participants in specified areas.

H. **Quality Improvement Strategy. Appendix H** contains the Quality Improvement Strategy for this waiver.

I. **Financial Accountability. Appendix I** describes the methods by which the State makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.

J. **Cost-Neutrality Demonstration. Appendix J** contains the State's demonstration that the waiver is cost-neutral.

4. Waiver(s) Requested

A. **Comparability.** The State requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to provide the services specified in **Appendix C** that are not otherwise available under the approved Medicaid State plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in **Appendix B**.

B. **Income and Resources for the Medically Needy.** Indicate whether the State requests a waiver of §1902(a)(10)(C)(i)(III) of the Act in order to use institutional income and resource rules for the medically needy *(select one)*:

- ◉ **Not Applicable**
- ○ **No**
- ○ **Yes**

C. **Statewideness.** Indicate whether the State requests a waiver of the statewideness requirements in §1902(a)(1) of the Act *(select one)*:

- ◉ **No**
- ○ **Yes**

If yes, specify the waiver of statewideness that is requested *(check each that applies)*:

☐ **Geographic Limitation.** A waiver of statewideness is requested in order to furnish services under this waiver only to individuals who reside in the following geographic areas or political subdivisions of the State.
Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by geographic area:

☐ **Limited Implementation of Participant-Direction.** A waiver of statewideness is requested in order to make *participant-direction of services* as specified in **Appendix E** available only to individuals who reside in the following geographic areas or political subdivisions of the State. Participants who reside in these areas may elect to direct their services as provided by the State or receive comparable services through the service delivery methods that are in effect elsewhere in the State.
Specify the areas of the State affected by this waiver and, as applicable, the phase-in schedule of the waiver by geographic area:

5. Assurances

In accordance with 42 CFR §441.302, the State provides the following assurances to CMS:

A. Health & Welfare: The State assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:

1. As specified in **Appendix C**, adequate standards for all types of providers that provide services under this waiver;

2. Assurance that the standards of any State licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The State assures that these requirements are met on the date that the services are furnished; and,

3. Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable State standards for board and care facilities as specified in **Appendix C**.

B. Financial Accountability. The State assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.

C. Evaluation of Need: The State assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in **Appendix B**.

D. Choice of Alternatives: The State assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:

1. Informed of any feasible alternatives under the waiver; and,

2. Given the choice of either institutional or home and community-based waiver services. **Appendix B** specifies the procedures that the State employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.

E. Average Per Capita Expenditures: The State assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid State plan for the level(s) of care specified for this waiver had the waiver not been granted. Cost-neutrality is demonstrated in **Appendix J**.

F. Actual Total Expenditures: The State assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the State's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.

G. Institutionalization Absent Waiver: The State assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.

H. Reporting: The State assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid State plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.

I. **Habilitation Services.** The State assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.

J. **Services for Individuals with Chronic Mental Illness.** The State assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the State has not included the optional Medicaid benefit cited in 42 CFR §440.140; or (3) age 21 and under and the State has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

6. Additional Requirements

Note: Item 6-I must be completed.

A. **Service Plan**. In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including State plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.

B. **Inpatients**. In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are in-patients of a hospital, nursing facility or ICF/IID.

C. **Room and Board**. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the State that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.

D. **Access to Services**. The State does not limit or restrict participant access to waiver services except as provided in **Appendix C**.

E. **Free Choice of Provider**. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the State has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.

F. **FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.

G. **Fair Hearing:** The State provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the State's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.

H. **Quality Improvement**. The State operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the State assures the health and welfare of participants by monitoring: (a) level of care

determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The State further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the State will implement the Quality Improvement Strategy specified in **Appendix H**.

I. Public Input. Describe how the State secures public input into the development of the waiver:
CORE Waiver Amendment Application

DDA designed the public stakeholder process to be very inclusive of stakeholder participation at every stage of Core waiver amendment development. DDA utilized both electronic and non-electronic channels to inform stakeholders and solicit input on the draft Core waiver amendment. The State secured public input by working closely with the following:

- Other state agencies;
- County Coordinators for Human Services,
- The State of Washington Developmental Disabilities Council (DDC),
- The Arc of Washington (advocacy organization), The Community Advocacy Coalition made up of advocates and providers, and
- The HCBS (DDA) Waivers Quality Assurance Committee composed of self-advocates, advocates and providers.

The public process included the following:

- DDA made the draft Core waiver amendment application available by posting public notices in all DDA office public lobbies across Washington State on May 16th, 2018, through June 16th, 2018, informing interested persons how they could obtain a printed or digital copy of the draft amendment;
- DDA made the draft Core waiver amendment application available to anyone who requested a copy of the amendment as a PDF document available on-line from DDA's public website on May 16th, 2018, through June 16th, 2018;
- DDA filed the public notice of the availability of the draft Core waiver amendment for public review in the Washington Register on April 25th, 2018, and it was published May 16st, 2018;
- DDA sent a letter on May 16th, 2018, to individuals and advocacy organizations inviting their review and comments on the draft Core waiver amendment application posted on the DDA internet page.
- Washington State Health Care Authority published a public notice on May 1st, 2018, to all Washington State Tribes of DDA's intent to submit a Core waiver amendment application to the Centers for Medicare and Medicaid Services.

Public Comments: Washington received public comments.

J. Notice to Tribal Governments. The State assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.

K. Limited English Proficient Persons. The State assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003). **Appendix B** describes how the State assures meaningful access to waiver services by Limited English Proficient persons.

7. Contact Person(s)

A. The Medicaid agency representative with whom CMS should communicate regarding the waiver is:

Last Name:

Perez

First Name: Evelyn

Title: Assistant Secretary

Agency: Developmental Disabilites Administration, Department of Social and Health Services

Address: PO Box 45310

Address 2:

City: Olympia

State: **Washington**

Zip: 98504-5310

Phone: (360) 407-1564 **Ext:** ☐ **TTY**

Fax: (360) 407-0954

E-mail: PerezE@dshs.wa.gov

B. If applicable, the State operating agency representative with whom CMS should communicate regarding the waiver is:

Last Name: Beckman

First Name: Bob

Title: Waiver Requirements Program Manager

Agency: Developmental Disabilities Administration, Department of Social and Health Services

Address: Department of Social and Health Services

Address 2: P.O. Box 45310

City: Olympia

State: **Washington**

Zip: 98504-5310

Phone:

(360) 407-1555 **Ext:** **TTY**

Fax:

(360) 407-0955

E-mail:

Beckmbc@dshs.wa.gov

8. Authorizing Signature

This document, together with the attached revisions to the affected components of the waiver, constitutes the State's request to amend its approved waiver under §1915(c) of the Social Security Act. The State affirms that it will abide by all provisions of the waiver, including the provisions of this amendment when approved by CMS. The State further attests that it will continuously operate the waiver in accordance with the assurances specified in Section V and the additional requirements specified in Section VI of the approved waiver. The State certifies that additional proposed revisions to the waiver request will be submitted by the Medicaid agency in the form of additional waiver amendments.

Signature:

State Medicaid Director or Designee

Submission Date:

Note: The Signature and Submission Date fields will be automatically completed when the State Medicaid Director submits the application.

Last Name:

First Name:

Title:

Agency:

Address:

Address 2:

City:

State: **Washington**

Zip:

Phone:

Ext: **TTY**

Fax:

E-mail:

Attachments

Attachment #1: Transition Plan

Check the box next to any of the following changes from the current approved waiver. Check all boxes that apply.

- ☐ **Replacing an approved waiver with this waiver.**
- ☐ **Combining waivers.**
- ☐ **Splitting one waiver into two waivers.**
- ☐ **Eliminating a service.**
- ☐ **Adding or decreasing an individual cost limit pertaining to eligibility.**
- ☑ **Adding or decreasing limits to a service or a set of services, as specified in Appendix C.**
- ☐ **Reducing the unduplicated count of participants (Factor C).**
- ☐ **Adding new, or decreasing, a limitation on the number of participants served at any point in time.**
- ☐ **Making any changes that could result in some participants losing eligibility or being transferred to another waiver under 1915(c) or another Medicaid authority.**
- ☐ **Making any changes that could result in reduced services to participants.**

Specify the transition plan for the waiver:

State is adding a service limitation to Residential Habilitation and is adding a provider qualification by referencing Voluntary Placement Services Chapter 388-826 WAC for all Residential Habilitation providers who serve children under the age of eighteen. State will update contracts to include this provider qualification change for all Residential Habilitation providers who serve children under the age of eighteen. State anticipates no impact on existing waiver participants.

Attachment #2: Home and Community-Based Settings Waiver Transition Plan

Specify the state's process to bring this waiver into compliance with federal home and community-based (HCB) settings requirements at 42 CFR 441.301(c)(4)-(5), and associated CMS guidance.

Consult with CMS for instructions before completing this item. This field describes the status of a transition process at the point in time of submission. Relevant information in the planning phase will differ from information required to describe attainment of milestones.

To the extent that the state has submitted a statewide HCB settings transition plan to CMS, the description in this field may reference that statewide plan. The narrative in this field must include enough information to demonstrate that this waiver complies with federal HCB settings requirements, including the compliance and transition requirements at 42 CFR 441.301 (c)(6), and that this submission is consistent with the portions of the statewide HCB settings transition plan that are germane to this waiver. Quote or summarize germane portions of the statewide HCB settings transition plan as required.

Note that Appendix C-5 HCB Settings describes settings that do not require transition; the settings listed there meet federal HCB setting requirements as of the date of submission. Do not duplicate that information here.

Update this field and Appendix C-5 when submitting a renewal or amendment to this waiver for other purposes. It is not necessary for the state to amend the waiver solely for the purpose of updating this field and Appendix C-5. At the end of the state's HCB settings transition process for this waiver, when all waiver settings meet federal HCB setting requirements, enter "Completed" in this field, and include in Section C-5 the information on all HCB settings in the waiver.

The State of Washington assures that the settings transition plan included with this waiver renewal will be subject to any provisions or requirements included in the State of Washington's final approved Statewide Transition Plan. The State of Washington will implement any required changes upon receipt of final approval of the Statewide Transition Plan and will make conforming changes to it's waiver when it submits the next amendment.

Washington received initial approval for the Statewide Transition Plan on November 3, 2016.

Excerpts from Appendix C of Washington State Statewide Transition Plan: State's Remedial Work Plan and Timelines

Milestones	Start Date	End Date	Status as of 3/1/2017	Evidence of Milestone Completion
Revision to WAC 388-823-1095 “What are my rights as a DDA client?” to include HCBS setting rights	7/1/2016	7/1/2017	Rule is drafted & under internal review.	
Revise residential facility WAC to clarify that any modification to a client's rights must follow and document the process outlined	7/7/2016	7/1/2017	Internal meetings to address how changes need	

in 42 CFR 441.725(b)(13).			to be incorporated into WAC have occurred. Rule promulgation will begin.
Revise DDA Residential provider contracts to include reference to client rights language in WAC 388-823-1095. Note that this is a new milestone for the 3/15/2017 revised transition plan.	5/1/2017	7/1/2017	Revised WAC drafted and in internal review
Supported Living and Community Crisis Stabilization Services contracts modified to include language that providers will assist participants to select housing with private bedroom configuration of the participant's choice.	9/1/2016	1/1/2018	Contracts are currently in negotiations.
DDA Residential Quality Assurance staff will inspect 15 provider-owned and controlled supported living residences and any compliance issues will be documented and plans for remediation developed and implemented within a negotiated timeframe. Note that this is a new milestone for the 3/15/2017 revised transition plan.	4/1/2017	10/1/2017	
DDA will develop a database to track all reported instances of sites that are not in full compliance with HCBS settings requirements, inspections completed, remediation measures taken and follow-up inspections to verify compliance. Note that this is a new milestone for the 3/15/2017 transition plan.	4/1/2017	10/1/2017	
DDA has identified several sites with clusters of residences which will require further review. DDA Residential Quality Assurance staff will inspect identified clusters of residences and determine their compliance with HCBS settings requirements. Note that this is a new milestone for the 3/15/2017 revised transition plan.	4/1/2017	4/1/2018	
Provide potential and newly certified supported living providers training on the new expectations incorporated into the survey tools.	7/1/2016	7/1/2017	Curriculum development is under review
DDA will provide individual notice to all pre-vocational service participants upon CMS approval of this Transition Plan.	7/1/2015	1/1/2019	Drafting of notice and consultation with counties and providers in progress
DDA will provide information and supports necessary for participants to make an informed choice of alternative services available to them in advance of each individual's transition through a robust person-centered service planning process.	7/1/2015	1/1/2019	11 clients left pre-vocational services between 7/1/2015 and 12/1/2015 - Washington State is actively working with participants on transitioning them out of pre-vocation-al services.
DDA will provide alternative services that may be selected include: Individual Supported Employment, Group Supported Employment or Community Access. Other existing waiver services to meet the assessed needs of the individual will also be available. DDA developed State Supplementary Payment option for participants leaving Pre-vocational services that grants eligible participants $300 per month to assist with their transition.	7/1/2015	1/1/2019	11 clients left pre-vocational services between 7/1/2015 and 12/1/2015. Washington State is actively working with participants on transitioning them out of pre-vocational services. SSP for Pre-vocational participants started September 1, 2015, and 43 participants have selected this

option.

DDA will require counties to work with pre-vocational service providers DDA has contracted with consultant Washington Initiative for Supported Employment (WISE) to work with counties and providers to develop agency transformation plan (Statement of Work #5 and #8).	Ongoing	7/1/2018	3 Pre-vocational service providers are working with their counties to develop agency transformation plans - contracts were completed 7/1/2015	
DDA will require counties to work with pre-vocational service providers to assure each person has a solid person-centered employment plan.	Ongoing	1/1/2019	DDA's contracts with counties require providers to assure each person has a solid person-centered employment plan - contracts were completed 7/1/2015.	DDA's County Services Contract for 2015-2017 - See Appendix E attachment titled
DDA will require counties to work with pre-vocational service providers to utilize Individualized Technical Assistance (ITA) as necessary	Ongoing	1/1/2019	DDA's contracts with counties will require counties to work with pre-vocational service providers to utilize Individualized Technical Assistance (ITA) as necessary - contracts were completed 7/1/2015	DDA's County Services Contract for 2015-2017 - See Appendix E attachment titled
DDA will assist Counties with Agency transformation plans DDA has contracted with consultant Washington Initiative for Supported Employment to work with counties and providers to develop agency transformation plan (Statement of work #5 and #8) See Appendix E	Ongoing	7/1/2018	Three Pre-vocational service providers are working with their counties to develop agency transformation plans - contracts were completed 7/1/2015	
DDA will assist counties with person-centered plans require counties to assure accurate outcome data - contracts were completed 7/1/2015	Ongoing	1/1/2019	DDA's contracts with counties Contract for 2015-2017 See Appendix E	DDA's County Services
Provide ongoing stakeholder and Tribal notices, education, consultation, and updates occur through various methods including meetings, conferences and webinars.	1/1/2017	1/1/2019	In process - Each year, after the transition plan is approved by CMS, the State will issue an annual public notice in the Washington State Register Notice provide notification to Washington	3/1/2017 Public Register Notice 3/1/2017 Tribal

			Tribes and will post a notice in HCS, AAA and DDA field offices. The notices will list the dates when updates will be posted on the internet for public comment. These notices will provide the link to the web site posting along with information about how to obtain a hard copy of the updates.
DDA HCBS Waiver Quality Assurance Advisory Committee has accepted additional role as stakeholder advisory committee to DDA for implementation of Transition Plan.	2/17/2015	1/1/2019	DDA HCBS Waiver Quality Assurance Meetings were held in 2015: 2/17, 4/21, 7/14 & 10/15 Advisory Committee has met 4 times in 2015. DDA has scheduled HCBS Waiver Quality Assurance Advisory Committee meetings for 2016: 1/28, 4/21 & 7/21
Provide training to staff who survey/inspect licensed residential settings HCBS provide basic training on the new HCBS requirements and expectations for provider compliance with the requirements. In Process - The HCBS requirements will be reviewed with RCS licensors and complaints investigators during all field staff meetings beginning March 2016 (the training is in the process of being developed).	11/1/2014	11/30/2017	Management Bulletins (MBs) were issued to staff on 6/22/2015 and 7/27/2015 to Webinars See Appendix E titled R15-047 - HCBS Rules and Plans HCBS staff trainings were held on the following dates: 2/29/16 - Lakewood Staff; 2/22/16 - Kent/ Smokey Point Staff; 2/26/16 - Tumwater Staff; 1/26/16 - New Staff; 2/1/16 - Yakima Staff; 2/2/16 - Spokane Staff; 2/9/16 - Vancouver Staff; 3/7/16 - Make-up training for field Staff; 5/4/16 - New Staff. See Appendix E titled R15-056 -
Provide training to staff who survey Supported Living providers. Note that this is a new milestone for the 3/15/2017 revised transition plan.	7/1/2017	1/1/2018	Checklist under development, training will follow.
Fact sheet on HCBS settings rule will be developed and distributed to all DDA participants during their annual assessment.	9/1/2016	8/31/2018	Meaningful Home Based Activities Pilot rollout began in April 2016 and is ongoing until the maximum capacity for the program is reached. Management Bulletin H16-031 was published for staff on 4/4/16.

Additional Needed Information (Optional)

Provide additional needed information for the waiver (optional):

Continued from Appendix I.2.a. Rate Methodology Methods:

Behavioral Health Stabilization Services (state-staffed): Rates are established on a prospective basis by the ALTSA/DDA cost reimbursement section based on labor & overhead costs. Rates for direct support staff & administrative support staff are based on labor/management negotiations with the Washington Federation of State Employees (WFSE) union. Rates are changed based on updated labor/management agreements as long as the rate changes are funded by the Legislature. Changes in labor costs may be proposed by either party during the negotiations. Rates for management staff are based on rates for similar services in the private sector as funded by the Legislature. Rate increases for management staff are initiated by either the Legislature or the Governor. Rate changes are made by the Legislature when salary/benefit comparisons or market surveys indicate rate increases are necessary to attract and maintain qualified staff (e.g., rates are at least 20% less than those in the private sector or for comparable government workers.

•Community Guide-Fee Schedule: Rates are standardized & state-wide based on the skills required. Rates will be adjusted as necessary based on the demand for the services, availability of providers, & adjustments in rates made to providers of services that require similar skill levels. Rate changes may be initiated by providers or by DDA. DDA will review the adequacy of the rates annually using rate comparisons. Rates will be changed if current rates will result in providers terminating their contracts & rate comparisons indicate Core Waiver payment rates are at least 20% less than those for individuals with comparable skills.

Environmental Adaptations: Payments are based upon bids received by potential contractors. Variations in payments are due to differences among providers related to overhead, staff wages, and the local demand for services. Payments are adjusted as the bids change over time, which in turn are based on the local cost of goods & labor & the demand for the service. Providers initiate the change in payment by the bids they submit. Competitive bids are reviewed by DDA staff.

•Transportation-Fee Schedule:
Individual provider & agency hourly rates & the mileage rate for transportation are based upon the rates provided to personal care providers. Those provider rates are standardized based on negotiations with the Service Employees International Union (SEIU) & funding provided by the Legislature. Changes in rates may be proposed by either party during the negotiations for contract terms, held every two years. DDA will adjust the rates whenever the negotiated rates change, which is expected to be every two years. The rate for transportation is changed based on significant (e.g., 20%) increases in the cost of vehicle maintenance & repair costs & the cost of fuel.

•Specialized Medical Equipment and Supplies-Fee Schedule: All rates are based on the Medicaid rate and system enforced though the Provider One payment system. Rate changes (both increases and decreases) are determined through legislative action and appropriation.

•Skilled Nursing-Fee Schedule: Nurse Delegation, Skilled Nursing: Rates are based on Medicaid unit rates with no vacation or overtime. Changes to flat rates such as these are initiated, mandated and funded by the Legislature during legislative sessions, which are held annually. Adjustments to the rates will be made by the HCA. HCA rates are updated every January with any possible new codes, & rates are changed every July to align with new RVUs, State GPCI, & State specific conversion factor. For codes that do not have RVUs, analysis is completed and rates are usually set at a flat rate. If analysis shows they need to be updated, that will occur every July with the other codes. The most recent update was in July 2016, & will be updated again this coming July.

•Community Transition- Negotiated Market Rate: Based upon local housing (e.g., rent deposit) and utility costs and the specific needs of the individual(e.g., for furnishings.

•Extended State Plan Services
Extended State Plan Services (occupational therapy, speech, hearing and language services, physical therapy): These services are paid via ProviderOne, Washington State's approved MMIS. These rates are established by the HCA & are updated every January with any possible new codes, & rates are changed every July to align with new RVUs, State GPCI, and State specific conversion factor. The most recent update was in July 2016.

•Individualized Technical Assistance Negotiated: Unit rates are negotiated between the counties and their providers within the parameters established by the County Service Guidelines and county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services.

Wellness Education fee Schedule: The rate for Wellness Education is based on the costs involved to:
- match client specific data to relevant articles for the client’s monthly mailing

- provide some content for monthly articles
- translation of articles
- design and produce the monthly Wellness Education mailing
- conduct test runs prior to print production
- process and mail monthly printed material to each participant and client's representative.

Residential Habilitation:

- Alternative Living: The standardized hourly payment rate is based upon the Metropolitan Statistical Area (MSA) county Supported Living benchmark rate.

- Companion Home: Companion Home rates are paid utilizing a daily rate which is calculated by the electronic rates system based on accumulative support intensity scored from the participant's DDA Assessment

.

Rate Establishment, Billing and Payment for Supported Living, Group Homes and Group training Homes are published in DDA Policy 6.02.

- Contracted Supported Living

- Contracted Supported Living daily rates are determined individually utilizing a standardized rate assessment and follow statewide policies. Rates are based on residential support levels (identified by the DDA assessment), specific support needs listed in the assessment, support provided by others and the number of participants living in the household who can share the support. DDA Policy 6.02.

Staff hours are paid at a benchmark rate specific to county categories (MSA, Non-MSA and King Cnty). An administrative rate is determined using the Administrative Rate Standard Schedule (Attached to Policy 6.04), and a client transportation rate using the Client Transportation Assessment.

Individual rates are assessed regionally utilizing policy and standards developed by the DDA HQ. Final rates are based on residential support levels (assigned by the DDA assessment), support needs listed in the assessment, support provided by others (e.g., family members), and the number of people in the household who can share the support hours. Assessed rates are reviewed by a Cost Reimbursement Analyst (CRA) and are approved by the Residential Program Manager.

Annual cost reports are required. Cost reports reconcile purchased support services with provided support services for the calendar year. Cost reports are desk audited to determine accuracy and the reasonableness of reported costs. Reported revenue received is reconciled to ProviderOne payment information to determine settlement amounts.DDA Policy 6.04.

Settlements are calculated by department staff to determine settlements amounts per agency in cases where providers contracted for more direct service hours than they provided, or received more reimbursement for direct care costs than was paid out. There is no settlement provision for the non-direct care staff components of the payment rate.

- State-Operated Supported Living: A prospective (daily) rate based on staffing and overhead costs is established each year for each location (region) based on projected costs and number of resident days for the ensuing fiscal year. The rates are transmitted to the Office of Financial Recovery (OFR). OFR uses the daily reimbursement rates and the number of Medicaid eligible days at each location to recalculate the federal share of cost of each facility.

The OFR calculation report goes to the Office of Accounting Services and to DDA. The fiscal unit at ALTSA prepares a journal voucher to record the federal share under the federal funds appropriation in the FRS. Reported resident days and FFP claims are reconciled with the Office of Financial Recovery each month. At the close of each year, a settlement calculation is prepared to recover additional federal funds, or to pay back funds previously received.

- Group Care Home and Group Training Home: Daily rates are determined for individuals utilizing a standardized rate assessment and follow statewide policy. Rates are based on residential support levels (identified by the DDA assessment), specific support needs listed in the assessment, support provided by others and the number of people living in the household who can share the support. Staff hours are paid at a benchmark rate specific to county categories. There are also administrative staff and non-staff rates. The administrative staff rate is standardized based on the number of clients in the group home. The non-staff rate is based on the size and specific non-staff cost requirements of the service agency.

Individual rates are negotiated regionally utilizing policy and standards developed by the HQ cost reimbursement section and the residential program manager, based on input from regional personnel and the residential provider group when formulating policy and standards used in rate-setting. All negotiated rates are reviewed by a CRA and approved by the Residential Program Manager and Administration Assistant Secretary.

Annual cost reports are required from each provider itemizing the cost of providing service for the calendar year. Cost reports are desk audited by a CRA to determine accuracy and reasonableness of reported costs. Reported revenue is reconciled to ProviderOne payment information to determine over/under payments for services. Agency settlements are calculated by a CRA to determine pay back amounts in cases where providers contracted for more direct service hours than they provided, or received more reimbursement for direct care costs than they paid out. There is no settlement provision for

the non-direct care staff (administrative, program operations and indirect client support)components of the rate.

• Child Foster Home: Standardized monthly rates for each of 7 levels of care are based upon the amount of time the foster parents spend supporting the child as measured by a standardized assessment.

• Staffed Residential Home and child group care facilities: Provider-specific rates are negotiated by DDA regional staff based on the needs of the individual.

• Child Placing Agency: Provider-specific rates are negotiated by DDA regional staff based on the needs of the individual.

DDA determined the rate setting methodology in consultation with Management Services Division (MSD) of Aging and Long Term Support Administration (ALTSA), DDA is the entity responsible for the rate determination and DDA conducts the oversight of the rate determination process for Chemical Extermination of Bed Bugs and Behavioral Health Crisis Diversion Bed Services – Privately Contracted. DDA uses rate based on current market rate as the rate setting methodology for Chemical Extermination of Bed Bugs. DDA uses a negotiated rate methodology for Behavioral Health Crisis Diversion Bed Services – Privately Contracted.

State has multiple processes for stakeholder involvement in the development of rates. For Respite and Personal Care, rates are negotiated directly with the Services Employees International Union (SEIU). For Individual and Group Employment, Prevocational Services, Community Access and Individualized Technical Assistance, State discusses rates with the association of county human services. Participants are involved in the development of rates through their participation in the Waiver Quality Assurance Advisory Committee which meets quarterly to review all aspects of waiver services, including provider rates.

Public Comments continued from 6I:

Appendix A: Waiver Administration and Operation

1. **State Line of Authority for Waiver Operation.** Specify the state line of authority for the operation of the waiver (*select one*):

   ○ **The waiver is operated by the State Medicaid agency.**

   Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program *(select one)*:

   ○ **The Medical Assistance Unit.**

   Specify the unit name:

   (Do not complete item A-2)

   ○ **Another division/unit within the State Medicaid agency that is separate from the Medical Assistance Unit.**

   Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.

   (Complete item A-2-a).

   ◉ **The waiver is operated by a separate agency of the State that is not a division/unit of the Medicaid agency.**

   Specify the division/unit name:
   Department of Social and Health Services/Developmental Disabiilities Administration

   In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The

interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. *(Complete item A-2-b).*

Appendix A: Waiver Administration and Operation

2. Oversight of Performance.

a. Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these activities:
As indicated in section 1 of this appendix, the waiver is not operated by another division/unit within the State Medicaid agency. Thus this section does not need to be completed.

b. Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:
Specify the functions that are expressly delegated through a memorandum of understanding:

Schedule A5 of the Cooperative Agreement delegates the following functions to the operating agency:
- Submission of all necessary application, renewal and amendment materials to CMS in order to secure and maintain approval of all proposed and existing waivers;
- Responsibility for the operation, management, and reporting of allowable Medicaid administrative activities for approved federal waivers; and
- Developing regulations, MMIS policy changes, and provider manuals.

The Cooperative Agreement is reviewed and updated when needed as issues are identified.

The Medicaid agency is responsible for approving rules, regulations and policies that govern how waivers are operated and retains the authority to discharge its responsibilities for the administration of the Medicaid program pursuant to 42 CFR § 431.10(e). The assigned operational and administrative functions are monitored as part of DDA's annual Quality Assurance (QA) Review Cycle. Final QA outcome reports are provided to the Medicaid agency for review and follow-up.

At the end of each QA Review Cycle, a final report is generated which includes detailed data on a state-wide level. These results are analyzed and incorporated into a statewide Performance Improvement Plan (PIP). The State Medicaid Agency receives annual Quality Assurance Review reports and meets with the operating agency at the conclusion of the QA cycle to review results and provide input into the PIP. The PIP is reviewed and approved for implementation by executive management.

The HCA Medicaid Agency Waiver Management Committee includes representatives from the Health Care Authority (the Single State Medicaid Agency) and administrations/divisions within the operating agency: DDA, Home and Community services (HCS), Residential Care Services (RCS), and the Behavioral Health Administration (BHA). The committee meets at least quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g., amendments, renewals), potential waiver policy and rule changes and quality improvement activities.

Appendix A: Waiver Administration and Operation

3. **Use of Contracted Entities.** Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable) (*select one*):

   (●) **Yes. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or operating agency (if applicable).**
   Specify the types of contracted entities and briefly describe the functions that they perform. *Complete Items A-5 and A-6.:*
   State assures that 28 contracted counties who serve an administrative function in contracting for Community Inclusion and Supported Employment providers, allow for open and continuous enrollment of all qualified Community Inclusion and Supported Employment providers. State also assures that for 11 counties who are direct service providers, State allows for continuous enrollment of all Community Inclusion and Supported Employment providers. All counties disseminate information concerning day programs and employment services to potential enrollees and monitor waiver expenditures against approved levels. Administering counties recruit providers and determine day program and employment payment amounts or rates.

   The Medicaid agency retains ultimate authority and responsibility for the operation of the waiver by exercising oversight over the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

   ( ) **No. Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).**

Appendix A: Waiver Administration and Operation

4. **Role of Local/Regional Non-State Entities.** Indicate whether local or regional non-state entities perform waiver operational and administrative functions and, if so, specify the type of entity (*Select One*):

   ( ) **Not applicable**

   (●) **Applicable** - Local/regional non-state agencies perform waiver operational and administrative functions.
   Check each that applies:

   [✓] **Local/Regional non-state public agencies** perform waiver operational and administrative functions at the local or regional level. There is an **interagency agreement or memorandum of understanding** between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is available through the Medicaid agency.

   Specify the nature of these agencies and complete items A-5 and A-6:

   WA State Counties

   [✓] **Local/Regional non-governmental non-state entities** conduct waiver operational and administrative functions at the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The **contract(s)** under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

   Specify the nature of these entities and complete items A-5 and A-6:

   Local non-profit corporation.

Appendix A: Waiver Administration and Operation

5. **Responsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities.** Specify the state agency or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in conducting waiver operational and administrative functions:
   Department of Social and Health Services/Developmental Disabilities Administration

Appendix A: Waiver Administration and Operation

6. **Assessment Methods and Frequency.** Describe the methods that are used to assess the performance of contracted and/or local/regional non-state entities to ensure that they perform assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional non-state entities is assessed:
Each biennium, DDA reviews and evaluates the state's Employment & Day program subcontractors. The evaluation incorporate all contractual requirements including but not limited to client direct services, program quality assurance, indirect systems, policies and procedure, and fiscal soundness. All counties are asked to complete and return the Employment & Day Contract Compliance review checklist, which is a self-assessment tool.

In addition to the tool, DDA asks counties to submit various other information– examples of requested information include:
- Their most recent Request for Qualifications for Employment & Day Program Services.
- Their site review schedule including dates and the names of providers to be reviewed.
- An overview of their "Quality Assurance & Evaluation" process including:
  - A sample site review engagement letter.
  - The evaluation tool used for the site review.
  - A sample follow-up site review letter (preferably a corrective action sample).
  - An explanation of how client review sampling is determined.

Once information is obtained, DDA compiles the information and determines which counties require further review. A county who elects not to submit the requested information is automatically chosen. Thus DDA conducts a 100% review of Counties and based on the information provided, DDA determines which Counties require on-site reviews and technical assistance.

When on-site reviews are conducted:

Client files will be reviewed for specific elements including:
- Relationship of clients' file notes describing services - to reporting documents - to DDA's Person-Centered Service Plan;
- Quality of reporting documents, activity progress and outcome status;
- Accuracy of service hours reported, including separation of DVR hours;
- Required documentation such as grievance procedures, medical information, release of information, etc.

Direct service staff files will be reviewed for specific elements including:
- Background checks;
- Qualifications;
- Training information; and
- Documentation of Policy Review.

As a result of the site visits, counties receive written feedback which include necessary recommendations for corrective action.

The Medicaid agency is responsible for approving rules, regulations and policies that govern how waivers are operated. The assigned operational and administrative functions are monitored as part of DDA's annual QA Review Cycle. At the end of each annual QA Review Cycle a report is generated which includes detailed data on a state-wide level. Final QA outcome reports are provided to the Medicaid agency for review and input. Monitoring results are also reviewed with the Medicaid Agency Waiver Oversight Committee at the quarterly meeting of the Committee immediately following compilation of the monitoring results.

Appendix A: Waiver Administration and Operation

7. **Distribution of Waiver Operational and Administrative Functions.** In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):
In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency.
Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid

Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.

Function	Medicaid Agency	Other State Operating Agency	Contracted Entity	Local Non-State Entity
Participant waiver enrollment	☐	☑	☐	☐
Waiver enrollment managed against approved limits	☐	☑	☐	☐
Waiver expenditures managed against approved levels	☐	☑	☑	☑
Level of care evaluation	☐	☑	☐	☐
Review of Participant service plans	☐	☑	☐	☐
Prior authorization of waiver services	☐	☑	☐	☐
Utilization management	☐	☑	☐	☐
Qualified provider enrollment	☐	☑	☑	☑
Execution of Medicaid provider agreements	☐	☑	☑	☑
Establishment of a statewide rate methodology	☐	☑	☐	☐
Rules, policies, procedures and information development governing the waiver program	☑	☑	☐	☐
Quality assurance and quality improvement activities	☐	☑	☐	☐

Appendix A: Waiver Administration and Operation

Quality Improvement: Administrative Authority of the Single State Medicaid Agency

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Administrative Authority
The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

i. Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Performance measures for administrative authority should not duplicate measures found in other appendices of the waiver application. *As necessary and applicable, performance measures should focus on:*

- Uniformity of development/execution of provider agreements throughout all geographic areas covered by the waiver
- Equitable distribution of waiver openings in all geographic areas covered by the waiver
- Compliance with HCB settings requirements and other new regulatory components (for waiver actions submitted on or after March 17, 2014)

Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
A.3: The percent of counties that need on-site monitoring for quality assurance that receive on-site monitoring. Numerator = The number of counties who received on-site

monitoring. Denominator= The number of counties identified to need on-site monitoring.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☐ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*

Performance Measure:
A.1: The percent of contracted counties that submit timely contract monitoring reports. Numerator = The number of contracted counties reporting to the state in a timely manner. Denominator = The total number of contracted counties.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☑ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☐ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☑ **Other** Specify: During the first fiscal year of the biennium.	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
	☐ **Continuously and Ongoing**
	☑ **Other** Specify: i.e., During the first fiscal year of the biennium.

Performance Measure:
A.4: % of waiver, waiver amendment & waiver renewal requests submitted to CMS for which approval was obtained from Single State Medicaid Agency. N = Number of waiver, waiver amendment & waiver renewal requests submitted to CMS for which approval was obtained from Single State Medicaid Agency. D = The total number of waiver, waiver amendment and waiver renewal requests submitted to CMS.

Data Source (Select one):
Operating agency performance monitoring
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
A.2: The percent of counties that comply with their fiscal year waiver spending plans provided by the state. Numerator = The number of counties in compliance with fiscal year waiver spending plans. Denominator = The total number of counties contracted.

Data Source (Select one):
Financial records (including expenditures)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☑ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☐ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☐ **Annually**
	☐ **Continuously and Ongoing**
	☑ **Other** Specify: Every other month.

Performance Measure:
A.5: The percentage of scheduled meetings of the HCA Medicaid Agency Waiver Management Committee that are held. Numerator = The number of scheduled meetings of the HCA Medicaid Agency Waiver Management Committee that are held. Denominator = The total number of scheduled meetings of the HCA Medicaid Agency Waiver Management Committee.

Data Source (Select one):
Operating agency performance monitoring
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other**	

	Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
A.6: The percentage of waiver deliverables that comply with the Interagency Cooperative Agreement. N = The number of waiver deliverables that comply with the Interagency Cooperative Agreement as documented by acceptance letters from Health Care Authority. D = The total number of waiver deliverables.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:

	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

A.1: The DDA County Services Unit Manager has developed a self-report survey which counties complete and submit during the first year of the biennium. These are submitted to and reviewed by the DDA County Services Unit Manager.

A.2: The DDA County Services Unit Manager monitors county expenditures against fiscal year spending plans, ensures that billed budget categories are in agreement with approved budgets/contracts and provides general accounting oversight.

A.3: The DDA County Services Unit Manager provides on-site monitoring or technical assistance to counties annually according to need.

The Developmental Disabilities Administration has a standard contract with each county that includes oversight expectations concerning waiver-related activities including provider enrollment/contracting and quality assurance/improvement activities.

In addition, on an ongoing basis Administration staff communicate back and forth with county staff on topics including county performance data and changes in federal and state rules and waiver-related policies.

A.5: The State Operating Agency obtains written approval from the Single State Medicaid Agency (Health Care Authority-HCA) to submit initial waiver requests, waiver amendment requests and waiver renewal requests to CMS. The Waiver Services Unit Manager verifies annually that approval from the HCA was

obtained for all waiver amendment requests and waiver renewal requests submitted to CMS.

A.6: The HCA Medicaid Agency Waiver Management Committee includes representatives from the HCA and Administrations and Divisions within the operating agency: DDA, HCS, RCS, and BHA. The committee meets at least quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g., amendments, renewals), potential waiver policy and rule changes and quality improvement activities. The Waiver Services Unit Manager verifies annually that these meetings were held.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
A.1: If a county has not returned a completed self-report survey, the DDA County Services Unit Manager follows up with the county to convey non-compliance and request the completed survey be submitted within approximately 25 days. If a survey indicates necessary contract monitoring is not being accomplished by the county, the DDA County Services Unit Manager provides consultation and technical assistance to ensure necessary monitoring activities are completed and their completion is reflected in the following survey.

A.2: If county expenditures do not match the fiscal year spending plan, or billed budget categories are not in agreement with approved budgets/contracts, the DDA County Services Unit Manager provides consultation and technical assistance to the county to ensure compliance.

A.3: The DDA County Services Unit Manager documents all on-site monitoring or technical assistance provided to counties.

A.5: If it is determined that HCA approval was not obtained for all initial waiver requests, waiver amendment or waiver renewal requests submitted to CMS, the Waiver Services Unit Manager will ensure that approval from the HCA will be obtained and processes will be reviewed and evaluated to determine if changes need to be made to ensure prospective approval is obtained in the future.

A.6: If the HCA Medicaid Agency Waiver Management Committee did not meet quarterly, the Waiver Services Unit Manager will ensure the process is modified as necessary so that in the future quarterly meetings are held.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party*(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☑ **Other** Specify: Every other month; annually during the first year of the biennium.

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Administrative Authority that are currently non-operational.

- (●) **No**
- ( ) **Yes**

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix B: Participant Access and Eligibility

B-1: Specification of the Waiver Target Group(s)

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the State limits waiver services to one or more groups or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. *In accordance with 42 CFR §441.301(b)(6), select one or more waiver target groups, check each of the subgroups in the selected target group(s) that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:*

Target Group	Included	Target SubGroup	Minimum Age	Maximum Age	
				Maximum Age Limit	No Maximum Age Limit
☐ **Aged or Disabled, or Both - General**					
	☐	**Aged**			☐
	☐	**Disabled (Physical)**			
	☐	**Disabled (Other)**			
☐ **Aged or Disabled, or Both - Specific Recognized Subgroups**					
	☐	**Brain Injury**			☐
	☐	**HIV/AIDS**			☐
	☐	**Medically Fragile**			☐
	☐	**Technology Dependent**			☐
☑ **Intellectual Disability or Developmental Disability, or Both**					
	☑	**Autism**	0		☑
	☑	**Developmental Disability**	0		☑
	☑	**Intellectual Disability**	0		☑
☐ **Mental Illness**					
	☐	**Mental Illness**			
	☐	**Serious Emotional Disturbance**			

b. Additional Criteria. The State further specifies its target group(s) as follows:

Individuals must meet the Developmental Disabilities Administration'(DDA) definition of developmental disability" as contained in state law RCW 71A.10.020 Definitions and and stipulated in state administrative code WAC 388-823 Developmental Disabilities Administration Intake and Eligibility Determination.

Washington state regulations and administrative codes stipulate that a developmental disability must meet the following minimum requirements:

(a) Be attributable to intellectual disabilities, cerebral palsy, epilepsy, autism, or another neurological or other condition found by DDA to be closely related to intellectual disability or

requiring treatment similar to that required for individuals with intellectual disability;

(b) Originate prior to age eighteen;

(c) Be expected to continue indefinitely; and

(d) Result in substantial limitations as defined in Washington Administrative Code (WAC) 388-823-0210 (definition of substantial limitations).

The individuals on this waiver require residential habilitation services or live at home but are at immediate risk of out of home placement due to one or more of the following extraordinary needs.
*The individual has extreme and frequently occurring behavior challenges resulting in danger to health or safety or
*Has had 18 or more days of inpatient psychiatric care in the past 12 months or
*The individual lives in an ICF/IID and requests community placement or
*Requires daily to weekly one-on-one support, supervision and 24-hour access to trained others\ to meet basic health and safety needs.

Individuals must also meet DDA's criteria for HCBS waiver-funded services found at WAC 388-845-0030:
(1) You meet criteria for DDA HCBS waiver-funded services if you meet all of the following:
(a) You have been determined eligible for DDA services per RCW 71A.10.020.
(b) You have been determined to meet ICF/IID level of care per WAC 388-845-0070, 388-828-4400, 388-828-3060 and 388-828-3080.
(c) You meet disability criteria established in the Social Security Act.
(d) You meet financial eligibility requirements as defined in WAC 182-515-1510.
(e) You choose to receive services in the community rather than in an ICF/IID facility.
(f) You have a need for monthly waiver services or monthly monitoring as identified in your person-centered service plan.
(g) You are not residing in hospital, jail, prison, nursing facility, ICF/IID, or other institution.

c. Transition of Individuals Affected by Maximum Age Limitation. When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit *(select one):*

- (●) **Not applicable. There is no maximum age limit**
- ( ) **The following transition planning procedures are employed for participants who will reach the waiver's maximum age limit.**

Specify:

Appendix B: Participant Access and Eligibility

B-2: Individual Cost Limit (1 of 2)

a. Individual Cost Limit. The following individual cost limit applies when determining whether to deny home and community-based services or entrance to the waiver to an otherwise eligible individual *(select one)*. Please note that a State may have only ONE individual cost limit for the purposes of determining eligibility for the waiver:

- (●) **No Cost Limit.** The State does not apply an individual cost limit. *Do not complete Item B-2-b or item B-2-c.*
- ( ) **Cost Limit in Excess of Institutional Costs.** The State refuses entrance to the waiver to any otherwise eligible individual when the State reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the State. *Complete Items B-2-b and B-2-c.*

The limit specified by the State is *(select one)*

- **A level higher than 100% of the institutional average.**

  Specify the percentage:

- **Other**

  Specify:

- **Institutional Cost Limit.** Pursuant to 42 CFR 441.301(a)(3), the State refuses entrance to the waiver to any otherwise eligible individual when the State reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. *Complete Items B-2-b and B-2-c.*
- **Cost Limit Lower Than Institutional Costs.** The State refuses entrance to the waiver to any otherwise qualified individual when the State reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the State that is less than the cost of a level of care specified for the waiver.

  Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver participants. Complete Items B-2-b and B-2-c.

The cost limit specified by the State is *(select one)*:

- **The following dollar amount:**

  Specify dollar amount:

  The dollar amount *(select one)*

  - **Is adjusted each year that the waiver is in effect by applying the following formula:**

    Specify the formula:

  - **May be adjusted during the period the waiver is in effect. The State will submit a waiver amendment to CMS to adjust the dollar amount.**
- **The following percentage that is less than 100% of the institutional average:**

  Specify percent:

- **Other:**

  Specify:

Appendix B: Participant Access and Eligibility

B-2: Individual Cost Limit (2 of 2)

Answers provided in Appendix B-2-a indicate that you do not need to complete this section.

b. Method of Implementation of the Individual Cost Limit. When an individual cost limit is specified in Item B-2-a, specify the procedures that are followed to determine in advance of waiver entrance that the individual's health and welfare can be assured within the cost limit:

c. Participant Safeguards. When the State specifies an individual cost limit in Item B-2-a and there is a change in the participant's condition or circumstances post-entrance to the waiver that requires the provision of services in an amount that exceeds the cost limit in order to assure the participant's health and welfare, the State has established the following safeguards to avoid an adverse impact on the participant *(check each that applies)*:

- ☐ **The participant is referred to another waiver that can accommodate the individual's needs.**
- ☐ **Additional services in excess of the individual cost limit may be authorized.**

  Specify the procedures for authorizing additional services, including the amount that may be authorized:

- ☐ **Other safeguard(s)**

  Specify:

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served (1 of 4)

a. Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The State will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the cost-neutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	Unduplicated Number of Participants
Year 1	4938
Year 2	5038
Year 3	5138
Year 4	5238
Year 5	5338

b. Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the State may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the State limits the number of participants in this way: *(select one)*:

- ○ **The State does not limit the number of participants that it serves at any point in time during a waiver year.**

◉ **The State limits the number of participants that it serves at any point in time during a waiver year.**

The limit that applies to each year of the waiver period is specified in the following table:

Table: B-3-b

Waiver Year	Maximum Number of Participants Served At Any Point During the Year
Year 1	4900
Year 2	5000
Year 3	5100
Year 4	5200
Year 5	5300

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served (2 of 4)

c. Reserved Waiver Capacity. The State may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State *(select one)*:

◉ **Not applicable. The state does not reserve capacity.**

○ **The State reserves capacity for the following purpose(s).**

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served (3 of 4)

d. Scheduled Phase-In or Phase-Out. Within a waiver year, the State may make the number of participants who are served subject to a phase-in or phase-out schedule *(select one)*:

◉ **The waiver is not subject to a phase-in or a phase-out schedule.**

○ **The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in the waiver.**

e. Allocation of Waiver Capacity.

Select one:

◉ **Waiver capacity is allocated/managed on a statewide basis.**

○ **Waiver capacity is allocated to local/regional non-state entities.**

Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:

f. Selection of Entrants to the Waiver. Specify the policies that apply to the selection of individuals for entrance to the waiver:

State regulations stipulate: When there is capacity on a waiver and available funding for new waiver participants, DDA may enroll people from the statewide data base in a waiver based on the following priority considerations:

(1) First priority will be given to current waiver participants assessed to require a different waiver because their needs have increased and these needs cannot be met within the scope of their current waiver.

(2) DDA may also consider any of the following populations in any order:

(a) Priority populations as identified and funded by the legislature.

(b) Persons DDA has determined to be in immediate risk of ICF/IID admission due to unmet health and safety needs.

(c) Persons identified as a risk to the safety of the community.

(d) Persons currently receiving services through state only funds.

(e) Persons on an HCBS waiver that provides services in excess of what is needed to meet their identified health and welfare needs.

(f) Persons who were previously on an HCBS waiver since April 2004 and lost waiver eligibility due to residing in an institution.

If there is not sufficient capacity to allow potential entrants to be enrolled on the waiver, they can request placement in an ICF/IID.

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served - Attachment #1 (4 of 4)

Answers provided in Appendix B-3-d indicate that you do not need to complete this section.

Appendix B: Participant Access and Eligibility

B-4: Eligibility Groups Served in the Waiver

a.

1. **State Classification.** The State is a *(select one)*:
   - (●) **§1634 State**
   - ( ) **SSI Criteria State**
   - ( ) **209(b) State**

2. **Miller Trust State.**
   Indicate whether the State is a Miller Trust State *(select one)*:
   - (●) **No**
   - ( ) **Yes**

b. Medicaid Eligibility Groups Served in the Waiver. Individuals who receive services under this waiver are eligible under the following eligibility groups contained in the State plan. The State applies all applicable federal financial participation limits under the plan. *Check all that apply*:

Eligibility Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFR §435.217)

- [ ] **Low income families with children as provided in §1931 of the Act**
- [x] **SSI recipients**
- [ ] **Aged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121**
- [ ] **Optional State supplement recipients**
- [ ] **Optional categorically needy aged and/or disabled individuals who have income at:**

Select one:

- ○ **100% of the Federal poverty level (FPL)**
- ○ **% of FPL, which is lower than 100% of FPL.**

Specify percentage:

- ☐ **Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in §1902(a)(10)(A)(ii)(XIII)) of the Act)**
- ☑ **Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in §1902(a)(10)(A)(ii)(XV) of the Act)**
- ☑ **Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage Group as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)**
- ☐ **Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility group as provided in §1902(e)(3) of the Act)**
- ☐ **Medically needy in 209(b) States (42 CFR §435.330)**
- ☐ **Medically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)**
- ☐ **Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the State plan that may receive services under this waiver)**

Specify:

Special home and community-based waiver group under 42 CFR §435.217) *Note: When the special home and community-based waiver group under 42 CFR §435.217 is included, Appendix B-5 must be completed*

- ○ **No. The State does not furnish waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217.** *Appendix B-5 is not submitted.*
- ◉ **Yes. The State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217.**

Select one and complete Appendix B-5.

- ○ **All individuals in the special home and community-based waiver group under 42 CFR §435.217**
- ◉ **Only the following groups of individuals in the special home and community-based waiver group under 42 CFR §435.217**

Check each that applies:

- ☑ **A special income level equal to:**

Select one:

- ◉ **300% of the SSI Federal Benefit Rate (FBR)**
- ○ **A percentage of FBR, which is lower than 300% (42 CFR §435.236)**

Specify percentage:

- ○ **A dollar amount which is lower than 300%.**

Specify dollar amount:

- ☐ **Aged, blind and disabled individuals who meet requirements that are more restrictive than the SSI program (42 CFR §435.121)**
- ☐ **Medically needy without spenddown in States which also provide Medicaid to recipients of SSI (42 CFR §435.320, §435.322 and §435.324)**

☐ **Medically needy without spend down in 209(b) States (42 CFR §435.330)**

☐ **Aged and disabled individuals who have income at:**

Select one:

○ **100% of FPL**

○ **% of FPL, which is lower than 100%.**

Specify percentage amount:

☐ **Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the State plan that may receive services under this waiver)**

Specify:

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (1 of 7)

In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix B-4. Post-eligibility applies only to the 42 CFR §435.217 group.

a. Use of Spousal Impoverishment Rules. Indicate whether spousal impoverishment rules are used to determine eligibility for the special home and community-based waiver group under 42 CFR §435.217:

Note: For the five-year period beginning January 1, 2014, the following instructions are mandatory. The following box should be checked for all waivers that furnish waiver services to the 42 CFR §435.217 group effective at any point during this time period.

☑ **Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group. In the case of a participant with a community spouse, the State uses *spousal* post-eligibility rules under §1924 of the Act.** *Complete Items B-5-e (if the selection for B-4-a-i is SSI State or §1634) or B-5-f (if the selection for B-4-a-i is 209b State) and Item B-5-g unless the state indicates that it also uses spousal post-eligibility rules for the time periods before January 1, 2014 or after December 31, 2018.*

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018 (select one).

◉ **Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group.**

In the case of a participant with a community spouse, the State elects to (*select one*):

◉ **Use spousal post-eligibility rules under §1924 of the Act.**
(Complete Item B-5-b (SSI State) and Item B-5-d)

○ **Use regular post-eligibility rules under 42 CFR §435.726 (SSI State) or under §435.735 (209b State)**
(Complete Item B-5-b (SSI State). Do not complete Item B-5-d)

○ **Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility of individuals with a community spouse for the special home and community-based waiver group. The State uses regular post-eligibility rules for individuals with a community spouse.**
(Complete Item B-5-b (SSI State). Do not complete Item B-5-d)

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (2 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

b. Regular Post-Eligibility Treatment of Income: SSI State.

The State uses the post-eligibility rules at 42 CFR 435.726 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following allowances and expenses from the waiver participant's income:

i. Allowance for the needs of the waiver participant (*select one*):

○ **The following standard included under the State plan**

Select one:

○ **SSI standard**
○ **Optional State supplement standard**
○ **Medically needy income standard**
○ **The special income level for institutionalized persons**

(*select one*):

○ **300% of the SSI Federal Benefit Rate (FBR)**
○ **A percentage of the FBR, which is less than 300%**

Specify the percentage:

○ **A dollar amount which is less than 300%.**

Specify dollar amount:

○ **A percentage of the Federal poverty level**

Specify percentage:

○ **Other standard included under the State Plan**

Specify:

○ **The following dollar amount**

Specify dollar amount: If this amount changes, this item will be revised.

◉ **The following formula is used to determine the needs allowance:**

Specify:

The State will apply two different maintenance needs allowances:

1. For recipients who live in their own home, the State shall disregard the special income level (SIL), which is three hundred percent (300%) of the SSI Federal Benefit Rate (FBR) for an individual.

2. For recipients who live in a state-contracted or state-operated residence (i.e., group care home, group training home, adult family home, assisted living facility), the maintenance allowance is at the Medically Needy Income Level (MNIL) (which is equal to the SSI payment standard [FBR]).

In addition to the MNIL, an allowance will be made for (when applicable):

a) Any payee and/or court-ordered guardianship fees (guardianship fees shall not exceed one hundred seventy-five dollars per month); plus

b) Any court-ordered guardianship-related attorney fees; plus

c) An amount for employed individuals equal to the first $65 of the recipient's earned income, if any [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(4)] plus one-half of any remaining earned income [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(6)].

The maximum amount for the maintenance needs allowance for individuals who live in a state-contracted or state-operated residence is three hundred percent (300%) of the SSI FBR for an individual.

○ **Other**

Specify:

ii. Allowance for the spouse only (*select one*):

◉ **Not Applicable**

○ **The state provides an allowance for a spouse who does not meet the definition of a community spouse in §1924 of the Act. Describe the circumstances under which this allowance is provided:**

Specify:

Specify the amount of the allowance (*select one*):

○ **SSI standard**

○ **Optional State supplement standard**

○ **Medically needy income standard**

○ **The following dollar amount:**

Specify dollar amount: If this amount changes, this item will be revised.

○ **The amount is determined using the following formula:**

Specify:

iii. Allowance for the family (*select one*):

○ **Not Applicable (see instructions)**

○ **AFDC need standard**

◉ **Medically needy income standard**

○ **The following dollar amount:**

Specify dollar amount: The amount specified cannot exceed the higher of the need standard for a family of the same size used to determine eligibility under the State's approved AFDC plan or the medically needy income standard established under 42 CFR §435.811 for a family of the same size. If this amount changes, this item will be revised.

○ **The amount is determined using the following formula:**

Specify:

○ **Other**

Specify:

iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 §CFR 435.726:

a. Health insurance premiums, deductibles and co-insurance charges
b. Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses.

Select one:

○ **Not Applicable (see instructions)***Note: If the State protects the maximum amount for the waiver participant, not applicable must be selected.*
○ **The State does not establish reasonable limits.**
◉ **The State establishes the following reasonable limits**

Specify:

The deduction for medical and remedial care expenses that were incurred as the result of the imposition of a transfer of assets penalty is limited to zero.

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (3 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

c. Regular Post-Eligibility Treatment of Income: 209(B) State.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (4 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the State Medicaid Plan. The State must also protect amounts for incurred expenses for medical or remedial care (as specified below).

i. Allowance for the personal needs of the waiver participant

(*select one*):

- ○ **SSI standard**
- ○ **Optional State supplement standard**
- ○ **Medically needy income standard**
- ○ **The special income level for institutionalized persons**
- ○ **A percentage of the Federal poverty level**

  Specify percentage:

- ○ **The following dollar amount:**

  Specify dollar amount: If this amount changes, this item will be revised

- ◉ **The following formula is used to determine the needs allowance:**

  Specify formula:

  The State will apply two different maintenance needs allowances:

  1) For recipients who live in their own home, the State shall disregard the special income level (SIL), which is three hundred percent (300%) of the SSI Federal Benefit Rate (FBR) for an individual.

  2) For recipients who live in a state-contracted or state-operated residence (i.e., group care home, group training home, adult family home, assisted living facility), the maintenance allowance is at the Medically Needy Income Level (MNIL) (which is equal to the SSI payment standard [FBR]).

     In addition to the MNIL, an allowance will be made for (when applicable):

     a) Any payee and/or court-ordered guardianship fees (guardianship fees shall not exceed one hundred seventy-five dollars per month) ; plus

     b) Any court-ordered guardianship-related attorney fees; plus

     c) An amount for employed individuals equal to the first $65 of the recipient's earned income, if any [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(4)] plus one- half of any remaining earned income [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(6)].

     The maximum amount for the maintenance needs allowance for individuals who live in a state-contracted or state-operated residence is three hundred percent (300%) of the SSI FBR for an individual.

- ○ **Other**

  Specify:

ii. If the allowance for the personal needs of a waiver participant with a community spouse is different from the amount used for the individual's maintenance allowance under 42 CFR §435.726 or 42 CFR

§435.735, explain why this amount is reasonable to meet the individual's maintenance needs in the community.

Select one:

- (●) **Allowance is the same**
- ( ) **Allowance is different.**

Explanation of difference:

iii. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.726:

a. Health insurance premiums, deductibles and co-insurance charges
b. Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses.

Select one:

- ( ) **Not Applicable (see instructions)***Note: If the State protects the maximum amount for the waiver participant, not applicable must be selected.*
- ( ) **The State does not establish reasonable limits.**
- (●) **The State uses the same reasonable limits as are used for regular (non-spousal) post-eligibility.**

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (5 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

e. Regular Post-Eligibility Treatment of Income: §1634 State - 2014 through 2018.

Answers provided in Appendix B-5-a indicate the selections in B-5-b also apply to B-5-e.

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (6 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

f. Regular Post-Eligibility Treatment of Income: 209(B) State - 2014 through 2018.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (7 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

g. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules - 2014 through 2018.

The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care. There is

deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the State Medicaid Plan. The State must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-5-a indicate the selections in B-5-d also apply to B-5-g.

Appendix B: Participant Access and Eligibility

B-6: Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the State provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

a. Reasonable Indication of Need for Services. In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, and (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the State's policies concerning the reasonable indication of the need for services:

i. Minimum number of services.

The minimum number of waiver services (one or more) that an individual must require in order to be determined to need waiver services is: 1

ii. Frequency of services. The State requires (select one):

- ○ **The provision of waiver services at least monthly**
- ◉ **Monthly monitoring of the individual when services are furnished on a less than monthly basis**

If the State also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:

b. Responsibility for Performing Evaluations and Reevaluations. Level of care evaluations and reevaluations are performed (*select one*):

- ○ **Directly by the Medicaid agency**
- ◉ **By the operating agency specified in Appendix A**
- ○ **By an entity under contract with the Medicaid agency.**

Specify the entity:

- ○ **Other**

Specify:

c. Qualifications of Individuals Performing Initial Evaluation: Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

Regional DDA Case/Resource Managers and Regional DDA Social Service Specialists are the only individuals who perform the initial evaluations of level of care prior to placement onto the waiver. In addition to meeting the following minimum qualifications, staff must pass a background check prior to being hired and receive mandatory waiver training prior to completing any evaluations.

DDA Case/Resource Manager
Minimum Qualifications:
A Bachelor's degree in social sciences, social services, human services, behavioral sciences or an allied field and two years of experience providing social services to people with developmental disabilities. Graduate training in social science, social services, human services, behavioral sciences or an allied field will substitute, year for year, for one year of the experience providing social services to people with developmental disabilities.

Social Service Specialist
Minimum Qualifications:
A Master's degree in social services, human services, behavioral sciences, or an allied field and two years of paid social service experience.

OR

A Bachelor's degree in social services, human services, behavioral sciences, or an allied field and three years of social service experience.

d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the State's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

The Supports Intensity Scale (SIS) is a nationally normed instrument developed by the American Association on Intellectual and Developmental Disabilities (formerly American Association on Mental Retardation) used to determine ICF/IID Level of Care for individuals aged 16 and over. The SIS is a multidimensional scale designed to determine the pattern and intensity of individuals support needs. The SIS was designed to a) assess support needs b) determine the intensity of needed supports c) monitor progress and d) evaluate outcomes of adults with mental retardation and related developmental disabilities.

The Supports Intensity Scale evaluates individuals using the following subscales:
A. Home Living
B. Community Living
C. Lifelong Learning
D. Employment
E. Health & Safety
F. Social

The state of Washington has adapted a ICF/IID Level of Care tool that was originally used to assess individuals through age 12 to assess individuals through age 15. This assessment consists of 18 items, 13 of which are used to determine ICF/IID Level of Care.

Support needs are assessed in the following areas:
A. Activities of Daily Living
B. Instrumental Activities of Daily Living
C. Family Supports
D. Safety & Interactions
E. Peer Relationships

ICF/IID Level of Care as described in Washington Administrative Code (WAC) Chapter 388-828:

How does DDA determine my score for ICF/IID Level of Care if I am age birth through fifteen years old? DDA determines your ICF/IID Level of Care score by adding your acuity scores for each question in the ICF/IID Level of Care Assessment for Children.

How does DDA determine if I meet the eligibility requirements for ICF/IID Level of care if I am age birth through 15 years old? DDA determines you to be eligible for ICF/IID Level of care when you meet at least one of the following:
1. You are age birth through five years old and the total of your acuity scores is five or more; or
2. You are age six through fifteen years old and the total of your acuity scores is seven or more.

How does DDA determine if I meet the eligibility requirements for ICF/IID Level of care if I am age 16 or older? If you are age sixteen or older, DDA determines you to be eligible for ICF/IID Level of care when you meet one or more of the following:

1. You have a percentile rank over nine percent for three or more of the six subscales in the SIS Support Needs Scale; or
2. You have a percentile rank over twenty-five percent for two or more of the six subscales in the SIS Support Needs Scale; or
3. You have a percentile rank over fifty percent in at least one of the six subscales in the SIS Support Needs Scale; or
4. You have a support score of one or two for any of the questions listed in the SIS Exceptional Medical Support Needs Scale; or
5. You have a support score of one or two for at least one of the following items in the SIS Exceptional Behavior Support Needs Scale:
   a. Prevention of assaults or injuries to others; or
   b. Prevention of property destruction (e.g. fire setting, breaking furniture); or
   c. Prevention of self-injury; or
   d. Prevention of PICA (ingestion of inedible substances); or
   e. Prevention of suicide attempts; or
   f. Prevention of sexual aggression; or
   g. Prevention of wandering; or
6. You have a support score of two for any of the questions listed in the SIS Exceptional Behavior Support Needs Scale; or
7. You meet or exceed any of the qualifying scores for one or more of the following SIS questions:

Question # of SIS Support	Text of Question "Type of Support" is:	Your score for	And your score for “Frequency of Needs Scale Support" is:	is:
A1	Using the toilet	2 or more	4	
		3 or more	2	
A2	Taking care of clothes	2 or more	2 or more	
		3 or more	1	
A3	Preparing food	2 or more	4	
		3 or more	2	
A4	Eating food	2 or more	4	
		3 or more	2	
A5	Housekeeping and cleaning	2 or more	2 or more	
		3 or more	1	
A6	Dressing	2 or more	4	
		3 or more	2	
A7	Bathing and taking care of personal hygiene and grooming needs	2 or more	4	
		3 or more	2	
C3	Learning and using problems ssoving strateties	2 or more	3 or more	
		3 or more	2	
C9	Learning self-management strategies	2 or more	3 or more	
		3 or more	2	
B6	Shopping and purchasing goods and services	2 or more	2 or more	
		3 or more	1	
E1	Taking medication	2 or more	4	
		3 or more	2	
E2	Avoiding health and safety hazards	2 or more	3 or more	
		3 or more	2	
E4	Ambulating and moving about	2 or more	4	
		3 or more	2	
E6	Maintaining a nutritious diet	2 or more	2 or more	

			3 or more		1		
E8	Maintaining emotional well-being	2 or more	3 or more	3 or more	3 or more	2	
F6	Using appropriate social skills	2 or more	3 or more	3 or more	3 or more	2	
G2	Managing money and personal finances	2 or more	2 or more	2 or more	3 or more	1	

How does DDA determine your percentile rank for each subscale in the SIS Support Needs Scale? DDA uses the following table to convert your total raw score for each subscale into a percentile ranking:

If your total raw score for the following SIS subscales is: Lifelong Safety subscale	Home Living subscale	Comunity Living SIS subscale	Learning subscale	Social and	Employment Activities	Health	Then your percentile rank for the is:
			>99				
>88	>94		>99				
87-88	93-94		>99				
85-86	91-92		>97		99		
81-84	88-90	>96	>95		92-97	>97	98
77-80	84-87	92-96	91-95		86-91	91-97	95
73-76	70-83	86-91	85-90		79-85	84-90	91
68-72	74-78	79-85	78-84		72-78	76-83	84
62-67	69-73	72-78	70-77		65-71	68-75	75
55-61	63-68	64-71	61-69		57-64	58-67	63
48-54	56-62	55-63	52-60		49-56	48-57	50
40-47	49-55	46-54	42-51		42-48	38-47	37
32-39	41-48	36-45	32-41		34-41	28-37	25
25-31	33-40	27-35	23-31		27-33	19-27	16
18-24	25-32	18-26	15-22		20-26	10-18	9
11-17	16-24	9-17	7-14		13-19	3-9	5
3-10	6-15	<9	<7		7-12	<3	2
<3	<6		1-6			1	
		<1	<1				
			<1				

e. Level of Care Instrument(s). Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care *(select one)*:

- (●) **The same instrument is used in determining the level of care for the waiver and for institutional care under the State Plan.**
- ( ) **A different instrument is used to determine the level of care for the waiver than for institutional care under the State plan.**

Describe how and why this instrument differs from the form used to evaluate institutional level of care and explain how the outcome of the determination is reliable, valid, and fully comparable.

f. Process for Level of Care Evaluation/Reevaluation: Per 42 CFR §441.303(c)(1), describe the process for evaluating waiver applicants for their need for the level of care under the waiver. If the reevaluation process differs from the evaluation process, describe the differences:

The Level of Care Evaluation/Reevaluation is completed at least annually. DDA Case Resource Managers and DDA Social Service Specialists are the only individuals who perform Level of Care evaluations/ Reevaluations. Please see Appendix B-6-d for description of the Level of Care criteria.

A qualified and trained interviewer (DDA Case Resource Manager or DDA Social Service Specialist) completes the SIS or the ICF/IID Level of Care Assessment for children at least annually by obtaining information about the

person's support needs via a face to face interview with the person and one or more respondents who know the person well.

g. **Reevaluation Schedule.** Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule *(select one)*:

- ○ **Every three months**
- ○ **Every six months**
- ◉ **Every twelve months**
- ○ **Other schedule**

Specify the other schedule:

h. **Qualifications of Individuals Who Perform Reevaluations.** Specify the qualifications of individuals who perform reevaluations *(select one)*:

- ◉ **The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.**
- ○ **The qualifications are different.**

Specify the qualifications:

i. **Procedures to Ensure Timely Reevaluations.** Per 42 CFR §441.303(c)(4), specify the procedures that the State employs to ensure timely reevaluations of level of care *(specify):*

o Regional management is responsible for ensuring that Case Resource Managers and Social Service Specialists complete annual evaluations.
o Assessment data is monitored monthly by regional management and HQ Program Managers and Quality Assurance staff to ensure compliance.
o Waiver Specialists review Assessment Activity Reports that are generated monthly by HQ and distributed to CRMs to promote completing assessment timely.
o CRMs set personal tickler systems.
o Annual, monthly and quarterly file reviews track compliance. Ternary reviews are completed by supervisors. Annual reviews are completed by the Quality Compliance Coordinators (QCC).

o The DDA assessment (on the CARE platform) tracks timeliness of reevaluations. Case Resource Managers, Social Service Specialists, DDA supervisors and DDA executive management all monitor these reports.

j. **Maintenance of Evaluation/Reevaluation Records.** Per 42 CFR §441.303(c)(3), the State assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Records of evaluations will be maintained for a minimum of three years. Paper copies are available in the client file which is maintained in the regional office. The electronic evaluation is on an electronic platform and can be viewed remotely from any DDA office in the state.

Appendix B: Evaluation/Reevaluation of Level of Care

Quality Improvement: Level of Care

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. **Methods for Discovery: Level of Care Assurance/Sub-assurances**

The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/reevaluating an applicant's/waiver participant's level of care consistent with level of care provided in a hospital, NF or ICF/IID.

i. Sub-Assurances:

a. ***Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
B.a.1: The percentage of all waiver applicants for whom an evaluation for LOC was completed prior to a completed request for enrollment. Numerator = All applicants who have a completed level of care assessment prior to a waiver enrollment request. Denominator = All applicants with a completed request for waiver enrollment.

Data Source (Select one):
Operating agency performance monitoring
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other**	

	Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

b. ***Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. ***Sub-assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
B.c.1: The percentage of inter-rater reliability (IRR) Level of Care (LOC) determinations made where the LOC criteria were accurately applied. Numerator = The number of IRR LOC eligibility determinations consistent with the LOC criteria. Denominator = IRR LOC determinations subject to review.

Data Source (Select one):
On-site observations, interviews, monitoring
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☑ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Joint Requirements Planning (JRP) Team within DDA.	☐ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☑ **Other** Specify: Joint Requirements Planning (JRP) Team within DDA.	☑ **Annually**

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

B.a.1.

Administrative data is collected in real time in DDA's Comprehensive Assessment Reporting and Evaluation (CARE) system, which is the database of record for client information. Waiver enrollment requests are processed in CARE, which will not allow completion of the request without a completed level of care assessment. A report based on data in CARE is used to identify all applicants for waiver enrollment for whom an evaluation for LOC was completed prior to a completed request for waiver enrollment and to identify all waiver enrollment applicants.

B.c.1.

When new case resource managers are hired, the Joint Requirements Planning (JRP) Team provides them with comprehensive training in a classroom environment regarding the use and administration of the LOC Assessment. Within 30 days of completing training, JRP staff must perform a 1:1 evaluation of new case resource managers to ensure that the LOC assessment is administered correctly. In addition, JRP staff conduct an annual 1:1 evaluation of all case resource managers to ensure that they maintain their skills in administering the LOC assessment in a consistent and reliable manner. During the initial and annual 1:1 evaluations, JRP staff accompany case resource managers on a LOC assessment interview. The case resource manager conducts the assessment interview and both the JRP staff and case resource manager independently complete separate LOC assessments based on the information provided in the interview. The case resource manager's LOC assessment is then compared to the JRP staff's to ensure that the case resource manager's determination of ICF/IID LOC eligibility is consistent with that of the JRP staff. JRP staff also evaluates the case resource manager's interviewing skills in the following areas: introduction to the tool, mechanics and style of the interview process, and understanding of scoring.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

DDA developed a data system that tracks capacity at a point in time which includes the number of people who enrolled and exited the program each month. In addition a separate database was developed that tracks the total unduplicated number of waiver participants. This data is now accessible by the Waiver Services Unit Manager and monitored on a monthly basis. The report for identifying unduplicated numbers of individuals comes from the DDA DataMart. This pulls data from payments for individuals on a waiver program. It will identify every waiver recipient who has received a paid service under the waiver program. In addition, the point in time capacity reports will identify the number of individual who exit and enter the waiver program. This is updated every half hour. In addition, the report identifies the specific capacity for each waiver and identifies the amount of available capacity. DDA Waiver Services Unit Manager will monitor both reports on a monthly basis, review for available capacity at the point in time as well as the total number of unduplicated individuals who have received a paid waiver services. If discrepancies are identified that DDA will review the data again for the individual cases and if needed will complete an amendment to increase capacity within the waiver program.

B.c.1: When reevaluations reveal that the LOC tools were inappropriately applied, Case Resource Managers will receive additional training.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party*(check each that applies):*	**Frequency of data aggregation and analysis** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☑ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Level of Care that are currently non-operational.

◉ **No**

○ **Yes**

Please provide a detailed strategy for assuring Level of Care, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix B: Participant Access and Eligibility

B-7: Freedom of Choice

Freedom of Choice. *As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:*

i. informed of any feasible alternatives under the waiver; and
ii. given the choice of either institutional or home and community-based services.

a. Procedures. Specify the State's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The DDA Case/Resource Manager (CRM) or DDA Social Service Specialist discusses the alternatives available as a part of the annual assessment process. The individual and or their legal representative sign the Voluntary Participation Statement to indicate their choice of community based services or ICF/IID services.

b. Maintenance of Forms. Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

A hard copy of the Voluntary Participation Statement to include signatures is maintained in the client record in the local DDA field service office.

Appendix B: Participant Access and Eligibility

B-8: Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the State uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):
Service access for limited English Proficient individuals is ensured by providing bilingual staff or contracted interpreter services at no cost to the participant. Program materials are translated into the participant's primary language. Outreach materials explaining the program are translated into eight different languages.

Appendix C: Participant Services

C-1: Summary of Services Covered (1 of 2)

a. Waiver Services Summary. *List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:*

Service Type	Service
Statutory Service	Community Inclusion
Statutory Service	Individual Supported Employment/Group Supported Employment
Statutory Service	Prevocational Services
Statutory Service	Residential Habilitation
Statutory Service	Respite
Extended State Plan Service	Behavioral Health Stabilization Services-Specialized Psychiatric Services
Extended State Plan Service	Specialized Psychiatric Services
Other Service	Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services
Other Service	Behavioral Health Stabilization Services-Positive Behavior Support and Consultation
Other Service	Chemical Extermination of Bed Bugs
Other Service	Community Guide
Other Service	Community Transition
Other Service	Environmental Adaptations
Other Service	Individualized Technical Assistance
Other Service	Occupational Therapy
Other Service	Physical Therapy
Other Service	Positive Behavior Support and Consultation
Other Service	Risk Assessment
Other Service	Skilled Nursing
Other Service	Specialized Medical Equipment and Supplies
Other Service	Speech, Hearing, and Language Services
Other Service	Staff Family Consultation and Training
Other Service	Transportation
Other Service	Wellness Education

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Statutory Service

Service:

Day Habilitation

Alternate Service Title (if any):

Community Inclusion

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*

Community Inclusion is an individualized service that provides clients with opportunities to engage in community based activities that support socialization, education, recreation and personal development for the purpose of:

(1) Building and strengthening relationships with others in the local community who are not paid to be with the person.

(2) Learning, practicing and applying skills that promote greater independence and inclusion in their community.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- These services are available for individuals for whom a determination has been made that employment is currently not appropriate or who have received employment-related services for at least nine months and elect to receive community inclusion services.
- An individual cannot be authorized to receive community inclusion services if they receive prevocational services or supported employment services

DDA contracts with the counties for day habilitation and expanded habilitation services. The counties in turn provide services directly or contract with local providers for day habilitation and expanded habilitation services. DDA reimburses the counties on a monthly basis for the cost of all services provided within the county. The counties in turn reimburse vendors for services provided based on the negotiated unit rates contained in their contracts with the vendors.

The amount of service the waiver participant will be eligible for will be based on individual's assessed need.The DDA case resource manager will use the DDA assessment to determine the individual's community inclusion acuity level. The Community Inclusion acuity level utilizes the Support Intensity Scale subscales of:

1. Home Living (Part A)
2. Community Living (Part B)
3. Lifelong Learning(Part C)
4. Employment Activities (Part D)
5. Health and Safety Activities (Part E)
6. Social Activities (Part F)

Based on the client/legal guardian and respondents responses the SIS score will be categorized into seven support levels which will have an associated number of hours of support the individual can expect to receive as identified in WAC 388-828:

Client Profile- Community Inclusion	Level	The number of hours the individual may receive each month is:
0-9 Percentile	A	Up through 3.0 hours
10-19 Percentile	B	Up through 6.0 hours
20-29 Percentile	C	Up through 9.0 hours
30-44 Percentile	D	Up through 12.0 hours
45-59 Percentile	E	Up through 15.0 hours
60-74 Percentile	F	Up through 18.0 hours
75-100 Percentile	G	Up through 20.0 hours

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Community Inclusion
Agency	Community Inclusion

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Community Inclusion

Provider Category:
Individual

Provider Type:
Community Inclusion

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Per DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or

other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR),schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - Positive Behavior Support
  - Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Person-Centered Service Plan (PCSP).

Verification of Provider Qualifications

Entity Responsible for Verification:
County

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Community Inclusion

Provider Category:
Agency

Provider Type:
Community Inclusion

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Per DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:
- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;

- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR),schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - Positive Behavior Support
  - Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Person-Centered Service Plan (PCSP).

Verification of Provider Qualifications

Entity Responsible for Verification:
Counties

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Statutory Service

Service:
Supported Employment

Alternate Service Title (if any):
Individual Supported Employment/Group Supported Employment

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
Supported employment services provide individualized assistance and ongoing support to gain and/or maintain employment. These services are tailored to individual needs, interests, abilities, and promote career development. These services are provided in individual or group settings.

(1) Individual supported employment services include activities needed to sustain minimum wage pay or higher. These services are conducted in integrated business environments and include the following:

(a) Creation of work opportunities through job development;
(b) On-the-job training;
(c) Training for the supervisor and/or peer workers to enable them to serve as natural supports to the participant on the job;
(d) Modification of the work site tasks;
(e) Employment retention and follow along support; and
(f) Development of career and promotional opportunities.

(2) Group supported employment services are a step on the pathway toward gainful employment in an integrated setting and include:

(a) The activities outlined in individual supported employment services;
(b) Daily supervision by a qualified employment provider; and
(c) Groupings of no more than eight workers with disabilities.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:
Supported employment services are only available to individuals who do not have access to services available under the Rehabilitation Act of 1973, or the Individuals with Disabilities Education Improvement Act of 2004.

- Payment will be made only for the adaptations, supervision, training and support with the activities of daily living a person requires as a result of his/her disabilities.
- Payment is excluded for the supervisory activities rendered as a normal part of the business setting.
- An individual cannot be authorized to receive supported employment services if he/she receives community inclusion services.

DDA contracts with the counties for expanded habilitation (including supported employment) services. The counties in turn provide services directly or contract with local providers for expanded habilitation services. The DDA reimburses the counties on a monthly basis for the cost of all services provided within the county. The counties in turn reimburse vendors for services provided based on the negotiated unit rates contained in their contracts with the vendors.

The amount of employment support will be based on the following items:
Client Employment Acuity is determined through the DDA assessment. Acuity reflects conditions typically related to the individual's disability that are not likely to change, and are generally not impacted by outside factors. Client acuity is determined as either “High”, “Medium” or “Low”.

Support level High –

- Requires support in the community at all times to maintain health and safety.
- Experiences significant barriers to employment or community participation.
- Requires frequent supervision, training, or full physical assistance with community activities most or all of the time.

Support Level Medium -

- Independent in the community some of the time and requires moderate support to obtain or maintain employment.
- Able to maintain health and safety in the community for short periods of time.
- May need some supervision, training, or partial physical assistance with community

activities.
- May need regular monitoring or prompting to perform tasks.

Support Level Low –
- Generally independent in the community and requires minimal support to obtain or maintain employment.
- Able to communicate with others effectively and can maintain personal health and safety most of the time without supervision.
- May be able to independently transport self in the community and does not require physical assistance in community activities.
- Able to perform tasks with minimal or occasional monitoring or prompting.

Employment Algorithm Components
A combination of the following acuity scales and assessment items provided the most accurate determination of a person's employment acuity level:
- Activities of Daily Living
- Behavioral Support
- Interpersonal Support
- Environmental Support
- Level of Monitoring
- Employment Support
- Completing tasks with acceptable speed
- Completing tasks with acceptable quality
- Medical Support
- Seizure support

Client work history is determined by looking back over a 12-month period and is categorized into three main groupings:
- Continuous Employment – Received wages 9 consecutive month of the 12-month period
- Intermittent/Recent Employment – Received wages in at least one month of the 12-month period
- Not employed or unemployed last 12 months – No wages reported as earned during a 12-month period (subminimum wages fall to not employed)

The range of support hours the client receives will be dependent upon the individual's Employment Acuity, work history and phases of employment. DDA uses the following table to determine the number of monthly hours of individual employment service that can be authorized annually in the PCSP to permit flexibility in any given month as situations change on the job site:

Employment support level:	Employment status is:	Then the service level is:	And s/he may receive up to this many this supported employment service hours per month:
None	Working	A	0
	Not Working	B	0
Low	Working	C	4
	Not Working	D	7
Medium	Working	E	7
	Not Working	F	9
High	Working	G	11
	Not Working	H	12

Depending on factors detailed in the county employment plan, DDA may authorize additional hours of employment service:

Service level:	Employment Support Level:	Employment Status:	Then DDA may authorize up to this many additional hours of supp. employment service:
A	None	Working	0
B	None	Not Working	0
C	Low	Working	5
D	Low	Not Working	7
E	Medium	Working	5
F	Medium	Not Working	7

G	High	Working 12
H	High	Not Working 5

In rare instances, an exception to rule (ETR) may be granted to adjust support hours to meet the unique needs of a waiver participant.

Short term enhanced supports are available if a person is beginning a new job, has planned or expected change in job or job tasks, unexpected change in their condition or support is needed to maintain employment. These are short term hours recommended by the county and employment vendor and may be authorized by DDA for a maximum of 6 months.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Agency Supported Employment Provider
Individual	Individual Supported Employment Provider

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Individual Supported Employment/Group Supported Employment

Provider Category:
Agency
Provider Type:
Agency Supported Employment Provider
Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards, which include Poliy 6.13.

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with

developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR),schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - Positive Behavior Support
  - Health and Welfare

- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Person-Centered Service Plan (PCSP).

Verification of Provider Qualifications

Entity Responsible for Verification:
County

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Individual Supported Employment/Group Supported Employment

Provider Category:
Individual

Provider Type:
Individual Supported Employment Provider

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards, which include Policy 6.13.

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:
- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR),schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;

- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - Positive Behavior Support
  - Health and Welfare

- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Person-Centered Service Plan (PCSP).

Verification of Provider Qualifications

Entity Responsible for Verification:
County

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Statutory Service

Service:
Prevocational Services

Alternate Service Title (if any):

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Service Definition *(Scope):*
No waiver participants were added to pre-vocational services after September 1, 2015, as pre-vocational services do not meet the requirements for a home and community setting. Individuals already receiving prevocational services as September 1, 2015, are phased out over a four-year period and transitioned to other services, including supported employment and/or individual technical assistance or community inclusion services. As of March 1, 2019, pre-vocational services are not available to Core Waiver participants.

Prevocational services are shared among a group of nine or more individuals within a segregated setting designed to provide services for individuals with developmental disabilities. Prevocational services offer short term training and skill development in addition a limited amount of time in their community to pursue employment opportunities. The focus of prevocational services is to help the individual meet her/his employment goals and facilitate integration of the individual into her/his community. The client's individual work plan identifies their employment goals, which in turn determine the amount of time it will take to gain and maintain employment in the community.

Pre-vocational services cannot be authorized if the individual receives community inclusion services or supported employment services.

Prevocational services are a time limited step on the pathway toward individual employment and the goal is to have participants demonstrate steady progress toward gainful employment over time. A participant's annual vocational assessment will include exploration of integrated settings within the next service year. Criteria that would trigger a review of the need for these
services include, but are not limited to:

- o Compensation at more than fifty percent of the prevailing wage;
- o Significant progress made toward the defined goals;
- o An expressed interest in competitive employment; and/or
- o Recommendation by the person-centered service plan team.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Prevocational services are only available to individuals who do not have access to services available under the Rehabilitation Act of 1973, or the Individuals with Disabilities Education Improvement Act of 2004.

- An individual cannot be authorized to receive prevocational services if s/he receives community inclusion services.
- The amount of prevocational support will be based on the following items:

Client Employment Acuity is determined through the DDA assessment. Acuity reflects conditions typically related to the individual's disability that are not likely to change, and are generally not impacted by outside factors. Client acuity is determined as either "High", "Medium" or "Low".

Support Level High –

- Requires support in the community at all times to maintain health and safety.
- Experiences significant barriers to employment or community participation.
- Requires frequent supervision, training, or full physical assistance with community activities most or all of the time.

Support Level Medium -

- Independent in the community some of the time and requires moderate support to obtain or maintain employment.
- Able to maintain health and safety in the community for short periods of time.
- May need some supervision, training, or partial physical assistance with community activities.
- May need regular monitoring or prompting to perform tasks.

Support Level Low –

- Generally independent in the community and requires minimal support to obtain or maintain employment.
- Able to communicate with others effectively and can maintain personal health and safety most of the time without supervision.
- May be able to independently transport self in the community and does not require physical assistance in community activities.
- Able to perform tasks with minimal or occasional monitoring or prompting.

Employment Algorithm Components

A combination of the following acuity scales and assessment items provided the most accurate determination of a person's employment acuity level:

- Activities of Daily Living
- Behavioral Support
- Interpersonal Support
- Environmental Support
- Level of Monitoring
- Employment Support
- Completing tasks with acceptable speed
- Completing tasks with acceptable quality
- Medical Support
- Seizure support

Client work history is determined by looking back over a 12-month period and is categorized into three main groupings:

- Continuous Employment – Received wages 9 consecutive month of the 12-month period
- Intermittent/Recent Employment – Received wages in at least one month of the 12-month period
- Not employed or unemployed last 12 months – No wages reported as earned during a 12-month period
  (subminimum wages fall to not employed)

The range of support hours the client receives will be dependent upon the individual's Employment Acuity, work history and phases of employment. DDA uses the following table to determine the number of hours of prevocational service:

Employment support level:	Employment status is:	Then the service level is:	and s/he may receive up to this to prevocational service hours per month:
None	Working	A	0
	Not Working	B	0
Low	Working	C	4
	Not Working	D	7
Medium	Working	E	7
	Not Working	F	9
High	Working	G	11
	Not Working	H	12

Depending on factors detailed in the county employment plan, DDA may authorize additional hours of prevocational service:

Service level:	Employment Support Level:	Employment Status:	Then DDA may authorize up to this many additional hours of service:
A	None	Working	0
B	None	Not Working	0
C	Low	Working	5
D	Low	Not Working	7
E	Medium	Working	5
F	Medium	Not Working	7
G	High	Working	12
H	High	Not Working	5

Short term enhanced supports are available to a person who is beginning a new job, has a planned or expected change in job or job tasks, has an unexpected change in their condition or support is needed to maintain employment. These are short term hours recommended by the county and employment vendor and are authorized by DDA for a maximum of 3 months.

DDA contracts with the counties for day habilitation and expanded habilitation (including prevocational) services. The counties in turn provide services directly or contract with local providers for day habilitation and expanded habilitation services. The DDA reimburses the counties on a monthly basis for the cost of all services provided within the county. The counties in turn reimburse vendors for services provided based on the negotiated unit rates contained in their contracts with the vendors.

Service Delivery Method *(check each that applies)*:

☐ **Participant-directed as specified in Appendix E**

☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

☐ **Legally Responsible Person**

☑ **Relative**

☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Individual Prevocational Provider
Agency	Agency Prevocational Provider

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Prevocational Services

Provider Category:
Individual

Provider Type:
Individual Prevocational Provider

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR),schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - Positive Behavior Support
  - Health and Welfare

- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Person-Centered Service Plan (PCSP).

Verification of Provider Qualifications

Entity Responsible for Verification:
County

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Prevocational Services

Provider Category:
Agency

Provider Type:
Agency Prevocational Provider

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR),schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - Positive Behavior Support
  - Health and Welfare

- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Person-Centered Service Plan (PCSP).

Verification of Provider Qualifications

Entity Responsible for Verification:
County

Frequency of Verification:

Every two years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Statutory Service

Service:

Residential Habilitation

Alternate Service Title (if any):

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*

(1) Residential habilitation services include assistance:
(a) With personal care and supervision; and
(b) To learn, improve or retain social and adaptive skills necessary for living in the community.
(2) Residential habilitation services may provide instruction and support addressing one or more of the following outcomes:
(a) Inclusion;
(b) Status and Contribution;
(c) Relationships;
(d) Power and Choice;
(e) Health and Safety; and
(f) Competence.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

State regulations stipulate:
(1) An individual may only receive a residential habilitation service from one provider type at a time.
(2) None of the following can be paid for under the CORE or community protection waiver:
(a) Room and board;

(b) The cost of building maintenance, upkeep, improvement, modifications or adaptations required to assure the health and safety of residents, or to meet the requirements of the applicable life safety code;
(c) Activities or supervision already being paid for by another source;
(d) Services provided in an individual's parents' home unless they are receiving alternative living services for a maximum of six months to transition from their parents' home into their own home.

(3) Alternative living services in the CORE waiver cannot:
(a) Exceed forty hours per month;
(b) Provide personal care or protective supervision.
(4) The following persons cannot be paid providers for residential habilitation services:
(a) The individual's spouse;
(b) The individual's natural, step, or adoptive parents if the individual is a child age seventeen or younger;
(c) the individual's natural, step, or adoptive parent unless the individual's parent is certified as a DDA residential agency or is employed by a certified or licensed agency qualified to provide residential habilitation services.
(5) The initial authorization of residential habilitation services requires prior approval by the DDA regional administrator or designee.
(6) Children under age eighteen must meet criteria in Voluntary Placement Services chapter 388-826 WAC in order to be
eligible for residential habilitation services.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☑ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Contracted Supported Living
Agency	Adult Group Care Home
Agency	Adult Group Training Home
Agency	Child Foster Home
Agency	Child Group Care Facilities
Individual	Alternative Living
Individual	Companion Home
Agency	Staffed Residential Home
Agency	State Operated Living Alternatives (SOLA)

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency

Provider Type:
Contracted Supported Living
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Chapter 388-101 and 388-101D WAC (WA administrative code concerning certified community residential services and support)
Other Standard *(specify):*
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency
Provider Type:
Adult Group Care Home
Provider Qualifications
License *(specify):*
Chapter 388-78A WAC (ALTSA administrative code concerning assisted living facility licensing rules)
Certificate *(specify):*
Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support)
Other Standard *(specify):*
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency
Provider Type:
Adult Group Training Home

Provider Qualifications

License *(specify):*
Chapter 388-78A WAC (ALTSA administrative code concerning assisted living facility licensing rules)

Certificate *(specify):*
Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support)

Other Standard *(specify):*

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency

Provider Type:
Child Foster Home

Provider Qualifications

License *(specify):*
Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child foster homes)

Certificate *(specify):*

Other Standard *(specify):*
Contract standards and Voluntary Placement Services Chapter 388-826 WAC

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency

Provider Type:
Child Group Care Facilities

Provider Qualifications

License *(specify):*

Chapter 388-145 WAC (DSHS administrative code concerning licensing requirements for staffed residential homes and group care facilities)

Certificate *(specify):*

Other Standard *(specify):*

Contract standards and Voluntary Placement Services Chapter 388-826 WAC

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:

Individual

Provider Type:

Alternative Living

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*

Chapter 388-829A WAC (DDA administrative code concerning alternative living services)

Contract Requirements

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:

Individual

Provider Type:

Companion Home

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Chapter 388-829C WAC (DDA administrative code concerning companion home services)

Contract Requirements

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency

Provider Type:
Staffed Residential Home

Provider Qualifications

License *(specify):*
Chapter 388-145 WAC (DSHS administrative code concerning licensing requirements for staffed residential homes and group care facilities)

Certificate *(specify):*

Other Standard *(specify):*
Contract standards and Voluntary Placement Services Chapter 388-826 WAC

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category:
Agency

Provider Type:
State Operated Living Alternatives (SOLA)

Provider Qualifications

License *(specify):*

Certificate *(specify):*
Chapter 388-101D WAC (WA administrative code concerning certified community residential services and support)
Other Standard *(specify):*
Voluntary Placement Services Chapter 388-826 WAC

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Statutory Service

Service:
Respite

Alternate Service Title (if any):

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Service Definition *(Scope):*
Short-term intermittent relief for persons who normally provide care for and live with the waiver participant. It is also short-term intermittent relief for waiver participants from persons who normally provide care for and live with the waiver participant. Respite care includes personal care services, authorized household tasks and protective supervision as specified in the waiver participant's person-centered service plan.

The following identify waiver participants who are eligible to receive respite care:

1) The waiver participant lives in her/his family home and no person living with her/him is contracted by DSHS to provide the waiver participant with a services; or
2) The waiver participant lives with a family member who is her/his primary caregiver and who is a contracted provider by DSHS to provide her/him with a service; or
3) The waiver participant lives with a caregiver who is contracted by DDA to provide supports as:
(a) A contracted companion home provider; or
(b) A licensed children's foster home provider.

Someone who lives with the waiver participant may be the respite provider as long as she or he is not the person who normally provides care for the individual and is not contracted to provide any other DSHS paid service to the individual.

Respite care can be provided in the following locations:
(a) waiver participant's home or place of residence;
(b) Relative's home;
(c) Licensed children's foster home;
(d) Licensed, contracted and DDA certified group home;
(e) Licensed assisted living facility contracted as an adult residential center;
(f) Adult residential rehabilitation center;
(g) Licensed and contracted adult family home;
(h) Children's licensed group home, licensed staffed residential home, or licensed childcare center;
(i) Other community settings such as camp, senior center, community organizations, informal clubs, libraries or adult day care center.

Additionally, the waiver participant's respite care provider may take her/him into the community while providing respite services.

Respite Service will not duplicate the services available under the State Plan.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
1)Clinical and support needs for respite care are identified and documented in the waiver participant's DDA person-centered service plan (PCSP). The DDA assessment will determine how much respite you can receive per chapter 388-828 WAC;

2)Respite cannot replace:
(a) Daycare while her/his parent or guardian is at work.
(b) Personal Care Hours available under the state plan.
3) Respite care providers have the following limitations and requirements:
(a) If respite is provided in a private home, the home must be licensed unless it is the waiver participant's home
or the home of a relative of specified degree per WAC 388-825-345 (concerning "related" providers that are exempt from licensing);
(b) The respite care provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence; and
(c) If the waiver participant receives respite from a provider who requires licensure, the respite care services are limited to those age-specific services contained in the provider's license.
(4) The individual respite provider may not provide:
(a) Other DDA services for the waiver participant during the respite care hours; or
(b) DDA paid services to other persons during the respite care hours.
(5) The primary caregiver may not provide other DDA services for the waiver participant during the respite care hours.
6) If the waiver participant's personal care provider is the parent and the individual lives in the parent's adult family home, the individual may not receive respite.
7) DDA may not pay for any fees associated with the respite care; for example, membership fees at a recreational facility, or insurance fees.

9) If the waiver participant requires respite care from a licensed practical nurse (LPN) or a registered nurse (RN),respite services may be authorized using an LPN or RN. Respite services are limited to the assessed respite care hours identified in the PCSP. Respite provided by a LPN or RN requires a prior approval by the Regional Administrator or designee.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Child Group Care Facility
Agency	State Operated Living Alternative (SOLA)
Agency	Community Centers
Agency	Parks and Recreation Departments
Individual	Individual Provider
Agency	Senior Centers
Agency	Child Foster Home
Agency	Child Day Care Center
Agency	Home Care Agency
Agency	Summer Programs
Agency	Staffed Residential Home
Agency	Adult Family Home
Agency	Adult Group Care Home
Individual	Individual Provider: For nurse delegated task-Nursing Assistant Certified (NAC)
Agency	Home Health Agency
Agency	Child Care Center
Agency	Adult Residential Care
Individual	LPN respite
Agency	RN respite
Agency	Adult Day Care Center
Agency	LPN respite
Agency	Contracted Supported Living
Individual	RN respite

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Child Group Care Facility
Provider Qualifications

License *(specify):*
Chapter 388-145 WAC (DSHS administrative code concerning licensing requirements for staffed residential homes and group residential facilities)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
State Operated Living Alternative (SOLA)

Provider Qualifications

License *(specify):*

Certificate *(specify):*
Chapter 388-101D WAC (WA administrative code concerning certified community residential services and support)

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 2 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Community Centers

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Parks and Recreation Departments

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Individual

Provider Type:
Individual Provider

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
388-825-320 (concerning how someone becomes an individual provider)
388-825-340 (concerning what is required for a provider to provide respite or residential service in their home)

388-825-345 (concerning what "related" providers are exempt from licensing)
388-825-355 (concerning educational requirements for individuals providing respite services)
388-825-325 (concerning required skills and abilities for individuals and agencies contracted to provide respite care)
388-825-365 (concerning reporting abuse, neglect, exploitation or financial exploitation)

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Senior Centers

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Child Foster Home

Provider Qualifications

License *(specify):*
Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child foster homes)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Child Day Care Center

Provider Qualifications

License *(specify):*
Chapter 170-295 WAC (Department of Early Learning administrative code concerning minimum licensing requirements for child day care centers)

Chapter 170-296A WAC (Department of Early Learning administrative code concerning minimum licensing requirements for family child day care homes)

Chapter 170-297 WAC (Department of Early Learning administrative code concerning licensing requirements for school age child care

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Home Care Agency

Provider Qualifications

License *(specify):*

Chapter 70.127 RCW (state law concerning licensing of home health, hospice, and home care agencies)

WAC 246-335
Part 1 (REQUIREMENTS FOR IN-HOME SERVICES AGENCIES LICENSED TO PROVIDE HOME HEALTH, HOME CARE, HOSPICE, AND HOSPICE CARE CENTER SERVICES)

WAC 246-335-020 (Department of Health licensing requiremetns for agencies that provide home health, home care, hospice and hospice care center services)

Certificate *(specify):*

Other Standard *(specify):*
WAC 388-71-0500 through WAC 388-71-0556. (DSHS administrative code concerning individual provider and home care agency provider qualifications)
WAC 388-71-05670 through WAC 388-71-05799 (DSHS Administrative code concerning orientation, training and continuing education for individual providers and home care agency providers).

Contract Standards

A home care agency provides nonmedical services and assistance (e.g., respite care) to ill, disabled or vulnerable individuals to enable them to remain in their residence. Home care agencies must be contracted with the Area Agencies on Aging (AAA)to be a home care agency provider.

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Summer Programs
Provider Qualifications

License *(specify):*

Certificate *(specify):*
Summer Camps
Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Staffed Residential Home
Provider Qualifications
License *(specify):*
Chapter 388-145 WAC (DSHS administrative code concerning licensing requirements for staffed residential homes and group care facilities)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Adult Family Home
Provider Qualifications
License *(specify):*
Chapter 388-76 WAC (DSHS administrative code concerning adult family homes minimum licensing requirements)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 18 months

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Adult Group Care Home
Provider Qualifications
License *(specify):*
Chapter 388-78A WAC (DSHS administrative code concerning assisted living licensing rules)
Certificate *(specify):*
Chapter 388-101 WAC (ALTSA administrative code concerning certified Community residential services and support)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 2 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Individual
Provider Type:
Individual Provider: For nurse delegated task-Nursing Assistant Certified (NAC)
Provider Qualifications
License *(specify):*
Certificate *(specify):*
- Chapter 246-841 WAC (Department of Health administrative code concerning nursing assistants)

Other Standard *(specify):*
388-825-320 (concerning how someone becomes an individual provider)
388-825-340 (concerning what is required for a provider to provide respite or residential service in their home)
388-825-345 (concerning what "related" providers are exempt from licensing)
388-825-355 (concerning educational requirements for individuals providing respite services)
388-825-325 (concerning required skills and abilities for individuals and agencies contracted to provide respite care)
388-825-365 (concerning reporting abuse, neglect, exploitation or financial exploitation)
Chapter 246-841 WAC (Department of Health administrative code concerning nursing assistants)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Home Health Agency
Provider Qualifications
License *(specify):*
Chapter 70.127 RCW (state law concerning licensing of home health, hospice, and home care agencies)

WAC 246-335
Part 1
(REQUIREMENTS FOR IN-HOME SERVICES AGENCIES LICENSED TO PROVIDE HOME HEALTH, HOME CARE, HOSPICE, AND HOSPICE CARE CENTER SERVICES)

WAC 246-335-020 (Department of Health licensing requirements for agencies that provide home health, home care, hospice and hospice care center services)
Certificate *(specify):*

Other Standard *(specify):*
WAC 388-106-0010 (ALTSA administrative code concerning definitions of long-term care services)
WAC 388-71-0515 (ALTSA administrative code concerning the responsibilities of an individual provider or home care agency provider when employed to provide care to a client)

Contract Standards

Home health agency provides medical and nonmedical services to ill, disabled or vulnerable individuals residing in temporary or permanent residences.
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Child Care Center
Provider Qualifications
License *(specify):*
Chapter 170-297 WAC (Department of Early Learning administrative code concerning school-age child care center minimum licensing requirements)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency

Provider Type:
Adult Residential Care

Provider Qualifications

License *(specify):*
Chapter 388-78A WAC (DSHS administrative code concerning assisted living licensing rules)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 18 months

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Individual

Provider Type:
LPN respite

Provider Qualifications

License *(specify):*
Chapter 246-840 WAC DOH

Certificate *(specify):*

Other Standard *(specify):*
Contract standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
RN respite
Provider Qualifications
License *(specify):*
Chapter 246-840 WAC DOH
Certificate *(specify):*
Other Standard *(specify):*
Contract standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Adult Day Care Center
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
LPN respite
Provider Qualifications
License *(specify):*
Chapter 246-840 WAC DOH
Certificate *(specify):*
Other Standard *(specify):*
Contract standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Agency
Provider Type:
Contracted Supported Living
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Chapter 388-101 and 388-101D WAC (WA administrative code concerning certified community residential services and support)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 2 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Respite

Provider Category:
Individual
Provider Type:
RN respite
Provider Qualifications
License *(specify):*
Chapter 246-840 WAC DOH
Certificate *(specify):*
Other Standard *(specify):*
Contract standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Extended State Plan Service
Service Title:
Behavioral Health Stabilization Services-Specialized Psychiatric Services

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
Behavioral Health Stabilization Services - Specialized Psychiatric Services are available to waiver recipients when they do not meet access to care standards for medical necessity but do require services to prevent institutionalization.

Behavioral health stabilization services assist persons who are experiencing a mental health crisis. These

services are available to individuals determined by behavioral health professionals or DDA to be at risk of institutionalization in a psychiatric hospital without (one or more of) the following services:

- *Behavioral health crisis diversion bed services
- *Positive Behavior support and consultation
- *Specialized psychiatric services

Specialized psychiatric services:
(1) Are specific to the individual needs of persons with developmental disabilities who are experiencing mental health symptoms.

(2) May be any of the following:
a) Psychiatric evaluation,
b) Medication evaluation and monitoring,
c) Psychiatric consultation.

These services are only covered under the Waiver when they are outside the definition of service available through the Medicaid State Plan and EPSDT or the child does not meet access to care definitions (i.e., via the Behavioral Health Organizations (BHOs)). It is anticipated some Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver.

DDA works closely with the Behavioral Health Administration (BHA) to prevent duplication of BHO/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHA access to care and medical necessity standards will receive mental health services through Behavioral Health Organizations (BHOs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the behavioral health stabilization services.

Most Medicaid mental health services in Washington are provided through a 1915-B waiver, which clarifies Access to Care criteria for those individuals needing more intensive mental health supports. Community mental health services through the waiver are provided through BHOs, which carry out the contracting for local mental health care. Access to Care criteria excludes the DSM diagnoses classes that include mental retardation; learning, motor skills and communication disorders; and pervasive developmental disorders. Individuals with primary diagnoses and functional impairments that are only a result of these diagnoses are not eligible for mental health waiver services. As a result, individuals with these issues must display an additional covered diagnosis in order to be served through the mental health system, must be able to benefit from the intervention, and their unmet needs cannot be met more appropriately by another formal or informal system, such as the Developmental Disabilities Administration or community natural supports.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

•This service is only available to waiver recipients age 21 and over. All medically necessary Behavioral Health Stabilization Services - Specialized Psychiatric Services for children under age 21 are covered in the state plan pursuant to the EPSDT benefit.

Behavioral health stabilization services are intermittent and short-term.

- The duration and amount of services needed to stabilize the individual in crisis is determined by a mental health professional and/or DDA.
- Behavioral health stabilization services require prior approval by DDA or its designee.

There is no pre-determined limit to the duration of these services. However, they are not provided on an on-going basis. They are provided to individuals who are experiencing a behavioral health crisis and are at risk of psychiatric hospitalization. Once the crisis situation is resolved and the individual is stabilized, behavioral health crisis stabilization services will be terminated. Any ongoing need for specialized psychiatric services will be met under the stand-alone specialized psychiatric services category.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- [ ] **Legally Responsible Person**
- [x] **Relative**
- [x] **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Physician Assistant
Agency	Advanced Registered Nurse Practitioner
Individual	Psychiatrist
Individual	Advanced Registered Nurse Practitioner
Individual	Physician Assistant
Agency	Psychiatrist

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

Provider Category:
Agency
Provider Type:
Physician Assistant
Provider Qualifications
License *(specify):*
Chapter 18.71A RCW (State law concerning requirements for Physici
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

Provider Category:
Agency
Provider Type:
Advanced Registered Nurse Practitioner
Provider Qualifications
License *(specify):*
RCW 18.79.050 (State law concerning “Advanced registered nursing practice” and exceptions)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

Provider Category:
Individual

Provider Type:
Psychiatrist

Provider Qualifications

License *(specify):*
Chapter 18.71 RCW (State law concerning requirements for Physicians)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

Provider Category:
Individual

Provider Type:
Advanced Registered Nurse Practitioner

Provider Qualifications

License *(specify):*
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

Provider Category:
Individual
Provider Type:
Physician Assistant
Provider Qualifications
License *(specify):*
Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

Provider Category:
Agency
Provider Type:
Psychiatrist
Provider Qualifications
License *(specify):*
Chapter 18.71 RCW (State law concerning requirements for Physicians)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Extended State Plan Service

Service Title:

Specialized Psychiatric Services

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope)*:

Specialized psychiatric services are specific to the individual needs of persons with developmental disabilities who are experiencing mental health symptoms.

- Service may include any of the following:
  (a) Psychiatric evaluation,
  (b) Medication evaluation and monitoring,
  (c) Psychiatric consultation.

DDA works closely with the Behavioral Health Admninistration (BHA) to prevent duplication of BHO/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHA access to care and medical necessity standards will receive mental health services through Behavioral Health Organizations (BHOs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the behavioral health stabilization services.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Specialized Psychiatric Services are provided to waiver recipients age 21 and over. All medically necessary Specialized Psychiatric Services for children under 21 are covered in the state plan pursuant to the EPSDT benefit.

Specialized psychiatric services are excluded if they are available through other Medicaid programs.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**

☑ **Relative**

☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Psychiatrist
Agency	Advanced Registered Nurse Practitioner
Agency	Physician Assistant
Individual	Physician Assistant
Individual	Advanced Registered Nurse Practitioner
Agency	Psychiatrist

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Specialized Psychiatric Services

Provider Category:

Individual

Provider Type:

Psychiatrist

Provider Qualifications

License *(specify):*

Chapter 18.71 RCW (State law concerning requirements for Physicians)

Certificate *(specify):*

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Specialized Psychiatric Services

Provider Category:

Agency

Provider Type:

Advanced Registered Nurse Practitioner

Provider Qualifications

License *(specify):*

RCW 18.79.050 (State law concerning “Advanced registered nursing practice” and exceptions)

Certificate *(specify):*

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Specialized Psychiatric Services

Provider Category:
Agency
Provider Type:
Physician Assistant
Provider Qualifications

License *(specify):*
Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Specialized Psychiatric Services

Provider Category:
Individual
Provider Type:
Physician Assistant
Provider Qualifications

License *(specify):*
Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Specialized Psychiatric Services

Provider Category:
Individual

Provider Type:
Advanced Registered Nurse Practitioner

Provider Qualifications

License *(specify):*
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Specialized Psychiatric Services

Provider Category:
Agency

Provider Type:
Psychiatrist

Provider Qualifications

License *(specify):*
Chapter 18.71 RCW (State law concerning requirements for Physicians)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*

Behavioral health stabilization services assist persons who are experiencing a behavioral health crisis. These services are available to individuals determined by behavioral health professionals or DDA to be at risk of institutionalization in a psychiatric hospital without (one or more of) the following services:

- *Behavioral health crisis diversion bed services
- *Positive Behavior support and consultation
- *Specialized psychiatric services

Behavioral health crisis diversion bed services:
Are short term residential services when the client's living situation is disrupted and the client is at immediate risk of institutionalization. These services may be provided in a client's home or licensed or certified setting. These services are available to eligible clients who are at risk of serious decline of mental functioning and who have been determined to be at risk of psychiatric hospitalization. These services also provide respite to the primary caregiver to promote the client's return to her/his home.

These services under the Core waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization. It is anticipated some Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver.

DDA works closely with the Behavioral Health Administration (BHA) to prevent duplication of BHO/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHA access to care and medical necessity standards will receive mental health services through Behavioral Health Organizations (BHOs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the behavioral health stabilization services.

Most Medicaid mental health services in Washington are provided through a 1915-B waiver, which clarifies Access to Care criteria for those individuals needing more intensive mental health supports. Community mental health services through the waiver are provided through Behavioral Health Organizations, which carry out the

contracting for local mental health care. Access to Care criteria excludes the DSM diagnoses classes that include intellectual disabilities; learning, motor skills and communication disorders; and pervasive developmental disorders. Individuals with primary diagnoses and functional impairments that are only a result of these diagnoses are not eligible for mental health waiver services. As a result, individuals with these issues must display an additional covered diagnosis in order to be served through the mental health system, must be able to benefit from the intervention, and their unmet needs cannot be met more appropriately by another formal or informal system, such as the Developmental Disabilities Administration or community natural supports.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

• Behavioral health stabilization services are intermittent and short-term.
• The duration and amount of services needed to stabilize the individual in crisis is determined by a mental health professional and/or DDA.
• Behavioral health stabilization services require prior approval by DDA or its designee.

Behavioral Health Stabilization Services - Behavioral Health Crisis Diversion Bed Services are limited to additional services not otherwise covered under the state plan, but consistent with the waiver objectives of avoiding institutionalization.

"Short-term" reflects the fact that these services are not provided on an on-going basis. However, there is no pre-determined limit on the duration of these services. They are provided to individuals who are experiencing a behavioral health crisis and are at risk of psychiatric hospitalization. Once the crisis situation is resolved and the individual is stabilized, behavioral health crisis stabilization services will be terminated. Any ongoing need for positive behavior support and consultation will be met under the stand-alone positive behavior support and consultation services category.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Behavioral Health Stabilization-Behavioral Health Crisis Diversion Bed Services (Other department-licensed or certified agencies)
Agency	Behavioral Health Stabilization-Behavioral Health Cirisis Diversion Bed Services (Supported Living Agency)

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services

Provider Category:
Agency
Provider Type:
Behavioral Health Stabilization-Behavioral Health Crisis Diversion Bed Services (Other department-licensed or certified agencies)
Provider Qualifications
License *(specify):*

Certificate *(specify):*
Chapter 388-101 & 388-101D WAC (ALTSA & DDA administrative code concerning requirements for Certified Community residential services and support)
Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every year

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services

Provider Category:
Agency
Provider Type:
Behavioral Health Stabilization-Behavioral Health Cirisis Diversion Bed Services (Supported Living Agency)

Provider Qualifications

License *(specify):*

Certificate *(specify):*
Chapter 388-101 & 388-101D WAC (ALTSA & DDA administrative code concerning certified community residential services and Support)
Other Standard *(specify):*
DDA Policy 15.04 (concerning standards for community protection residential services, applicable only if they serve CP clients).

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every two years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*

Behavioral Health Stabilization Services - Positive Behavior Support and Consultation purpose is to reduce maladaptive behaviors and support the service recipient's need to remain in the community and prevent institutionalization.

Behavioral health stabilization services assist persons who are experiencing a behavioral health crisis. These services are available to individuals determined by behavioral health professionals or DDA to be at risk of institutionalization in a psychiatric hospital without (one or more of) the following services:

- *Behavioral health crisis diversion bed services
- *Positive Behavior support and consultation
- *Specialized psychiatric services

Positive Behavior support and Consultation:

(1) Includes the development and implementation of programs designed to support waiver participants using:
   a) Strategies for effectively relating to caregivers and other people in the waiver participant's life; and
   b) Direct interventions with the person to decrease aggressive, destructive, and sexually inappropriate or other behaviors that compromise their ability to remain in the community (i.e., training, specialized cognitive counseling).

These services are provided to individuals who are experiencing a behavioral health crisis that overwhelms their family and current providers, placing them at risk of psychiatric hospitalization. Once the crisis situation is resolved and the individual is stabilized, positive behavior support and consultation as a component of behavioral health crisis stabilization services is terminated. Any need for ongoing positive behavior support and consultation is met under the stand-alone positive behavior support and consultation service category.

These services under the Core waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization. It is anticipated some Core Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Core Waiver.

DDA works closely with the Behavioral Health Administration (BHA) to prevent duplication of BHO/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHA access to care and

medical necessity standards will receive mental health services through Behavioral Health Organizations (BHOs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the behavioral health stabilization services.

Most Medicaid mental health services in Washington are provided through a 1915-B waiver, which clarifies Access to Care criteria for those individuals needing more intensive mental health supports. Community mental health services through the waiver are provided through Behavioral Health Organizations, which carry out the contracting for local mental health care. Access to Care criteria excludes the DSM diagnoses classes that include intellectual disability; learning, motor skills and communication disorders; and pervasive developmental disorders. Individuals with primary diagnoses and functional impairments that are only a result of these diagnoses are not eligible for mental health waiver services. As a result, individuals with these issues must display an additional covered diagnosis in order to be served through the mental health system, must be able to benefit from the intervention, and their unmet needs cannot be met more appropriately by another formal or informal system, such as the Developmental Disabilities Administration or community natural supports.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- Behavioral health stabilization services are intermittent and temporary.
- The duration and amount of services needed to stabilize the individual in crisis is determined by a mental health professional and/or DDA.
- Behavioral health stabilization services require prior approval by DDA or its designee.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Psychologist
Individual	Registered or certified counselor
Agency	Positive Behavior Support and Consultation (Privately Contracted)
Individual	Marriage and Family Therapist
Individual	Sex Offender Treatment Provider
Individual	Mental Health Counselor
Individual	Social Worker
Individual	Psychiatric Advanced Registered Nurse Practitioner (ARNP)
Individual	Physician Assistant working under the supervision of a psychiatrist
Individual	Psychiatrist
Individual	Positive Behavior Support Provider with 5 years of experience serving individuals with developmental disabilities
Individual	Polygrapher
Individual	Regsitered Nurse (RN) or Licensed Practical Nurse (LPN)

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:
Psychologist
Provider Qualifications
License *(specify):*
Chapter 246-924 WAC (DOH administrative code concerning requirements for psychologists)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:
Registered or certified counselor
Provider Qualifications
License *(specify):*
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)
Certificate *(specify):*
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Agency
Provider Type:

Positive Behavior Support and Consultation (Privately Contracted)

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
An agency could employee any of the provider types listed above and the employees must meet the qualifications listed.

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Marriage and Family Therapist

Provider Qualifications

License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Sex Offender Treatment Provider
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Chapter 246-930 WAC (DOH administrative code concerning requirements for Sex Offender Treatment Provider)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:
Mental Health Counselor
Provider Qualifications
License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:
Social Worker

Provider Qualifications

License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Psychiatric Advanced Registered Nurse Practitioner (ARNP)

Provider Qualifications

License *(specify):*
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Physician Assistant working under the supervision of a psychiatrist

Provider Qualifications

License *(specify):*
Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Psychiatrist

Provider Qualifications

License *(specify):*
Chapter 18.71 RCW (DOH administrative code concerning requirements for Physicians)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Positive Behavior Support Provider with 5 years of experience serving individuals with developmental disabilities

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Five years experience serving individuals with Developmental Disabilities.

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Polygrapher

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Regsitered Nurse (RN) or Licensed Practical Nurse (LPN)

Provider Qualifications

License *(specify):*
Chapter 246-840 WAC (DOH administrative code concerning requirements for Practical and Registered Nursing)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:
Chemical Extermination of Bed Bugs

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
Chemical Extermination of bed bugs is the professional extermination of bedbugs in a waiver participant's primary residence for clients:
a)living in their own private house or apartment and are responsible for their own rent or mortgage; or
b)those who live with a non-relative primary caregiver.
Chemical Extermination services includes only:
a) assessment or inspection
b) application of chemical-based pesticide
c) 1 follow up visit

Bed bug infestations can cause a number of health effects including skin rashes, psychological effects including

anxiety, stress, insomnia and allergic symptoms that may render a waiver participant's residence uninhabitable. The cost of bed bug treatment is likely to be unaffordable for waiver participants on SSI.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
Chemical eradication of bed bugs is limited to 2 treatments per plan year and excludes lodging during the chemical eradication process and associated preparatory housework.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☑ **Legally Responsible Person**
- ☑ **Relative**
- ☐ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Commercial Pesticide Applicator
Agency	Commercial Pesticide Applicator

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Chemical Extermination of Bed Bugs

Provider Category:
Individual
Provider Type:
Commercial Pesticide Applicator
Provider Qualifications
License *(specify):*
RCW 17.21.070 (State law concerning commercial pesticide applicator license)
Certificate *(specify):*

Other Standard *(specify):*
WAC 16-228-1545 (WA State Department of Agriculture administrative code regarding requirements for commercial pesticide applicators)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Chemical Extermination of Bed Bugs

Provider Category:
Agency
Provider Type:
Commercial Pesticide Applicator
Provider Qualifications
License *(specify):*
RCW 17.21.070 (State law concerning commercial pesticide applicator license)
Certificate *(specify):*

Other Standard *(specify):*
WAC 16-228-1545 (WA State Department of Agriculture administrative code regarding requirements for commercial pesticide applicators)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Community Guide

HCBS Taxonomy:

Category 1: **Sub-Category 1:**

Category 2: **Sub-Category 2:**

Category 3: **Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*

Community guide service increases access to informal community supports. Services are short term and designed to develop creative, flexible and supportive community resources for individuals with developmental disabilities to reach an identified goal indicated in the Person centered service plan.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- An individual may not receive community guide services if they are receiving residential habilitation services.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Community Guide
Individual	Community Guide

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Community Guide

Provider Category:
Agency
Provider Type:
Community Guide
Provider Qualifications
License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Community Guide

Provider Category:

Individual

Provider Type:
Community Guide
Provider Qualifications
License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Community Transition

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
Community transition services are reasonable costs (necessary expenses in the judgment of the state for an individual to establish his or her basic living arrangement) associated with moving from an institutional setting,

facility-based setting (e.g., group home) to a community setting (i.e., their own residence) and receiving services from a residential habilitation services provider.

- Community transition services include:
  - o Security deposits (not to exceed the equivalent of two month's rent) that are required to obtain a lease on an apartment or home;
  - o Essential furnishings such as a bed, a table, chairs, window blinds, eating utensils and food preparation items;
  - o Moving expenses required to occupy and use a community domicile;
  - o Set-up fees or deposits for utility or service access (e.g., telephone, electricity, heating); and
  - o Health and safety assurances, such as pest eradication, allergen control or one-time cleaning prior to occupancy.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Community transition services do not include:

- Diversional or recreational items such as televisions, cable TV access, VCRs, MP3, CD or DVD players
- Computers whose use is primarily diversional or recreational.
- Community transition services are available only to individuals that are moving from an institution to a community setting.
- Expenditures above $1,500 for community transition are allowed only by exception.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Any provider listed herein as a waiver provider of residential habilitation services.

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Community Transition

Provider Category:

Agency

Provider Type:

Any provider listed herein as a waiver provider of residential habilitation services.

Provider Qualifications

License *(specify):*
State licensure standards as required.

Certificate *(specify):*
State certification standards as required.

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Environmental Adaptations

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope)*:

- Environmental adaptations provide the physical adaptations to the home required by the individual's plan of care needed to:
  (a) Ensure the health, welfare and safety of the individual; or
  (b) Enable the individual who would otherwise require institutionalization to function with greater independence in the home.
- Environmental adaptations may include the installation of ramps and grab bars, widening of doorways, modification of bathroom facilities, or installing specialized electrical and/or plumbing systems necessary to accommodate the medical equipment and supplies that are necessary for the welfare of the individual. Applicable adaptations must meet ADA compliance standards.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The following service limitations apply to environmental adaptations:

*Prior approval by DDA is required

*One bid is required for adaptations costing one thousand five hundred dollars or less. Two bids are required for adaptations costing more than one thousand five hundred dollars and equal to or less than five thousand dollars. Three bids are required for adaptations costing more than five thousand dollars.

- *Environmental adaptations or improvements to the home

are excluded if they are of general utility without direct medical or remedial benefit to the individual, such as carpeting, roof repair, central air conditioning, etc.
- *Environmental adaptations cannot add to the total square footage of the home.
- *Environmental adaptations do not include fences.

*applicable adaptations to the home must be ADA compliant
*DDA will require an occupational therapist, physical therapist, or other qualified professional to recommend an appropriate environmental adaptation
*Environmental adaptations must meet all local and state building codes.
*A deteriorated condition of the existing home, other construction work in process or location of home in a flood plain, landslide zone or other hazardous site may limit or prevent adaptations approved by DDA

Environmental Adaptations may not exceed $12,192.00 per plan year.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Registered Contractor
Agency	Registered Contractor

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Environmental Adaptations

Provider Category:
Individual
Provider Type:
Registered Contractor
Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Chapter 18.27 RCW (State law concerning registration of contractors)
Chapter 19.27 RCW (State law concerning the state building code)

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Environmental Adaptations

Provider Category:
Agency
Provider Type:
Registered Contractor
Provider Qualifications
License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Chapter 18.27 RCW (State law concerning registration of contractors)
Chapter 19.27 RCW (State law concerning the state building code)
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Individualized Technical Assistance

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
Individualized technical assistance is short term professional assessment and consultation to the employment provider and/or waiver participant to identify, address, and resolve barriers to employment. This is in addition to supports received through supported employment services for individuals who have not yet achieved their goal.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:
1) Individualized technical assistance may be authorized for three months at a time not to exceed 6 months of the plan year.
2) The individual must be receiving supported employment unless otherwise approved by the administration.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Individualized Technical Assistance
Individual	Individualized Technical Assistance

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Individualized Technical Assistance

Provider Category:
Agency

Provider Type:
Individualized Technical Assistance

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

As stipulated in DDA policy concerning ITA provider qualifications), all providers shall meet the following qualifications:
D. Service providers must meet the following qualifications:

1. Ability to comply with all contractual requirements.

2. Have proof of criminal history background clearance in accordance with RCW 43.43.830-845 and RCW 74.15.030.

DDA requires the DSHS Background Check Central Unit (BCCU) be used to obtain background clearances;

3. Exhibit ability to successfully develop and implement a plan for providing services related to the employment

barrier that is based on the individual needs;

4. Assurance that potential conflicts of interest will not arise. Such a conflict will arise when the Individualized

Technical Assistance provider is a guardian, a family member, a legal representative or other decision maker for the

client. In this situation, the provider must document the measures taken specific to the situation to assure that a

conflict of interest does not exist; and

5. Provide proof of training or have confirmed knowledge of the following areas as applicable:

a. Client confidentiality;
b. DDA Policy 5.06, Client Rights;
c. DDA Policy 6.08, Mandatory Reporting Requirements Services Providers;
d. DDA Policy 4.11, County Services for Working Age Adults;
e. DDA Policy 15.03, Community Protection Standards for Employment and Day Program Services;
f. DDA Policy 5.17, Physical Intervention Techniques;
g. DDA Policy 5.14, Positive Behavior Support; and
h. DDA Policy 5.15, Use of Restrictive Procedures.

Verification of Provider Qualifications

Entity Responsible for Verification:
County

Frequency of Verification:
Every two years.

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Individualized Technical Assistance

Provider Category:
Individual

Provider Type:
Individualized Technical Assistance

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

As stipulated in DDA policy concerning ITA provider qualifications), all providers shall meet the following qualifications:
D. Service providers must meet the following qualifications:

1. Ability to comply with all contractual requirements.

2. Have proof of criminal history background clearance in accordance with RCW 43.43.830-845 and RCW 74.15.030.

DDA requires the DSHS Background Check Central Unit (BCCU) be used to obtain background clearances;

3. Exhibit ability to successfully develop and implement a plan for providing services related to the employment

barrier that is based on the individual needs;

4. Assurance that potential conflicts of interest will not arise. Such a conflict will arise when the Individualized

Technical Assistance provider is a guardian, a family member, a legal representative or other decision maker for the

client. In this situation, the provider must document the measures taken specific to the situation to assure that a

conflict of interest does not exist; and

5. Provide proof of training or have confirmed knowledge of the following areas as applicable:

a. Client confidentiality;
b. DDA Policy 5.06, Client Rights;
c. DDA Policy 6.08, Mandatory Reporting Requirements Services Providers;
d. DDA Policy 4.11, County Services for Working Age Adults;
e. DDA Policy 15.03, Community Protection Standards for Employment and Day Program Services;
f. DDA Policy 5.17, Physical Intervention Techniques;
g. DDA Policy 5.14, Positive Behavior Support; and
h. DDA Policy 5.15, Use of Restrictive Procedures.

Verification of Provider Qualifications

Entity Responsible for Verification:

County

Frequency of Verification:

Every two years.

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Occupational Therapy

HCBS Taxonomy:

Category 1:	Sub-Category 1:

Category 2:	Sub-Category 2:

Category 3: **Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
Occupational therapy services are available through the waiver when a Medicaid provider is not available in the area in which a child or young adult lives or when the service is not covered due to medical necessity, but is determined necessary for remedial benefit.
This waiver service will in no way impede a child's or young adult's access to services to which they are entitled under EPSDT.

Before this therapy is offered as a waiver service, DSHS Form 13-734, Documentation of First Use of Medicaid Benefits, is used to document that clients have first accessed services to which they are entitled through the State Plan (including EPSDT).
State law stipulates that:
"Occupational therapy" is the scientifically based use of purposeful activity with individuals who are limited by physical injury or illness, psychosocial dysfunction, developmental or learning disabilities, or the aging process in order to maximize independence, prevent disability, and maintain health. The practice encompasses evaluation, treatment, and consultation. Specific occupational therapy services include but are not limited to: Using specifically designed activities and exercises to enhance neurodevelopmental, cognitive, perceptual motor, sensory integrative, and psychomotor functioning; administering and interpreting tests such as manual muscle and sensory integration; teaching daily living skills; developing prevocational skills and play and avocational capabilities; designing, fabricating, or applying selected orthotic and prosthetic devices or selected adaptive equipment; and adapting environments for the handicapped. These services are provided individually, in groups, or through social systems.(An example of OT provided through a social system would be therapy provided in the home environment with the involvement of family members or providers. A goal would be to incorporate therapeutic activities into the individuals natural routine.)

State law stipulates that:
“Occupational Therapy” services must be provided by a person licensed to provide Occupational Therapy in the State of Washington. These requirements are comparable to the qualifications specified in 42 CFR 440.110 (concerning physical therapy, occupational therapy, and services for individuals with speech, hearing and language disorders).

Occupational therapy is covered under the waiver as an extended state plan service.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
*Occupational therapy is limited to the amount determined necessary to meet the needs of the participant. OT will decrease as participant goals
are achieved and methods of providing ongoing support through natural routines are determined successful.
*The services under the waive are limited to additional services not otherwise covered under the state plan, but consistent with waiver objectives of avoiding institutionalization.
*DDA does not pay for treatment determined by DSHS to be experimental.
*DDA and the treating professional determine the need for and amount of service an individual can receive:

- DDA reserves the right to require a second opinion from a department selected provider.
- State Plan benefits are limited to one Occupational Therapy evaluation at beginning of service and one evaluation at discharge per year and 24 units of Occupational Therapy (which equals approximately 6 hours) per year and up to an additional 24 units of Occupational Therapy per year with expedited prior authorization from the Health Care Authority. State Plan provides a process for limitation extension regarding the scope, amount, duration and frequency of the therapy when requested by the provider. Criteria considered by the Health Care Authority and MCO for

limitation extension include: the level of improvement the client has shown to date related to the requested therapy and the reasonably calculated

probability of continued improvement if the requested therapy is extended; and the reasonably calculated probability the client's condition will

worsen if the requested therapy is not extended.

o The Provider One payment system enforces that Medicaid Benefits to which they are entitled are first accessed through the State Plan.

o This waiver service is only provided to individuals age 21 and over. All medically necessary Occupational Therapy services for children under

age 21 are covered in the State Plan pursuant to the EPSDT benefit.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Occupational Therapist
Agency	Occupational Therapist

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Occupational Therapy

Provider Category:
Individual

Provider Type:
Occupational Therapist

Provider Qualifications

License *(specify):*
RCW 18.59.050 (State law concerning licensure requirements for occupatoinal therapists)
Chapter 246-847 WAC (DOH administrative code concerning requirements for Occupational Therapists)

Certificate *(specify):*

Other Standard *(specify):*
RCW 18.59.060
(State law concerning examination requirements for occupational therapists)

Contract Standards.

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Occupational Therapy

Provider Category:
Agency

Provider Type:
Occupational Therapist

Provider Qualifications

License *(specify):*
RCW 18.59.050 (State law concerning licensure requirements for occupational therapists)
Chapter 246-847 WAC (DOH administrative code concerning requirements for Occupational Therapists)

Certificate *(specify):*

Other Standard *(specify):*
RCW 18.59.060
(State law concerning examination requirements for occupational therapists)

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:
Physical Therapy

HCBS Taxonomy:

Category 1: **Sub-Category 1:**

Category 2: **Sub-Category 2:**

Category 3: **Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
Physical therapy services are available through the waiver when a Medicaid provider is not available in the area in which a child or young adult lives or when the service is not covered due to medical necessity, but is determined necessary for remedial benefit. State law stipulates:
"Physical Therapy" means the treatment of any bodily or mental condition of a person by the use of the physical, chemical, or other properties of heat, cold, air, light, water, electricity, sound massage, and therapeutic exercise, which includes posture and rehabilitation procedures; the performance of tests and measurements of neuromuscular function as an aid to the diagnosis or treatment of any human condition; performance of treatments on the basis of test findings after consultation with and periodic review by an authorized health care practitioner.

State law stipulates:
"Physical Therapy" services must be provided by a person licensed to provide this service in the State of Washington. These requirements are comparable to the qualifications specified in 42 CFR 440.110.

Physical therapy is covered under the waiver as an extended state plan service.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
*Physical therapy is limited to the amount determined necessary to meet the needs of the participant. PT will decrease as participant goals are
achieved and methods of providing ongoing support through natural routines are determined successful.
*The services under the waiver are limited to additional services not otherwise covered under the state plan, but consistent with waiver objectives of avoiding institutionalization.
*DDA does not pay for treatment determined by DSHS to be experimental;
*DDA and the treating professional determine the need for and amount of service an individual can receive:

- o DDA reserves the right to require a second opinion from a department-selected provider.
- o State Plan benefits are limited to one Occupational Therapy evaluation at beginning of service and one evaluation at discharge per year and 24 units of Physical Therapy (which equals approximately 6 hours) per year and up to an additional 24 units of Physical Therapy per year with expedited prior authorization from the Health Care Authority. State Plan provides a process for limitation extension regarding the scope, amount, duration and frequency of the therapy when requested by the provider. Criteria considered by the Health Care Authority and MCO for limitation extension include: the level of improvement the client has shown to date related to the requested therapy and the reasonably calculated probability of continued improvement if the requested therapy is extended; and the reasonably calculated probability the client's condition will worsen if the requested therapy is not extended.
- o The Provider One payment system enforces that Medicaid Benefits to which they are entitled are first accessed through the State Plan.
- o This waiver service is only provided to individuals age 21 and over. All medically necessary Physical Therapy services for children under age 21 are covered in the State Plan pursuant to the EPSDT benefit.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Physical Therapist
Agency	Physical Therapist

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Physical Therapy

Provider Category:
Individual
Provider Type:
Physical Therapist
Provider Qualifications
License *(specify):*
RCW 18.74.035 (State law concerning examination for a physical therapy license)

RCW 18.74.040 (State law concerning licensure of physical therapists)

Chapter 246-915 WAC (DOH administrative code concerning requirements for physical therapists)
Certificate *(specify):*

Other Standard *(specify):*
RCW 18.74.030
(State law concerning minimum qualification to apply for licensure as a physical therapist).

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Physical Therapy

Provider Category:
Agency
Provider Type:
Physical Therapist
Provider Qualifications
License *(specify):*

RCW 18.74.035 (State law concerning examination for a physical therapy license)

RCW 18.74.040 (State law concerning licensure of physical therapists)

Chapter 246-915 WAC (DOH administrative code concerning requirements for physical therapists)
Certificate *(specify):*

Other Standard *(specify):*
RCW 18.74.030
(State law concerning minimum qualifciation to apply for licensure as a physical therapist).

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Positive Behavior Support and Consultation

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
Positive Behavior Support and Consultation's purpose is to reduce maladaptive behaviors and support the service recipient's need to remain in the community and prevent institutionalization.

Positive Behavior support and consultation services provide individualized strategies and supports to promote positive behavior interactions between the individual and their family, friends, community and employer. Individualized behavioral strategies and supports are provided to family and/or providers to promote a consistent and effective ways of interacting and engaging the individual in their environment. Techniques, strategies and supports are implemented to promote effective communication skills and appropriate behaviors of the individual in order to get their needs met.
State regulations stipulate that:
(1) Positive Behavior support and consultation may be provided to persons on any of the five HCBS waivers and include the development and implementation of programs designed to support waiver participants using:
(a) Strategies for effectively relating to caregivers and other people in the waiver participant's life; and
(b) Direct interventions with the person to decrease aggressive, destructive, and sexually inappropriate or other behaviors that compromise their ability to remain in the community (i.e., training, specialized cognitive counseling).
(2) Positive Behavior support and consultation may also be provided as a behavioral health stabilization service.

These services under the Core waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization. It is anticipated some Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver program.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
State regulations stipulate that:
(1) DDA and the treating professional will determine the need and amount of service an individual will receive, subject to the limitations in subsection (2) below.
(2) DDA reserves the right to require a second opinion from a department selected provider.
(3) Positive Behavior support and consultation not provided as a behavioral health stabilization service requires prior approval by DDA.
To the extent that any listed services are covered under the state plan, the services under the waiver would be limited to additional services not otherwise covered under the state plan, but consistent with waiver objectives of avoiding institutionalization.
DDA is collaborating closely with the Health Care Authority to assure that all waiver participants under 21 years of age are accessing Applied Behavior Analysis (ABA) services through the State Plan prior to receiving Positive Behavior Support and Consultation and Behavioral Health Stabilization Services through the waivers. Health Care Authority acknowledges that it may take several years to generate sufficient Applied Behavioral Analysis provider capacity within the Managed Care Organizations (MCOs) to meet the demand for ABA services on the State Plan. During this transition period, waiver participants under the age of 21 will continue to first seek ABA services through their MCOs, document their status when waiver participants are placed on ABA service provider waitlists and access Positive Behavior Support and Consultation through the waiver. To ensure no disruption in services, DDA anticipates a 5 year transition period to align processes with HCA.

These services are only covered under the Waiver when they are outside the definition of service available through the Medicaid State Plan and EPSDT or the child does not meet access to care definitions(i.e., via the Behavioral Health Organization (BHO). It is anticipated some Waiver participants will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver program.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Social Worker
Individual	Positive Behavior Support Provider with 5 years of experience serving individuals with developmental disabilities
Individual	Mental Health Counselor
Individual	Psychiatrist
Agency	Positive Behavior Support Agency Provider
Individual	Polygrapher
Individual	Physician Assistant (working under the supervision of a psychiatrist)
Individual	Registered or Certified Counselor
Individual	Registered Nurse (RN) or Licensed practical nurse (LPN)
Individual	Psychiatric Advanced Registered Nurse practitioner (ARNP)
Individual	Psychologist
Individual	Sex Offender Treatment Provider (SOTP)
Individual	Marriage and Family Therapist

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Social Worker

Provider Qualifications

License *(specify):*
Chapter 246-809 WAC (DOH administraitve code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:

Individual

Provider Type:

Positive Behavior Support Provider with 5 years of experience serving individuals with developmental disabilities

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*

Five years experience serving individuals with Developmental Disabilities.

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:

Individual

Provider Type:

Mental Health Counselor

Provider Qualifications

License *(specify):*

Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:

Individual

Provider Type:
Psychiatrist
Provider Qualifications
License *(specify):*
Chapter 18.71 RCW (State law concerning physicians)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Agency
Provider Type:
Positive Behavior Support Agency Provider
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Other Standard *(specify):*
An agency could employee any of the provider types listed above and the employees must meet the qualifications listed.

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:

Polygrapher

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Physician Assistant (working under the supervision of a psychiatrist)

Provider Qualifications

License *(specify):*
Chapter 18.71A RCW (State law concerning Physician Assistants)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Registered or Certified Counselor

Provider Qualifications

License *(specify):*
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)

Certificate *(specify):*

Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Positive Behavior Support and Consultation

Provider Category:

Individual

Provider Type:

Registered Nurse (RN) or Licensed practical nurse (LPN)

Provider Qualifications

License *(specify):*

Chapter 246-840 WAC (DOH administrative code concerning Practical and Registered Nursing)

Certificate *(specify):*

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Positive Behavior Support and Consultation

Provider Category:

Individual

Provider Type:

Psychiatric Advanced Registered Nurse practitioner (ARNP)

Provider Qualifications

License *(specify):*

RCW 18.79.050 (State law concerning “Advanced registered nursing practice” and exceptions)

Certificate *(specify):*

Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:

State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:
Psychologist
Provider Qualifications
License *(specify):*
Chapter 246-924 WAC (DOH administrative code concerning requirements for psychologists)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual
Provider Type:
Sex Offender Treatment Provider (SOTP)
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Chapter 246-930 WAC (DOH administrative code concerning requirements for Sex Offender Treatment Providers)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Positive Behavior Support and Consultation

Provider Category:
Individual

Provider Type:
Marriage and Family Therapist

Provider Qualifications

License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:
Risk Assessment

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
Risk Assessments are professional evaluations of violent, stalking, sexually violent, predatory and/or opportunistic behavior to determine the need for psychological, medical or therapeutic services.
Risk Assessment was previously labeled Sexual Deviancy Evaluation. The service name was updated to reflect the broader range of behaviors subject to evaluation.
There are no limits to the amount, frequency, or duration of this service. Prior approval by DDA for this service provides appropriate oversight of service utilization.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
State regulations stipulate that:
(1) General considerations in evaluating clients. Providers shall: (a) Be knowledgeable of assessment procedures used;(b) Be aware of the strengths and limitations of self-report and make reasonable efforts to verify information provided by the offender;(c) Be knowledgeable of the client's legal status including any court orders applicable. Have a full understanding of the Special Sex Offender Sentencing Alternative (SSOSA) and Special Sex Offender Detention Alternative (SSODA) process and be knowledgeable of relevant criminal and legal considerations;(d)Be impartial; provide an objective and accurate base of data; and(e) Avoid addressing or responding to referral questions which exceed the present level of knowledge in the field or the expertise of the evaluator.

(2) Scope of assessment data.

Comprehensive evaluations under SSOSA and SSODA shall include a compilation of data from as many sources as reasonable, appropriate, and available. These sources may include but are not limited to:(a) Collateral information (i.e., police reports, child protective services information, criminal correctional history and victim statements);(b) Interviews with the offender;(c)Interviews with significant others;(d) Previous assessments of the offender conducted (i.e., medical, substance abuse, psychological and sexual deviancy);(e) Psychological/physiological tests;(f) If a report fails to include information specified in (a) through (e) of this subsection, the evaluation should indicate the information not included and cite the reason the information is not included; and(g) Second evaluations shall state whether other evaluations were considered. The decision regarding use of other evaluations prior to conducting the second evaluation is within the professional discretion of the provider. The second evaluation need not repeat all assessment or data compilation measures if it reasonably relies on existing current information. The second evaluation must address all issues outlined in subsection (3) of this section, and include conclusions, recommendations and a treatment plan if one is recommended.

(3) Evaluation reports:(a) Written reports shall be accurate, comprehensive and address all of the issues required for court disposition as provided in the statutes governing SSOSA and SSODA;(b) Written reports shall present all knowledge relevant to the matters at hand in a clear and organized manner;(c) Written reports shall include the referral sources, the conditions surrounding the referral and the referral questions addressed; and(d) Written reports shall state the sources of information utilized in the evaluation. The evaluation and written report shall address, at a minimum, the following issues:

(i) A description of the current offense(s) including, but not limited to, the evaluator's conclusion about the reasons for any discrepancy between the official and offender's versions of the offenses;(ii) A sexual history, sexual offense history and patterns of sexual arousal/preference/interest;(iii) Prior attempts to remediate and control offense behavior including prior treatment;(iv) Perceptions of significant others, when appropriate, including their ability and/or willingness to support treatment efforts;(v) Potentiators of offending behavior to include alcohol and drug abuse, stress, mood, sexual patterns, use of pornography, and social and environmental influences;(vi) A personal history to include medical, marital/relationships, employment, education and military;(vii) A family history;(viii) History of violence and/or criminal behavior;(ix) Mental health functioning to include coping abilities, adaptational styles, intellectual functioning and personality attributes; and(x) The overall findings of psychological/physiological/medical assessment when such assessments have been conducted.

(e) Conclusions and recommendations shall be supported by the data presented in the body of the report and include:

(i) The evaluator's conclusions regarding the appropriateness of community treatment;

(ii) A summary of the clinician's diagnostic impressions;

(iii) A specific assessment of relative risk factors, including the extent of the offender's dangerousness in the community at large;

(iv) The client's amenability to outpatient treatment and conditions of treatment necessary to maintain a safe treatment environment.

(f) Proposed treatment plan shall be described in detail and clarity and include:

(i) Anticipated length of treatment, frequency and type of contact with providers, and supplemental or

adjunctive treatment;

(ii) The specific issues to be addressed in treatment and a description of planned treatment interventions including involvement of significant others in treatment and ancillary treatment activities;

(iii) Recommendations for specific behavioral prohibitions, requirements and restrictions on living conditions, lifestyle requirements, and monitoring by family members and others that are necessary to the treatment process and community safety;

(iv) Proposed methods for monitoring and verifying compliance with the conditions and prohibitions of the treatment program; and

(v) If the evaluator will not be providing treatment, a specific certified provider should be identified to the court. The provider shall adopt the proposed treatment plan or submit an alternative treatment plan for approval by the court, including each of the elements in WAC 246-930-330 (5)(a) through (d)(DOH admin.code concerning standards and documentation of treatment).

(4) The provider shall submit to the court and the parties a statement that the provider is either adopting the proposed tx plan or submitting an alternate plan. The plan and the statement shall be provided to the court before sentencing.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☐ **Relative**
- ☐ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Sex Offender Treatment Provider
Individual	Psychologist
Agency	Psychologist
Agency	Sex Offender Treatment Provider

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Risk Assessment

Provider Category:
Individual
Provider Type:
Sex Offender Treatment Provider
Provider Qualifications
License *(specify):*

Certificate *(specify):*
Chapter 246-930 WAC (DOH administrative code concerning sex offender treatment providers)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Risk Assessment

Provider Category:
Individual
Provider Type:
Psychologist
Provider Qualifications
License *(specify):*
Chapter 246-924 WAC (DOH administrative code concerning requirements for Psychologists)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
Department of Social and Health Services (State Operating Agency)
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Risk Assessment

Provider Category:
Agency
Provider Type:
Psychologist
Provider Qualifications
License *(specify):*
Chapter 246-924 WAC (DOH administrative code concerning requirements for Psychologists)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
Department of Social and Health Services (State Operating Agency)
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Risk Assessment

Provider Category:
Agency
Provider Type:
Sex Offender Treatment Provider
Provider Qualifications
License *(specify):*

Certificate *(specify):*
Chapter 246-930 WAC (DOH administrative code concerning sex offender treatment providers)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
Department of Social and Health services (state operating agency)
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Skilled Nursing

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
Waiver Skilled Nursing provides chronic, long-term nursing services to address needs that are not met through nursing services available in the Medicaid State Plan, including Early and Periodic Screening, Diagnosis and Treatment.
The services under the waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

Skilled nursing is limited by: prior approval by DDA and skilled nursing hours are determined by DDA Nursing Care Consultant's skilled nursing assessment. Skilled nursing services under the waiver differ in nature, scope, supervision arrangements, or provider type (including provider training and qualifications) from skilled nursing services in the State plan.

Services include nurse delegation services provided by a registered nurse, including the initial visit, follow up instruction, and/or supervisory visits.

Services listed in the plan of care must be within the scope of the State's Nurse Practice Act.
Skilled nursing services under the waiver differ in nature, scope, supervision arrangements, or provider type (including provider training and qualifications) from skilled nursing services in the State plan.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
The following limitations apply to receipt of skilled nursing services:
*Skilled nursing services require prior approval by DDA.
•*Skilled nursing hours must not exceed the number of hours determined by the DDA Nursing Care Consultant's skilled nursing assessment.

Nurse delegation is an intermittent service. The Registered Nurse Delegator is required to visit and provide supervision to the registered or certified nursing assitant (NAR/CNA) at least once every ninety (90) days. If providing diabetic training, the RND must visit the individual at least once a week for the first four (4) weeks. However, the RND may determine that some clients need to be seen more often.

The department reserves the right to require a second opinion by a department-selected provider.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	LPN Skilled Nursing
Individual	RN Skilled Nursing
Agency	RN Skilled Nursing
Individual	LPN Skilled Nursing

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Skilled Nursing

Provider Category:
Agency
Provider Type:
LPN Skilled Nursing
Provider Qualifications
License *(specify):*
Chapter 246-840 WAC (DOH administrative code concerning practical and registered nursing)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Skilled Nursing

Provider Category:
Individual
Provider Type:
RN Skilled Nursing
Provider Qualifications
License *(specify):*
Chapter 246-840 WAC (DOH administrative code concerning practical and registered nursing)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Skilled Nursing

Provider Category:
Agency
Provider Type:
RN Skilled Nursing
Provider Qualifications

License *(specify):*
Chapter 246-840 WAC (DOH administrative code concerning practical and reistered nursing)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Skilled Nursing

Provider Category:
Individual
Provider Type:
LPN Skilled Nursing
Provider Qualifications

License *(specify):*
Chapter 246-840 WAC (Department of Health-DOH-administrative code concerning practical and registered nursing)
Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Specialized Medical Equipment and Supplies

HCBS Taxonomy:

Category 1: **Sub-Category 1:**

Category 2: **Sub-Category 2:**

Category 3: **Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
- Durable and nondurable medical equipment not available through Medicaid or the state plan which enables individuals to increase their abilities to perform activities of daily living or to perceive, control, or communicate with the environment in which they live.
- This service also includes items necessary for life support; ancillary supplies and equipment necessary to the proper functioning of such items.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:
The following limitations apply to the receipt of specialized medical equipment and supplies:
- Prior approval by the department is required for each authorization.
- The department reserves the right to require a second opinion by a department selected provider.
- Items reimbursed with waiver funds shall be in addition to any medical equipment and supplies furnished under the Medicaid state plan.
- Items must be of direct medical or remedial benefit to the individual and necessary as a result of the individual's disability.
- Medications, prescribed or nonprescribed, and vitamins are excluded.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Medical Equipment Supplier

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Specialized Medical Equipment and Supplies

Provider Category:

Agency

Provider Type:
Medical Equipment Supplier
Provider Qualifications
License *(specify):*
Chapter 19.02 RCW (State law concerning business Licenses)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.
Service Title:
Speech, Hearing, and Language Services

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
Speech, hearing and language services are available through the waiver when a Medicaid provider is not available in the area in which a child or young adult lives or when the service is not covered due to medical necessity, but is determined necessary for remedial benefit. Speech, hearing and language services are services provided to individuals with speech hearing and language disorders by or under the supervision of a speech

pathologist or audiologist.

"Speech-language pathology" means the application of principles, methods, and procedures related to the development and disorders, whether of organic or nonorganic origin, that impede oral, pharyngeal, or laryngeal sensorimotor competencies and the normal process of human communication including, but not limited to, disorders and related disorders of speech, articulation, fluency, voice, verbal and written language, auditory comprehension, cognition/communication, and the application of augmentative communication treatment and devices for treatment of such disorders

"Audiology" means the application of principles, methods, and procedures related to hearing and the disorders of hearing and to related language and speech disorders, whether of organic or nonorganic origin, peripheral or central, that impede the normal process of human communication including, but not limited to, disorders of auditory sensitivity, acuity, function, processing, or vestibular function, the application of aural habilitation, rehabilitation, and appropriate devices including fitting and dispensing of hearing instruments, and cerumen management to treat such disorders.

“Speech-language pathology” and “Audiology” services must be provided by a person licensed to provide these services in the State of Washington. These requirements are comparable to the qualifications specified in 42 CFR 440.110 (concerning physical therapy, occupational therapy, and services for individuals with speech, hearing and language disorders).

Speech, hearing and language services are covered under the waiver as an extended state plan service.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
*Speech, hearing and language services are limited to the amount determined necessary to meet the needs of the participant. Speech, hearing and language services will decrease as participant goals are achieved and methods of providing ongoing support through natural routines are determined successful.
*The services under the waiver are limited to additional services not otherwise covered under the state plan, but consistent with waiver objectives of avoiding institutionalization.
*DDA does not pay for treatment determined by DSHS to be experimental;
*DDA and the treating professional determine the need for and amount of service an individual can receive:

- o DDA reserves the right to require a second opinion from a department-selected provider.
- o State Plan benefits are limited to one Speech, Hearing and Language evaluation at beginning of service and one evaluation at discharge per year and 6 units of Speech, Hearing and Language services (which equals approximately 6 hours) per year and up to an additional 6 units of Speech, Hearing and Language services per year with expedited prior authorization from the Health Care Authority. State Plan provides a process for limitation extension regarding the scope, amount, duration and frequency of the therapy when requested by the provider. Criteria considered by the Health Care Authority and MCO for limitation extension include: the level of improvement the client has shown to date related to the requested therapy and the reasonably calculated probability of continued improvement if the requested therapy is extended; and the reasonably calculated probability the client's condition will worsen if the requested therapy is not extended.
- o The Provider One payment system enforces that Medicaid Benefits to which they are entitled are first accessed through the State Plan.
- o This waiver service is only provided to individuals age 21 and over. All medically necessary Speech, Hearing and Language Services for children under age 21 are covered in the State Plan pursuant to the EPSDT benefit.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

☐ **Legally Responsible Person**
☑ **Relative**
☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Audiologist
Individual	Speech-Language Pathologist
Agency	Speech-Language Pathologist
Agency	Audiologist

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Speech, Hearing, and Language Services

Provider Category:
Individual
Provider Type:
Audiologist
Provider Qualifications
License *(specify):*
RCW 18.35.080 (State law concerning certificates and licensure for speech-language pathologists and audiologists)
Certificate *(specify):*
WAC 246-828-095 (DOH administrative code concerning audiology minimum standards of practice.)
Other Standard *(specify):*
RCW 18.35.040
(State law concerning licensure and examination for speech-language pathologists and audiologists)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Speech, Hearing, and Language Services

Provider Category:
Individual
Provider Type:
Speech-Language Pathologist
Provider Qualifications
License *(specify):*
RCW 18.35.080 (State law concerning certificates and licensure for speech-language pathologists and audiologists)
Certificate *(specify):*

WAC 246-828-105 (Department of Health-DOH-administrative code concerning ppeech-language pathology—minimum standards of practice.)
Other Standard *(specify):*
RCW 18.35.040
(State law concerning licensure and examination for speech-language pathologists and audiologists)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Speech, Hearing, and Language Services

Provider Category:
Agency
Provider Type:
Speech-Language Pathologist
Provider Qualifications
License *(specify):*
RCW 18.35.080 (State law concerning certificates and licensure for speech-language patholoigsts and audiologists)
Certificate *(specify):*
WAC 246-828-105 (DOH administrative code concerning speech-language pathology—minimum standards of practice.)
Other Standard *(specify):*
RCW 18.35.040
(State law concerning licensure and examination for speech-language pathologists and audiologists)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Speech, Hearing, and Language Services

Provider Category:
Agency
Provider Type:
Audiologist
Provider Qualifications
License *(specify):*
RCW 18.35.080 (State law concerning certificates and licensure for speech-language pathologists and audiologists)

Certificate *(specify):*
WAC 246-828-095 (DOH administrative code concerning audiology minimum standards of practice.)
Other Standard *(specify):*
RCW 18.35.040
(State law concerning licensure and examination for speech-language pathologists and audiologists)

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Other Service
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:
Staff Family Consultation and Training

HCBS Taxonomy:

Category 1:	Sub-Category 1:
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*
- Staff/family consultation and training is professional assistance to families or direct service providers to help them better meet the needs of the waiver person.
- Consultation and training is provided to families, direct staff, or personal care providers to meet the specific needs of the waiver participant as outlined in the individual's plan of care, including:
(a) Health and medication monitoring,

(b) Positioning and transfer,
(c) Basic and advanced instructional techniques,
(d) Positive behavior support; and
(e) Augmentative communication systems.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

• Expenses to the family or provider for room and board or attendance, including registration, at conferences are excluded as a service under staff/family consultation and training.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Audiologist
Individual	Mental Health Counselor
Individual	Certified Recreation Therapist
Individual	Speech/Language Pathologist
Individual	Occupational Therapist
Individual	Registered Nurse (RN)
Individual	Registered or Certified Counselor
Individual	Physical Therapist
Individual	Licensed Practical Nurse (LPN)
Individual	Psychologist
Individual	Certified Dietician
Individual	Sex Offender Treatment Provider (SOTP)
Individual	Marriage and Family Therapist
Agency	Staff/Family Consultation Agency Provider
Individual	Nutritionist
Individual	Certified American Sign Language Instructor
Individual	Social Worker

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Audiologist
Provider Qualifications

License *(specify)*:

Certificate *(specify):*
WAC 246-828-095 (DOH administrative code concerning audiology minimum standards of practice)
Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Mental Health Counselor
Provider Qualifications
License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Certified Recreation Therapist
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Other Standard *(specify):*

Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Speech/Language Pathologist

Provider Qualifications

License *(specify):*

Certificate *(specify):*
WAC 246-828-105 (DOH administrative code concerning Speech-language pathology-minimum standards of practice)

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Occupational Therapist

Provider Qualifications

License *(specify):*
Chapter 246-847 WAC (DOH administrative code concerning requirements for Occupational Therapists)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Registered Nurse (RN)
Provider Qualifications
License *(specify):*
Chapter 246-840 WAC (DOH administrative code concerning requiremetns for Practical and Registered Nursing)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Registered or Certified Counselor
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Physical Therapist

Provider Qualifications

License *(specify):*
Chapter 246-915 WAC (DOH administrative code concerning requiremetns for Physical Therapists)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Licensed Practical Nurse (LPN)

Provider Qualifications

License *(specify):*
Chapter 246-840 WAC (DOH administrative code concerning requirements for Practical and Registered Nursing)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Psychologist
Provider Qualifications
License *(specify):*
Chapter 246-924 WAC (DOH administrative code concerning requirements for psychologist)
Certificate *(specify):*
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Certified Dietician
Provider Qualifications
License *(specify):*
Certificate *(specify):*
Chapter 18.138 RCW (State law concerning requirements for dietitians and nutritionists)
Chapter 246-822 WAC (DOH administrative code concerning requirements for dietitians or nutritionists)
Other Standard *(specify):*
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual
Provider Type:
Sex Offender Treatment Provider (SOTP)

Provider Qualifications

License *(specify):*

Certificate *(specify):*
Chapter 246-930 WAC (DOH administrative code concerning requiremetns for Sex Offender Treatment Provider)

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Marriage and Family Therapist

Provider Qualifications

License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Agency

Provider Type:
Staff/Family Consultation Agency Provider

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
An agency could employee any of the provider types listed and the employees must meet the qualifications listed.

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Nutritionist

Provider Qualifications

License *(specify):*

Certificate *(specify):*
Chapter 18.138 RCW (Statelaw concerning reuqirements for dietitians and nutritionists)
Chapter 246-822 WAC (DOH administrative code concerning requirements for dietitians or nutritionists)

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Certified American Sign Language Instructor

Provider Qualifications

License *(specify):*

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Staff Family Consultation and Training

Provider Category:
Individual

Provider Type:
Social Worker

Provider Qualifications

License *(specify):*
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate *(specify):*

Other Standard *(specify):*
Contract Standards

Verification of Provider Qualifications

Entity Responsible for Verification:
State Operating Agency

Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:
Transportation

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**

Category 2: **Sub-Category 2:**

Category 3: **Sub-Category 3:**

Category 4: **Sub-Category 4:**

Service Definition *(Scope):*
Reimbursement for transporting a participant to and from waiver funded services specified in the participant''s Person-Centered Service Plan. Waiver transportation services cannot duplicate other types of transportation available through the Medicaid State Plan, EPSDT, or included in a provider's contract. Waiver transportation is provided in order for the waiver participant to access a waiver service, such as summer camp (respite service), when without the transportation they would not be able to participate.

Waiver transportation is different from Personal Care transportation in that it does not provide transportation to and from shopping or medical appointments.

Whenever possible, the person will use family, neighbors, friends, or community agencies that can provide this service without charge.
Specify applicable (if any) limits on the amount, frequency, or duration of this service:
The following limitations apply to transportation services:

- Transportation to/from medical or medically related appointments is a Medicaid State Plan transportation service and is to be considered and used first.
- Transportation is offered in addition to medical transportation but cannot replace Medicaid Stae Plan transportation services.
- Transportation is limited to travel to and from a waiver service.
- Transportation does not include the purchase of a bus pass.
- Reimbursement for provider mileage is paid according to contract.
- This service does not cover the purchase or lease of vehicles.
- Reimbursement for provider travel time is not included in this service.
- Reimbursement to the provider is limited to transportation that occurs when the individual is with the provider.
- The individual is not eligible for transportation services if the cost and responsibility for transportation is already included in the waiver provider's contract and payment.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☑ **Relative**
- ☑ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Individual	Transportation
Agency	Transportation

Provider Category	Provider Type Title

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Transportation

Provider Category:
Individual
Provider Type:
Transportation
Provider Qualifications
License *(specify):*
Chapter 308-104 WAC (State administrative code concerning Drivers Licenses)
Certificate *(specify):*

Other Standard *(specify):*
Chapter 308-106 WAC (State administrative code concerning mandatory insurance to operate a vehicle)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Transportation

Provider Category:
Agency
Provider Type:
Transportation
Provider Qualifications
License *(specify):*
Chapter 308-104 WAC (State administrative code concerning Drivers Licenses)
Certificate *(specify):*

Other Standard *(specify):*
Chapter 308-106 WAC (State administrative code concerning mandatory insurance to operate a vehicle)

Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:

Every 3 years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Wellness Education

HCBS Taxonomy:

Category 1:	**Sub-Category 1:**
Category 2:	**Sub-Category 2:**
Category 3:	**Sub-Category 3:**
Category 4:	**Sub-Category 4:**

Service Definition *(Scope):*

Wellness education provides waiver participants with monthly informational and educational materials designed to assist them in managing health related issues, achieving goals identified in their person centered service plans and addressing health and safety issues. This Core Waiver service will assist participants to achieve greater health, safety and success in community living.

a. The individualized material is being developed by the state and by the contracted provider.

b. The participants will receive printed material.

c. The participants will receive a monthly mailing.

d. The Wellness Education service is designed to assist participants to live in the community and avoid institutionalization by ensuring that they receive needed information and tools. For example, the service can provide information needed to:

• Successfully manage chronic conditions in order to halt progression resulting in risk of nursing home placements

• Prevent and avoid health risks such as, pneumonia, influenza, infections, and other illnesses or conditions that can lead to nursing home placement for elderly or frail participants

• Work effectively with health providers in order to understand and follow recommendations for the correct

course of treatment in order to prevent hospitalization or nursing home placement
• Develop support networks that can promote engagement and combat isolation that can lead to increased health and safety risks that can result in nursing home placement.
• Develop an effective person centered service plan that utilizes an array of paid an informal supports to address the whole person needs of the person to live successfully in the community.
• Achieve community goals identified in the person centered service plan.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:
Waiver participants who elect to receive this waiver service will receive the service monthly.

Service Delivery Method *(check each that applies)*:

- ☐ **Participant-directed as specified in Appendix E**
- ☑ **Provider managed**

Specify whether the service may be provided by *(check each that applies)***:**

- ☐ **Legally Responsible Person**
- ☐ **Relative**
- ☐ **Legal Guardian**

Provider Specifications:

Provider Category	Provider Type Title
Agency	Wellness Education

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Wellness Education

Provider Category:
Agency
Provider Type:
Wellness Education
Provider Qualifications
License *(specify)*:

Certificate *(specify)*:

Other Standard *(specify)*:
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
Operating Agency
Frequency of Verification:
Every two years.

Appendix C: Participant Services

C-1: Summary of Services Covered (2 of 2)

b. Provision of Case Management Services to Waiver Participants. Indicate how case management is furnished to waiver participants (*select one*):

- ○ **Not applicable** - Case management is not furnished as a distinct activity to waiver participants.
- ◉ **Applicable** - Case management is furnished as a distinct activity to waiver participants.

Check each that applies:

- ☐ **As a waiver service defined in Appendix C-3.** *Do not complete item C-1-c.*
- ☐ **As a Medicaid State plan service under §1915(i) of the Act (HCBS as a State Plan Option).** *Complete item C-1-c.*
- ☐ **As a Medicaid State plan service under §1915(g)(1) of the Act (Targeted Case Management).** *Complete item C-1-c.*
- ☑ **As an administrative activity.** *Complete item C-1-c.*

c. Delivery of Case Management Services. Specify the entity or entities that conduct case management functions on behalf of waiver participants:

DDA Case Resource Managers or DDA Social Service Specialists conduct case management functions on behalf of waiver participants.

Appendix C: Participant Services

C-2: General Service Specifications (1 of 3)

a. Criminal History and/or Background Investigations. Specify the State's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):

- ○ **No. Criminal history and/or background investigations are not required.**
- ◉ **Yes. Criminal history and/or background investigations are required.**

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

DDA requires all individuals who may have unsupervised access to persons with developmental disabilities to complete a DSHS background check. This includes all contracted providers, individual providers, employees of contracted providers, county contracted providers that are funded by DDA, and any other individual who needs to be qualified by DDA to have unsupervised access to individuals with developmental disabilities. Staff may work in an unsupervised capacity through a provisional hire, only after they have completed an initial non-disqualifying Washington state background check and the national fingerprint-based background check results are pending. If staff are working with individuals with developmental disabilities prior to their background check being completed, they must be supervised.

All applicants identified as all long-term care workers (as defined below) are required to have a fingerprint-based check through the FBI. Individuals being hired by DDA who have lived in Washington less than three years or who live out of state and work in Washington are also required to have a fingerprint-based check through the FBI.

The DSHS Background Check Central Unit is assigned to complete all background checks required. Background check searches include multiple information sources including state and federal law enforcement records, state court records, and agency databases. Specifically, the following data sources are searched: Washington State patrol (WSP) WATCH criminal history records, Administrative Office of the Courts Public Data Mart – criminal history records, Washington State Adult Protective Services findings, Washington State Residential Client Protection Program findings, Washington State Child Protective Services findings, Washington State Department of Health findings, applicant self-disclosures, and stored Washington State Patrol and Federal Bureau of Investigations fingerprint record Records of Arrests and Prosecution (RAP) sheets and state RAP sheets, Washington State Department of Corrections Felony Offender Reporting System, Washington State Patrol Fingerprint-based search, FBI fingerprint-based search, Western Identification

Network State Search for certain states.

"Long-term care workers"(as defined in RCW 74.39A.009(17)(a) includes all persons who provide paid, hands-on personal care services for the elderly or persons with disabilities, including but not limited to individual providers of home care services, direct care workers employed by home care agencies, providers of home care services to persons with developmental disabilities under Title 71A RCW, all direct care workers in state-licensed assisted living facilities, and adult family homes, respite care providers, direct care workers employed by community residential service businesses, and any other direct care worker providing home or community-based services to the elderly or persons with functional disabilities or developmental disabilities.

(d) Relevant state laws, regulations and policies are: RCW 43.20A.710 (Investigation of conviction records or pending charges of state employees and individual providers), RCW 43.43.830 (Background checks – Access to children or vulnerable persons-Definitions),RCW 43.43.832 (Background checks – Disclosure of information), RCW 43.43.837 (fingerprint-based background checks), RCW 43.43.842 (Vulnerable adults – Additional licensing requirements for agencies, facilities, and individuals providing services), RCW 74.15.030 (care of children, expectant mothers, persons with developmental disabilities), Chapter 74.39A RCW (Long-term care services), Chapter WAC 388-06 (background checks)Chapter 388-101 WAC (Certified Community Residential Services and Supports), Chapter 388-101D WAC (Requirements for Providers of Residential Services and Supports), Chapter 388-113 WAC (Disqualifying Crimes and Negative Actions), Chapter 388-825 WAC (Developmental Disabilities Administration Services Rules), DDA Policy 5.01 (Background Check Authorizations)and DSHS Administrative Policy 18.63 (employee background check requirements).

b. Abuse Registry Screening. Specify whether the State requires the screening of individuals who provide waiver services through a State-maintained abuse registry (select one):

- ○ **No. The State does not conduct abuse registry screening.**
- ◉ **Yes. The State maintains an abuse registry and requires the screening of individuals through this registry.**

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

(a) Under state authority, RCW 26.44 (state law concerning abuse of children), Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

Under state authority, RCW 74.34 (state law concerning abuse of vulnerable adults), the Aging and Long Term Support Administration (ALTSA) receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for individuals enrolled with the Developmental Disabilities Administration. ALTSA Residential Care Services (RCS) investigates provider practice issues with respect to abuse and neglect occurring in nursing homes, assisted living facilities, adult family homes, & supported living programs. ALTSA Adult Protective Services (APS) investigates abuse and neglect involving adults residing in residential facilities and in their own homes. The BCCU checks APS, RCS, and CPS registries for final findings of abuse and neglect.

(b) All background checks conducted require screening through the APS, RCS, and CPS registries. Pursuant to WAC 388-06-0110 (concerning who must have background checks) and RCW 74.15.030 (state law concerning the powers and duties of the Secretary of DSHS, including background checks), all DDA direct hires and direct contracts which may involve unsupervised access to children or people with developmental disabilities require a background check through the BCCU which includes abuse registry screening.

Prior to providing contracted waiver services, the DSHS requires screening of individuals through the BCCU which includes the abuse registry findings. Per RCW 74.39A.050(8)(state law concerning quality improvement of long-term care services), no provider or staff, or prospective provider or staff, entered into a state registry finding him or her guilty of abuse, neglect, exploitation, or abandonment of a minor or a vulnerable adult as

defined in Chapter 74.34 RCW (state law concerning abuse of vulnerable adults) shall be employed in the care of and have unsupervised access to vulnerable adults.

(c) DDA requires all individuals who may have unsupervised access to persons with developmental disabilities to complete a DSHS background check. As part of the background check process, the DSHS Background Check Central Unit (BCCU) cross-checks all potential and current employees against state registries that contain information on all individuals with a founded or substantiated finding of abandonment, abuse, neglect, and/or exploitation against a child or vulnerable adult. The BCCU provides the results of their screenings to DDA and DDA providers for action. (c) Contracted agency providers are required to conduct background checks on all of their employees, including all administrators, employees, volunteers, and subcontractors who may have unsupervised access to clients, pursuant to WAC 388-101-3250 (concerning background checks for the staff of certified provides of community residential services and supports) and RCW 43.43.830 (which is state law covering the Washington State Patrol which concerns background checks for those with unsupervised access to children or vulnerable adults). These background checks must be renewed at least every three years or more often as required by program rule or contract. In addition to Washington state name/date of birth background checks, national fingerprint checks are conducted on all new long term care workers and individuals who have resided less than three continuous years in Washington state or live out of state and work in Washington. DSHS Enterprise Risk Management Office (ERMO) conducts regular internal audits of DDA residential program background
checks. The State Auditor's Office (SAO) also conducts regular background check audits. DDA works with providers regarding these audits and determines training needs. DDA provides ongoing background check training and consultation to providers and staff.

Appendix C: Participant Services

C-2: General Service Specifications (2 of 3)

c. Services in Facilities Subject to §1616(e) of the Social Security Act. *Select one:*

○ **No. Home and community-based services under this waiver are not provided in facilities subject to §1616(e) of the Act.**

◉ **Yes. Home and community-based services are provided in facilities subject to §1616(e) of the Act. The standards that apply to each type of facility where waiver services are provided are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).**

i. Types of Facilities Subject to §1616(e). Complete the following table for each type of facility subject to §1616(e) of the Act:

Facility Type	
Adult Family Home	
Child Foster Group Care Home	
Group Training Home	
Staffed Residential Home	
Child Foster Care Home	
Group Care Home	
Adult Residential Care (ARC) Facility	

ii. Larger Facilities: In the case of residential facilities subject to §1616(e) that serve four or more individuals unrelated to the proprietor, describe how a home and community character is maintained in these settings.

Required information is contained in response to C-5.

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Adult Family Home

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☑
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☐
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Facility Capacity Limit:

Licensing will allow up to 6.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑

Standard	Topic Addressed
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Child Foster Group Care Home

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☑
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☑
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐

Waiver Service	Provided in Facility
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Facility Capacity Limit:

Capacity is dependent on facility size with no pre-determined maximum number specified. The maximum number is determined by facility per WAC 388-148-0025. The largest is licensed for 20.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Group Training Home

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☐
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☑
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Facility Capacity Limit:

If licensed as an Adult Family Home, the maximum capacity is six. If licensed as an Assisted Living Facility, there is no pre-determined maximum capacity. The one GTH has a capacity of 20.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑

Standard	Topic Addressed
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Staffed Residential Home

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☑
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☑
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	

Waiver Service	Provided in Facility
	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Facility Capacity Limit:

Licensing will allow up to 6. DDA contract limits to 4.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Child Foster Care Home

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐

Waiver Service	Provided in Facility
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☑
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☑
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Facility Capacity Limit:

Capacity is dependent on multiple factors in the home but does not exceed 6.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑

Standard	Topic Addressed
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Group Care Home

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☑
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☑
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Waiver Service	Provided in Facility

Facility Capacity Limit:

If licensed as an Adult Family Home, the maximum capacity is six. If licensed as an Assisted Living Facility, there is no pre-determined maximum capacity. The largest facility currently has 11.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: Facility Specifications

Facility Type:

Adult Residential Care (ARC) Facility

Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Prevocational Services	☐
Individualized Technical Assistance	☐
Environmental Adaptations	☐
Community Transition	☐
Transportation	☐
Staff Family Consultation and Training	☐
Respite	☑

Waiver Service	Provided in Facility
Behavioral Health Stabilization Services-Specialized Psychiatric Services	☐
Residential Habilitation	☐
Specialized Psychiatric Services	☐
Specialized Medical Equipment and Supplies	☐
Community Inclusion	☐
Speech, Hearing, and Language Services	☐
Positive Behavior Support and Consultation	☐
Risk Assessment	☐
Skilled Nursing	☐
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	☐
Occupational Therapy	☐
Community Guide	☐
Wellness Education	☐
Chemical Extermination of Bed Bugs	☐
Physical Therapy	☐
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	☐
Individual Supported Employment/Group Supported Employment	☐

Facility Capacity Limit:

Capacity is dependent on facility size with no pre-determined maximum number specified. The maximum number is determined by facility per WAC 388-78A-2020. The largest facility has 150 beds.

Scope of Facility Sandards. For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	☑
Physical environment	☑
Sanitation	☑
Safety	☑
Staff : resident ratios	☑
Staff training and qualifications	☑
Staff supervision	☑
Resident rights	☑
Medication administration	☑
Use of restrictive interventions	☑
Incident reporting	☑
Provision of or arrangement for necessary health services	☑

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Appendix C: Participant Services

C-2: General Service Specifications (3 of 3)

d. Provision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible individual is any person who has a duty under State law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the State, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. *Select one*:

- (●) **No. The State does not make payment to legally responsible individuals for furnishing personal care or similar services.**
- ( ) **Yes. The State makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.**

Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) State policies that specify the circumstances when payment may be authorized for the provision of ***extraordinary care*** by a legally responsible individual and how the State ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the State policies specified here.*

- [ ] **Self-directed**
- [ ] **Agency-operated**

e. Other State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify State policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above the policies addressed in Item C-2-d. *Select one*:

- ( ) **The State does not make payment to relatives/legal guardians for furnishing waiver services.**
- (●) **The State makes payment to relatives/legal guardians under specific circumstances and only when the relative/guardian is qualified to furnish services.**

Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.*

State regulations stipulate:
The following limitations apply to providers for waiver services:
(1) The client's spouse cannot be their paid provider for any waiver service.
(2) If the client is under age eighteen, their natural, step, or adoptive parent cannot be their paid provider for any waiver service.
(3) If the client is age eighteen or older, their natural, step, or adoptive parent cannot be their paid provider for any waiver service with the exception of:

(a) Transportation to a waiver service;
(b) Residential Habilitation services if their parent is certified as a residential agency; or
(c) Respite care for the individual if they and their parent live in separate households.
(d) Relatives or legal representatives may furnish services when the client selects them because of the unique ability of a relative or legal guardian to meet the needs of the person.

The following controls are in place to ensure payments are made only for services rendered:

- Annual Person-Centered Service Plans
- CRM monitoring of plan
- Annual PCSP audits
- National Core Indicator interviews
- Person-Centered Service Plan surveys

To ensure the safety of waiver participants, the state instructs Case Resource Managers to locate a third party to supervise providers when the provider is a guardian. Service limitations in rule for all service providers apply equally to legal guardians and relative providers.

○ **Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is qualified to provide services as specified in Appendix C-1/C-3.**

Specify the controls that are employed to ensure that payments are made only for services rendered.

○ **Other policy.**

Specify:

f. Open Enrollment of Providers. Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

The State of Washington allows for continuous open enrollment of all qualified providers. Provider qualifications are available to the public on-line per Washington Administrative Code (WAC)388-825-072 Where do I find information on DDA's home and community based services (HCBS) waiver services? Waiver enrollees may select qualified providers at any time during the waiver year. Providers may enroll at any time during the year.

State has revised County contract language to clarify the requirement of continuous, open enrollment of all waiver service providers.

State has post contact information on the DDA internet site to connect potential waiver service providers with DDA contract staff at: https://www.dshs.wa.gov/dda/developmental-disabilities-administration-contracts

Appendix C: Participant Services

Quality Improvement: Qualified Providers

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Qualified Providers

The state demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.

i. Sub-Assurances:

a. ***Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
C.a.1: % of waiver service providers requiring licensure or certification, which initially met and continued to meet DDA contract standards, including licensure or certification. N = All waiver service providers which initially met & continued to meet DDA contract standards, including licensure or certification. D = All waiver service providers that require licensure or certification.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Agency Contracts Database (ACD)

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
C.a.2: % of waiver participants & family members responding to NCI Adult Family Survey who indicated satisfaction with performance of their service providers. N = Waiver participants responding to NCI Adult Family Survey with provider satisfaction. D = All waiver participants responding to NCI Adult Family Survey.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:
NCI Adult Family Survey

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:

	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

b. ***Sub-Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements.***

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
C.b.1: The percentage of waiver files reviewed for which all authorized providers met DDA contract standards. Numerator= All files reviewed for which 100% of authorized providers met contract standards. Denominator= all files reviewed for compliance with contract standards.

Data Source (Select one):

Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
C.b.2: % of waiver participants & family members responding to NCI Adult Family Survey who indicated satisfaction with performance of their service providers. N = Waiver participants responding to NCI Adult Family Survey with provider satisfaction. D = All waiver participants responding to NCI Adult Family Survey.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:
NCI Adult Family Survey

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

c. ***Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.***

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
C.c.3: The percentage of waiver service providers who don't require licensure who meet state training requirements as verified by valid contracts. Numerator= All providers of waiver services who don't require licensure who meet state training requirements as verified by valid contracts. Denominator= All providers of waiver services who don't require licensure.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Agency Contracts Database (ACD)

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:

	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
C.c.1: The percentage of case file reviews, for which authorized providers met state training requirements as verified by valid licenses and contracts. Numerator= Files reviewed for which an authorized provider met state training requirements. Denominator= All files reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☑ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☐ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	

		☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☑ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
C.c.2: The percentage of licensed waiver service providers who meet state training requirements as verified by valid licenses and contracts. Numerator= Waiver service providers requiring licensure who meet state training requirements. Denominator= Waiver service providers requiring licensure and training.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Agency Contracts Database (ACD)

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.
C.a.1; C.a.2; C.b.2; and C.c.3: The Contracts Program Manager produces an annual report comparing claims data against the Agency Contracts Database (ACD) to verify that providers of service to all waiver participants meet contract standards, including licensure and other requirements, as verified by a valid contract.

C.c.2 and C.c.3: DDA maintains provider contract records in the Agency Contracts Database (ACD) that verifies providers have met ongoing training requirements prior to contract renewal. ACD reports are run annually to verify completion of training requirements.

C.b.1. and C.c.1: The Quality Compliance Coordinator (QCC) Team completes a review of randomly selected files across all waivers on an annual basis. The list for the QCC Team review is generated to produce a random sample with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members.

As a part of the QCC review, the team checks to see that providers of service to waiver participants continue to meet contract standards, which include appropriate licensure, certification and other standards including training requirements, as verified by a valid contract in the Agency Contracts Database.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
Contract Reports:
C.a.1; C.a.2; C.b.2; C.c.2; and C.c.3:
The results of the annual report comparing claims data against the ACD are shared with the regions for immediate follow up. Providers without a valid contract or the necessary training requirements are reviewed to determine the appropriate course of contract action. Services are terminated for those without valid contracts.

QCC Waiver File Reviews:
C.b.1. and C.c.1:
Individual findings are expected to be corrected within 90 days. Regional management and QCC are available to provide individualized support and assistance with these corrections. QCC staff monitors to ensure corrections occur.

Next, findings are analyzed by DDA management. Based on the analyses, additional necessary steps are taken. For example:
- *Annual staff Waiver Training curriculum is developed and/or modified.
- *Policies are clarified.
- *Personnel issues are identified and addressed.
- *Form format and instructions are modified.
- *Waiver administrative code (WAC) is revised.
- *Regional processes are revised.

C.b.3: The National Core Indicators Survey:

Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the Administration to compare its performance to service systems in other states and within our state from year to year.
There are currently 60 performance and outcome indicators to be assessed covering the following domains:
- Consumer Outcomes
- System Performance

• Health, Welfare, & Rights
• Service Delivery System Strength & Stability

In addition, DDA has added some waiver specific questions to assist with assuring PCSPs are implemented as written and that health and welfare needs are being addressed. Findings are analyzed by management and shared with stakeholders. The Washington State D0evelopmental Disabilities Council (DDC) participates in the survey process both in visiting clients and analyzing results.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party*(check each that applies):*	**Frequency of data aggregation and analysis** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Qualified Providers that are currently non-operational.

◉ **No**

○ **Yes**

Please provide a detailed strategy for assuring Qualified Providers, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix C: Participant Services

C-3: Waiver Services Specifications

Section C-3 'Service Specifications' is incorporated into Section C-1 'Waiver Services.'

Appendix C: Participant Services

C-4: Additional Limits on Amount of Waiver Services

a. Additional Limits on Amount of Waiver Services. Indicate whether the waiver employs any of the following additional limits on the amount of waiver services (*select one*).

○ **Not applicable**- The State does not impose a limit on the amount of waiver services except as provided in Appendix C-3.

◉ **Applicable** - The State imposes additional limits on the amount of waiver services.

When a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, including its basis in historical expenditure/utilization patterns and, as applicable, the processes and methodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) how the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making exceptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) the safeguards that are in effect when the amount of the limit is insufficient to meet a participant's needs; (f) how participants are notified of the amount of the limit. (*check each that applies*)

☐ **Limit(s) on Set(s) of Services.** There is a limit on the maximum dollar amount of waiver services that is authorized for one or more sets of services offered under the waiver.
Furnish the information specified above.

☐ **Prospective Individual Budget Amount.** There is a limit on the maximum dollar amount of waiver services authorized for each specific participant.
Furnish the information specified above.

☑ **Budget Limits by Level of Support.** Based on an assessment process and/or other factors, participants are assigned to funding levels that are limits on the maximum dollar amount of waiver services.
Furnish the information specified above.

State has an ETR process in place to make exceptions to limits based on participant health and welfare needs.

When the amount of the limit for a service that has a limit is insufficient to meet the participant's needs, the following safeguards are in effect: (1) an ETR may be available to increase the limit to meet the participant's needs; (2) a revised person-centered service plan may be developed to include additional services or combinations of services to meet participant needs.

Participants receive printed materials from their Case Resource Managers at each annual person-centered service plan meeting that outlines all available waiver services. Case Resource Managers are trained to explain how to access waiver services, including prior approval processes and any limitations that may be in effect. State posts all approved waivers online on the DDA internet site for statewide access by all parties.

State has no geographic-based budget limits.

State posts all approved waivers online on the DDA internet site for statewide access by all parties.

☐ **Other Type of Limit.** The State employs another type of limit.
Describe the limit and furnish the information specified above.

Appendix C: Participant Services

C-5: Home and Community-Based Settings

Explain how residential and non-residential settings in this waiver comply with federal HCB Settings requirements at 42 CFR 441.301(c)(4)-(5) and associated CMS guidance. Include:

1. Description of the settings and how they meet federal HCB Settings requirements, at the time of submission and in the future.

2. Description of the means by which the state Medicaid agency ascertains that all waiver settings meet federal HCB Setting requirements, at the time of this submission and ongoing.

Note instructions at Module 1, Attachment #2, HCB Settings Waiver Transition Plan for description of settings that do not meet requirements at the time of submission. Do not duplicate that information here.

All community residential facilities, regardless of size, must follow the residential guidelines and comply with HCB setting requirements. Clients' rights are safeguarded through State policy and contractual requirements; as well as provider policies. Residential Care Services (RCS) focuses on client-centered evaluations of all service providers. DDA completes an additional face to face visit with a sampling of waiver participants and asks for feedback using the National Core Indicators survey tool. DDA has very few residential facilities in the community where more than 6 people live together. Adult family homes provide for up to 6 persons; and with few exceptions, all other settings are for 1-4 individuals living together. The Person-Centered Service Plan developed for each waiver participant identifies goals for community living.

The use of a number of facilities listed is for respite only (i.e., adult family home, adult residential care facility). These services are temporary in nature, and any facility in which they are provided is not the permanent residence of the individual. Nevertheless, clients' rights are safeguarded through State policy and contractual requirements as well as provider policies. The Person-Centered Service Plan developed for each waiver participant identifies goals for community living.

Child Foster Group Care facilities, Child Foster Care Homes, and (licensed) Staffed Residential Homes serve children and youth and are typical homes located in residential neighborhoods which provide an atmosphere reflective of each individual residents care needs and personality. Requirements to provide individualized and specialized supports, appropriate social and recreational activities within integrated community settings, and maintenance of a home environment reflective of each child's individual preferences are all components contained in the statement of work in each of the above contracts.

Child Foster Group Care facilities, Child Foster Care Homes, and (licensed) Staffed Residential Homes provide full access to typical facilities in a home such as a kitchen with cooking facilities. In addition, children/youth attend school in their local district. The capacity in each of the homes is small and often does not exceed four. In the Child Foster Home and licensed Staffed Residential Settings, all children/youth have their own bedrooms. Children/ youth access medical, dental, and any additional treatment/therapy needs in their community. Children/youth participate in activities in their community (e.g., YMCA, basketball at the school, Special Olympics, concerts, camping, shopping). Staff Provide age appropriate therapeutic instruction and support services for all children and youth to learn ADL's and develop skills towards becoming independent adults. And the child/youth's bedrooms are reflective of things that are important to her/him.

Children/youth in child foster homes and licensed staffed residential settings have their own bedrooms. Children/ youth in child foster group care settings do not make choices about who their roommates will be. Parent and/or guardians do have choice in where their son/daughter will receive respite services. Parents and/or guardians have the opportunity to visit available homes based upon location, educational needs, the child's needs, and the needs of the other children in the home. Additionally, there is a regional process that involves collaboration between department staff and paid providers to determine the most appropriate setting that can best support the child and meet her/his individualized needs.

Individuals receiving services in facilities licensed as Assisted Living facilities (i.e., Adult Residential Care facilties) may have private rooms or share a room with no more than one other person with an emphasis on privacy and personal choice, and may have their own possessions, clothing and personal items. Roommates are matched based on room availability, personal perferences, and personal routine. Meals are eaten in a dining room and snacks are available to participants. Participants are ensured access to individually preferred personal items. Visitors may be received at times convenient for the individual and privacy is provided for visitation. Space and supplies are provided for participants to engage in activities that are consistent with the participant's interests, abilities, and preferences. Service settings have access to community resources and activities.

Adult Family Homes are typical homes located in residential neighborhoods which provide a home-like atmosphere for residents. Residents have either private rooms or share a room with one other individual and may have their own possessions, clothing and personal items. Roommates are matched based room availability, personal preferences, and personal routines. Residents may have visitors at times convenient to the individual and privacy for visitation is available. Small dining rooms are available for meals. Residents have access to their own food in the kitchen. Meals are typically prepared by the provider. Homes are located with access to community resources and activities.

Group Care Homes are licensed and certified facilities located in residential neighborhoods which provide a home-like

atmosphere for residents. Residents have either private rooms or (in rare instrances) share a room with one individual and may have their own possessions, clothing and personal items. Roommates are matched based room availability, personal preferences, and personal routines. Residents may have visitors at times convenient to the individual and privacy for visitation is available. Small dining rooms are available for meals. Residents have access to their own food in the kitchen. Residents can participate in their own meal preparation. Homes are located with access to community resources and activities.

Group Training Homes are licensed and certified non-profit facilities located in residential neighborhoods which provide a home-like atmosphere for residents. Residents have either private rooms or (in rare instrances) share a room with one individual and may have their own possessions, clothing and personal items. Roommates are matched based room availability, personal preferences, and personal routines. Residents may have visitors at times convenient to the individual and privacy for visitation is available. Small dining rooms are available for meals. Residents have access to their own food in the kitchen. Residents can participate in their own meal preparation. Homes are located with access to community resources and activities.

Contracted Supported Living services are provided by contracted residential providers in participants' private homes and apartments located in residential neighborhoods.

State-Operated Living Alternatives services are provided by state employees in participants' private homes and apartments located in residential neighborhoods.

Companion Home services are provided by contracted residential providers in private homes and apartments located in residential neighborhoods.

Alternative Living services are provided by contracted residential providers in participants' private homes and apartments located in residential neighborhoods.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (1 of 8)

State Participant-Centered Service Plan Title:
Person-Centered Service Plan (PCSP)

a. Responsibility for Service Plan Development. Per 42 CFR §441.301(b)(2), specify who is responsible for the development of the service plan and the qualifications of these individuals *(select each that applies):*

- ☐ **Registered nurse, licensed to practice in the State**
- ☐ **Licensed practical or vocational nurse, acting within the scope of practice under State law**
- ☐ **Licensed physician (M.D. or D.O)**
- ☑ **Case Manager** (qualifications specified in Appendix C-1/C-3)
- ☐ **Case Manager** (qualifications not specified in Appendix C-1/C-3).

  Specify qualifications:

- ☑ **Social Worker**

  Specify qualifications:

  See Appendix B-6-3.
- ☐ **Other**

  Specify the individuals and their qualifications:

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (2 of 8)

b. Service Plan Development Safeguards. *Select one:*

- (●) **Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.**
- ( ) **Entities and/or individuals that have responsibility for service plan development may provide other direct waiver services to the participant.**

The State has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. *Specify:*

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (3 of 8)

c. Supporting the Participant in Service Plan Development. Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.

Approximately 60 days prior to the Person-Centered Service Plan (PCSP) the Case Resource Manager(CRM)/Social Service Specialist contacts the individual and his/her representative by phone and letter. To aid them in their assessment planning and scheduling, case resource managers and their supervisors run monthly caseload reports that show each individual's next PCSP date.

During the phone conversation the CRM/Social Service Specialist describes the Person-Centered Service Plan (PCSP) process and confirms per policy 5.02 (Necessary Supplemental Accommodation) the individual has an identified representative. In addition, the individual is asked who else they would like to have participate and/or contribute and where they would like the face-to-face PCSP meeting to be held. Support is provided as needed to ensure the service plan development process is driven by the waiver participant.

The letter the CRM/Social Service Specialist sends serves to confirm the date, time and location of the meeting and includes the DDA HCBS Waiver Brochure. The DDA HCBS Waiver Brochure includes information about waiver services, eligibility criteria and administrative hearing rights. The CRM/Social Service Specialist also extends invitations by phone and/or letter to individuals who the waiver participant has asked to participate in the PCSP process. In addition, the waiver participant is provided access to person centered planning tools that they can review and use prior to the meeting. Support is available to assist the individual to review and/or use those tools.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (4 of 8)

d. Service Plan Development Process. In four pages or less, describe the process that is used to develop the participant-centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

State requires an annual reassessment and State provides participants notice in advance of their next PCSP date so the assessment may be scheduled at a time that is convenient to the participant (WAC 388-828-1500). DDA assessments are administered in a participant’s home, place of residence or at another location that is convenient to the participant (WAC 388-828-1520).

The Person-Centered Service Plan (PCSP) is the planning document produced for all clients receiving paid services, including waiver clients and is developed in accordance with the 42 CFR §441.301(2), which requires the Person-Centered Service Plan to:
• Reflect that the setting in which the individual resides is chosen by the individual;
• Be understandable to the individual receiving services and the individuals important in supporting him or her;
• Be finalized and agreed to with the informed consent of and signed by all individuals and providers responsible for its implementation;
• Be distributed to the individual and other people involved in the plan;
• Include those services, the purpose or control of which the individual elect to self-direct;
• Document the positive interventions and supports used prior to any modifications to the person centered service plan;
• Document less intrusive methods of meeting the need that have been tried but did not work;
• Include a clear description of the condition that is directly proportionate to the specific assessed need;
• Include a regular collection and review of data to measure the ongoing effectiveness of the modification;
• Include established time limits for periodic reviews to determine if the modification is still necessary or can be terminated;
• Include informed consent of the individual;
• Include an assurance that interventions and supports will cause no harm to the individual;
• Document the frequency with which the plan will be reviewed and revised upon reassessment of functional need by §441.365(e), at least every 12 months,
when the individual's circumstances or needs change significantly, or at the request of the individual.

The DDA Assessment provides:
- An integrated, comprehensive tool to measure support needs for adults and children.
- An improved work process to support case management services because the system:
  - o Identifies the level of support needed by a client;
  - o Indicates whether a service level assessment is needed; and
  - o Identifies a level of service to support the client''s assessed need.
- Detailed information is gathered regarding client needs in many life domains. This allows CRM's to make more effective service referrals.
- Health and welfare needs identified in the assessment automatically populate the PCSP as needs that must be addressed.
- Clearer information for executive management and legislators on the overall needs of people with developmental disabilities.
- A nationally normed assessment for adults developed by the AAIDD.

(a) Who develops the plan, who participates in the process, and the timing of the plan.

- The Person-Centered Service Plan (PCSP) is developed by the DDA CRM/ Social Service Specialist.
- Participants or contributors to this plan consist of:
  - o The individual,
  - o Their legal representative (if applicable),
  - o Providers, and
  - o Anyone else the individual would like to have participate or contribute (family, friends, etc…)
- The PCSP is completed at least once every 12 months. Planning for the PCSP begins 60 days in advance of the due date.

(b) The types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status.

• The DDA Assessment which is administered by the DDA CRM/Social Service Specialist provides the internal assessment and contains the following modules which assess for participant needs preferences, goals and health status:

1. The Support Assessment module contains:
   a. The Supports Intensity Scale Assessment (which includes the ICF/IID Level of Care for individuals age 16 and above);
   b. ICF/IID Level of Care Assessment for individual age 15 and under;
   c. Protective Supervision Scale;
   d. Caregiver Status Scale;
   e. Current Services Scale;
   f. SIS Behavior Scale; and
   g. SIS Medical Scale.

2. The Service Level Assessment module contains:
   a. Personal Care assessment tool;
   b. Employment Support Assessment tool;
   c. Sleep Assessment tool; and
   d. Mental Health Assessment tool;
   e. Equipment tool;
   f. Medication Management tool;
   g. Medication tool;
   h. Seizure & allergies tool.

3. The Person-Centered Service Plan module contains:
   a. Service Summary tool;
   b. Support Needs tool;
   c. Finalize Plan tool;
   d. Environmental Plan tool;
   e. Equipment tool;
   f. DDD Referral tool;
   g. Plan review tool;
   h. Supported Living Rate Calculator;
   i. Foster Care Rate Assessment Calculator;
   j. Individual and Family Support calculator.

• DDA also uses external assessments as a part of the PCSP process. Examples of external assessments include; nursing evaluations, PT/OT reports, psychological evaluations etc.

(c) How the participant is informed of the services that are available under the waiver.

Participants are informed of services available under the Waiver by:

1. The DDA HCBS Waiver Brochure and Waiver "Facts" which is enclosed with the letter confirming the PCSP meeting. The letter, Fact sheet and brochure are sent approximately 60 days prior to the PCSP meeting. The DDA HCBS Waiver Brochure identifies waiver services.
2. During the course of the PCSP meeting service options are discussed and described.
3. Washington Administrative Code (WAC) fully defines services available under the waiver and is made available upon request and via the DDA internet Website

(d) The plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences.

- Participant goals:
  - o There is a screen in the DDA assessment that allows for the documentation of participant goals.
- Participant needs (including health care needs):
  - o Health and welfare needs are identified throughout the course of the assessment on multiple screens (please see section b above). Health and welfare needs are also identified by additional documentation submitted as part of the PCSP process (i.e. medical reports).
- Preferences:
  - o Participant preferences are identified as requests for service. This is documented in the body of the assessment as well as in the PCSP.

(e) How Waiver and other services are coordinated:

Waiver and other services are coordinated by the CRM/Social Service Specialist

- Services identified to meet health and welfare needs are documented in the Person-Centered Service Plan (PCSP).
- Providers receive a copy of the PCSP. This assists them to not only understand their role in the individual''s life but also the supports others are giving.
- The CRM/Social Service Specialist monitors the PCSP to ensure health and welfare needs are being addressed as planned.

(f) How the plan development process provides for the assignment of responsibilities to implement and monitor the plan.

- The assessment identifies health and welfare needs.
  - o The identified needs populate the Person-Centered Service Plan.
    - Business rules require each identified need is addressed.
  - o When an identified need requires a Waiver funded service the CRM/Social Service Specialist is required to identify the specific provider and the service type that will address this need.
    - The CRM/Social Service Specialist is required to provide sufficient documentation to allow the provider and the participant to know what the provider's responsibilities are.
  - o When a provider or service has not been identified the plan reflects the steps in place to identify either the service or the provider.
    - When the service or provider is identified the PCSP is amended to reflect the updated plan.
- The CRM/Social Service Specialist provides oversight and monitoring of the Person-Centered Service Plan.

(g) How and when the plan is updated, including when the participant’s needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

- Per WAC 388-845-3075:
  - o An individual may request a review of his/her Person-Centered Service Plan at any time by calling his/her case resource manager. If there is a significant change in conditions or circumstances, DDA must reassess the plan and amend the plan to reflect any significant changes. This reassessment does not affect the end date of the annual Person-Centered Service Plan.

- Updates or amendments to the currently effective version of the Person-Centered Service Plan (PCSP) are tracked in the system.
  - o When a Service Level Assessment is moved from Pending to Current status, the Person-Centered Service Plan version attached to that assessment will lock (so a record is kept of the version that the client/representative has signed off on).
  - o Amendments do not change the Plan Effective date.

- Each subsequent change to the Person-Centered Service Plan is saved. There are two types of amendments: —those that require a new Service Level Assessment and those that do not. Examples would be:

Person-Centered Service Plan Amendment With New Assessment
- o Change in status of client in key domain (behavior, medical, caregiver, ADL, etc.)
- o Change of provider for residential service (the client physically moves)
- o Change in a paid service

Person-Centered Service Plan Amendment Without New Assessment
- o Change in demographic information only
- o No change in status of client in key domain
- o Change of provider for non-residential service
- Rate change only (e.g. roommate leaves so now only 3 clients vs. 4 clients in home)

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (5 of 8)

e. Risk Assessment and Mitigation. Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

Risk Assessment and Mitigation occurs via the DDA Assessment and Person-Centered Service Plan. The DDA assessment takes a comprehensive approach to assessing for risk and provides a mechanism for allowing the case resource manager and the individual to identify risks and develop a strategy to mitigate identified risk.

The DDA Assessment evaluates risk by assessing for the following:
- *Unstable/potentially unstable diagnosis
- *Caregiver training required
- *Medication regimen affecting plan
- *Immobility issues affecting plan
- *Nutritional status affecting plan
- *Current or potential skin problems
- *Skin Observation Protocol
- *Alcohol/Substance Abuse
- *Depression
- *Suicide
- *Pain
- *Mental Health
- *Legal
- *Environmental
- *Financial
- *Community Protection
  - o Community Protection criteria have been developed to identify clients not already on the CP waiver, but who are exhibiting some extreme behaviors that could pose a public safety threat.

When risk areas are identified they populate a referral screen in the Person-Centered Service Plan. The CRM/Social Service Specialist documents the plan/response to each item that populates the referral screen.

Emergency planning is an required component of the Person-Centered Service Plan. Back up caregivers and emergency contacts are identified during the waiver participant's assessment and can be updated at any time. Back up and emergency plans are required in WAC for all residential providers. Arrangements for back-up plans vary from individual to individual. In some situations a back-up plan may be a family member. In others, a back up plan may include a paid provider stepping in to assure health and welfare needs are addressed during times of crisis. A paid provider may be a personal care provider paid through state plan services (Community First Choice Option), an in-home respite provider paid through waiver services, or an out-of-home behavioral health stabilization services crisis diversion bed provider paid through waiver services. None of these providers would be paid until their services were utilized.

WAC 388-828-1640
What are the mandatory panels in your DDA assessment?
After DDA has determined your client group, DDA determines the mandatory panels in your DDA assessment using the following tables. An "X" indicates that the panel is mandatory; an "O" indicates the panel is optional. If it is blank, the panel is not used.

(1) DDA "Assessment main" and client details information

	Client Group			
	Waiver and State	Other Medicaid	State Only	
DDA Assessment Panel Name	No Paid Services	Only Residential	Paid Services	Paid Services
Assessment Main	X	X	X	X
Demographics	X	X	X	X
Overview	X	X	X	X
Addresses	X	X	X	X
Collateral Contacts	X	X	X	X
Financials	X	X	X	X

(2) Supports intensity scale assessment

	Client Group			
	Waiver and State	Other Medicaid	State Only	
DDA Assement Panel Name	No Paid Services	Only Residential	Paid Services	Paid Services
Home Living	X	X	X	X
Community Living	X	X	X	X
Lifelong Learning	X	X	X	X
Employment	X	X	X	X
Health & Safety	X	X	X	X
Social Activities	X	X	X	X
Protection & Advocacy	X	X	X	X

(3) Support assessment for children

	Client Group			
	Waiver and State	Other Medicaid	State Only	
DDA Assessment Panel Name	No Paid Services	Only Residential	Paid Services	Paid Services
Activities of Daily Living	X	X	X	X
IADLs (Instrumental Activities of Daily Living)	X	X	X	X
Family Supports	X	X	X	X
Peer Relationships	X	X	X	X
Safety & Interactions	X	X	X	X

(4) Common support assessment panels

DDA Assessmentd Panel Name	Waiver and State No Paid Services	Other Medicaid Only Residential	State Only Paid Services	
Medical Supports	X	X	X	X
Behavioral Supports	X	X	X	X
Protective Supervision	X	X	X	X
DDA Caregiver Status*	X	X	X	X
Programs and Services	X	X	X	X

*Information on the DDA Caregiver Status panel is not mandatory for clients receiving paid services in an AFH, BH, SL, GH, SOLA, or RHC.

(5) Service level assessment panels

DDA Assessment Panel Name	Waiver and State No Paid Services	Other Medicaid Only Residential	State Only Paid Services	
Environment	X	X	O	
Medical Main	O	X	O	
Medications	X	X	X	
Diagnosis	X	X	X	
Seizures	X	X	X	
Medication Management	X	X	X	
Treatments/programs	X	X	X	
ADH (Adult Day Health)	O	O	O	
Pain	X	X	X	
Indicators-Main	O	X	O	
Allergies	X	X	X	
Indicators/Hospital	X	X	X	
Foot	X	X	O	
Skin	X	X	O	
Skin Observation	O	O	O	
Vitals/Preventative	X	X	O	
Comments	O	O	O	
Communication-Main	O	X	O	
Speech/Hearing	O	X	O	
Psych/Social	O	X	O	
MMSE (Mini-Mental Status Exam)	O	X	O	
Memory	O	X	O	
Behavior	O	X	O	
Depression	O	X	O	
Suicide	O	O	O	
Sleep	O	O	O	
Relationships & Interests	O	O	O	
Decision Making	O	X	O	
Goals	X	O	O	
Legal Issues	O	O	O	
Alcohol	O	O	O	
Substance Abuse	O	O	O	
Tobacco	O	X	O	
Mobility Main	O	X	O	
Locomotion In Room	O	X	O	
Locomotion Outside Room	O	X	O	
Walk in Room	O	X	O	
Bed Mobility	O	X	O	
Transfers	O	X	O	
Falls	O	O	O	
Toileting-Main	O	X	O	
Bladder/Bowel	O	X	O	
Toilet Use	O	X	O	
Eating-Main	O	X	O	
Nutritional/Oral	O	X	O	

Eating	O	X	O	
Meal Preparation	O	X	O	
Hygiene-Main	O	X	O	
Bathing	O	X	O	
Dressing	O	X	O	
Personal Hygiene	O	X	O	
Household Tasks	O	X	O	
Transportation	O	X	O	
Essential Shopping	O	X	O	
Wood Supply	O	X	O	
Housework	O	X	O	
Finances	O	O	O	
Pet Care	O	O	O	
Functional Status	O	O	O	
Employment Support*	X*	X*	X*	
Mental Health	X	X	X	
DDA Sleep*	X*	O	O	

*Indicates that:

(a) The "Employment Support" panel is mandatory only for clients age twenty-one and older who are on or being considered for one of the county services listed in WAC 388-828-1440(2).

(b) The "DDA Sleep" panel is mandatory only for clients who are age eighteen or older and who are receiving:
(i) DDA HCBS Core or Community Protection waiver services; or
(ii) State-Only residential services.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (6 of 8)

f. Informed Choice of Providers. Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

Participants are given free choice of all qualified/approved providers of each service approved in his/her plan. During the course of the Person-Centered Service Plan process the waiver participant is advised s/he has a choice of providers. The assessment meeting includes an Asessment Wrap-up checklist that the client and/or her/his representative signs. One of the items on the checklist is a statement verifying that the individual understands that s/he has a choice of and can change provider(s). Also, at the time of the annual Person-Centered Service Plan update, participants have an opportunity to select alterantive providers. Waiver participants can also select alterantive providers at any time by requesting an update of their Person-Centered Service Plan.

The Case Resource Manager (CRM)/Social Service Specialist provides information to access appropriate referral registries, contract database list and/or websites to facilitate access to provider lists and assist with the contracting process.

In-home Respite:
All individual's can contact the Home Care Referral Registry to access an individual respite provider. DDA provides waiver participant's the contact information to the Referal registry or information can be accessed from the internet Home Care Referral Registry website @http://www.hcrr.wa.gov/

- *The Home Care Referral Registry is maintained by the Home Care Quality Authority. The Registry provides information about available Individual providers (IPs) in a geographic areas who are interested in being interviewed for potential hire.
*DDA provides lists of agencies contracted to provide in-home services and families choosing an agency, work with agency staff to select individuals to work in their homes.

- *Other Provider types
  - o Lists of provider of specific services can be generated out of the Agency Contracts Data Base (ACD) maintained by DSHS. Provider recruitment is ongoing and contract referrals are accepted on a continual basis.
  - o The ALTSA Internet page maintains provider lists for Adult Family Home and Adult Residential Care

facilities.

o The DDA Internet page maintains a supported living provider locator.

o Contractors for Environmental Adaptations are listed by Labor & Industries, along with information about their licenses and any actions taken against them. Families may choose from this broad list of contractors and refer them to DDA for contracting. DDA also maintains a list of contractors.

o ProviderOne maintains an online search engine open to the public for providers of therapy, counseling, and other services.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (7 of 8)

g. Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

The Developmental Disabilities Aadministration (DDA) operates a number of quality assurance (QA) processes that ensures that Person-Centered Service Plan meet the needs of waiver participants. At the end of each QA review cycle, a final report is generated which includes detailed data on a statewide level. These results are analyzed and incorporated into a statewide quality improvement plan. The State Medicaid Agency receives annual QA review reports and meets with the operating agency at the conclusion of the QA cycle to review results and provide input into the quality improvement plan. The quality improvement plan is then reviewed and approved for implementation by DDA executive management. This is part of a total Quality Improvement Strategy (QIS), which includes surveys, file reviews, performance measures, ternary evaluations of performance measures, and staff training.

More detail on QA processes as they relate to the individual support plan is provided below.

The mechanism for ongoing oversight of waiver operation by the Single State Medicaid Agency is the HCA Medicaid Agency Waiver Management Committee, which includes representatives from administrations and divisions within the operating agency, Home and Community Services and Residential Care Services, which are divisions within the operating agency, as well as the Developmental Disabilities Administration (DDA) and the Behavioral Health Administration (BHA). The Committee meets at least quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g. amendments, renewals, etc.), potential waiver policy and rule changes and quality improvement activities.

The Developmental Disabilities Administration is an administration within the Department of Social and Health Services (DSHS), which is the operating agency. The individual Case Resource Manager/Social Service Specialist is an employee of DDA. DDA determines client eligiblity and requires the use of the administration's electronic assessment and service planning tool. DDA Case Resource Managers/Social Service Specialists directly authorize all initial service plans and supervisors conduct quality assurance activities on service plans. DDA has direct electronic access to all service plans.

DDA has a comprehensive monitoring process to oversee the planning process and the Person-Centered Service Plan. In addition, DDA participates in the National Core Indicators Survey and initiates an Person-Centered Service Plan survey. Data is gathered and analyzed and necessary steps are taken to correct areas of concern.

DDA monitoring process:
The DDA Quality Compliance Coordinator(QCC) Team completes an annual audit of randomly selected files across all waivers. The list for the QCC team audit is generated to produce a random sample with a 95% confidence level and a +/- 5 confidence interval. Included in the review are items concerning the person-centered planning process and content of the Person-Centered Service Plan.

The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by the QCC Team. Findings are analyzed by DDA management. Based on the analysis necessary steps are taken, such as:

- * Annual Waiver Training curriculum is developed in part to address review findings.
- * Policy clarifications are issued.
- * Personnel issues are identified.
- * The format of and instructions on forms are modified.

•* Waiver WAC is revised to clarify rule.
•* Regional processses are updated.

The National Core Indicators Survey:
Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the Administration to compare its performance to service systems in other states and within our state from year to year.

There are currently 60 performance and outcome indicators to be assessed covering the following domains:
•* Consumer Outcomes
•* System Performance
•* Health, Welfare, & Rights
•* Service Delivery System Strength & Stability

In addition, DDA has added some waiver specific questions to assist with assuring Person-Centered Service Plan are implemented as written and that health and welfare needs are being addressed. Findings are analyzed by DDA management and shared with stakeholders. The Washington State Developmental Disabilities Council (DDC) participates in the survey process by analyzing results.

An Assessment meeting wrap-up form is given to each waiver participant at the conclusion of the Person-Centered Service Plan planning meeting. This form gives participants an opportunity to respond to a series of questions about the Person-Centered Service Plan process.

A Person-Centered Service Plan Meeting survey is mailed to waiver participants within one month of the Person-Centered Service Plan planning meeting. This survey gives participants an opportunity to respond to a series of questions about the Person-Centered Service Plan process. The survey is mailed from Central Office based on a random sample representative of all waivers with a 95% confidence level and a confidence interval of +/-5%. Information collected is analyzed annually by the HCA Medicaid Agency Waiver Management Committee.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (8 of 8)

h. Service Plan Review and Update. The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the review and update of the service plan:

- ○ **Every three months or more frequently when necessary**
- ○ **Every six months or more frequently when necessary**
- ◉ **Every twelve months or more frequently when necessary**
- ○ **Other schedule**

Specify the other schedule:

i. Maintenance of Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a minimum period of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following *(check each that applies):*

- ☐ **Medicaid agency**
- ☑ **Operating agency**
- ☑ **Case manager**
- ☐ **Other**

Specify:

Appendix D: Participant-Centered Planning and Service Delivery

D-2: Service Plan Implementation and Monitoring

a. Service Plan Implementation and Monitoring. Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.

The regional DDA Case Resource Manager (CRM) or Social Service Specialist provides the primary oversight and monitoring of the Person-Centered Service Plan. The DDA CRM or Social Service Specialist authorizes the Waiver Services identified as necessary to meet health and welfare needs in the Person-Centered Service Plan. The DDA CRM or Social Service Specialist monitors service provision no less than two times per year by at least one face to face client visit and an additional contact with the waiver participant/legal representative which can be completed by telephone, e-mail or face to face. Continuous monitoring also occurs by contacting providers; reviewing progress reports submitted by providers and reviewing additional assessments (e.g. IEP's, psychological evaluations, Occupational Therapy evaluations etc.). If the DDA CRM or Social Service Specialist finds that the Person-Centered Service Plan is not meeting the individual's needs the Person-Centered Service Plan will be revised/amended. All monitoring is documented in either the Service Episode Record section of the electronic DDA Assessment or the Waiver Screen.

At the time of the annual review, the CRM/Social Service Specialist is required to review the effectiveness of last year's plan with the individual and/or their legal representative. This review is a required step before the DDA Assessment will allow the CRM to create a new assessment. All plans are expected to address emergency preparedness such as: back-up caregivers, evacuation plans, what to do in case of natural disaster etc. The plan review process provides an opportunity to review the effectiveness of these plans.

In addition to DDA CRM/Social Service Specialist monitoring activities, the following occur:

* A sample of waiver case files is reviewed by Quality Compliance Coordinators.
  - o Quality Compliance Coordinators review annually a statewide random sample of all waiver files.
  - o Waiver case files are reviewed for the following evidence:
- * The PCSP was completed within 12 months.
- * The individual was given a choice between waiver services and institutional care.
- * The individual meets the ICF/IID level of care standard.
- * The individual meets disability criteria.
- * The individual is financially eligible.
- * Services have been authorized in accordance with the PCSP.
- * Waiver services or appropriate monitoring activities are occurring every month.
- * All authorized services are reflected in the PCSP.
- * All providers are qualified to provide the services for which they are authorized.
- * The individual was given a choice of qualified providers.
- * Appeal rights and procedures have been explained.

National Core Indicators Survey (NCI) face to face interviews:
Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the division to compare its performance to service systems in other states and within our state from year to year.

Currently 60 performance and outcome indicators are assessed that cover the following domains:

- * Consumer Outcomes
- * System Performance
- * Health, Welfare, & Rights
- * Service Delivery System Strength & Stability

In addition, DDA has added waiver-specific questions to assist with assuring Person-Centered Service Plan are implemented as written and that health and welfare needs are being addressed.

Examples of waiver specific questions:

- * If you need to change your child's services, do you know what to do?

• * Do the services and supports offered on your Person-Centered Service Plan meet your child's and family's needs?
• * Did you (did the waiver participant) receive information at your (his/her) Person-Centered Service Plan meeting about the
services and supports that are available under the (his/her) waiver?

Findings are analyzed by DDA management and shared with stakeholders. The Washington State Developmental Disabilities Council (DDC) participates in the survey process by analyzing results.

Assessment Meeting Wrap-up and Person-Centered Service Plan Survey:
An Assessment Meeting Wrap-up is given to each waiver participant at the conclusion of the Person-Centered Service Plan planning meeting. The Wrap-up survey gives participants an opportunity to respond to a series of questions about the Person-Centered Service Plan process. And after the assessment is finalized, Central Office sends an Person-Centered Service Plan survey to a stastically-valid random sample of all waiver participants with a return envelope to allow for an anonymous submission to Central Office.

Questions on the Person-Centered Service Plan survey:
• * Did you get to choose who came to your meeting?
• * Did your Case Manager discuss any concerns you have with your current services?
• * Were your concerns addressed in your new Person-Centered Service Plan?
• * Did you receive information about what services are available in your waiver to meet your assessed needs?
• * Were you given a choice of services that are available in your waiver to meet your identified needs?
• * Were you given a choice of service providers?
• * Were your personal goals discussed in developing your plan?
• * Do you feel like your health concerns are addressed to your satisfaction?
• * Do you feel like your safety concerns are addresssed adequately?
• * Did you receive information regarding planning for emergencies, such as an earthquake or other natural disaster?
• * Do you know who to contact if your needs change before the next assessment?
• * Do you know you have a right to appeal decisions made by DDA?
• * Did your case manager explain how to use your Planned Action Notice (PAN) to appeal a service decision in your support plan if you disagree with that decision?

Residential Care Services (RCS) certifies DDA residential providers and licenses adult family homes and boarding (group)homes, all of which are qualified providers of respite services.
o These providers are evaluated at a minimum of every two years.
o A component of the RCS evaluation process is a review of the Person-Centered Service Plan to ensure the agency is implementing the plan as written.

b. Monitoring Safeguards. *Select one:*

◉ **Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.**

○ **Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant.**

The State has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:*

Appendix D: Participant-Centered Planning and Service Delivery

Quality Improvement: Service Plan

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Service Plan Assurance/Sub-assurances

The state demonstrates it has designed and implemented an effective system for reviewing the adequacy of service plans for waiver participants.

i. Sub-Assurances:

a. ***Sub-assurance: Service plans address all participants' assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
D.a.5: The percentage of all waiver PCSPs which include emergency planning.
Numerator = All waiver PCSPs with evidence of emergency planning present.
Denominator = All waiver PCSPs reviewed.

Data Source (Select one):
Operating agency performance monitoring
If 'Other' is selected, specify:
This requirement is system-enforced by CARE.

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.a.6: The percentage of families reporting through the NCI surveys that they are involved in the creation of their waiver participant's PCSP. Numerator = All waiver participants or family members responding to the NCI survey and reporting involvement in the creation of the PCSP. Denominator = All waiver participants or family members responding to the NCI survey.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☑ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: DDA Office of Quality Assurance.	☐ **Annually**	☐ **Stratified** Describe Group:

	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.a.2: The percentage of Person-Centered Service Plans (PCSPs) conducted for waiver participants that personal goals were identified. Numerator = Waiver participants' PCSPs reviewed with identified personal goals addressed in their service plan. Denominator = Total number of waiver participants' PCSPs reviewed.

Data Source (Select one):
Operating agency performance monitoring
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample**

		Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.a.3: To monitor ongoing waiver eligibility, the percentage of PCSPs with monthly waiver service provision or monitoring by the case resource manager during a break in service. Numerator = Waiver PCSPs reviewed with monthly waiver service provision or monitoring by the case resource manager during a break in service. Denominator = All waiver PCSPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data		**Sampling Approach** *(check each that applies):*

collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.a.4: The percentage of waiver recipients' PCSPs with critical indicators triggered in the assessment that were addressed in the PCSP. Numerator = The

Number of PCSPs in which all identified critical indicators were addressed.
Denominator = The total number of waiver recipient PCSPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other**

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
	Specify:

Performance Measure:
D.a.1: The percentage of PCSPs conducted for waiver participants that address their assessed health and welfare needs through the provision of waiver services or other means. Numerator = Waiver participants' PCSPs that address all assessed health and welfare needs through the provision of waiver services or other means. Denominator = Total number of waiver PCSPs reviewed.

Data Source (Select one):
Other
If 'Other' is selected, specify:
This requirement is system-enforced by CARE.

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

b. ***Sub-assurance: The State monitors service plan development in accordance with its policies and procedures.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. ***Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participant's needs.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
D.c.1: The percentage of annual PCSPs for waiver participants that are completed before the end of the twelfth month following the initial PCSP or the last annual PCSP. Numerator = The number of waiver PCSPs reviewed that are completed before the end of the twelfth month. Denominator = All completed waiver PCSPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Source (Select one):
Operating agency performance monitoring
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☑ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified**

		Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☑ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.c.2: The percentage of waiver participants & family members responding to the PCSP Meeting Survey who report knowing what to do if their needs change before the next annual PCSP meeting. Num= All PCSP Meeting Survey respondents who report knowing what to do if their needs change before the next PCSP. Denom= All waiver participants & family members responding to the PCSP Meeting Survey.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☑ **Weekly**	☐ **100% Review**

☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95+/-
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☑ **Other** Specify: 100% of those responding to the ISP Meeting Survey.
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☑ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☑ **Other** Specify: DDA Office of Quality Assurance and Communications	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

d. ***Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
D.d.4: The percentage of waiver participants' PCSPs reviewed whose services identified in the PCSP are all authorized in ProviderOne or Individual ProviderOne screens in CARE. Numerator = Waiver PCSPs reviewed with current services authorized in ProviderOne or Individual ProviderOne & identified in the PCSP. Denominator = Waiver PSCPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.d.2: The percentage of waiver PCSPs with services that are delivered within 90 days of the PCSP effective date or as specified in the PCSP. Numerator = All waiver PCSPs reviewed with services delivered within 90 days or as specified in the PCSP. Denominator = All waiver PCSPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.d.3: The percentage of waiver PCSPs with service authorizations in place for waiver funded services identified in the PCSP that should have occurred in the last 3 months. Numerator = All waiver PCSPs reviewed with service authorizations for waiver funded services that should have occurred in the last 3 months. Denominator= All waiver PCSPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:

	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.d.1: The percentage of waiver PCSPs with services that are delivered in accordance with the type, scope, amount, duration, and frequency as specified in the PCSP. Numerator = All waiver PCSPs reviewed with services delivered in accordance with the PCSP specifications. Denominator= All waiver PCSPs reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample**

		Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

e. ***Sub-assurance: Participants are afforded choice: Between/among waiver services and providers.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
D.e.2. The percentage of waiver participant records that contain the annual assessment meeting wrap-up, which includes verification that the waiver participant had a choice of qualified providers. Numerator = All waiver participant records reviewed including the annual Assessment meeting Wrap-Up. Denominator = All waiver participant records reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
D.e.1: The percentage of waiver participant records that contain a signed voluntary participation statement in lieu of institutional care. Numerator = All waiver participant records reviewed including a voluntary participation statement. Denominator = All waiver participant records reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.
D.a.1; D.a.3; D.a.4; D.a.5; D.c.1; D.d.1; D.d.2; D.d.3; D.d.4; D.e.1; D.e.2
The QCC Team completes an annual audit of randomly selected files across all DDA waivers. The list for the QCC Team audit is generated to produce a random sample representative of all waivers with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members.

A valid sample is produced for the QCC audit. The remaining file review is strictly an additional measure to assist with ongoing quality assurance.

The audit protocol includes (among others) the following questions with a target of 100% compliance.
"Have all identified waiver funded services been provided within 90 days of the annual PCSP effective date?"
"Is there a ProviderOne or Individual ProviderOne authorization for all Waiver funded services identified in the current PCSP that should have occurred in the three (3) months prior to this review?"
"Are all the current services authorized in ProviderOne or Individual ProviderOne identified in the PCSP?"
(Authorizations are audited as a proxy for claims data. The ProviderOne and Individual ProviderOne electronically prevents a provider from claiming payment for an amount and rate higher than what is authorized.)
"Are the authorized service amounts equal or less than the amounts identified in the PCSP?"
"Is the effective date of this year's annual PCSP no later than the last day of the 12th month of the previous annual PCSP effective date?"
"Is there evidence that the Wrap-Up discussion occurred at the DDA annual or initial assessment?
"Is there a signed Voluntary Participation statement from the annual or initial assessment in the client file?"

D.a.2: The DDA assessment allows for entry and addressing of personal goals. An annual report is generated at Central Office to identify assessments with one or more personal goals to verify personal goals are acknowledged and addressed.

Data are available in a computer-based system which provide 100% analysis of individual results.
D.a.5: An annual report is created to verify that emergency plans are documented in waiver participants' PCSPs.
D.a.6: DDA compares data on response rates to NCI questions and responses from waiver year to waiver

year. DDA constructs pie charts for questions and analyzes the outcome of the survey with the HCA Medicaid Agency Waiver Management Committee and stakeholders. DDA uses this information to assist with the development of the Waiver training curriculum as well as to develop needed policy changes.

D.c.1: Monthly reports are prepared for a review of the progress toward achieving 100% timely assessments of need. The data is analyzed by comparing the actual number of assessments completed on time to the regional monthly targets and to the assessments that were due. Regional Waiver Specialists review Assessment Activity Reports on a monthly basis and send information to case resource managers for follow-up to promote timeliness of assessments.

D.c.2: Person-Centered Service Plan Meeting Survey:
A PCSP Meeting survey is mailed to waiver participants within one month of the PCSP planning meeting. This survey gives participants an opportunity to respond to a series of questions about the PCSP process. The survey is mailed from Central Office based on a random sample representative of all waivers with a 95% confidence level and a confidence interval of +/-5%. Information collected is analyzed annually at the HCA Medicaid Agency Waiver Management Committee.
Questions in the Person-Centered Service Plan Meeting Survey:
Did you get to choose who came to your meeting?
Did you get to choose the time and place of your meeting?
Were you given the opportunity to lead your meeting?
Were you given a choice of services?
Did you choose where and how the services will be provided?
Did your case resource manager review last year's plan and ask what supports you want to continue and what should change?
Were any concerns you may have had addressed in your new plan?
Did you receive information about resources and services available to meet your goals?
Were you given a choice of providers?
Were plans made to meet any health and safety concerns you may have had?
Did you receive information regarding planning for emergencies, such as an earthquake or other natural disaster?
Do you know who to contact if your needs change before your next assessment?
"Do you know who to contact if your needs change before the next assessment?

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
Waiver File Reviews (Annual QCC audit):
D.a.1; D.a.3; D.a.4; D.a.5; D.c.1; D.d.1; D.d.2; D.d.3; D.d.4; D.e.1; D.e.2
Findings from QCC Team and Supervisor file reviews are analyzed by management, and based on the analysis necessary steps are taken to increase compliance. For example:
- Annual Waiver Training curriculum is developed in part to address audit findings.
- Policy clarifications occur as a result of audit findings.
- Analyses of findings assist regions to recognize personnel issues.
- Analysis of audit finding may impact format and instructions on forms.
- Analysis of findings has led to revision in Waiver WAC to clarify rule.
- Analysis of findings has led regions to revise regional processes.

The National Core Indicators Survey:
D.a.6;
Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the administration to compare its performance to service systems in other states and within our state from year to year.

There are currently 60 performance and outcome indicators to be assessed covering the following domains:
- Consumer Outcomes
- System Performance
- Health, Welfare, & Rights

• Service Delivery System Strength & Stability

In addition, DDA has added some waiver specific questions to assist with assuring PCSPs are implemented as written and that health and welfare needs are being addressed. Findings are analyzed by management and shared with stakeholders. The Washington State Developmental Disabilities Council (DDC) participates in the survey process both in visiting clients and analyzing results.

Person-Centered Service Plan Meeting Survey:
D.c.2:
DDA compares data on response rates to the Person-Centered Service Plan Meeting Survey and responses from waiver year to waiver year. DDA constructs pie charts for questions and analyzes the outcome of the survey with the HCA Medicaid Agency Waiver Management Committee and stakeholders. DDA uses this information to assist with the development of the Waiver training curriculum as well as to develop needed policy changes.

• Annual Waiver Training curriculum is developed in part to address audit findings.
• Policy clarifications occur as a result of audit findings.
• Analysis of audit finding may impact format and instructions on forms.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party*(check each that applies):*	**Frequency of data aggregation and analysis** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☑ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Service Plans that are currently non-operational.

◉ **No**

○ **Yes**

Please provide a detailed strategy for assuring Service Plans, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix E: Participant Direction of Services

Applicability *(from Application Section 3, Components of the Waiver Request)*:

○ **Yes. This waiver provides participant direction opportunities.** Complete the remainder of the Appendix.

◉ **No. This waiver does not provide participant direction opportunities.** Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction.

Indicate whether Independence Plus designation is requested *(select one):*

○ **Yes. The State requests that this waiver be considered for Independence Plus designation.**
○ **No. Independence Plus designation is not requested.**

Appendix E: Participant Direction of Services

E-1: Overview (1 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (2 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (3 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (4 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (5 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (6 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (7 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (8 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (9 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (10 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (11 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (12 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (13 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant Direction (1 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (2 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (3 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (4 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (5 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (6 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix F: Participant Rights

Appendix F-1: Opportunity to Request a Fair Hearing

The State provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The State provides notice of action as required in 42 CFR §431.210.

Procedures for Offering Opportunity to Request a Fair Hearing. Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice (s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

Waiver clients have rights under Medicaid law, state law (RCW) and state rules (WAC) to appeal any decision of DDA affecting eligibility, service, or choice of provider.

During the waiver application process, an individual receives the DDA HCBS Waiver Brochure (DSHS #22-605), which explains their administrative hearing rights. The CRM/Social Service Specialist discusses administrative hearing rights at the time of the initial and annual Person-Centered Service Plan (PCSP) meeting, and Planned Action Notices (PAN) are attached to the Person-Centered Service Plan when it is sent to the individual and their designee (the individual who has been designated to assist the client with understanding and exercising their administrative hearing rights) for signature. The PANs describe the service decisions made by DDA and contain information on how to request an administrative hearing to appeal DDA's decision.

When DDA makes a decision affecting eligibility, level of service or denial or termination of provider, a Planned Action Notice (PAN) must be sent within 5 working days of the decision. The notice is sent to the waiver participant and her/his designee. The PAN provides the effective date of the action, the reason and applicable WAC, appeal rights, and time lines for filing appeals. Individuals have up to 90 days to appeal a department decision. If an individual wishes to maintain services during the appeal process, they must ask for an administrative hearing within the ten-day notice period. If the tenth day falls on a weekend or holiday, they have until the next business day to ask for an administrative hearing. If the tenth day happens before the end of the month, they have until the end of the month to ask for an administrative hearing and still be able to get continued benefits.

A client or representative may request an administrative hearing orally or in writing. Client appeals are heard and decided by Administrative Law Judges (ALJs) through an administrative hearing. Attorney representation is not required but is allowed. The client or their representative may present the client's case or have an attorney present the case. DSHS employees may not represent the client at an administrative hearing.

PANs are contained electronically in the DDA Assessment on the CARE platform. If the PAN was modified then a copy of the modified PAN is maintained in the waiver participant's file. Service Episode Records (SERs) document when a PAN was sent. SERs are contained electronically in the DDA Assessment on the CARE platform.

DDA uses a variety of PANs to communicate decisions. All PANs include relevant administrative hearing rights and comply with Medicaid requirements.

Appendix F: Participant-Rights

Appendix F-2: Additional Dispute Resolution Process

a. Availability of Additional Dispute Resolution Process. Indicate whether the State operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one:*

- (●) **No. This Appendix does not apply**
- ( ) **Yes. The State operates an additional dispute resolution process**

b. Description of Additional Dispute Resolution Process. Describe the additional dispute resolution process, including: (a) the State agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

Appendix F: Participant-Rights

Appendix F-3: State Grievance/Complaint System

a. Operation of Grievance/Complaint System. *Select one:*

- ( ) **No. This Appendix does not apply**
- (●) **Yes. The State operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver**

b. Operational Responsibility. Specify the State agency that is responsible for the operation of the grievance/complaint system:

DDA operates the grievance/complaint system.

c. Description of System. Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

DDA provides participants with administrative hearing rights and a complaints/grievance process. The Complaints/Grievance process is not a pre-requisite to an administrative hearing; rather this policy provides participants with an opportunity to address those issues that are not dealt with through the administrative hearing process. DDA policy 5.03 Client Complaints clearly delineates those issues that may be addressed in this manner and those issues that should be addressed through processes such as the administrative hearing process. Participants are informed of both processes via brochures, DVDs, WAC, policy and their Case Resource Manager.

DDA policy 5.03 provides waiver participants an opportunity to address problems outside the scope of the adminitrative hearing process. DDA has also collaborated with the Developmental Disabilities Council to produce a video to assist individuals and their representatives understand how to work with the department to resolve complaints/grievances.

POLICY

A. DDA staff will strive to address grievances/complaints at the lowest level possible. Complaints can be received and addressed at any level of the organization. However, the complaint will be referred back to the Case Resource Manager/Social Service Specialist (CRM/SSS) for action unless the complainant specifically requests it not be.

B. Legal authorization from the client or her/his personal representative is required to share information with

persons outside of DSHS unless otherwise authorized by law. Authorization from the client is not required when responding to correspondence assignments or inquiries from the Governor's Office as part of administration of DSHS programs.

C. Communication to complainants will be made in their primary language if necessary.

D. DDA maintains a complaint tracking database to log and track complaints as specified in the Procedures section of this policy.

PROCEDURES

A. Direct complaints concerning services in the DDA Residential Habilitation Centers (RHCs) and State Operated Living Alternatives (SOLA)to the Regional
Administrator (RA) in the respective region.

B. RHC Based Complaints (not detailed here as respite in RHCs is not a waiver service)

C. Community Based Complaints
The process for responding to community based complaints is as follows:
1. Case Resource Manager/Social Worker (CRM/SW) Level
a. Case Resource Manager (CRM) and Social Workers (SW) solve problems and resolve complaints as a daily part of their regular case management activities.
The CRM/SW will document these activities in the client's Service Episode Record (SER).
b. If the complainant does not feel the complaint or problem has been resolved and requests a review by a supervisor, the CRM/SW will give his/her
supervisor's name and telephone number to the complainant.
2. Supervisor Level
a. Upon receipt of an unresolved complaint at the CRM/SW level, the supervisor has ten (10) work days to attempt to resolve the issue. If the response
will take longer than ten (10) days, the supervisor must contact the complainant and give a reasonable estimated date of response.
b. If resolution is reached, the supervisor must document the outcome in the SER.
c. If the complainant does not feel that the problem has been resolved and the complainant wants a further review, the supervisor will give the
complainant the RA's name and telephone number and document this in the SER.
3. Regional Administrator (RA) Level
a. On receipt of an unresolved complaint, the RA will assign a staff to investigate and resolve the issue within ten (10) work days. If the response will
take longer than ten (10) work days, the RA or designee must contact the complainant and give a reasonable estimated date of response.
b. The assigned staff must enter the complaint information in the DDA Complaint Log.
c. If resolution is reached, the assigned staff must:
1) Document the outcome in the Complaint Log and the SER; and
2) Notify the complainant and all parties involved.
d. If the matter is not resolved to the complainant's satisfaction and she/he wants a review by the DDA Central Office, the RA or designee must document
this in the Complaint Log and give the name and telephone number of the Chief, Office of Quality Assurance (OQA) to the complainant.
e. If the complaint is new and made directly to the RA or assigned staff, refer the complaint back to the CRM/SW and follow steps 1,2 and 3 above. Only
enter information into the Complaint Log if it is necessary for further action to be taken by Central Office.
4. Central Office Level
a. On receipt of an unresolved complaint, the Assistant Secretary or designee must check that the complaint has been entered into the Complaint Log. If
the response will take longer than ten (10) work days, the assigned staff must contact the complainant and give a reasonable estimated date of
response.
b. If resolution is reached, the assigned staff must document the outcome in the Complaint Log and notify the complainant and all parties involved.

c. If the complaint is new and made directly to Central Office, the Assistant Secretary or designee will refer the complaint back to the RA to initiate steps 1,2 and 3 above. Only enter information in the Complaint Log if it is necessary for further action to be taken by Central Office or the Regional Administrator.

d. Once the new complaint is resolved, the person who originally received the complaint will document the outcome in the Complaint Log and notify the complainant and all parties involved.

D. Information entered in the Complaint Log must be:

1. Entered by the management staff receiving the complaint;
2. Once action is taken, the follow up to the complaint must be entered by the person who originally entered the complaint;
3. Complete and sufficient information for a reviewer to understand the results; and
4. Reviewed by the Office of Quality Assurance during its monitoring review cycle.

Appendix G: Participant Safeguards

Appendix G-1: Response to Critical Events or Incidents

a. Critical Event or Incident Reporting and Management Process. Indicate whether the State operates Critical Event or Incident Reporting and Management Process that enables the State to collect information on sentinel events occurring in the waiver program.*Select one:*

- (●) **Yes. The State operates a Critical Event or Incident Reporting and Management Process** *(complete Items b through e)*
- ( ) **No. This Appendix does not apply** *(do not complete Items b through e)*

If the State does not operate a Critical Event or Incident Reporting and Management Process, describe the process that the State uses to elicit information on the health and welfare of individuals served through the program.

b. State Critical Event or Incident Reporting Requirements. Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the State requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Several state laws require Department of Social and Health Services (DSHS) employees, volunteers, and contractors to report suspected abandonment, abuse, neglect, exploitation, and financial exploitation of children and vulnerable adults:

• Chapter 26.44 RCW mandates the reporting of any suspected abuse or neglect of a child to either DSHS or law enforcement.

• Chapter 74.34 RCW mandates an immediate report to DSHS of suspected abuse, neglect, abandonment, or financial exploitation of a vulnerable adult. When there is suspected sexual or physical assault of a vulnerable adult, it must be reported to DSHS and to law enforcement.

• RCW 70.124.030 mandates the reporting of suspected abuse or neglect of state hospital patients.

Chapter 74.34 RCW divides reporters into two types: mandated and permissive. Per RCW 74.34.020, "Mandated reporter" is an employee of the department; law enforcement officer; social worker; professional school personnel; individual provider; an employee of a facility; an operator of a facility; an employee of a social service, welfare, mental health, adult day health, adult day care, home health, home care, or hospice agency; county coroner or medical examiner; Christian Science practitioner; or health care provider subject to chapter 18.130 RCW (Regulation of health professions-Uniform disciplinary act).

Under state law, volunteers at a facility or program providing services to vulnerable adults fall into the permissive category. However, in order for contractors, volunteers, interns, and work study students to work in regional Field Services offices, Residential Habilitation Centers (RHC), and State Operated Living Alternatives (SOLA), they must agree to follow mandatory reporting requirements

The Developmental Disabilities Administration (DDA) requires all contracted residential providers to report a broader scope of serious and emergent incidents to the Administration per DDA Policy 6.12 (Residential Reporting Requirements). Serious and emergent incidents are reported to DDA via fax, telephone and e-mail.

More detail is provided below and is broken out by incidents concerning children, incidents concerning adults, and the incidents that must be reported and entered into DDA's Electronic Incident Reporting System.

Children

The State requires that "abuse" and "neglect" be reported for review and follow-up action by an appropriate authority.

Per RCW 26.44.020(1): "Abuse or neglect" means sexual abuse, sexual exploitation, or injury of a child by any person under circumstances which cause harm to the child's health, welfare, or safety, excluding conduct permitted under RCW 9A.16.100 (Use of force on children-Policy-Actions presumed unreasonable); or the negligent treatment or maltreatment of a child by a person responsible for or providing care to the child. An abused child is a child who has been subjected to child abuse or neglect as defined in this section.

Who must report instances of suspected child abuse and neglect and the timelines associated with reporting are contained in RCW 26.44.030 (Reports-Duty and authority to make-Duty of receiving agency....).

(1)(a) When any practitioner, county coroner or medical examiner, law enforcement officer, professional school personnel, registered or licensed nurse, social service counselor, psychologist, pharmacist, employee of the department of early learning, licensed or certified child care providers or their employees, employee of the department, juvenile probation officer, placement and liaison specialist, responsible living skills program staff, HOPE center staff, or state family and children's ombuds or any volunteer in the ombuds's office has reasonable cause to believe that a child has suffered abuse or neglect, he or she shall report such incident, or cause a report to be made, to the proper law enforcement agency or to the department as provided in RCW 26.44.040 (Reports-Oral, written-Contents).

(b) When any person, in his or her official supervisory capacity with a nonprofit or for-profit organization, has reasonable cause to believe that a child has suffered abuse or neglect caused by a person over whom he or she regularly exercises supervisory authority, he or she shall report such incident, or cause a report to be made, to the proper law enforcement agency, provided that the person alleged to have caused the abuse or neglect is employed by, contracted by, or volunteers with the organization and coaches, trains, educates, or counsels a child or children or regularly has unsupervised access to a child or children as part of the employment, contract, or voluntary service. No one shall be required to report under this section when he or she obtains the information solely as a result of a privileged communication as provided in RCW 5.60.060 (Witnesses-Competency-Who is disqualified-Privileged communications).

Nothing in this subsection (1)(b) shall limit a person's duty to report under (a) of this subsection.

(c) The reporting requirement also applies to department of corrections personnel who, in the course of their employment, observe offenders or the children with whom the offenders are in contact. If, as a result of observations or information received in the course of his or her employment, any department of corrections personnel has reasonable cause to believe that a child has suffered abuse or neglect, he or she shall report the incident, or cause a report to be made, to the proper law enforcement agency or to the department as provided in RCW 26.44.040.

(d) The reporting requirement shall also apply to any adult who has reasonable cause to believe that a child who resides with them, has suffered severe abuse, and is able or capable of making a report. For the purposes of this subsection, "severe abuse" means any of the following: Any single act of abuse that causes physical trauma of sufficient severity that, if left untreated, could cause death; any single act of sexual abuse that causes significant bleeding, deep bruising, or significant external or internal swelling; or more than one act of physical abuse, each of which causes bleeding, deep bruising, significant external or internal swelling, bone fracture, or unconsciousness.

(e) The reporting requirement also applies to guardians ad litem, including court-appointed special advocates, appointed under Titles 11, 13, and 26 RCW, who in the course of their representation of children in these actions have reasonable cause to believe a child has been abused or neglected.

(f) The reporting requirement in (a) of this subsection also applies to administrative and academic or athletic department employees, including student employees, of institutions of higher education, as defined in RCW 28B.10.016 (Colleges and universities generally-Definitions), and of private institutions of higher education.

(g) The report must be made at the first opportunity, but in no case longer than forty-eight hours after there is reasonable cause to believe that the child has suffered abuse or neglect. The report must include the identity of the accused if known.

(2) The reporting requirement of subsection (1) of this section does not apply to the discovery of abuse or neglect that occurred during childhood if it is discovered after the child has become an adult. However, if there is reasonable cause to believe other children are or may be at risk of abuse or neglect by the accused, the reporting requirement of subsection (1) of this section does apply.

(3) Any other person who has reasonable cause to believe that a child has suffered abuse or neglect may report such incident to the proper law enforcement agency or to the department of social and health services as provided in RCW 26.44.040.

(4) The department, upon receiving a report of an incident of alleged abuse or neglect pursuant to this chapter, involving a child who has died or has had physical injury or injuries inflicted upon him or her other than by accidental means or who has been subjected to alleged sexual abuse, shall report such incident to the proper law enforcement agency. In emergency cases, where the child's welfare is endangered, the department shall notify the proper law enforcement agency within twenty-four hours after a report is received by the department. In all other cases, the department shall notify the law enforcement agency within seventy-two hours after a report is received by the department. If the department makes an oral report, a written report must also be made to the proper law enforcement agency within five days thereafter.

(5) Any law enforcement agency receiving a report of an incident of alleged abuse or neglect pursuant to this chapter, involving a child who has died or has had physical injury or injuries inflicted upon him or her other than by accidental means, or who has been subjected to alleged sexual abuse, shall report such incident in writing as provided in RCW 26.44.040 to the proper county prosecutor or city attorney for appropriate action whenever the law enforcement agency's investigation reveals that a crime may have been committed. The law enforcement agency shall also notify the department of all reports received and the law enforcement agency's disposition of them. In emergency cases, where the child's welfare is endangered, the law enforcement agency shall notify the department within twenty-four hours. In all other cases, the law enforcement agency shall notify the department within seventy-two hours after a report is received by the law enforcement agency.

(6) Any county prosecutor or city attorney receiving a report under subsection (5) of this section shall notify the victim, any persons the victim requests, and the local office of the department, of the decision to charge or decline to charge a crime, within five days of making the decision.

Adults

The State requires the following types of critical events or incidents be immediately reported for review and follow-up action by an appropriate authority:

-Abandonment
-Abuse (including sexual, physical and mental)
-Exploitation
-Financial exploitation
-Neglect
-Self-neglect

Types of Abuse under RCW 74.34.020 (Abuse of vulnerable adults-Definitions)
1. Abandonment means action or inaction by a person or entity with a duty of care for a vulnerable adult that leaves

the vulnerable person without the means or ability to obtain necessary food, clothing, shelter, or health care.

2. Abuse means the willful action or inaction that inflicts injury, unreasonable confinement, intimidation, or punishment on a vulnerable adult. In instances of abuse of a vulnerable adult who is unable to express or demonstrate physical harm, pain, or mental anguish, the abuse is presumed to cause physical harm, pain, or mental anguish. Abuse includes sexual abuse, mental abuse, physical abuse, and personal exploitation of a vulnerable adult which have the following meanings:

(a) Sexual abuse means any form of nonconsensual sexual contact including, but not limited to, unwanted or inappropriate touching, rape, sodomy, sexual coercion, sexually explicit photographing, and sexual harassment. Sexual abuse also includes any sexual contact between a staff person, who is not also a resident or client, of a facility or a staff person of a program authorized under Chapter 71A.12 RCW, and a vulnerable adult living in that facility or receiving service from a program authorized under Chapter 71A.12 RCW, whether or not it is consensual.

(b) Physical abuse means the willful action of inflicting bodily injury or physical mistreatment. Physical abuse includes, but is not limited to: striking with or without an object, slapping, pinching, choking, kicking, shoving or prodding.

(c) Mental abuse means a willful verbal or nonverbal action that threatens, humiliates, harasses, coerces, intimidates, isolates, unreasonably confines, or punishes a vulnerable adult. Mental abuse may include ridiculing, yelling, or swearing.

(d) Personal exploitation means an act of forcing, compelling, or exerting undue influence over a vulnerable adult causing the vulnerable adult to act in a way that is inconsistent with relevant past behavior, or causing the vulnerable adult to perform services for the benefit of another.

(e) Improper use of restraint means the inappropriate use of chemical, physical, or mechanical restraints for convenience or discipline or in a manner that: (i)Is inconsistent with federal or state licensing or certification requirements for facilities, hospitals, or programs authorized under chapter 71A.12 RCW; (ii) is not medically authorized; or (iii) otherwise constitutes abuse under this section.

3. Financial exploitation means the illegal or improper use, control over, or withholding of the property, income, resources, or trust funds of the vulnerable adult by any person or entity for any person's or entity's profit or advantage other than for the vulnerable adult's profit or advantage. Financial exploitation includes, but it not limited to:
(a) The use of deception, intimidation, or undue influence by a person or entity in a position of trust or confidence with a vulnerable adult to obtain or use the property, income, resources, or trust funds of the vulnerable adult for the benefit of a person or entity other than the vulnerable adult;
(b) The breach of a fiduciary duty, including, but not limited to, the misuse of a power of attorney, trust, or a guardianship appointment, that results in the unauthorized appropriation, sale, or transfer of the property, income, resources, or trust funds of the vulnerable adult for the benefit of a person or entity other than the vulnerable adult; or
(c) Obtaining or using a vulnerable adult's property, income, resources, or trust funds without lawful authority, by a person or entity who knows or clearly should know that the vulnerable adult lacks the capacity to consent to the release or use of his or her property, income, resources, or trust funds.

4. Neglect means: (a) a pattern of conduct or inaction by a person or entity with a duty of care that fails to provide the goods and services that maintain physical or mental health of a vulnerable adult, or that fails to avoid or prevent physical or mental harm or pain to a vulnerable adult; or (b) an act or omission by a person or entity with a duty of care that demonstrates a serious disregard of consequences of such a magnitude as to constitute a clear and present danger to the vulnerable adult's health, welfare, or safety, including but not limited to conduct prohibited under RCW 9A.42.100.

5. Self-neglect means the failure of a vulnerable adult, not living in a facility, to provide for himself or herself the goods and services necessary for the vulnerable adult's physical or mental health, and the absence of which impairs or threatens the vulnerable adult's well-being. This definition may include a vulnerable adult who is receiving services through home health, hospice, or a home care agency, or an individual provider when the neglect is not a result of inaction by that agency or individual provider.

Referrals are received in any format used by the referent including email, phone calls, or postal mail and the referrals are then routed to the appropriate investigative body. Referrals for abuse, neglect, exploitation, or abandonment can be made directly to APS or the CRU through the use of the Regional APS intake line or the RCS Complaint Resolution Unit (CRU) toll-free number. The State also provides an End Harm hotline where any type of referral can be made and the referral is routed to the appropriate investigative entity.

Intake reports are first screened for the need for emergency response and the appropriate emergency responder is notified if indicated. Reports are then evaluated for jurisdiction for either Adult Protective Services or Complaint Resolution Unit, whether the intake will result in a full investigation and if so the time frames for the investigation. Reports are then prioritized and assigned for investigation as described in G 1-d.

Required reporting of allegations involving waiver participants: What, when and to whom:

RCW 74.34.035 Reports (excerpt):

(1) When there is reasonable cause to believe that abandonment, abuse, financial exploitation, or neglect of a vulnerable adult has occurred, mandated reporters shall immediately report to the department.

(2) When there is reason to suspect that sexual assault has occurred, mandated reporters shall immediately report to the appropriate law enforcement agency and to the department.

(3) When there is reason to suspect that physical assault has occurred or there is reasonable cause to believe that an act has caused fear of imminent harm:

(a) Mandated reporters shall immediately report to the department; and

(b) Mandated reporters shall immediately report to the appropriate law enforcement agency, except as provided in subsection (4) of this section.

(4) A mandated reporter is not required to report to a law enforcement agency, unless requested by the injured vulnerable adult or his or her legal representative or family member, an incident of physical assault between vulnerable adults that causes minor bodily injury and does not require more than basic first aid, unless:

(a) The injury appears on the back, face, head, neck, chest, breasts, groin, inner thigh, buttock, genital, or anal area;

(b) There is a fracture;

(c) There is a pattern of physical assault between the same vulnerable adults or involving the same vulnerable adults; or

(d) There is an attempt to choke a vulnerable adult.

DDA Electronic Incident Reporting System.

Per DDA Policy 12.01 (Incident Management and Reporting for DDA Employees), DDA staff are required to input Serious and Emergent incidents into an Electronic Incident Reporting System. Policy 12.01 applies to all DDA employees, including State Operated Living Alternatives (SOLA) programs, Residential Habilitation Centers (RHC), Community Crisis Stabilization Services (CCSS) and all DDA volunteers, interns, and work study students.

DDA Policy 12.01 describes the process the Developmental Disabilities Administration (DDA) will use to protect, to the extent possible, the health, safety, and well-being of Administration clients, and to ensure that abandonment, abuse, exploitation, financial exploitation, neglect and self-neglect is reported, investigated, and resolved; and to ensure that procedures are in place to prevent abuse.

Incident types reported and tracked by DDA per Policy 12.01 include:

- * Abuse
- * Neglect
- * Exploitation

- * Abandonment
- * Death
- * Medication Errors
- * Emergency Use of Restrictive Procedures
- * Serious Injuries
- * Criminal Activity
- * Hospitalizations
- * Missing clients
- * Mental Health Crisis
- * Serious Property Destruction

Timelines established by DDA Policy 12.01 are:

A. One Hour Protocol Incidents
Place a phone call to DDA Central Office within one (1) hour followed by an Electronic IR within one (1) working day of the DDA administrative unit becoming aware of any of the following:
1. Know media interest or litigation (also report to the RA/Superintendent or their designee);
2. Death of any client at an RHC, SOLA or CCSS;
3. Suspicious death of a client (i.e. suspicious or unusual, likely to result in investigation by law enforcement, APS, CPS, or RCS). For all deaths, refer to section B.9 below;
4. Natural disaster or conditions threatening the operations of the program or facility;
5. Alleged sexual abuse of a client by a DSHS employee, volunteer, licensee, or contractor:
Sexual abuse means any form of nonconsensual sexual contact including, but not limited to, unwanted or inappropriate touching, rape, sodomy, sexual coercion, sexually explicit photographing, and sexual harassment. Sexual abuse includes any sexual conduct between a staff person, who is not also a resident or client, of a facility or a staff person of a program under Chapter 71A.12 RCW, and a vulnerable adult living in that facility or receiving services from a program authorized under Chapter 71A.12 RCW, whether or not it is consensual.
6. Clients missing from the CCSS, SOLA program or a RHC in all cases where a missing person report is being filed with law enforcement. For all other missing clients, see One Day Protocol incidents below;
7. Client injuries resulting from abuse/neglect or of unknown origin requiring hospital admission; and
8. Client arrested with charges or pending charges for a violent crime as defined in RCW 9.94A.030.

B. One Day Protocol Incidents
Submit a report through the IR System within one (1) working day of the DDA administrative unit becoming aware of any of the following:
1. Alleged or suspected abuse, improper use of restraint, neglect, self-neglect, personal or financial exploitation, and/or abandonment of a client by a DSHS employee, volunteer, licensee or contractor pursuant to Chapter 74.34 RCW.
2. A client injury of unknown source when the injury raises suspicions of possible abuse or neglect because of: a) the extent of the injury; b) the location of the injury (e.g. the injury is located in an area not generally vulnerable to trauma); c) The number of injuries observed at one particular point in time; or d) repeated incidents of unknown injuries over time; e) the client's condition.
3. Known criminal activity perpetrated by a DSHS employee, volunteer, licensee or contractor that may impact the person's ability to perform the duties required of their position.
4. Criminal activity by a client that results in a case number being assigned by law enforcement.
5. Alleged sexual abuse of a client (if not reported under Section A.5 above).
6. Injuries resulting from alleged or suspected client-to-client abuse that requires medical treatment beyond first aid. This means medical care that must be administered by a medical professional (e.g. fractures, sutures, staples, intravenous fluids, diagnostic testing such as x-rays).
7. Injuries of a know cause other than abuse/neglect that result in hospital admission.
8. Missing Person: a client is considered missing under the following conditions: a) if the client receives forty or more (40+) hours of service per month and the client misses a scheduled appointment and cannot be contacted for two (2) hours, unless the client's service plan indicates a different time period; or b) the client receives 24/7 supervision and support and the client is out of contact with staff for more than two (2) hours without prior arrangement (unless the client's service plan indicates a different time period; and c) when law enforcement is contacted about a client and/or law enforcement independently finds and returns a client, regardless of the length of time the client was missing.
9. Death of a client (not reported under One Hour Protocol).
10. Inpatient admission to state or local psychiatric hospitals.

11. Alleged or suspected abuse, abandonment, neglect, exploitation or financial exploitation by other non-client/non-staff screened in by APS or CPS for investigation.
12. Criminal activity against clients by others resulting in a case number being assigned by law enforcement.
13. Restrictive procedures implemented under emergency guidelines described in DDA Policy 5.15 Use of Restrictive Procedures, DDA Policy 5.17 Physical Intervention Techniques, DDA Policy 5.20 Restrictive Procedures and Physical Interventions with Children and Youth. Restrictive interventions described in an approved Positive Behavior Support Plan (PBSP) are not considered emergency applications.

c. Participant Training and Education. Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

The Developmental Disabilities Administration (DDA) works with the Aging and Long-Term Support Administration (ALTSA), Children's Administration (CA), and the DSHS Communications Division on education efforts for clients, families and providers associated with DSHS. Washington State has designated November as Vulnerable Adult Awareness Month.

DSHS also started an End Harm”campaign a number of years ago. DDA participates in this campaign which is aimed at shedding light on abuse and educating the general public as well as DSHS staff and consumers. A statewide number (1-866-EndHarm) was implemented several years ago. Anyone can call this number to report any type of abuse or neglect against a vulnerable person 24 hours per day and 7 days per week. The End Harm toll free number is promoted via news releases, the internet, DDA's Assistant Secretary's Corner and ALTSA publications. Participants receive information at least annually during their annual assessment about how to report any type of abuse or neglect of a vulnerable adult or child. The End Harm number is identified on the Meeting Wrap up form that is reviewed at the end of each annual assessment.

All providers receive mandatory reporter training. In addition, residential programs post contact information to report abuse and neglect in the participant's home.

Every DDA CRM/Social Service Specialist receives mandatory reporter/incident management training as a component of DDA Core Training.

d. Responsibility for Review of and Response to Critical Events or Incidents. Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

Investigations of abuse, neglect, and exploitation of adults are conducted by two investigative bodies: Residential Care Services (RCS) and Adult Protective Services (APS). Investigations regarding children are conducted by Child Protective Services (CPS).

Residential Care Services: Under state authority, Residential Care Services (RCS) is the designated DSHS authority to investigate incidents of abuse (physical, mental, sexual and exploitation of person), abandonment, neglect, self-neglect and financial exploitation in residential programs.

RCS reviews provider systems to see if a failed practice contributed to any finding of abuse, neglect, abandonment, self-neglect, and financial exploitation. If failed provider practice is identified, RCS will issue a citation to the provider under the appropriate section of Certified Community Residential Services and Supports WAC 388-101, Adult Family Home WAC 388-76 and Assisted Living Facility Licensing Rules 388-78A. The provider must submit and implement a corrective action plan, which is subject to on-site verification by RCS.

RCS documents their conclusion of their investigations in TIVA (Tracking Incidents for Vulnerable Adults). RCS sends the Statement of Deficiencies to providers within 10 days and will document their conclusion of their investigations in TIVA within 15 days of the last day of data collection. For each allegation, the RCS investigators complete data entry into the RCS complaint investigation tracking systems and are required to record a data-qualifier in relation to the decision of the substantiated or unsubstantiated finding.

Those qualifiers are as follows for substantiated investigations:
• * Federal deficiencies related to the allegation are cited

- * State deficiencies related to the allegation are cited
- * No deficiencies related to the allegation are cited, or
- * Referral to appropriate agency

For “unsubstantiated” investigations, the following qualifiers are used:
- * Allegation did not occur
- * Lack of sufficient evidence
- * Referral to appropriate agency

When a provider practice investigation is completed, RCS determines whether:
- * The allegations are substantiated or unsubstantiated;
- * The facility or provider failed to meet any of the regulatory requirements; and,
- * The provider practice or procedure that contributed to the complaint has been changed to achieve and/or maintain compliance.

RCS utilizes a centralized statewide intake unit for the purpose of receiving reports of alleged abuse, neglect and financial exploitation for all licensed and certified Long Term Care residential providers. Referrals from the DDA incident reporting system, reports from the public and reports from mandated reporters are received and processed through this unit. RCS Field investigators receive prioritized referrals from the centralized intake unit and respond by conducting on-site investigations

RCS is centrally located in Olympia. RCS investigates licensed or certified residential providers. RCS prioritizes reports for investigation based upon on the severity and immediacy of actual or potential harm. Complaint investigation response times are 2 days, 10 days, 20 days, 45 days, or 90 days and Quality Reviews. All of these categories require an on-site investigation, except for the Quality Review category. Any situation that involves imminent danger is reported to law enforcement immediately. Any report received from a public caller is assigned an on-site investigative response time.

Adult Protective Services: Under state authority, Adult Protective Services (APS) receives reports and conducts investigations of alleged abuse (physical, mental, sexual and exploitation of person), abandonment, neglect, self-neglect and financial exploitation in order to determine whether the alleged abuse, etc. occurred and if so who was/were the perpetrator(s).

APS is located in Olympia and APS investigators are located in regional offices throughout the state. Investigations are prioritized based on the severity and immediacy of actual or potential harm. Emergent issues are referred to 911. The APS investigator meets face to face with the alleged victim within 24 hours for all reports categorized as “high; within five working days for a “medium” priority report; and within ten working days for a “low” priority report. A shorter response time may be assigned on a case by case basis.

APS investigations are completed within 90 days of assignment unless necessary investigation or protective services activity continues. If a case remains in "investigating" or "investigation pending" status 90 days after intake, APS supervisors review the case at least every 30 days thereafter for the duration of the case.

The participant or the participant's representative is informed of the results of the investigation. For unsubstantiated results the participant/representative receives verbal notification at the end of the investigation. For substantiated results, the participant receives verbal notification (written when requested) at two stages throughout the investigation; (1) when a determination by the investigator to recommend that the allegation be substantiated and (2) when this determination has been reviewed by the regional reviewing authority.

Child Protective Services: Under state authority, Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

The primary purpose of the CPS program is to assess risk of child maltreatment rather than to substantiate specific allegations of child abuse and neglect. Any referral received from a commissioned law enforcement officer stating a parent has been arrested for Criminal Mistreatment in the fourth degree under RCW 9A.42 is screened in and assigned for investigation.

When someone reports that a child may be abused or neglected, CPS is required by law to investigate. A report of

suspected child abuse or neglect could be made to CPS or the police. Even though CPS staff and the police work together, they make separate investigations. CPS conducts family assessments, and the police conduct criminal investigations.

Upon receipt of a report concerning the possible occurrence of abuse and/or neglect, CPS begins a risk assessment. The risk assessment begins with a review of the information with the reporter to determine if there is sufficient information to locate the child; identify the perpetrator as a parent or caretaker; and determine whether the allegation is a situation of child abuse or neglect or there is a risk of harm to the child. Referrals which are determined to contain sufficient information may be assigned for investigation or other community response.

CPS workers must complete the intake process with referral information recorded in the FamLink within:

a. 4 hours from the date and time CA receives the following referrals:
   1. Emergent CPS or DLR (Division of Licensed Resources)/CPS
   2. Family Reconciliation Services (FRS)
b. 4 business hours (business hours are 8:00 a.m. to 5:00 p.m., Monday through Friday) from the date and time CA receives Non-Emergent CPS or DLR/CPS referrals.
c. 2 business days from the date and time CA receives the following referrals:
   1. Information Only
   2. CPS - Alternate Intervention
   3. Third Party
   4. Child Welfare Services (CWS)
   5. Licensing Complaint
   6. Home Study

If additional victims identified during the course of an investigation are determined:

a. To be at risk of imminent harm, a social worker will have face to face contact within 24 hours from the date and time they are identified.
b. NOT to be at risk of imminent harm, a social worker will have face to face contact within 72 hours of the date and time they are identified.

The assigned social worker must:

a. Contact the referrer if the intake information is insufficient or unclear and may provide information about the outcome of the case to mandated referrers.
b. Conduct a face-to-face investigative interview with child victims within 10 calendar days from date of referral.

CPS is a continuum of protection consisting of different but complementary functions. Intervention designed to protect children from abuse and neglect must include permanency planning goals from the onset of the case and must be updated at 90-day intervals.

When it appears that a child is in danger of being harmed, or has already been seriously abused or neglected, a police officer can place the child in protective custody. Custody of the child is then transferred to CPS, which places the child with a relative or in foster care. By law, a child can be kept in protective custody for no more than 72 hours, excluding weekends and legal holidays. If the child is not returned to the parents or some other voluntary arrangement made within 72 hours, the matter must be reviewed by a court.

In very serious cases of abuse and neglect, a child can be removed permanently from the parents (i.e., termination of parental rights). When this happens the child becomes legally free through a court procedure. The parent no longer has any rights or responsibilities toward the child. If a parent voluntarily gives up a child for adoption, this is called relinquishing parental rights.

Child Welfare Services (CWS) within the CA provides services to children and families with long-standing abuse and neglect problems. Typically these children have been removed from the family home and are in the foster care

system. The focus of CWS is to achieve a permanent plan and placement for these children as soon as possible.

CPS seeks to complete investigations within 45 days, but it may take up to 90 days if law enforcement is involved. Outcome notices are sent to relevant parties upon investigation completion.

CPS, RCS and APS are using the FamLink and TIVA systems to document investigation activites including intake of complaints and outcome reports. There is an electronic connection between FamLink/TIVA and the CARE system to notify case managers of a) complaints that are referred for investigations and b) investigation outcomes. This is an electronic notification that is identified in the client's CARE record.

The Aging and Long-Term Support Administration receives nightly data feeds from the new TIVA (Tracking Incidents for Vulnerable Adults) system that are used in this ALTSA/DDA reporting system. TIVA information is reviewed to determine if client information matches DDA waiver clients who are identified in CARE. DDA uses this reporting system to address specific programmatic and provider issues from the outcomes of the waiver clients who were involved in investigations by Residential Care Services (RCS), Adult Protective Services (APS) and/or Child Protection Services (CPS) for whom a report of abuse, neglect, abandonment, or financial exploitation was substantiated. The data are broken out by type of incident and provider type.

e. **Responsibility for Oversight of Critical Incidents and Events.** Identify the State agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

Under state authority, Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

When someone reports that a child may be abused or neglected, CPS is required by law to investigate. A report of suspected child abuse or neglect could be made to CPS or the police. Even though CPS staff and the police work together, they make separate investigations. CPS conducts family assessments, and the police conduct criminal investigations.

Residential Care Services is responsible for overseeing the certification of all certified residential programs. Mandatory reporting, and mandatory reporter training are among the standards they evaluate per Washington Administrative Code. Certification occur a minimum of every two years, but the certification length can be reduced depending on the regulatory concerns.

RCS Field Managers (supervisors) review prioritized complaints assigned from the centralized intake unit. As needed, supervisors work directly with investigative staff in developing investigative plans and may assist investigators with coordination activities.

The RCS Assistant Director and the Quality Assurance (QA) Administrator receive copies of serious and immediate complaint intakes at the same time that the initial referrals are sent from CRU to the field. Both of these individuals monitor the progress of investigative response to these incidents.

RCS Field Managers review the results of all investigated complaints; ensure that investigation activities were thorough and complete and that no follow-up activities are required. Field Managers also make recommendations to HQ and assist with coordination of enforcement activities.

RCS provider practice substantiation rates are monitored by DDA through data pulled from the TIVA (Tracking Incidents for Vulnerable Adults) system. Intakes and investigations can be reviewed by program, by type, and by facility. Trends and patterns are identified and analyzed to determine if substantiated areas of non-compliance negatively impacted waiver clients living in the licensed or certified setting. Analyses include a review of the general scope and severity of the non-compliance, and whether or not RCS enforcement processes resulted.

RCS and the Aging and Long-Term Support Administration are using the TIVA system to document investigation activities including intake of complaints and outcome reports. There is an electronic connection between the TIVA and the CARE system to notify case managers of a) complaints that are referred for investigations and b) investigation outcomes. This is an electronic notification that is identified in the client's CARE record. Data from the TIVA system is used to develop statewide training for case resource managers and the community on adult

protective services and how to recognize and prevent instances or reoccurrences of abuse, neglect, and financial exploitation.

DDA requires serious and emergent incidents to be entered into a statewide electronic incident reporting system per DDA Policy. Incidents are entered into the system by DDA CRMs and Social Service Specialists with notification sent to appropriate staff.

Adult Protective Services (APS) is a state wide program within the operating agency. The intakes, investigations and protective services performed by APS are continuously monitored at both the state and the regional levels. For example:

-Regional supervisors and program managers conduct on-going quality assurance audits of APS case records.

-The APS program has implemented a statewide QA monitoring process that includes record reviews and a formal in-person skills evaluation conducted by a supervisor during an actual APS investigation.

-Several reports based on data pulled from the statewide APS data base are routinely generated and evaluated at least annually by program managers and upper management at the state office.

-The regions use a report system tool that enables them to create customized reports pulled from the statewide data base to track, monitor and evaluate implementation of APS in their region.

-Data is used to develop statewide training for case resource managers and the community on APS and how to recognize
and prevent instances or re-occurrences of abuse, neglect and exploitation.

DDA Regional Quality Assurance staff in all three regions provides ongoing monitoring of the Incident Reporting system. The Central Office Incident Management Program Manager is responsible for the monitoring and oversight of all significant incidents. A Central Office Incident Report team meets monthly to review aggregate data, trends and patterns and staff incidents of particular concern.

Aggregate data analyzed by DDA Central Office is also sent out to the regions for follow up. Regional analysis is tracked and discussed at the Regional Quarterly Quality Assurance Meeting. Best practices and significant issues are presented to the Full Management Team four times per year.

Information and findings are communicated to the Medicaid agency at least quarterly via the HCA Medicaid Agency Waiver Management Committee.

Appendix G: Participant Safeguards

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (1 of 3)

a. Use of Restraints. *(Select one)*: *(For waiver actions submitted before March 2014, responses in Appendix G-2-a will display information for both restraints and seclusion. For most waiver actions submitted after March 2014, responses regarding seclusion appear in Appendix G-2-c.)*

○ **The State does not permit or prohibits the use of restraints**

Specify the State agency (or agencies) responsible for detecting the unauthorized use of restraints and how this oversight is conducted and its frequency:

◉ **The use of restraints is permitted during the course of the delivery of waiver services**. Complete Items G-2-a-i and G-2-a-ii.

i. Safeguards Concerning the Use of Restraints. Specify the safeguards that the State has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical

restraints). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Introduction:

The following information is applicable to paid providers and licensed/certified settings that are available to waiver participants for respite care, to in-home Positive Behavior Support and Consultation providers and to all residential service providers. DDA safeguards concerning the use of each type of restraint do not apply to family members (e.g., parents, siblings, relatives) unless they are paid providers of the Department of Social and Health Services.

Protections against the inappropriate use of restraints and restrictive procedures are contained in state law and rules concerning abuse and neglect (i.e., as described in Appendix G-1).

The Positive Behavior Support Plan:

The basic tool used by the DDA to address challenging behaviors is the Positive Behavior Support Plan (PBSP). PBSPs are in addition to the individualized person-centered service plan.

A PBSP consists of the following sections:
a. Prevention Strategies;
b. Teaching/Training Supports;
c. Strategies for Responding to Challenging Behaviors; and
d. Data Collection and Monitoring.

PBSPs are specifically required when:

1. The use of certain restrictive interventions is planned or used. DDA Policies 5.15 Use of Restrictive Procedures, 5.19 Positive Behavior Support for Children and Youth, and 5.20 Restrictive Procedures and Physical Interventions with Children and Youth provide more information regarding PBSPs.
2. An indiviudal is taking psychoactive medications to reduce challenging behavior or treat a mental illness. DDA Policy 5.16 Use of Psychoactive Medications provides more information.
3. Certain restrictive physical interventions are planned or used. DDA Policies 5.17 Physical Intervention Techniques and 5.20 contain more information.
.
When challenging behaviors are identified, a written Functional Assessment and PBSP must be completed within ninety (90) days. All PBSPs must be agreed to by the individual or legally responsible individual.

Conditions under which a restraint may be applied:

Physical restraints, mechanical devices used as a restraint and chemical restraints may be used solely to treat a participant's behavior that poses a safety or health risk. Per DDA policy, restraints may not be used for the purposes of discipline or convenience.

The use of mechanical or physical restraints during medical and dental treatment is acceptable if under the direction of a physician or dentist and consistent with standard medical/dental practices. DDA Policy 5.17 provides additional detail.

Identification of a specific and individualized assessed need:

If a restraint is to be used to treat challenging behavior, it must be supported by a functional assessment as described in DDA Policy 5.14 Positive Behavior Support, Attachment A Recommended Guidelines for Developing Functional Assessments and Positive Behavior Support Plans. All Functional Assessments must contain four major sections:

Description and Pertinent History;
Definition of Challenging Behavior(s);
Data Analysis/Assessment Procedures; and

Summary Statements.

Based on the Functional Assessment, a written Positive Behavior Support Plan is implemented to reduce or eliminate the indiviudal's need to engage in the challenging behavior(s).

Informed Consent:

The use of restraints is voluntary and the participant or representative must give informed consent, which is documented in the individual's PCSP and PBSP. The participant or representative is always included in the development of the person centered service plan, as well as a PBSP. The participant or representative is made aware of the risks and the right to refuse the restraint. The participant or legal guardian has the right to refuse any service (including the use of restraints) or medication at any time.

Positive interventions, supports and less intrusive methods must be employed prior to the use of restraints:

Prior to the use of restraints, alternative strategies must be tried. The person centered service plan contains positive and less intrusive interventions that must be employed for any identified behavior. The participant's negotiated care plan includes strategies, therapeutic interventions, and required staff behavior to address the symptoms for which the restraint is prescribed. The plan addresses a participant's special needs and responses to a participant's refusal of care and the need to reduce tension, agitation or anxiety. The provider must document in the negotiated care plan other strategies or modifications used to avoid restraints.

When a waiver participant receives psychoactive medication, non-pharmaceutical supports used to assist in the treatment of the individual's symptoms or behaviors must be documented in the individual's Positive Behavior Support Plan.

Participants must have an assessed need proportionate to the use of restraints:

The need for a restraint must be assessed by a specialist in challenging behaviors. This information must then be incorporated into the participant's PCSP, the Functional Assessment that details the challenging behaviors and their precursors, and the PBSP. The conditions under which a restraint may be used must be documented in the participant's PCSP and PBSP. Documentation must reflect the symptom related to behavior for which a restraint is being used, when a restraint may be used, and how the restraint should be used.

The use of chemical restraints is governed by DDA Policies 5.15 and 5.16. If the waiver participant appears to be displaying symptoms of mental illness and/or persistent challenging behavior, any physical, medical, or dental conditions that may be causing or contributing to the behavior must first be considered.

If no physical or other medical condition is identified, then a psychiatric assessment is conducted. After the assessment, if the treatment professional recommends psychoactive medication, the prescribing professional or agency staff documents this in a Psychoactive Medication Treatment Plan (PMTP). The plan must include the following:

a. A description of the behaviors, symptoms or conditions for which the medication is prescribed;
b. The name, dosage, and frequency of the medication;
c. The length of time considered sufficient to determine if the medication is effective;
d. The behavioral criteria to determine whether the medication is effective; and
e. The anticipated schedule of visits with the prescribing professional.

Collection and review of data to measure the ongoing effectiveness of the restraint:

Per DDA Policy 5.14, the PBSP must:
• Operationally define the goals of the PBSP in terms of specific, observable behaviors.
• Indicate what data is needed to evaluate success (e.g., frequency, intensity and duration of target behaviors).

• Provide instructions to staff or caregivers on how to collect this data (e.g., forms, procedures) i.e., frequency, intensity and duration.
• List who will monitor outcomes, need for revisions, and evaluate success and process for monitoring.
• Recommend displaying data in a graph over time for easy analysis.

Per DDA Policies 5.15 and 5.20, the program staff responsible for PBSPs must review the plan at least every thirty (30) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the PBSP must be reviewed and revisions implemented as needed.

Per DDA Policy 5.16, with respect to psychoactive medication the prescribing professional should see the individual at least every three (3) months. The continued need for the medication and possible reduction in medication is assessed at least annually by the prescribing professional.

Periodic review of restraint usage:

The PCSP and PBSP must be reviewed at least annually (and in the case of positive behavior support and consultation provider to children and youth in the family home, providers must submit quarterly progress reports) and updated at any time the use of a restraint (including psychoactive medication) becomes ineffective, is no longer needed or becomes unsafe.

When challenging behaviors are identified, a written Functional Assessment and PBSP must be completed within ninety (90) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the FA and the PBSP must be reviewed and revisions implemented as needed.

Restraints may not cause harm:

The use of restraints must be deemed safe and appropriate per DDA policies concerning the use of restraints and restrictive procedures. The waiver participant or representative is informed of any risks and may choose to decline the use of restraints at any time.

Education and training requirements for providers involved in the use of restraints:

All staff using physical interventions must have prior training in the use of such techniques according to the facility or agency's policy and procedures. Staff must also receive training in crisis prevention techniques and positive behavior support. Staff receiving physical intervention techniques training must complete the course of instruction and demonstrate competency before being authorized to use the techniques with waiver participants. All residential service providers must have documentation of prior training in the use of physical intervention techniques.

A review of de-escalation techniques and physical intervention techniques with all service providers and members of a child/youth’s support team must occur annually before continuing to be used with the child/youth.

Regarding the use of psychoactive medications, staff and family members are informed of the anticipated impact of the medication and its potential side effects. Staff and/or family members monitor the waiver participant to determine if the medication is being effective and communicate when it is not effective to the prescribing professional.

References:
- DDA Policy 5.11: Restraints
- DDA Policy 5.14: Positive Behavior Support
- DDA Policy 5.15: Use of Restrictive Procedures
- DDA Policy 5.16: Use of Psychoactive Medications
- DDA Policy 5.17: Physical Intervention Techniques
- DDA Policy 5.19: Positive Behavior Support for Children and Youth
- DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth

ii. State Oversight Responsibility. Specify the State agency (or agencies) responsible for overseeing the use of restraints and ensuring that State safeguards concerning their use are followed and how such oversight is conducted and its frequency:

The Department of Social and Health Services (DSHS) through the Aging and Long-Term Support Administration (ALTSA) and through Child Protective Services (CPS) is responsible for investigating the unauthorized use of restraints.

Under state authority RCW 74.34, the ALTSA receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for clients enrolled with the Developmental Disabilities Administration. ALTSA Adult Protective Services (APS) investigates the perpetrators of abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, supported living programs and adults residing in their own homes.

Under state authority contained in Chapter 26.44 RCW, CPS within the Children's Administration (CA) of DSHS is responsible for receiving and investigating reports of suspected child abuse and neglect.

DDA monitors the use of unauthorized restraints and takes corrective action through:

* Reports received in the DDA Incident Reporting system,
- * Reports submitted to APS,
- * Reports submitted to RCS,
- * Reports submitted to CPS,
- * The face to face DDA Assessment process conducted yearly and at times of significant change,
- * The DDA grievance process, and
- * DDA Quality Assurance activities that include face to face interviews of clients and review of complaints.

RCS and APS are using the TIVA system to document investigation activities including a) intake of complaints and b) outcome reports. There is an electronic connection between the FamLink and the CARE system to notify case resource managers of a) complaints concerning treatment of children that are referred for investigations and b) investigation outcomes. This is an electronic notification that is included in the client's CARE record.

DDA Policies 5.14, 5.15, 5.16, 5.17, 5.19 and 5.20 (see G-2.b.i) specify the requirements for the use and documentation of any type of restraint (mechanical or pharmacological). Only the least restrictive intervention needed to adequately protect the individual, others, or property may be used, and must be terminated as soon as the need for protection is over. Approved restraint use must be fully documented and reviewed at least monthly by the residential provider and at least quarterly by the waiver participant's interdisciplinary team. Any emergency use of a restraint requires an incident report to DDA headquarters where it is reviewed by the Incident Management Program Manager.

RCS has contracted evaluators who evaluate the residential agencies/programs at least once every two years. Their review always includes any use of restraints, restrictive procedures, or use of psychoactive medications.

Quality Compliance Coordinator (QCC) staff yearly review the positive behavior support plans (PBSPs) of a sample of all waiver participants. One focus is on instances in which the PBSP includes a restraint that requires approval through an exception to rule (ETR). When the QCC team identifies PBSPs requiring an ETR that did not have an ETR, the QCC team verifies that individual corrective action was completed within 90 days and reports to DDA management on any systems issues.

References:
-Chapter 26.44 RCW: Abuse of Children
-Chapter 74.34 RCW: Abuse of Vulnerable Adults
-DDA Policy 5.14: Positive Behavior Support
-DDA Policy 5.15: Use of Restrictive Procedures
-DDA Policy 5.16: Use of Psychoactive Medications
-DDA Policy 5.17: Physical Intervention Techniques

-DDA Policy 5.19: Positive Behavior Support for Children and Youth
-DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth

Appendix G: Participant Safeguards

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (2 of 3)

b. Use of Restrictive Interventions. *(Select one)*:

○ **The State does not permit or prohibits the use of restrictive interventions**

Specify the State agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and how this oversight is conducted and its frequency:

◉ **The use of restrictive interventions is permitted during the course of the delivery of waiver services**
Complete Items G-2-b-i and G-2-b-ii.

i. Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the State has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

Introduction:

The following information is applicable to paid providers and licensed/certified settings that are available to waiver participants for respite care, as well as to providers of in-home Positive Behavior Support and Consultation. DDA safeguards concerning the use of restrictive interventions do not apply to family members (e.g., parents, siblings, relatives) unless they are paid providers of the Department of Social and Health Services.

Protections against the inappropriate use of restraints and restrictive interventions are contained in state law and rules concerning abuse and neglect (i.e., as described in Appendix G-1).

The Positive Behavior Support Plan:

The basic tool used by the DDA to address challenging behaviors is the Positive Behavior Support Plan (PBSP). PBSP's are in addition to the individualized person-centered service plan.

A written PBSP must have the following sections:
a. Prevention Strategies;
b. Teaching/Training Supports;
c. Strategies for Responding to Challenging Behaviors; and
d. Data Collection and Monitoring.

PBSPs are specifically required when:

1. The use of certain restrictive interventions is planned or used. DDA Policy 5.15, Use of Restrictive Procedures, DDA Policy 5.19, Positive Behavior Support for Children & Youth, and DDA Policy 5.20, Restrictive Procedures and Physical Interventions with Children and Youth, provide more information and requirements regarding PBSPs.
3. Certain restrictive physical interventions are planned or used. DDA Policy 5.17, Physical Intervention Techniques, and DDA Policy 5.20, Restrictive Procedures and Physical Interventions with Children and Youth, contain more information and related requirements.
.
When challenging behaviors are identified, a written Functional Assessment and PBSP must be

completed within ninety (90) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the FA and the PBSP must be reviewed and revisions implemented as needed.

All PBSPs must be agreed to by the individual or legally responsible individual.

Conditions under which a restrictive intervention may be applied:

As listed in DDA Policy 5.15, Use of Restrictive Procedures, the following are not permitted under any circumstances:

a. Corporal/physical punishment;
b. The application of any electric shock or stimulus to a client's body;
c. Forced compliance, including exercise, when it is not for protection;
d. Locking a client alone in a room;
e. Overcorrection;
f. Physical or mechanical restraint in a prone position (i.e., the individual is lying on their stomach);
g. Physical restraint in a supine position (i.e., the individual is lying on their back);
h. Removing, withholding, or taking away money, tokens, points, or activities that a client has previously earned;
i. Requiring an individual to re-earn money or items purchased previously; and
j. Withholding or modifying food as a consequence for behavior (e.g., withholding dessert because the client was aggressive).

Per DDA Policy 5.15, restrictive interventions may only be used for the purpose of protection, and may not be used for the purpose of changing behavior in situations where no need for protection is present. The participant or legal guardian has the right to refuse any service (including the use of restrictive interventions) at any time.

Identification of a specific and individualized assessed need:

If a restraint is to be used to treat challenging behavior, it must be supported by a functional assessment as described in DDA Policy 5.14 (Positive Behavior Support), Attachment A (Recommended Guidelines for Developing Functional Assessments and Positive Behavior Support Plans). All Functional Assessments must contain four major sections:

Description and Pertinent History;
Definition of Challenging Behavior(s);
Data Analysis/Assessment Procedures; and
Summary Statements.

Based on the Functional Assessment, a written Positive Behavior Support Plan is implemented to reduce or eliminate the client's need to engage in the challenging behavior(s).

Informed Consent:

The use of restrictive interventions is voluntary and the participant or representative must give informed consent, which is documented in the individual's PCSP and PBSP. The participant or representative is always included in the development of the person-centered service plan, as well as a PBSP. The participant or representative is made aware of the risks and the right to refuse the restrictive intervention. The participant or legal guardian has the right to refuse any service (including the use of restrictive interventions) or medication at any time.

Positive interventions, supports and less intrusive methods must be employed prior to the use of restrictive interventions:

Prior to the use of restrict interventions, alternative strategies must be tried. The person-centered service plan contains positive and less intrusive interventions that must be employed for any identified behavior. The participant's negotiated care plan includes strategies, therapeutic interventions, and

required staff behavior to address the symptoms for which the restrictive intervention is prescribed. The plan addresses a participant's special needs and responses to a participant's refusal of care and the need to reduce tension, agitation or anxiety. The provider must document in the negotiated care plan other strategies or modifications used to avoid restrictive interventions.

Participants must have an assessed need proportionate to the use of restrictive interventions:

The need for a restrictive intervention must be assessed by a specialist in challenging behaviors. This information must then be incorporated into the participant's PCSP, the Functional Assessment that details the challenging behaviors and their precursors, and the PBSP. The conditions under which a restrictive intervention may be used must be documented in the participant's PCSP and in the PBSP. Documentation must reflect the symptom related to behavior for which a restrictive intervention is being used, when a restrictive intervention may be used, and how the restrictive intervention should be used.

Restrictive interventions must be used only as provided for in DDA Policy 5.15., Use of Restrictive Procedures, DDA Policy 5.17, Physical Intervention Techniques, and DDA Policy 5.20, Restrictive Procedures and Physical Interventions with Children and Youth.
• Restrictive interventions must be used only when positive or less restrictive techniques or procedures have been tried and are determined to be insufficient to protect the client, others, or damage to the property of others.
• Restrictive interventions may only be used for the purpose of protection and may not be used for the purpose of changing behavior in situations where no need for protection is present.
• Only the least restrictive intervention needed to adequately protect the client, others, or property must be used, and terminated as soon as the need for protection is over.

Collection and review of data to measure the ongoing effectiveness of the restrictive intervention:

Per DDA Policy 5.14, Positive Behavior Support, the PBSP must address the following:

• Operationally define the goals of the PBSP in terms of specific, observable behaviors.
• Indicate what data is needed to evaluate success (e.g., frequency, intensity and duration of target behaviors).
• Provide instructions to staff or caregivers on how to collect this data (e.g., forms, procedures) i.e., frequency, intensity and duration.
• List who will monitor outcomes, need for revisions, and evaluate success and process for monitoring.
• Recommend displaying data in a graph over time for easy analysis.

Per DDA Policy 5.15, Use of Restrictive Procedures, and DDA Policy 5.20, Restrictive Procedures and Physical Interventions with Children and Youth, program staff responsible for PBSPs must review the plan at least every thirty (30) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the PBSP must be reviewed and revisions implemented as needed.

Periodic review of restrictive intervention usage:

The PCSP and PBSP must be reviewed at least annually (and in the case of positive behavior support and consultation provider to children and youth in the family home, providers must submit quarterly progress reports) and updated at any time the use of a restrictive intervention becomes ineffective, is no longer needed or becomes unsafe.

A post-analysis (i.e., a debriefing to review the incident and assess what could have been done differently) must take place whenever restrictive interventions are implemented in emergencies or when the frequency of use of the intervention is increasing. The child/youth, service providers involved, supervisor (in residential settings), parent/guardian, and other team members must participate, as appropriate. The DDA case resource manager must document the post-analysis in a service episode record (SER) in the client's record.

Restrictive interventions may not cause harm:

The use of restrictive interventions must be deemed safe and appropriate per DDA policies concerning the use of restrictive procedures. The waiver participant or representative is informed of any risks and may choose to decline the use of restrictive interventions at any time.

Education and training requirements for providers involved in the use of restrictive interventions:

All staff using restrictive interventions must have prior training in the use of such techniques according to the facility or agency's policy and procedures. With all training on the use of restrictive interventions, staff must also receive training in crisis prevention techniques and positive behavior support. Staff receiving restrictive intervention techniques training must complete the course of instruction and demonstrate competency before being authorized to use the techniques with waiver participants. All residential service providers must have documentation of prior training in the use of restrictive intervention techniques.

A review of de-escalation techniques and physical intervention techniques with all service providers and members of a child/youth's support team must occur annually before continuing to be used with the child/youth.

Restrictive intervention systems must include, at a minimum, the following training components:
1. Principles of positive behavior support, including respect and dignity;
2. Communication techniques to assist a child/youth to calm down and resolve problems in a constructive manner;
3. Techniques to prevent or avoid escalation of behavior;
4. Techniques for providers and parents/guardians to use in response to their own feelings or expressions of fear, anger, or aggression;
5. Techniques for providers and parents/guardians to use in response to the child/youth's feelings of fear or anger;
6. Instruction that restrictive intervention techniques may not be modified except as necessary in consideration of individual disabilities, medical, health, and safety issues. An appropriate medical/health professional and a certified trainer or behavioral specialist must approve all modifications;
7. Evaluation of the safety of the physical environment at the time of the intervention;
8. Use of the least restrictive interventions depending upon the situation;
9. Clear presentation and identification of prohibited and permitted restrictive intervention techniques as outlined in this policy;
10.Discussion of the need to release a child/youth from any physical restraint as soon as possible;
11.Instruction on how to support restrictive interventions as an observer and recognize signs of distress by the child/youth and fatigue by the staff; and
12.Discussion of the importance of complete and accurate documentation by service providers.

References:
-DDA Policy 5.11: Restraints
-DDA Policy 5.14: Positive Behavior Support
-DDA Policy 5.15: Use of Restrictive Procedures
-DDA Policy 5.16: Use of Psychoactive Medications
-DDA Policy 5.17: Physical Intervention Techniques
-DDA Policy 5.19: Positive Behavior Support for Children and Youth
-DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth

ii. State Oversight Responsibility. Specify the State agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

The Department of Social and Health Services (DSHS) through the Aging and Long-Term Support Administration (ALTSA) and through Child Protective Services (CPS) is responsible for detecting the unauthorized use of restrictive interventions.

Under state authority RCW 74.34, the ALTSA receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for clients enrolled with the Developmental Disabilities Administration. ALTSA Residential Care Services (RCS) investigates the role of provider systemic

issues regarding abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, & supported living programs. ALTSA Adult Protective Services (APS) investigates the perpetrators of abuse and neglect involving adults.

Under state authority contained in Chapter 26.44 RCW, Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

DDA detects use of unauthorized restrictive intervention through:

- * Reports submitted to APS,
- * Reports submitted to RCS,
- * Reports submitted to CPS,
- * Reports received in the DDA Incident Reporting system,
- * The face to face DDA Assessment process conducted yearly and at times of significant change,
- * The DDA grievance process, and
- * DDA Quality Assurance activities that include face to face interviews of clients and review of complaints.

RCS and APS are using the TIVA system to document investigation activities including a) intake of complaints and b) outcome reports. There is an electronic connection between the FamLink and the CARE system to notify case managers of a) complaints concerning treatment of children that are referred for investigations and b) investigation outcomes. This is an electronic notification that is included in the individual's CARE record.

DDA Policies 5.14, 5.15, 5.16, 5.17, 5.19 and 5.20 (see G-2.b.i) specify the requirements for using and documenting use of any type of restrictive intervention. Only the least restrictive intervention needed to adequately protect the client, others, or property may be used, and terminated as soon as the need for protection is over. The use of approved restrictive interventions must be fully documented and reviewed at least monthly by the residential provider and at least quarterly by the waiver participant's interdisciplinary team. Any emergency use of a restrictive interventions requires an incident report to DDA headquarters where it is reviewed by the Incident Management Program Manager.

Residential Care Services (RCS) Division has contracted evaluators who evaluate the residential agencies/programs at least once every two years. Their review always includes any use of restraints, restrictive interventions, or use of psychoactive medications.

Quality Compliance Coordinator (QCC) staff yearly review the positive behavior support plans (PBSPs) of a sample of all waiver participants. One focus is on instances when the PBSP includes a restraint that requires approval through an exception to rule (ETR). When the QCC team identifies PBSPs requiring an ETR that did not have an ETR, the QCC team verifies that individual corrective action was completed within 90 days and reports to management on systems issues.

References:

-Chapter 26.44 RCW: Abuse of Children
-Chapter 74.34 RCW: Abuse of Vulnerable Adults
-DDA Policy 5.14: Positive Behavior Support
-DDA Policy 5.15: Use of Restrictive Procedures
-DDA Policy 5.16: Use of Psychoactive Medications
-DDA Policy 5.17: Physical Intervention Techniques
-DDA Policy 5.19: Positive Behavior Support for Children and Youth
-DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth

Appendix G: Participant Safeguards

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (3 of 3)

c. Use of Seclusion. *(Select one)*: *(This section will be blank for waivers submitted before Appendix G-2-c was added to WMS in March 2014, and responses for seclusion will display in Appendix G-2-a combined with information on restraints.)*

◉ **The State does not permit or prohibits the use of seclusion**

Specify the State agency (or agencies) responsible for detecting the unauthorized use of seclusion and how this oversight is conducted and its frequency:

The Department of Social and Health Services:
- *Developmental Disabilities Administration (DDA)
- *Aging and Long-Term Support Administration/Residential Care Services (RCS)
- *Aging and Long-Term Support Administration/Adult Protective Services (APS)
- *Children's Administration/Child Protective Services (CPS)

Under state authority RCW 74.34, the Aging and Long-Term Support Administration (ALTA) receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for clients enrolled with the Developmental Disabilities Administration. ALTA's Residential Care Services (RCS) investigates the role of provider systemic issues in abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, & supported living programs. ALTA's Adult Protective Services (APS) investigates the perpetrators of abuse and neglect involving adults.

The DDA detects use of unauthorized restrictive intervention through:
- *Reports submitted to APS,
- *Reports submitted to RCS,
- *Reports submitted to CPS,
- *Reports received in the DDA Incident Reporting system,
- *The face to face DDA Assessment process conducted yearly and at times of significant change,
- *The DDA complaint/grievance process, and
- *DDA Quality Assurance activities that include face to face interviews of clients and review of complaints.

Residential Care Services Division has contracted evaluators who evaluate the residential agencies/programs at least once every two years. Their review always includes any use of restraints, restrictive procedures, or use of psychoactive medications.

○ **The use of seclusion is permitted during the course of the delivery of waiver services**. Complete Items G-2-c-i and G-2-c-ii.

i. Safeguards Concerning the Use of Seclusion. Specify the safeguards that the State has established concerning the use of each type of seclusion. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

ii. State Oversight Responsibility. Specify the State agency (or agencies) responsible for overseeing the use of seclusion and ensuring that State safeguards concerning their use are followed and how such oversight is conducted and its frequency:

Appendix G: Participant Safeguards

Appendix G-3: Medication Management and Administration (1 of 2)

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

a. Applicability. Select one:

- ○ **No. This Appendix is not applicable** *(do not complete the remaining items)*
- ◉ **Yes. This Appendix applies** *(complete the remaining items)*

b. Medication Management and Follow-Up

i. Responsibility. Specify the entity (or entities) that have ongoing responsibility for monitoring participant medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

When an individual is not receiving services from a DDA residential program the individual, her or his representatives, her or his healthcare provider and DDA work together to monitor medication management. Medication management is a component of the DDA assessment. The DDA assessment triggers a referral requirement if medication risk factors are identified. Once this requirement is triggered the Case Resource Manager must address the risk identified in the PCSP. How the risks are addressed depends on the concern identified. It could result in a medication evaluation referral, additional provider training, nurse oversight visits, consultation with the healthcare provider or other measures.

DDA policy 5.16 Use of Psychoactive Medications establishes guidelines for assisting an individual with mental health issues or persistent challenging behavior to access accurate information about psychoactive medications and treatment, to make fully informed choices, and to be monitored for potential side effects of psychoactive medications.

Protections against the use of chemical restraints are included in DDA Policies 5.14 (Positive Behavior Support), Policy 5.15 (Use of Restrictive Procedures), Policy 5.16 (Use of Psychoactive Medications), Policy 5.19 (Positive Behavior Support for Children and Youth), and Policy 6.19 (Residential Medication Management) with respect to the use of psychoactive medications. If psychoactive medications are used, informed consent must be obtained, a functional assessment must be completed, a positive behavior support plan must be developed and implemented, and a Psychoactive Medication Treatment Plan must be in place. Psychoactive medications can only be used as prescribed.

Additionally, Policy 6.19 Residential Medication Management applies to individuals who receive services from a DDA certified residential program.

Policy 6.19 Residential Medication Management:

When providing instruction and support services to persons with developmental disabilities, the provider must ensure that individuals who use medications are supported in a manner that safeguards the person's health and safety.

For adult residential care facilities, medication management requirements as described in Chapter 388-78A WAC (Assisted living facility licensing rules) take precedence over this policy.

PROCEDURES

A. Self-Administration of Medications

1. Residential service providers must have a written policy, approved by DDA, regarding supervision of self-medication.
2. The provider, unless he or she is a licensed health

professional or has been authorized and trained to perform a specifically delegated nursing task, may only assist the person to take medications.

3. The provider may administer the person's medication if he/she is a licensed health care professional. Medications may only be administered under the order of a physician or a health care professional with prescriptive authority.
4. If a person requires assistance with the use of medication beyond that described in A.2. above, the assistance must be provided either by a licensed health care professional or a registered nurse (RN) who delegates the administration of the medication according to Chapter 388-101 WAC (Certified community residential services and supports) and Chapter 246-840 WAC (Practical and registered nursing).

Per Chapter 246-840 WAC (Practical and registered nursing), before delegating a nursing task, the registered nurse delegator decides the task is appropriate to delegate based on the elements of the nursing process: Assess, Plan, Implement, Evaluate. (Please see WAC 246-840-910 through 990 concerning delegation of nursing care tasks in community-based and in-home care settings for specific details.)

Per WAC 246-841-400 (Standards of practice and competencies for nursing assistants), competencies and standards of practice are statements of skills and knowledge, and are written as descriptions of observable, measurable behaviors. All competencies are performed under the direction and supervision of a licensed registered nurse or licensed practical nurse as required by RCW 18.88A.030 (Nursing Assistants: Scope of practice-Nursing home employment-Voluntary certification-Rules).

WAC 246-841-405 (Nursing assistant delegation) identifies the certification requirements as stated below.

DDA Policy 6.15 ("Nurse Delegation Services") details eligibility requirements for services (including a stable and predictable client condition), which tasks can and cannot be delegated, training and certification requirements for delegated providers, the referral process, Case Resource Manager responsibilities and Registered Nurse Delegator responsibilities, and authorization of services.

Training Requirements for Providers Who Perform Delegated Nursing Tasks

Before performing a delegated task, the provider must have completed:
1. Registration or certification as a Nursing Assistant and renew annually;
2. The Nurse Delegation for Nursing Assistants class (nine hours), either the classroom or self-study version;
3. For Nursing Assistant-Registered (NAR) only:
   a. For providers working in Supported Living: DDA Core Training (32 hours).
   b. For providers working in all other settings: Fundamentals of Caregiving (28 hours).
   c. An NAR may not perform a delegated task before DDA Core Training or Fundamentals of Caregiving is completed.
   d. DDA Core Training or Fundamentals of Caregiving is not required for a Nursing Assistant-Certified (NAC) to perform a delegated task.

Responsibilities of the Registered Nurse Delegator (RND)
The RND must:
1. Verify that the caregiver:
   a. Has met training and registration requirements;
   b. The registration is current and without restriction; and
   c. The caregiver is competent to perform the delegated task.
2. Assess the nursing needs of the individual, determine the appropriateness of delegation in the specific situation and, if appropriate, teach the caregiver to perform the nursing task.
3. Monitor the caregiver’s performance and continued appropriateness

of the delegated task.
4. Communicate the results of the nurse delegation assessment to the CRM.
5. Establish a communication plan with the CRM as follows:
a. Specify in the plan how often and when the RND will communicate with the CRM; and
b. Document the plan and all ongoing related communication in the client's nurse delegation file.
6. Document and perform all delegation activities as required by law, rule and policy.
7. Work with the CRM, providers, and interested parties when rescinding RND to develop an alternative plan that ensures continuity for the provision of the delegated task.

Nurse delegation is an intermittent service. The nurse is required to visit at least once every ninety days, and may not need to see an individual more frequently. However, the delegating nurse may determine that some individuals need to be seen more often. The ALTSA/DDA Central Office Nurse Delegation Program Manager will monitor the nurse's performance, including frequency of visits and payments.

In residential settings, providers are required to document all medication administration and client refusals (of medication).

WAC 388-101D-0340 ("Medications--Documentation") indicates the service provider must maintain a written record of all medications administered to, assisted with, monitored, or refused by the individual.

WAC 388-101D-0325 ("Medication Refusal") indicates
(1) When an individual who is receiving medication support from the service provider chooses to not take his or her medications, the service provider must:

(a) Respect the client's right to choose not to take the medication(s) including psychoactive medication(s); and

(b) Document the time, date and medication the individual did not take.

(2) The service provider must take the appropriate action, including notifying the prescriber or primary care practitioner, when the individual chooses to not take his or her medications and the refusal could cause harm to the individual or others.

Any person may call the Nurse Delegation Hotline at (800)422-3263 to file a complaint.

References:

-DDA Policy 5.14: Positive Behavior Support
-DDA Policy 5.15: Use of Restrictive Procedures
-DDA Policy 5.16: Use of Psychoactive Medications
-DDA Policy 5.19: Positive Behavior Support for Children and Youth
-DDA Policy 6.15 Nurse Delegation Services
-DDA Policy 6.19 Residential Medication Management
-RCW 18.88A.030 Nursing Assistants: Scope of practice-Nursing home employment-Voluntary certification-Rules
-Chapter 246-840 WAC Practical and registered nursing
-WAC 246-841-400 Standards of practice and competencies for nursing assistants
-WAC 246-841-405 Nursing assistant delegation

-WAC 388-101D-0325 Medication refusal
-WAC 388-101D-0340 Medications-documentation

ii. Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the State uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the State agency (or agencies) that is responsible for follow-up and oversight.

The Department of Social and Health Services:

- *Developmental Disabilities Administration (DDA)
- *Aging and Long-Term Support Administration/Residential Care Services (RCS)Division
- *Aging and Long-Term Support Administration/Adult Protective Services (APS)
- *Childrens' Administration/Child Protective Services (CPS)

DDA Policy 5.16, Use of Psychoactive Medications, details monitoring requirements for all residential service providers. Policy 5.16 directs the service provider to monitor the client to help determine if the medication is being effective based on criteria identified in the Psychoactive Medication Treatment Plan (PMTP). If the medication does not appear to have the desired effects, the service provider must communicate this to the prescribing professional. The PMTP must include: a) A description of the behaviors, symptoms or conditions for which the medication is prescribed and a mental health diagnosis, if available; b) The name, dosage, and frequency of the medication (subsequent changes in dosage may be documented in the person's medical record); c) The length of time considered sufficient to determine if the medication is effective (i.e. , treatment trial); d) The behavioral criteria to determine whether the medication is effective (i.e., what changes in behavior, mood, thought, or functioning are considered evidence that the medication is effective); and e) The anticipated schedule of visits with the prescribing professional. The service provider must observe the client for any changes in behavior or health that might be side effects of the medication and inform the prescribing professional of any concerns. The service provider should request that the prescribing professional see the client at least every three months unless the prescribing professional recommends a different schedule. Continued need for the medication and possible reduction should be assessed at least annual by the prescribing professional.

Residential Care Services (RCS) certifiers review all medication management as part of their certification process not less than once every eighteen months. In addition, DDA Residential Quality Assurance staff make follow-up visits following any citations issues to service providers. Nurse delegators also provide follow-up visits to participants with nurse delegated tasks on a regular basis.

DSHS/CA/DLR (Division of Licensed Resources within Children's Administration) is responsible for monitoring medication administration as a part of overall performance monitoring in licensed residential settings for children. The Children's Administration Management Information System (CAMIS) database containing the record of licensing inspections and required provider training is maintained and monitored by Children's Administration/Division of Licensed Resources (DLR). As part of the ongoing performance monitoring, a schedule of unannounced visits is established for all Foster Home and Staffed Residential providers. The licensed providers are reviewed at least every 36 months to assess performance against ongoing licensing requirements. The schedule is continually monitored and updated by DLR for compliance. Outcomes of the licensing process, such as statements of deficiency and corrective actions, are documented in the database and are used to determine whether or not licensure will continue or establish the frequency of unannounced visits. Communication regarding the licensing process occurs at the regional level.

DDA Policy 6.19 (see G-3-b-i) specifies the requirements for residential medication management. Residential Care Services Division has contracted evaluators who evaluate the residential agencies/programs at least once every two years.

Issues with medication management are also identified if errors result in allegations of abuse, neglect, exploitation. Under authority provided via RCW 74.34 (public assistance Washington state law concerning abuse of vulnerable adults), the Aging and Long-Term Support Administration (ALTSA) receives reports and conducts investigations of abuse, neglect, and exploitation for clients enrolled with the Developmental Disabilities Administration. ALTSA's Residential Care Services (RCS) investigates provider systemic issues regarding abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes,

& supported living programs. ALTSA's Adult Protective Services (APS) investigates the perpetrators of abuse and neglect involving adults.

Under authority provided via RCW 26.44 (Washington state law concerning abuse of children), Child Protective Services (CPS) investigates all allegations of abuse, neglect, and exploitation of children living in their parents home and/or licensed facility or foster care. Substantiations are forwarded to the BCCU.

CPS, RCS and APS are using TIVA and FamLink to document investigation activites including intake of complaints and outcome reports. There is an electronic connection between TIVA/FamLink and the CARE system to notify case resource managers of a) complaints that are referred for investigations and b) investigation outcomes. This is an electronic notification that will be included in the individual's CARE record.

ALTSA receives nightly data feeds from FamLink that are used in this ALTSA reporting system. FamLink information is reviewed to determine if client information matches DDA waiver clients who are identified in CARE. DDA usea the ALTSA reporting system to address specific programmatic and provider issues from the outcomes of the waiver clients who were involved in investigations by Residential Care Services (RCS) and/or Children's Protection Services (CPS) for whom a report of abuse, neglect, abandonment, or financial exploitation was substantiated. The data are broken out by type of incident and provider type.

Information and findings are communicated to the Medicaid agency at least quarterly via the HCA Medicaid Agency Waiver Management Committee.

Appendix G: Participant Safeguards

Appendix G-3: Medication Management and Administration (2 of 2)

c. Medication Administration by Waiver Providers

i. Provider Administration of Medications. *Select one:*

- ○ **Not applicable.** *(do not complete the remaining items)*
- ◉ **Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications.** *(complete the remaining items)*

ii. State Policy. Summarize the State policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

DDA Administration Policy 6.19 (Residential Medication Management, please see G-3-b-i) specifies the requirements for residential medication management. Residential Care Services (RCS) has contracted staff who evaluate the residential agencies/programs at least once every two years to ensure they are in compliance with these requirements.

iii. Medication Error Reporting. *Select one of the following:*

- ◉ **Providers that are responsible for medication administration are required to both record and report medication errors to a State agency (or agencies).**
  Complete the following three items:

  (a) Specify State agency (or agencies) to which errors are reported:

  The Developmental Disabilities Administration (DDA) within the Department of Social and Health Services (DSHS)

  (b) Specify the types of medication errors that providers are required to *record:*

Providers are required to record all medication errors.

WAC 388-101D-0340 ("Medications--Documentation") indicates the service provider must maintain a written record of all medications administered to, assisted with, monitored, or refused by the individual.

WAC 388-101D-0325 ("Medication Refusal") indicates
(1) When an individual who is receiving medication support from the service provider chooses to not take his or her medications, the service provider must:

(a) Respect the individual's right to choose not to take the medication(s) including psychoactive medication(s); and

(b) Document the time, date and medication the individual did not take.

(2) The service provider must take the appropriate action, including notifying the prescriber or primary care practitioner, when the individual chooses to not take his or her medications and the individual's refusal could cause harm to the individual or others.

(c) Specify the types of medication errors that providers must *report* to the State:

Providers are rquired to report medication errors causing injury/harm, or a pattern of errors.

○ **Providers responsible for medication administration are required to record medication errors but make information about medication errors available only when requested by the State.**

Specify the types of medication errors that providers are required to record:

iv. State Oversight Responsibility. Specify the State agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is performed and its frequency.

The Department of Social and Health Services:
- * Developmental Disabilities Administration (DDA)
- * Aging and Long-Term Support Administration/Residential Care Services (RCS)
- * Children's Administration/Child Protective Services (CPS)

DDA Policy 6.19 (Residential Medication Management, please see G-3-b-i) specifies the requirements for residential medication management. RCS has contracted staff who evaluate the residential agencies/programs at least once every two years.

Appendix G: Participant Safeguards

Quality Improvement: Health and Welfare

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Health and Welfare
The state demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare. *(For waiver actions submitted before June 1, 2014, this assurance read "The State, on an ongoing basis, identifies, addresses, and seeks to prevent the occurrence of abuse, neglect and exploitation.")*

i. Sub-Assurances:

a. ***Sub-assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instancesof abuse, neglect, exploitation and unexplained death.*** *(Performance measures in this sub-assurance include all Appendix G performance measures for waiver actions submitted before June 1, 2014.)*

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
G.a.3: The percentage of waiver participants whose death was subject to review that were reviewed by the DDA Mortality Review Team (MRT). Numerator= The number of waiver participants whose death was reviewed. Denominator= The number of waiver participants whose death was subject to review.

Data Source (Select one):
Mortality reviews
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☑ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: DDA MRT	☐ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.a.1: The percentage of incidents alleging abuse, neglect, abandonment, and/or financial exploitation of waiver participants that were reported by DDA, per policy, to APS, CPS, or RCS. N= Number of incidents were CRMs reported allegations to APS, CPS or RCS. D= Total number of incidents requiring notifications by DDA to APS, CPS or RCS.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:
Data are compiled from a database that documents incidents, including incident type and who was notified.

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
		☐ **Other**

	☐ **Continuously and Ongoing**	Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.a.2. The % of incidents of alleged abuse, neglect, exploit. or abandonment in which the wvr partic. and/or legal rep. was contacted within 30 days to ensure safety plans were developed/appropriately implemented. N: # of reviewed incidents in which the waiver participants and/or legal rep was contacted within 30 days. D: # of reviewed incidents of alleged abuse, neglect, exploit or abandonment.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval =

		95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.a.4: The percentage of families responding to the NCI Adult Family Survey who report that they know how to report abuse or neglect. Numerator= The number of families responding to the NCI Adult Family Survey who report they that they know how to report abuse or neglect. Denominator= The number of families responding to the NCI Adult Family Survey.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:
NCI Adult Family Survey

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*

☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☑ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☐ **Other** Specify:	☐ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.a.5. % of waiver files with incident report alleging abuse, neglect, exploitation or abandonment & a safety plan documented in planned follow-up section of incident report. N = # of waiver files reviewed with incident report alleging abuse, neglect, exploitation or abandonment & a safety plan in planned follow-up section of incident report. D = # of waiver files reviewed with incident report.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*

b. ***Sub-assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
G.b.2. The percentage of waiver recipients with a critical incident report whose PCSP was amended when it should have been amended. N= The number of waiver participants with a critical incident report whose PCSP was amended when it should have been amended. D= The total number of waiver participants with a critical incident whose PCSP should have been amended.

Data Source (Select one):
Analyzed collected data (including surveys, focus group, interviews, etc)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☑ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: Incident Review Committee	☐ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☑ **Other** Specify: 40 individuals (across all waivers) per year.

	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.b.1. The percentage of waiver participants with three or more incident reports during the calendar quarter that was reviewed by QA managers to verify appropriate actions were taken. N= The number of waiver participants with three or more incident reports during the quarter with appropriate action taken. D= The total number of waiver participants with three or more incidents during the quarter.

Data Source (Select one):
Critical events and incident reports
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☑ **Quarterly**	☐ **Representative Sample** Confidence Interval =

☐ **Other** Specify:	☐ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

c. ***Sub-assurance: The state policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
G.c.1. The Percentage of Positive Behavior Support Plans requiring an Exception to Policy (ETP) with an ETP in the CARE system. Numerator = The number of

waiver participant files reviewed with a PBSP which had the required ETP. Denominator = The number of waiver participant files reviewed with a PBSP requiring an ETP.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: Quality Compliance Coordinator (QCC) Team within DDA.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
	☐ **Other** Specify:

Performance Measure:
G.c.2: The percent of statements of deficiency that don't involve restrictive procedure by residential providers. Numerator = The number of statements of deficiency that don't involve restrictive procedure by residential providers. Denominator = All statements of deficiency for residential providers

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation*(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: Residential Care Services/ALTSA/DSHS	☐ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.c.3: The number of statements of deficiency that don't involve repeat citations of restrictive procedure by residential providers. Numerator = The number of statements of deficiency that don't involve repeat citations of restrictive procedure by residential providers. Denominator = All statements of deficiency for residential providers.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation*(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: Residential Care Services/ALTSA/DSHS	☐ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:

	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.c.4: % of waiver files containing PBSPs that involve physical/mechanical restraints with written approval by participant or legal rep. N = # of waiver participant files reviewed that contain PBSPs that involve physical/mechanical restraints with written approval by the participant or legal rep. D = # of waiver files reviewed that contain PBSPs that involve physical/mechanical restraints.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:

DDA's Quality Compliance Coordinator (QCC) Team		
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.c.5: The percentage of waiver participant files with Functional Assessments (FAs) and PBSPs documenting the use of restrictive procedures in compliance with DDA policies. N = # of waiver files reviewed with FAs and PBSPs documenting use of restrictive procedures in compliance with DDA Policies. D = # of waiver files reviewed that documented restrictive procedures.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**

☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: DDA's Quality Compliance Coordinator (QCC) Team	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

d. ***Sub-assurance: The state establishes overall health care standards and monitors those standards based on the responsibility of the service provider as stated in the approved waiver.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information

on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
G.d.2: Of those waiver participants who rate their health as "poor", the percent who visited a doctor within the past 12 months. Numerator: Of those waiver participants who rate their health as "poor", the number who visited a doctor within the past 12 months. Denominator: The total number of waiver participants who rate their health as "poor".

Data Source (Select one):
Record reviews, off-site
If 'Other' is selected, specify:
CARE System

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☑ **Other** Specify: Review all Waiver participants who rate their health as "poor" and is documented in their current assessment in CARE system.
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.d.5. The % of individuals receiving Supported Living (SL) or Companion Home services who had a physical examination during the waiver year. Numerator = The # of individuals receiving SL or Companion Home services who had a physical examination during the waiver year. Denominator = The total # of waiver participants receiving SL or Companion Home services during the waiver year.

Data Source (Select one):
Financial records (including expenditures)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: MMIS payment data for physical exminations.	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:

	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.d.1. The percentage of waiver participants who visited the dentist during the year. Numerator= The number of individuals' files reviewed whose files documented a visit to a dentist during the waiver year. Denominator= The total number of waiver participants' files reviewed.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other**	☑ **Annually**	☐ **Stratified**

Specify: DDA's Quality Compliance Coordinators (QCC) Team		Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.d.3: The percent of statements of deficiency that don't involve client healthcare standards by residential providers. Numerator= The number of statements of deficiency that don't involve client healthcare standards by residential providers. Denominator = All statements of deficiency for residential providers.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation*(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**

☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: Residential Care Services/ALTSA/DSHS	☐ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

Performance Measure:
G.d.4: The percentage of statements of deficiency that don't involve repeat citations of client healthcare standards by residential providers. Numerator = The number of statements of deficiency that don't involve repeat citations of client healthcare standards by residential providers. Denominator = All statements of deficiency for residential providers.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☑ **Other** Specify: Residential Care Services/ALTSA/DSHS	☐ **Annually**	☐ **Stratified** Describe Group:
	☑ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.
G.a.1: Alleged incidents of abuse, neglect, abandonment and exploitation are recorded in the DDA Incident Reporting (IR) Database. The database also documents contacts and follow-up referrals. A report is compiled based on incident type and other agencies contacted to document whether or not APS, CPS, or RCS was notified.

G.a.1, G.a.2., G.c.1, G.c.4, G.c.5, G.d.1 and G.d.2: The QCC Team completes a review of randomly selected files across all waivers annually. The list for the QCC Team review is based on a random sample representative of all waiver programs with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members. The review protocol addresses (among other things) the following areas with a target of 100% compliance:
1. If there has been an Incident Report of alleged/suspected abuse, neglect, exploitation, or abandonment submitted within the last 12 months, did DDA notify appropriate Department (APS,CPS,RCS) and Law Enforcement agencies?
2. If there has been an Incident Report of alleged/suspected abuse, neglect, exploitation, or abandonment submitted within the last 12 months, is there evidence the case resource manager contacted the client/legal representative within 30 days of the Incident Report date to ensure safety plans were developed/appropriately implemented?
3. If the Positive Behavior Support Plan includes restrictions requiring an Exception to Policy (ETP), was there an approved ETP?

G.a.3: The Mortality Review Team (MRT) reviews waiver recipients whose death occurred while receiving residential services, medically intensive children's program services or whose death was unusual or unexplained to identify factors that may have contributed to the deaths and to recommend measures to improve client supports and services.

G.b.1: Each of the three DDA Regions has a designated Quality Assurance (QA) Manager. Every four months those managers review individuals with three or more reports in the DDA Incident Reporting database. A report is provided by each regional QA Manager to Executive Management listing all waiver recipients with three or more incident reports that were reviewed during that four-month period.

G.b.2: Every month members of the Central Office Incident Review Team (IRT) review a sample of individuals for which a critical incident was reported during the waiver year. Each member reviews the information contained in CARE to verify that the response to the incident was appropriate, including whether there should have been (and was or was not) an amendment to the PCSP.

G.c.2, G.c.3, G.d.3 & G.d.4: RCS conducts onsite visits to review the restrictive procedures and areas involving clients' healthcare standards at residential sites throughout the state. RCS issues the citations for concerned areas accordingly and providers are required to submit and implement the approved corrective action plan within expected timelines.

G.d.5: Information on health rating and doctor visits for all waiver participants is obtained as part of the DDA annual assessment.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
G.a.1, G.a.2: If the review determines specific allegations of abuse, neglect, abandonment and exploitation were not referred to APS, CPS, or RCS, an immediate referral to the appropriate entity is made.

G.a.1, G.a.2., G.b.1: If a pattern of critical incidents is identified with respect to a specific individual or a specific provider, the quality Assurance Office Chief works with the appropriate HQ and/or regional staff to take appropriate steps to prevent future occurrences of such incidents. For example, client PCSPs or positive behavior support plans might be updated, provider reviews and/or certification might be adjusted to target the

underlying factors resulting in the incidents, and provider alerts might be developed if a pattern across providers is detected. In addition, case manager training might focus on prevention, detection, and remediation of critical incidents.

G.a.2: If following notification of an incident the waiver participant/legal representative was not contacted within 30 days, the supervisor and case resource manager are reminded that this is required. If no contact was made at all, follow-up with the waiver participant/legal representative is required.

G.a.3: Changes implemented as a result of information gained from MRT reviews include caregiver alerts, curriculum for providers and case managers, and changes in DSHS administrative rules (WAC). For example, topics of caregiver alerts include "How hot is your water?", "Aspiration", "Seizures and Bathing", and "Type 2 Diabetes".

G.b.1: QA Managers review any client with three or more incidents in each four-month period and report findings to central office. The Incident Review Team (Central Office) reviews QA reports and makes recommendations for corrective actions if needed.

G.b.2: In the review of the IR information, if amendments to the PCSP or PBSP are determined necessary but were not made or were insufficient, the case manager and/or regional management are notified to ensure that the participant's needs are being addressed and that necessary changes are included in the PCSP or PBSP.

G.c.1:
When the QCC team identifies Positive Behavior Support Plans requiring an ETP that did not have an ETP, the QCC team verifies each individual corrective action was completed within 90 days and reports to management on systems issues.

G.c.2, G.c.3, G.d.3 & G.d.4:RCS follows up on the citations/corrective action plan implementation within 60 days. DDA also reviews the RCS citations and providers' corrective action plans and conducts onsite visits within 120 days to review the restrictive procedures and other concerned areas involving clients' healthcare standards.

G.c.2 The state responds to statements of deficiency in the following order:
Once RCS issues the statements of deficiency to the residential providers based on audit findings, residential providers submit their corrective action plans to RCS within 10 days of receiving the statements of deficiency.
• RCS and DDA reviews the providers' corrective action and makes appropriate recommendations to ensure the ongoing compliance with the identified issues. RCS conducts onsite visit within first 90 days of approving the providers' corrective plan to ensure the proper implementation of each steps identified in the corrective action plans.
• DDA reviews RCS visit details and make on-site visits within first 120 days of approving the corrective action plans to ensure that necessary steps are being taken and implemented by residential providers to ensure the on-going compliance in identified areas.
• DDA also provides:
- Consultation
- Training
- Technical Assistance and Support
- Additional Oversight

G.c.3 RCS issues statements of deficiency for repeat citations. Depending upon the severity of the findings, RCS reviews may lead to disciplinary actions including up to decertification of residential provider's with the state.
DDA reviews for repeat citations of each residential providers and offers consultation, training, technical assistance and support to assist providers as required. If the provider is still unable to implement the necessary program changes, DDA will terminate the contract depending upon the severity of the findings.

G.d.2: For those with a health rating of "poor" who have not visited a doctor within the past 12 months, case resource managers will discuss with waiver participants (and their families) the importance of visiting their doctor at least annually.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party*(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☑ **Monthly**
☐ **Sub-State Entity**	☑ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☑ **Other** Specify: Two times per year.

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Health and Welfare that are currently non-operational.

◉ **No**

○ **Yes**

Please provide a detailed strategy for assuring Health and Welfare, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix H: Quality Improvement Strategy (1 of 2)

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the State has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the State specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

- Quality Improvement is a critical operational feature that an organization employs to continually determine whether it operates in accordance with the approved design of its program, meets statutory and regulatory assurances and requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the State is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

Quality Improvement Strategy: Minimum Components

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QIS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I) , a state spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances;
- The *remediation* activities followed to correct individual problems identified in the implementation of each of the assurances;

In Appendix H of the application, a State describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the OIS* and revise it as necessary and appropriate.

If the State's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the State plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid State plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QIS spans more than one waiver, the State must be able to stratify information that is related to each approved waiver program. Unless the State has requested and received approval from CMS for the consolidation of multiple waivers for the purpose of reporting, then the State must stratify information that is related to each approved waiver program, i.e., employ a representative sample for each waiver.

Appendix H: Quality Improvement Strategy (2 of 2)

H-1: Systems Improvement

a. System Improvements

i. Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The Developmental Disabilities Administration (DDA) has managed at least one HCBS waiver since 1983. In 2003 a statewide effort was launched to coordinate the implementation of Quality Improvement in all agencies. We have developed multiple processes for trending, prioritizing, and implementing system improvements that have been prompted as a result of data analysis.

Internal DDA Systems
DDA uses several data systems that are vital to the implementation of the Waiver.

DDA Assessment:
- o The DDA Assessment is designed to discover the individual support needs of each individual who is assessed. It is a tool to help case resource managers plan for services and supports to meet the needs of individuals with developmental disabilities.
- o All Waiver participants will be assessed using this tool, which includes an assessment of caregiver stress, behavior issues, critical medical issues, and protective supervision needs.
- • * Data is pulled as needed by program managers, waiver services unit manager, quality assurance staff and management.
- • * Data is analyzed by the appropriate entity who is using the information for system improvement activities.

Comprehensive Assessment Reporting and Evaluation (CARE):
- o Assists case resource managers to provide effective monitoring of case status and person-centered service plans.
- o Provides a system of "ticklers" or alerts to cue case resource manager action at specific intervals based upon client need.
- o Provides an automated process for Exception to Rule (ETR), Prior Approvals and Waiver Requests.
- o Delivers a consistent, reliable and automated process.
- o Provides client demographic and waiver status in real time.
- o Provides management reports to look for trends and patterns in the Waiver caseload.
  - * Data is pulled as needed by program managers, regional staff, quality assurance staff and management.
  - * Data is analyzed by the appropriate entity who is using the information for system improvement activities.

Quality Compliance Coordinator (QCC) Review database:
- o Is used to collect review data to insure that the processes and procedures required in delivering waiver services are according to requirements.
- o Is used to develop regional and statewide corrective action plans.
  - * Data is developed by the Office of Compliance,Monitoring and Training.
  - * Reports are created at least annually.
  - * Data is analyzed by DDA staff at a minimum annually.

DDA Incident Reporting system (IR):
- o The IR system provides management information concerning significant incidents occurring in our client's lives.
- o Individual incidents come first to the CRM for input into the IR system.
- o DDA has developed protocols and procedures to respond to incidents that have been reported.
- o Analysis processes are in place to review and monitor the health and welfare of DDA clients.
  - * Data is pulled by the Incident Management Program Manager.
  - * Data is pulled three times a year.
  - * Data is analyzed by the Incident Reporting Team and as requested by DDA management.

Person-Centered Service Plan Meeting Survey:
- o A PCSP Meeting survey is mailed to waiver participants within one month of the PCSP planning meeting. This survey gives participants an opportunity to respond to a series of questions about the PCSP process. The survey is mailed from Central Office based on a random sample across all waivers with a 95% confidence level and a confidence interval of +/-5%. Information collected is analyzed annually by DDA staff.
- o Information regarding trends or patterns that is gathered from that data is acted upon, through additional training for case resource managers, clarification of information for participants, etc.
  - * Data is pulled by the Research and Analysis Program Manager.
  - * Data is pulled at least annually.
  - * Data is analyzed by DDA staff at a minimum annually.

Complaint Data Base:

- o DDA maintains a Complaint data base that is the repository for complaints that rise above the standard issues that case managers or supervisors handle each day as a normal business practice.
  - * Data is pulled by the Research and Analysis Program Manager.
  - * Data is pulled at least annually.
  - * Data is analyzed by DDA staff at a minimum annually.

DSHS systems external to DDA:

ProviderOne and Individual ProviderOne:
- o DDA audits information from this system to verify services identified in the Person-Centered Service Plan as necessary to meet health and welfare needs have been authorized.
- o DDA also audits information from this system to ensure that services are only authorized after first being identified in the Person-Centered Service Plan.
  - * Data is pulled by the ProviderOne Program Manager.
  - * Data is pulled at least annually.
  - * Data is analyzed by DDA staff at a minimum annually.

Child Protective Services (CPS):
- o CPS is responsible for investigating and making official findings on any accusations of abuse or neglect of a minor child.
- o DDA refers all such incidents to CPS for investigation and works cooperatively with them to provide information about the incident and to protect the child during the investigation.
  - * Data is pulled by the Research and Analysis Program Manager.
  - * Data is pulled at the request of the Program Manager.
  - * Data is analyzed by DDA staff at a minimum annually.

Adult Protective Services (APS):
- o APS is responsible for investigating and making official findings on any accusations of abuse, neglect or exploitation of a vulnerable adult, who does not live in either a licensed setting or is served by a certified residential service.
- o DDA refers all such incidents to them for investigation and works cooperatively with them to provide information about the incident and to protect the adult during the investigation.
  - * Data is pulled by the Research and Analysis Program Manager.
  - * Data is pulled at least annually.
  - * Data is analyzed by the Regional Quality Assurance Managers and as requested by DDA management.

Division of Licensing Resources (DLR):
- o Monitors and licenses Children's Foster Homes, Group Homes and Staffed Residential Homes, which are utilized as respite resources in the waiver program.
- o DDA works cooperatively with DLR to ensure homes are licensed and appropriate care is provided.
  - * Data is pulled by DLR.
  - * Data is pulled at the request of the Program Manager.
  - * Data is analyzed by the Program Manager and as requested by management.

Residential Care Services (RCS):
- o RCS is responsible for investigating provider practices in instances of

abuse, neglect or exploitation of a vulnerable adult who receives services from either a licensed setting or is served by a certified residential agency.
- o DDA refers incidents to them for investigation and works cooperatively with them to provide information about the incident.
  - * Data is pulled by the DDA Incident Management Program Manager.
  - * Data is pulled at least annually.
  - * Data is analyzed by DDA staff at a minimum annually.

FamLink/TIVA are electronic systems that maintains notifications, investigative and outcome information for CPS, APS and RCS. Data from FAMLINK/TIVA is used to track and trend inforamtion related to allegations of abuse, neglect, abandonment and financial exploitation.

Administrative Hearing Data Base:
- o The Administrative Hearings data base tracks requests for administrative hearings requested by waiver clients who disagree with decisions made by DDA.
- o DDA uses data from this data base to review the concerns of persons on the waivers and determine if there are system issues that need to be addressed.
  - * Data is pulled by the Research and Analysis Program Manager.
  - * Data is pulled at least annually.
  - * Data is analyzed by DDA staff and as requested by DDA management.

Agency Contracts Database (ACD):
- o The ACD is an important tool in assuring that waiver service providers have contracts in place that meet requirements.
- o The tool is used by DSHS to monitor all state contracts.
- o The system monitors compliance with background check requirements, training requirements, evidence of any required licensure, and timeliness of contracts.
  - * Data is pulled at least annually by the Contracts Program Manager.
  - * Data is analyzed by DDA staff and as requested by DDA management.

External Non Governmental Systems:

National Core Indicators (NCI) Survey:
- o DDA has been participating in the NCI Survey since 2000.
- o DDA has adapted the survey to do a face-to-face survey in the home that addresses satisfaction with DDA services, providers and other key life indicators.
- o Additional questions have been added about waiver services.
- o This data is reviewed with stakeholders and state staff.
  - * Data is pulled at least annually by the Research and Analysis Program Manager.
  - * Data is analyzed by DDA staff and as requested by DDA management.
- o Recommendations for needed changes are developed from this process and necessary action is taken.

Developmental Disabilities Council (DDC):
- o The DDC partners with the state to conduct focus groups that look at the NCI data and make recommendations to the state.
- o Reports are developed by the DDC and submitted to the state for action.
  - * Reports are delivered to DDA upon completion.

• * DDA responds with appropriate action.

Information from the above data systems is gathered and analyzed in order to continually monitor and make changes to our delivery system when the need is demonstrated. DDA utilizes a variety of methods to analyze data. Some examples include identifying "trigger" points that require more in-depth analysis using control charts and other types of analysis; or in-depth work focused on the occurrence of a serious incident.

Once the need for change has been determined through the analysis of data, DDA prioritizes quality improvement steps based on a risk management strategy that considers health and safety, best practices, legislative requirements, and CMS recommendations.

DDA then implements needed system improvements through a variety of methods, such as training and re-training; resource allocation; studies; policy or rule changes; and funding requests. DDA identifies who is responsible for implementation of the needed change, how that will be accomplished and timelines for accomplishing the needed change.

Strategies for improvement are specific to the type of improvement that is indicated by the data that has been reviewed. However the process is generally the same:
1. We review and analyze data;
2. We strategize to find solutions to any problems identified from the data;
3. Action plans are developed; and
4. Progress is reviewed until goals are accomplished.

ii. System Improvement Activities

Responsible Party*(check each that applies):*	**Frequency of Monitoring and Analysis***(check each that applies):*
☑ **State Medicaid Agency**	☑ **Weekly**
☐ **Operating Agency**	☑ **Monthly**
☐ **Sub-State Entity**	☑ **Quarterly**
☐ **Quality Improvement Committee**	☑ **Annually**
☐ **Other** Specify:	☑ **Other** Specify: Two times/year. Three times/year. Six times/year. During the first year of the biennium.

b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the State's targeted standards for systems improvement.

The Developmental Disabilities Administration (DDA) uses a discovery and monitoring process to analyze the effectiveness of our current systems. All collected data is identified by waiver type in order to evaluate and monitor each individualized waiver program. Performance is measured in terms of outcomes. DDA uses both internal and external groups to analyze this data. DDA reviews data from multiple data sources to discover whether trends and patterns meet expected outcomes. DDA begins an improvement process if they do not. DDA's Quality Improvement (QI) process has been part of the Administration's activities for decades.

The goal of Quality Improvement in DDA is to promote, encourage, empower and support continuous quality improvement. Major areas of focus:

Surveys
- * PCSP surveys give individuals/guardians an opportunity to provide anonymous feedback on the planning process. Information collected from these surveys is used to analyze the effectiveness of the planning process.

Reviews
- * Reviews ensure that processes and procedures required in delivering waiver services are according to requirements.
- * Waiver review findings are analyzed and shared with regional and statewide management teams for corrective action and system improvement.

Quarterly evaluations of performance measures
- * Quarterly DDA Regional management reports on waiver performance.
- * The report contains data such as the number of waiver assessments due with respect to the number that were completed, the regional progress on correction related to QCC audit findings, and many other key indicators of operational performance.

Training
- * Training is a significant focus to ensure that Administration employees are equipped with the skills and knowledge to carry out their waiver responsibilities.
- * Annual Waiver training is provided for ongoing improvement.

There are many entities that play a critical role and are essential to DDA's Quality Management Strategy:

Internal (within DSHS)

Incident Review Team (IRT):
- * This team meets monthly to review aggregate data from the Electronic Incident Reporting System and make recommendations to prevent incidents.
- * Team members include:
  - o Waiver Program Managers (PM), Waiver Requirements PM, RHC PM, Incident Management PM, Mental Health PM, County Services Unit Manager, Quality Assurance PM, Compliance, Monitoring and Training Office Chief, Medicaid and Eligibility Office Chief, Statewide Investigation Unit Manager and Data Analyst for RHC investigation unit.

Mortality Review Team (MRT):
- * Meets monthly to review deaths of participants and monitor and make recommendations on trends and patterns.
- * Team members are:
  - o RHC PM, Mental Health PM, Residential PMs, Compliance, Monitoring and Training Office Chief, Medicaid and Eligibility Office Chief, Waiver Services Unit Manager, Statewide Investigation Unit Manager, PASRR and RHC Quality Management Systems Unit Manager and Nursing Services Unit Manager.

Nursing Care Consultants (NCC):
- * Assigned to Regions to review and monitor health and safety concerns.

- * Nurses consult with case resource managers on health and welfare concerns.

Waiver Services Unit Manager and Regional Waiver Specialists:
- * The primary responsibility for the implementation of this waiver resides with the Waiver Program Manager
- * Regional Waiver Specialists work collaboratively with the Waiver Program Manager to ensure proper implementation at the regional level.
- * The Waiver Services Unit Manager and Waiver Specialists meet every other month to monitor waiver implementation and recommend necessary waiver changes.

Regional Quality Assurance (QA) staff:
- * Provide quarterly reports which contain quality assurance information on incidents and other QA activities in the region.

Children's Administration:
- * Division of Licensing Resources(DLR) monitors and licenses Children's Foster Homes, Group Homes and Staffed Residential Homes.
- * Child Protective Services (CPS) provides investigation of incidents of abuse, neglect, abandonment and exploitation involving children.

External

HCA Medicaid Agency Waiver Management Committee:
- * This committee meets four times per year and is comprised of representatives from the Health Care Authority (the single State Medicaid Agency), Home and Community Services, the Behavioral Health Administration, and the Developmental Disailities Administration.
- * The Committee presents information to the single State Medicaid Agency in the following areas:
  - o Annual reports from the three administrations
  - o QCC reviews
  - o National Core Indicators
  - o Fiscal reports

The HCA provides recommendations and feedback based on the information provided.

Stakeholder input and review of waiver programs:
- * A web site offers stakeholders an opportunity to:
  - o Review annual reports.
  - o Review quality assurance activities.
  - o Provide suggestions for ways to better serve waiver clients.

Developmental Disabilities Council (DDC):
- * The DDC is comprised of self-advocates, family members and department representatives.
  - o The DDC analyzes and provides recommendations for improvement using the National Core Indicators Survey as its' tool.

The HCBS (DDA) Waivers Quality Assurance Committee:
- * Sponsored by the DDC and comprised of self-advocates, family members, providers and Department representatives.
  - o Meets four times a year, with provision for more frequent sub-committee meetings on select topics as needed.
  - o Provides a forum for active, open and continuous dialogue between

stakeholders and the DDA for implementing, mornitoring and improving the delivery of waiver services to best meet the needs of people with intellectual and developmental disabilities.

The HCA Medicaid Agency Waiver Management Committee:

- * Includes representatives from the Health Care Authority (the single State Medicaid Agency) and Administrations/Divisions within the operating agency: DDA, HCS, RCS, and BHA. The committee meets quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g., amendments, renewals), potential waiver policy and rule changes and quality improvement activities.

Various reports are disseminated to both external and internal groups. These groups are involved in evaluating the performance and progress of the Waiver program. Through this review process these groups also provide feedback on opportunities for improvement.

Included in the distribution cycle are:

Internal:

- * DDA Assistant Secretary, HQ Management Team and Regional Management Team reviews:
  - o Quarterly Regional management reports on the waiver performance.
  - o The report contains data such as the number of waiver assessments due against the number that were completed, the regional progress on correction related to QCC review findings, and many other key indicators of operational performance.

- * DDA Assistant Secretary, HQ Management Team and all Regional Management Teams reviews:
  - o The Quarterly Regional Quality Assurance Managers' reports are compiled into one final report.
  - o Each regional QA report, also in a PowerPoint format contains 8 control charts from the "key" incident types, a detailed analysis of any client with 3 or more incidents, analysis of deaths, and information/ data on many other QA activities in the region.
  - o When the final report is compiled best practices and concerns are reviewed and necessary action is taken.

QCC reviews:

- * Statewide analysis of rview findings. The report includes data and recommendations from the annual review cycle. This report is then shared with the Medicaid Agency Waiver Oversight Committee and the Statewide Management Team.
- * Regional review findings. The regional reports are specific to the regional review. Each report provides an analysis of the data from the most current review and compares historical data (when available).

DDA Assistant Secretary Reviews:

- * Monthly fiscal reports provided by Management Services Division (MSD).
  - o These reports provide detailed analysis of the waiver expenditures and clients served.

External

A web site offers stakeholders an opportunity to review:
- * Annual waiver progress/performance reports.
- The reports are often PowerPoint presentations with control charts or Pareto charts constructed from data related to performance measures.

Washington State Developmental Disabilities Council (DDC):
- * Annual NCI Core Indicator reports are provided to the DDC for their recommendation and feedback.
- * The NCI reports focus on participant satisfaction or areas of concern.
- * The DDC invites families and self-advocates to review the data from the National Core Indicator survey report. Their feedback and recommendations are then shared with DDA management after every evaluation.

The HCA Medicaid Agency Waiver Management Committee:
- * Includes representatives from the Health Care Authority (the Single State Medicaid Agency) and Administrations/Divisions within the operating agency: DDA, HCS, RCS, and BHA.
- * Meets at least quarterly to review:
  - All functions delegated to the operating agency
  - Current quality assurance activity
  - Pending waiver activity (e.g., amendments, renewals)
  - Potential waiver policy and rule changes
  - Quality improvement activities

ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

The Developmental Disabilities Administration (DDA) believes that the quality of programs and services delivered to people with developmental disabilities in Washington State is everyone's business. The evaluation and improvement of processes and systems are ongoing. All collected data is identified by each waiver type in order to evaluate and monitor individualized waiver program effectiveness.

Each year DDA improves services to waiver clients by using the numerous data collection points, appropriate analysis and prioritization techniques, evaluation and feedback from differing groups.

DDA also seeks the assistance of CMS and other entities through grants, conferences, or "Best Practices" information, to continue to refine benchmarks for improvement and evaluate the system against those benchmarks.

The Quality Improvement Strategy will be re-evaluated at least once during the five year approval period. The following process will be followed in reviewing and updating the Quality Improvement Strategy:
- DDA will maintain a waiver management strategy.
- All processes and strategies will be continuously improved through the various methods of evaluation, monitoring, analysis and actions taken.
- DDA will work with participants, families, advocates, and providers to identify opportunities for performance improvement and report the progress being made back to stakeholders.
- State staff, providers and stakeholders will provide ongoing monitoring of the system. Changes may be recommended by any of the above entities.

Explanation and Examples of Types of Data Analysis Used:

Charting Data: Using charts and graphs, often provides greater insight and interpretation of data. Data charts provide a powerful tool to help observe and analyze the behavior of processes and the effects of trial solutions. They are the best way to present data to others helping them to quickly grasp the information.

Chart Selection Guide: The information below summarizes several chart types that are useful in Quality Improvement and suggests possible applications:

A pie chart presents data as a percentage of a total. Examples of application include sources of errors and make up of a budget.

A bar chart presents comparisons of data categories. These can be categories at a point in time or changes in categories over a period of time. Examples of application include the number of errors over time, process output by month or by department, and comparison of results using different methods.

Pareto charts present data relative to the size of categories in order. Examples of application include customer quality characteristics in order of importance, and types of customer complaints.

Histo-grams present a distribution of a set of data (how frequently the given values occur) and shows the stability of a process. One example of application is variation of complaint resolution times.

Line charts represent behavior over time, same data collection frequency, and X charts. Examples of application include time to complete inspections over time, and the number of customer complaints over time.

Control charts present the common cause and special cause variation based on 3 sigma of the average, X bar and R, X and mr charts. Examples of application include time to fulfill customer requests, and the number of IRs per month.

Appendix I: Financial Accountability

I-1: Financial Integrity and Accountability

Financial Integrity. Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

a) requirements concerning the independent audit of provider agencies:

Home Care Agencies are required to have an independent financial audit without findings covering the two year period prior to contracting. The audit must be conducted by a licensed CPA or a recognized financial firm.

Federal rules are followed for agencies that have non-profit status per the Single Audit Act and OMB CIRCULAR A-133. A single or program specific audit is required for the AAA and other subcontractors who expend more than $750,000 in federal assistance in a year. Per 45 CFR 75, an annual audit is required for AAAs and other subrecipients who expend $750,000 or more in a year in federal awards. A 45 CFR 75 Single Audit will be conducted unless the entity makes an election to have a program-specific audit conducted. The Washington State Auditor's Office conducts annual audits of county or governmental AAAs. For all other entities, including tribal governments, a certified public accounting firm must be used to conduct annual audits.

If the subcontractor is a for-profit organization, it may be a subrecipient, but it will not fall under the OMB CIRCULAR A-133 requirements for a federal single or program-specific audit. In this unique case, the for-profit is monitored annually as follows:
1. By performing a desk review of the vendor's annual audit,
2. By on-site monitoring and completion of the monitoring worksheet.
The agency responsible for the desk review of vendor's annual audit, on-site monitoring and completion of monitoring worksheet and review of subcontractor's relevant cost information when contract is renewed is the Area Agency on

Aging. There are no for-profit Area Agencies on Aging in Washington State.

AAAs are required to use the following risk factors to help determine if on-site monitoring should be done:
a. frequency of outside audits,
b. prior audit findings,
c. type of Contract,
d. dollar amount of contract,
e. internal control structure of subcontractor,
f. abnormal frequency of personnel turnover,
g. length of time as a subcontractor,
h. history of marginal performance,
i. has not conformed to conditions of previous contracts.

3. Review of subcontractor's relevant cost information when contract is renewed.
The State Auditor's Office conducts the periodic independent audit of the waiver program as required by the single audit act.

(b)the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits:

AAAs are responsible for monitoring Home Care Agency service contractors with whom they have executed contracts. Full on-site monitoring occurs every two years. A new subcontractor must receive a full monitoring for each of the first two years they are under contract. Abbreviated monitoring occurs in each year when full on-site monitoring does not occur. Desk monitoring occurs semi-annually. Review tools and policies are available through ALTSA. In addition to administrative review, client record and plan of care review, full on-site monitoring includes a fiscal review.

Fiscal Review: Comparison of a sample of contractor billings/ProviderOne reports to contractor maintained documentation of work performed. A review of individual employee time records is part of this responsibility. The minimum sample size is 5% of current authorizations. The monitoring activity verifies that work billed for was performed, that the contractor is maintaining documentation of work performed and that employees are paid for work performed. The five percent sample size has been the standard for decades and represents a statistically valid sample size. HCS is in the process of updating their policy chapter on contracts and changing the sample size methodology to give AAAs more latitude in applying their resources to the highest risk programs and providers based on their risk assessment. A five percent sample is still the recommended floor for sample sizes.

An abbreviated review consists of a review of complaints and review of any items where compliance was not met during the full review. The abbreviated review must be expanded to a full review when a subcontractor exhibits significant problems that are not corrected as required by corrective action.

Desk monitoring consists of a review of program and financial reports to compare level of service provided to the level of service authorized. AAA verification of a sample of time keeping records is required for home care agencies that exceed a ratio of provided versus authorized hours of 92% or above for the quarter reviewed. AAAs must require a written response from home care agencies that have a quarterly ratio of provided versus authorized hours that are equal to or less than 75%. If the reason for the underserved hours is primarily due to an agency's inability to appropriately respond to referrals or provide adequate staffing levels, a corrective action must be submitted by the agency.

Payment Review Program:
DSHS launched the Payment Review Program in 1999 to employ new technology to assist with the regular DSHS review of Medicaid billings for accuracy. The focus of the Payment Review Program is to identify and prevent billing and payment errors. Originally, PRP only looked at claims through the MMIS. Social Service Payment System (SSPS) billings were added to PRP in 2002. The Health Care Authority continues to run the PRP after moving out of DSHS and still includes DSHS billings from ProviderOne. PRP employs algorithms to detect patterns and occurrences that may indicate problem billings. The PRP uses an extensive internal algorithm development and review process. To keep providers informed about finalized algorithms, the Payment Review Program has posted the algorithm descriptions on the HCA Internet site.

Teams of HCA, ALTSA, and DDA clinical, program and policy experts rigorously review all data analysis results from PRP reports to ensure accuracy.

Monitoring for other waiver service contractors is conducted at a minimum every two years. AAAs may conduct either a full or abbreviated monitoring based on a usage/risk threshold. Triggers for a full monitoring are within a two year period and include:
1. five or more authorizations, or
2. one complaint concerning quality of care or client safety, or
3. $5000 or more in payments, or
4. any other reason the AAA thinks a contractor needs to be monitored

Full monitoring of other waiver service contractors includes a comparison of contractor billings to contractors' maintained documentation of work performed. Verification that the work was performed should also be obtained from the client if possible. The minimum sample size for short term or one time services such as environmental modifications, specialized medical equipment is 5% of the total clients the contractor served in the previous two years. The minimum sample size for services that are generally ongoing such as skilled nursing or PERS is 5% of current authorizations. Monitoring includes review of individual files where they exist for services such as skilled nursing, client training, adult day care, home delivered meals and home health aide services.

(c)the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The Aging and Long-Term Support Administration is responsible for conducting the financial review program of AAAs. AAAs are responsible for conducting financial review activities of subcontracted providers. The State Auditor's Office conducts the periodic independent audit of the waiver program as required by the single audit act.

The agency responsible for conducting the audit of counties is the Developmental Disabilities Administration. The frequency of the audit is once a biennium.
What is reviewed in the audit:
Quality Improvement for County Monitoring
1. Develop a self-review to be completed by each County. Self-review contains requirements found in the following documents:
a. Basic Interagency Agreement;
b. County Program Agreement including but not limited to:
i. Criteria for an Evaluation
ii. DDA Policy 6.13 – Provider Qualifications
iii. County Guidelines
iv. DDA Policy 4.11 Working Age Adult

2. Request completion of self-review and information that may include:
a. Copy of most resent Request for Qualification issued by County
b. Copy of most resent Site review schedule including:
i. A sample site review engagement letter
ii. The evaluation tool used for the site review
iii. A sample follow-up site review letter (preferable a corrective action sample; and
iv. An explanation of how client file review sampling is determined.

3. Compile information received from Counties and determine priority for further review.

4. Notify Counties who have been selected for further review. Inform each the length of the review will depend on the number of clients served by your county. The County should plan to have a space available for DDA staff. DDA reviews billing documentation, policies and procedures, and conducts on site reviews of two-to-four providers. Policy and procedure review is based on the "Contractor Compliance Review Checklist" and related materials.

5. For Counties who provide direct clients services DDA reviews Client files for the elements including:
a. Relationship of clients' file notes describing services - to reporting documents - to DDA's Person Centered Service Plan;
b. Quality of reporting documents, activity progress and outcome status;
c. Accuracy of service hours reported;
d. Required documentation such as grievance procedures, medical information, release of information, etc.
e. Direct service staff files are reviewed for elements including:

i. Background checks;
ii. Qualifications;
iii. Training information;
iv. Documentation of Policy review.

6. In addition to formal reviews designated DDA staff monitor the following:
a. Contract and amendments
b. Spending Plans
c. Billing information, Employment outcomes, Cost Benefit Analysis etc.
d. Incident reports
e. Service Information Forms
f. County Plans
g. Media or press releases

Appendix I: Financial Accountability

Quality Improvement: Financial Accountability

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Financial Accountability Assurance:
The State must demonstrate that it has designed and implemented an adequate system for ensuring financial accountability of the waiver program. *(For waiver actions submitted before June 1, 2014, this assurance read "State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver.")*

i. Sub-Assurances:

a. ***Sub-assurance: The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered.*** *(Performance measures in this sub-assurance include all Appendix I performance measures for waiver actions submitted before June 1, 2014.)*

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
I.a.1: % of all claims coded & paid for in accordance with reimbursement methodology in approved waiver for waiver services rendered as per participants' PCSPs. N = # of participant files reviewed with all claims coded & paid for in accordance with reimbursement methodology in approved waiver for waiver services rendered per participants' PCSPs. D = # of participants' PCSPs reviewed.

Data Source (Select one):
Financial records (including expenditures)
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*

☐ **State Medicaid Agency**	☐ **Weekly**	☐ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☑ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☑ **Representative Sample** Confidence Interval = 95%
☑ **Other** Specify: DDA's Quality Compliance Coordinator (QCC) Team	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

b. ***Sub-assurance: The state provides evidence that rates remain consistent with the approved rate methodology throughout the five year waiver cycle.***

Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:
I.b.1: % of waiver provider rate methodologies utilized by contract specialists that are consistent with rate methodology in approved waiver application. N = # of waiver provider rate methodologies utilized by contract specialists that are consistent with rate methodology in approved waiver application. D = # of waiver provider rate methodologies utilized by contract specialists.

Data Source (Select one):
Record reviews, on-site
If 'Other' is selected, specify:

Responsible Party for data collection/generation *(check each that applies):*	**Frequency of data collection/generation** *(check each that applies):*	**Sampling Approach** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**	☑ **100% Review**
☑ **Operating Agency**	☐ **Monthly**	☐ **Less than 100% Review**
☐ **Sub-State Entity**	☐ **Quarterly**	☐ **Representative Sample** Confidence Interval =
☐ **Other** Specify:	☑ **Annually**	☐ **Stratified** Describe Group:
	☐ **Continuously and Ongoing**	☐ **Other** Specify:
	☐ **Other** Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis *(check each that applies):*	**Frequency of data aggregation and analysis***(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☐ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.
I.a.1; I.a.3:
The QCC Team completes a review of randomly selected files across all waivers annually. The list for the QCC Team review is generated to produce a random sample representative of all waiver programs with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members.

A valid sample is produced for the QCC review. The review protocol includes (among others) the following questions with a target of 100% compliance.
*Are all the current authorized services identified in the PCSP?
*Are the authorized service amounts equal or less than the amounts identified in the PCSP?
*Are the payment rates for respite services consistent with the established rates for individual providers and agency providers?

I.b.1:
A claims data report is run annually to verify that all claims made for FFP are for waiver participants and to verify the use of the proper rate methodology for Supported Living and Respite Services.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
The state's intent is to consistently verify financial and disability eligibility of waiver participants during the evidentiary review process.

Waiver File Reviews (Annual QCC audit):
I.a.1; I.a.3:
Findings from QCC Team and Supervisor file reviews are analyzed by management, and based on the analysis necessary steps are taken to increase compliance. For example:.
• Annual Waiver Training curriculum is developed in part to address audit findings
• Annual Automated Client Eligibility System (ACES) training addresses financial and disability eligibility determination issues reflected in annual audits
• Policy clarifications occur as a result of audit findings.

• Analyses of findings assist regions to recognize personnel issues.
• Analysis of audit finding may impact format and instructions on forms.
• Analysis of findings has led to revision in Waiver WAC to clarify rule.
• Analysis of findings has led regions to revise regional processes.

Providers whose service authorization included a rate higher than the contracted rate are reviewed to determine the appropriate course of action. Overpayments are processed as necessary.

I.b.1: Claims that are made for nonwaiver participants are removed from the claim for FFP.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party*(check each that applies):*	**Frequency of data aggregation and analysis** *(check each that applies):*
☐ **State Medicaid Agency**	☐ **Weekly**
☑ **Operating Agency**	☐ **Monthly**
☐ **Sub-State Entity**	☑ **Quarterly**
☐ **Other** Specify:	☑ **Annually**
	☐ **Continuously and Ongoing**
	☐ **Other** Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

◉ **No**

○ **Yes**

Please provide a detailed strategy for assuring Financial Accountability, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (1 of 3)

a. Rate Determination Methods. In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).

•The State publishes its fee schedules at: https://www.dshs.wa.gov/altsa/management-services-division/office-rates-management.•

The DDA and the Health Care Authority follow the federal guidelines found in 42 U.S.C. § 1396a(a)(30)(A) when establishing rates so that payments are consistent with efficiency, economy and quality of care and are sufficient to

enlist providers for services to ensure adequate access to care for Medicaid recipients. Steps taken to ensure rates comply with federal requirements include: workgroups, stakeholder meetings, consultation with program managers, consultation with professional organizations, analysis of market rates, rates paid by other states for comparable services, and the budget impacts of rates. For example, for nursing services, comparable services in the private sector and in other states include private duty nursing/in-home nursing as provided by LPNs or RNs.

Payment cannot exceed 1) the prevailing charges in the locality for comparable services under comparable circumstances, or 2) the rates charged for comparable services funded by other sources. Methods for determining reasonable rates include periodic market surveys, cost analysis and price comparison. HCA conducts these activities every two to four years, per requests by the Legislature and/or indications that access to services is being impacted by current rates. For DDA rates, this information has been added below under each set of services.

Waiver service definitions and provider qualifications are standardized. This helps ensure that rates are comparable (not necessarily identical) across the state for those services that are negotiated on a regional basis by DDA staff, as rates are for identical services with providers meeting the same qualifications.

HCA rates are updated every January with any possible new codes, and rates are changed every July to align with the new relative value units (RVUs), State geographic price cost index (GPCI), and State specific conversion factor. For codes that do not have RVUs, rates are usually set at a flat rate. If analysis shows they need to be updated, that happens every July with the other codes. The most recent update was in July 2014, and will be updated again this coming July.

With respect to rates established by DDA, the most recent rate comparison was conducted in the spring of 2014.

For HCA-based rates, an amendment to the rates is triggered by directive and/or funding by the Legislature, and/or a change to RVUs, and the Legislature is responsible for funding rate changes. The HCA identifies the need for a rate change using indicators listed below. Without additional funding, rate changes must be budget neutral. If a rate change is not budget neutral, it would be made only if funding was provided by the Legislature or the Legislature required service coverage changes to save the funding needed for the rate change.

For DDA, specifics regarding when rates are adjusted & the criteria used to evaluate the need for rate adjustments are at the end of the discussion of each set of services. When funding is available, the Legislature mandates rate increases for specific types of vendors (e.g., individual providers, residential providers, adult family homes) and/or services.

Regarding criteria for HCA to adjust rates, RVU driven rates are updated yearly per new RVUs. For flat rates, a significant (e.g., 25%) drop in the use of services by Medicaid participants, a significant (e.g., 25%) drop in the number of enrolled providers, an indication that payment rates are substantially (e.g., 40%) below third-party insurer rates, and/or a request by the Legislature for an analysis of rate adequacy are indicators of the need for rate adjustments. Rates are adjusted with approval from the Legislature.

Rates negotiated with employee unions are static during the life of the contract & are the rates identified within the contract. These rates are only adjusted as written within the contract.

Regarding the cost allocation plan, DSHS does not establish indirect rates for Title XIX administration. A Public Assistance Cost allocation plan allocates administrative costs through various allocation methodologies (see attachment for the most current submission). The Public Assistance Cost Allocation plans for DDA & ALSTA describe the cost allocation methodologies to the CFDA (Medicaid) grant level & does not list specific waivers.

OPPORTUNITY FOR PUBLIC COMMENT IN THE RATE DETERMINATION PROCESS:
The Administrative Procedure Act, Chapter 34.05 RCW, is followed when soliciting public comments on rate determination methods. Changes to rates that are made by the legislature in the biennial and supplemental budget process are part of public hearings on budget and policy legislation. Rates are posted on public web sites.

•Day Habilitation- Fee schedule
o Community Inclusion: The state uses a fee schedule model of rate setting with two rate ranges reflecting urban and rural settings. The operating budget is set by the State legislature. Unit rates are negotiated annually between the counties and their providers within the parameters established by the county Service Guidelines and the county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local

demand for services. Rates are available to the public through the counties.

o Prevocational: The state uses a fee schedule model of rate setting with two rate ranges reflecting urban and rural settings. The operating budget is set by the State legislature. Unit rates are negotiated annually between the counties and their providers within the parameters established by the county Service Guidelines and the county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services. Rates are available to the public through the counties. No waiver participants have been added to pre-vocational services effective 7/1/2015 onward, as pre-vocational services do not meet the requirements for a home and community setting. Individuals already receiving prevocational services as of 7/1/2015 will be phased out over a four-year period and transitioned to other services, including supported employment and/or individual technical assistance or community inclusion services.

o Supported Employment- Fee Schedule
Group Supported Employment: The state uses a fee schedule model of rate setting with two rate ranges reflecting urban and rural settings. The operating budget is set by the State legislature. Unit rates are negotiated annually between the counties and their providers within the parameters established by the county Service Guidelines and the county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services. Rates are available to the public through the counties.
•
Individual Supported Employment: The state uses a fee schedule model of rate setting with two rate ranges reflecting urban and rural settings. The operating budget is set by the State legislature. Unit rates are negotiated annually between the counties and their providers within the parameters established by the county Service Guidelines and the county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services. Rates are available to the public through the counties.

Specialized Medical Equipment & Supplies, and community-based settings for respite services: Rates are based on usual & customary charges for the products/services as paid by the general public. Charges are adjusted by the supplier based on overhead, staff wages & the local demand for the products/services. To maintain availability of these products/services for waiver participants, DDA adjusts rates if rate comparisons indicate prevailing market rates have increased significantly (e.g., 20%+).

•Respite- Fee Schedule: Individual personal care and respite rates are based on a per hour unit and are determined by the State legislature, based on negotiations between the Governor's Office and the union representing Individual Providers. The collective bargaining agreement is negotiated each State fiscal biennium. The bargained rate includes wages, L & I, vacation pay, mileage reimbursement, comprehensive medical, training, and seniority pay. For individual providers who have completed the home care aide certification, the hourly rate also includes a certification differential payment. Due to the agency parity law [RCW 74.39A.310(1)(a)(v)] the home care agency vendor rates are equivalent to that of the individual provider rate.
RCW 41.56.026 establishes collective bargaining rights for individual providers of personal care and respite. The collective bargaining agreement is negotiated every two years and is subject to funding by the state legislature. If changes are made within the bargaining agreement that affect the rate methodology, a waiver amendment will be submitted. Due to the agency parity law [RCW 74.39A.310(1)(a)(v)] the home care agency vendor rates are equivalent to that of the individual provider rate.
Rates for community-based settings such as senior centers and summer camps are a fee schedule that is based upon usual and customary charges, which are impacted by overhead, staff wages, and consumer demand.

•Positive Behavior Support and Consultation- Fee Schedule Rate: Regional DDA staff negotiate rates on a provider-specific basis within an identified rate range which is based upon WA state average salaries. Variations in rates are due to differences among providers related to overhead, staff wages, the local demand for services and provider performance. Rate ranges are reviewed every five years and rates for each provider are reviewed within their identified rate range at the time of reconstructing, or every three years.

Behavioral Health Stabilization Services (privately-contracted), Risk Assessments, Specialized Psychiatric Services, & Staff/Family Consultation & Training: Rates are negotiated by DDA regional staff with individual providers/agencies. Variations in rates are due to provider differences related to overhead, staff wages, & the local demand for services. Rate changes may be proposed by providers or by DDA. Criteria for rate changes include funding provided by the Legislature & the rates paid for similar services in the geographic area, which in turn are based on provider overhead, staff wages (if applicable) & the local demand for services. DDA adjusts rates annually if necessary. To increase contracted rates, rate comparisons must indicate prevailing market rates have increased

significantly (e.g., 20%+).
Description continues in Main. B. Optional

b. Flow of Billings. Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the State's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

The Department of Social and Health Services (DSHS), the State Operating Agency, receives funding appropriated by the Legislature in the biennial budget. Funding (both state dollars and federal dollars) is provided to DSHS and allotted to the Developmental Disabilities Administration (DDA). DDA receives the appropriation and allots funds to its operating regions via Regional Budgets for most service (e.g., residential, personal care, professional) categories.

Direct Service Payments
DSHS/DDA contracts directly with providers of service for all services except day program/day habilitation (community inclusion, individualized technical assistance, prevocational, supported employment), and state-staffed services, which are state-operated living alternatives (SOLA) services. For direct payment, DDA authorizes services via the ProviderOne and Individual ProviderOne system, and providers bill the agency directly for services using ProviderOne. Payments are made directly from the Health Care Authority via ProviderOne to the providers of service.

In both payment systems case resource managers authorize service based on the assessed need for the service. After the service is provided providers then report the amount of service provided and are paid based on their report. ProviderOne and Individual ProviderOne are both online authorizing and payment systems.
Both providers and clients are notified of creation or changes to authorizations. The provider submits a claim for payment based on the units provided, with claims specific to the date of service. Providers can claim as often as daily. Payment can be made as frequently as weekly. W-2 providers also report by date of service in Individual ProviderOne. A report of time worked by date will be required before payment will be made.

Funding for Medicaid services covered under the Core waiver will continue to be appropriated to the State Operating Agency, and the cost of payments for Core waiver services will be charged directly to the State Operating Agency.

Payments to State Employees
The State-Operated Living Alternatives (SOLA) programs are supported living program staffed with state employees. Employee salaries are included in the appropriation provided to the Administration by the Legislature. State employees that provide these services are paid twice a month like other state employees, with the payment amount determined by their job classification and experience.

Claim for FFP for Services Provided by State Employees
A prospective (daily) rate for SOLA services is established each year for each location (region) based on the projected costs and number of resident days for the ensuing fiscal year. The established rates are transmitted to the Office of Financial Recovery (OFR). OFR uses the daily reimbursement rates and the number of Medicaid eligible days at each location to calculate the federal share of cost for each facility. The OFR calculation report goes to the Office of Accounting Services and to the Management Services Division (MSD). MSD fiscal staff prepare a journal voucher to record the federal share under the federal funds appropriation in the Financial Reporting System (FRS). Reported resident days and FFP claims are reconciled with OFR each month. The DSHS includes the daily cost multiplied by the number of days in the HCFA-64 Report to collect FFP for SOLA services provided to waiver clients. At the close of each year, a settlement calculation is prepared to recover additional federal funds, or to pay back funds previously received.

Payments to the Counties

The DDA contracts with 38 Washington counties (and one non-profit agency on behalf of one county) for day program/day habilitation (community inclusion, individualized technical assistance, prevocational, supported employment) services. In most cases, the county contracts with the direct providers of services. (In a few cases, the counties are the providers of services.) Counties bill the state on behalf of providers of service (providers have the option to bill the state directly, but virtually all providers elect to have the counties handle the billing). Counties in turn bill the state, and the state reimburses the counties, who in turn reimburse providers of service. Counties are paid for their administration, and administrative dollars are in addition to service dollars. Counties reimburse

providers at 100% of the contracted unit rate for services provided.

Counties maintain an infrastructure, including program manager, accounting, and information technology (IT) staff who ensure that DDA funding is spent in accordance with the DDA/County contract and that clients of the Developmental Disabilities Administration receive high quality day program/supported employment services. To support that infrastructure, per WAC 388-850-045(3) (DDA administrative code concerning allocation of funds to the counties) the DDA allows the counties to devote up to 7% of the funding received from the Administration to program administration. "Funding received" refers to the funding provided by the DDA to each county via direct contract with each county. The total funding amount provided to the counties includes both administrative and service dollars (i.e., paid to vendors of community access, individualized technical assistance, prevocational, and supported employment services.

The dollars devoted to administration are considered an indirect rate, and the Department is claiming FFP for funding devoted to administration based on a cost allocation that reflects the proportion of county funding that is spent on Title XIX services.

All direct service providers who contract with counties to provide waiver services have the option to bill the state directly and the state will modify the county contracts to clarify this issue.

Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (2 of 3)

c. Certifying Public Expenditures *(select one)*:

◉ **No. State or local government agencies do not certify expenditures for waiver services.**

○ **Yes. State or local government agencies directly expend funds for part or all of the cost of waiver services and certify their State government expenditures (CPE) in lieu of billing that amount to Medicaid.**

***Select at least one*:**

☐ **Certified Public Expenditures (CPE) of State Public Agencies.**

Specify: (a) the State government agency or agencies that certify public expenditures for waiver services; (b) how it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b).*(Indicate source of revenue for CPEs in Item I-4-a.)*

☐ **Certified Public Expenditures (CPE) of Local Government Agencies.**

Specify: (a) the local government agencies that incur certified public expenditures for waiver services; (b) how it is assured that the CPE is based on total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b). *(Indicate source of revenue for CPEs in Item I-4-b.)*

Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (3 of 3)

d. Billing Validation Process. Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the

individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:

a.) Individual was eligible for Medicaid waiver payment on the date of service.
1) ProviderOne has a waiver identifier based on waiver status that indicates an individual is on a home and community-based services waiver.
2) Waiver Status in CARE Waiver Screen
The Developmental Disabilities Administration's Case Management Information System (CMIS) includes a "Waiver Screen" that contains the type of waiver an individual is on, the waiver begin date, and waiver end date (if any). A waiver effective date for the individual is entered into the Waiver Screen by CARE once the necessary waiver eligibility confirmation steps have been completed. These steps include:
• Verification of the need for ICF/IID Level of Care (LOC),
• Financial eligibility (as established by financial workers in the Long Term Care Specialty Unit within Home and Community Services),
• Documentation of Voluntary Participation statement,
• Verification of disability per criteria established in the SSA, and
• Completion of a Person Centered Service Plan (PCSP).
CARE enters a waiver effective date based on the effective date of the PCSP which is the last step in the waiver eligibility verification process. The waiver effective date serves as the beginning date for claiming of federal financial participation for waiver services. Case Resource Managers may only assign a Waiver Recipient Aid Category (RAC) once the steps above are complete.
Should a waiver RAC be assigned but a person has a loss of financial eligibility during the coverage period, ProviderOne will post edits. The usual MMIS edits apply to claims under the HCBS waivers. For example, the following will be verified: the individual is eligible for the specified HCBS waiver, the service is covered under the waiver, the provider is a qualified provider with a current contract, and the claim details are consistent with the service authorization completed by the DDA case resource manager.

b.) Service was included in the participant's approved person-centered service plan to ensure that PCSPs reflect the current needs of the individual, PCSPs are updated as needed and at least annually (please see Appendix H-1a.i for a description of the steps taken to ensure PCSPs are updated).
DDA Quality Compliance Coordinators (QCCs) annually review a statewide sample of clients. Their review includes a comparison of service payments with the services contained in approved PCSPs to ensure that services claimed against the Core waiver are contained in the approved PCSP.

c.) The services were provided.
Monitoring of the provision of services is outlined in Appendix H-1b.i. Steps taken include:
•*QCC file reviews verify the authorization matches the PCSP including the type, scope, amount, duration and frequency of the service. When findings occur, regions have 30 days to correct problems. QCCs monitor the corrective action plans.
•*CRMs or Social Service Specialists complete a review of last year's plan with the waiver recipient prior to beginning the planning process for the upcoming year. A portion of the review is to confirm that services were received in accordance with the PCSP. •*The State participates in the National Core Indicators Survey, which includes waiver related questions. This annual face-to-face sampling of waiver participants enables DDA management to evaluate PCSP outcomes from the recipient's perspective.

State has DDA Policy 6.10 Client Overpayments, DSHS Administrative Policy 10.02, Vendor/Provider Overpayment and Debt and Social Services Authorization Manual which provide guidance to staff on how to process inappropriate billings. Any inappropriate billings are removed from the State's claim for Federal Financial Participation.

State has multiple processes in place to ensure that participants are not coerced or otherwise pressured to use particular providers. State Case Resource Managers ask participants during the annual Person-Centered Service Plan reassessment if they are satisfied with their providers or if they wish to change providers. The Assessment Meeting Wrap-up, completed during the assessment, has several questions about services and service providers (My case manager explained that I can choose or change my service provider(s); If I had concerns or issues about my service plan, they have been or are being addressed; We discussed any questions I had about my DDA services; My case manager explained how I can make a complaint that is not related to an appeal of DDA services). Following the assessment, participants receive a Person Centered Service Plan Meeting Survey asking about the assessment process, including: Were you given a choice of providers? Did you choose where and how the services will be

provided? Did your case manager review last year's plan and ask what supports you want to continue and what should change? Participants also have the opportunity to participate in the National Core Indicators surveys which ask questions about provider choice and participant satisfaction with services.

e. **Billing and Claims Record Maintenance Requirement.** Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §92.42.

Appendix I: Financial Accountability

I-3: Payment (1 of 7)

a. **Method of payments -- MMIS** (*select one*):

- ○ **Payments for all waiver services are made through an approved Medicaid Management Information System (MMIS).**
- ◉ **Payments for some, but not all, waiver services are made through an approved MMIS.**

Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

The State has completed the process of transitioning all payments for client services to ProviderOne and Individual ProviderOne. Payments to 1099 providers moved to ProviderOne January 1, 2015. Payments to providers who receive a W2 tax orm transferred to the new payment system, Individual ProviderOne, at the beginning of 2016.

In both payment systems case resource managers authorize service based on the assessed need for the service. After the service is provided providers then report the amount of service provided and are paid based on their report.

In ProviderOne and Individual ProviderOne payments are based on an authorization by the case resource manager however there is not an invoice processed. Both providers and clients are notified of creation or changes to authorization. The provider then submits an online claim for payment based on the units provided. Claims are specific to the date of service. Providers can claim as often as daily if they choose. Payment can be made as frequently as weekly. A report of time worked by date will be required before payment will be made.

ProviderOne and Individual ProviderOne brings Medicaid payments into one unified system and provides enforcement and assurance that case resource managers and providers are compliant with rule and policy.

Example of benefits of ProviderOne and Individual ProviderOne:
• When individuals receiving services through an HCBS waiver are authorized Extended State Plan services the system requires a denial from other coverage such as Medicare or insurance prior to allowing payment for individuals with coverage other than Medicaid. When a case resource manager authorizes extended state plan services the system utilizes the Medicaid benefit prior to accessing the waiver benefit. Automation of this provides increased assurance that other coverage is utilized prior to waiver.
• Client and provider eligibility is checked at the authorization and at the claim. If a client does not have the correct financial eligibility or does not meet waiver criteria such as having an individualized assessment or is not ICF/IID eligible an authorization error will populate preventing payment prompting the case resource manager to either resolve the error or work with the client to help them meet eligibility criteria. If providers do not have the correct contract or correct credential, if required, for the authorized service an authorization error will populate and payment will not be made.
• Claims are only made by date of service. Providers must report the amount of service provided each day. This has a variety of benefits one of which is ensuring that on days that an individual is hospitalized waiver funds will not be used to pay for community services.
• Medical providers are now providing all information required for HIPAA compliant billing such as diagnosis codes.
• Reporting capabilities are improved by use of national taxonomies and service codes whenever possible.

• The system has a variety of edits which automate the enforcement of rules and policies. Examples of this include preventing duplicate payments and payments after the death of a client or provider.

All direct service providers who contract with counties to provide waiver services have the option to bill the state directly and the state will modify the county contracts to clarify this issue.

○ **Payments for waiver services are not made through an approved MMIS.**

Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

○ **Payments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS.**

Describe how payments are made to the managed care entity or entities:

Appendix I: Financial Accountability

I-3: Payment (2 of 7)

b. Direct payment. In addition to providing that the Medicaid agency makes payments directly to providers of waiver services, payments for waiver services are made utilizing one or more of the following arrangements (*select at least one*):

☐ **The Medicaid agency makes payments directly and does not use a fiscal agent (comprehensive or limited) or a managed care entity or entities.**

☐ **The Medicaid agency pays providers through the same fiscal agent used for the rest of the Medicaid program.**

☑ **The Medicaid agency pays providers of some or all waiver services through the use of a limited fiscal agent.**

Specify the limited fiscal agent, the waiver services for which the limited fiscal agent makes payment, the functions that the limited fiscal agent performs in paying waiver claims, and the methods by which the Medicaid agency oversees the operations of the limited fiscal agent:

Payments to providers for most services are made directly by the State Operating Agency.

Funding for Day Programs/Individualized Technical Assistance/Supported Employment is provided by the State Operating Agency to Counties. Some Counties are direct service providers. Most contract with and reimburse direct service providers.

28 Counties are the limited fiscal agent contracted by DDA to provide Prevocational, Individualized Technical Assistance, Supported Employment and Community Inclusion services. These counties contract with providers to provide these services and pay these providers for services delivered. 11 Counties contracted by DDA are direct service providers of the same four services. DDA, as the contracting agency, oversees county contracts, provides contract review and on-site oversight of county contract operations including on-site reviews of contracted providers, billing documentation and other data based on the Contractor Compliance Review Checklist. For counties who are direct service providers, DDA will provide on-site monitoring which includes client file reviews, service hours reported, activity progress and outcome status, relationship of clients' file notes describing services to reporting documents to DDA PCSPs, direct service staff file reviewed for qualifications, background check, etc. The Medicaid agency reviews DDA county contract files, records, billing statements and other documentation to oversee the operations of this limited fiscal agent.

☐ **Providers are paid by a managed care entity or entities for services that are included in the State's contract with the entity.**

Specify how providers are paid for the services (if any) not included in the State's contract with managed care entities.

Appendix I: Financial Accountability

I-3: Payment (3 of 7)

c. Supplemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with efficiency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to States for expenditures for services under an approved State plan/waiver. Specify whether supplemental or enhanced payments are made. *Select one:*

◉ **No. The State does not make supplemental or enhanced payments for waiver services.**

○ **Yes. The State makes supplemental or enhanced payments for waiver services.**

Describe: (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which these payments are made; (b) the types of providers to which such payments are made; (c) the source of the non-Federal share of the supplemental or enhanced payment; and, (d) whether providers eligible to receive the supplemental or enhanced payment retain 100% of the total computable expenditure claimed by the State to CMS. Upon request, the State will furnish CMS with detailed information about the total amount of supplemental or enhanced payments to each provider type in the waiver.

Appendix I: Financial Accountability

I-3: Payment (4 of 7)

d. Payments to State or Local Government Providers. *Specify whether State or local government providers receive payment for the provision of waiver services.*

○ **No. State or local government providers do not receive payment for waiver services.** Do not complete Item I-3-e.

◉ **Yes. State or local government providers receive payment for waiver services.** Complete Item I-3-e.

Specify the types of State or local government providers that receive payment for waiver services and the services that the State or local government providers furnish:

Payments for Day Programs/Individualized Technical Assistance/Supported Employment are made to Counties.

Payments for state-staffed Supported Living services as provided by State Operated Living Alternatives (SOLA) and for state-staffed behavior support and consultation and state-staffed behavioral health crisis diversion bed services as components of behavioral health stabilization services are made to state employees.

Appendix I: Financial Accountability

I-3: Payment (5 of 7)

e. Amount of Payment to State or Local Government Providers.

Specify whether any State or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed its reasonable costs of providing waiver services and, if so, whether and how the State recoups the excess and returns the Federal share of the excess to CMS on the quarterly expenditure report. *Select one:*

- ○ **The amount paid to State or local government providers is the same as the amount paid to private providers of the same service.**
- ◉ **The amount paid to State or local government providers differs from the amount paid to private providers of the same service. No public provider receives payments that in the aggregate exceed its reasonable costs of providing waiver services.**
- ○ **The amount paid to State or local government providers differs from the amount paid to private providers of the same service. When a State or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed the cost of waiver services, the State recoups the excess and returns the federal share of the excess to CMS on the quarterly expenditure report.**

Describe the recoupment process:

Appendix I: Financial Accountability

I-3: Payment (6 of 7)

f. Provider Retention of Payments. Section 1903(a)(1) provides that Federal matching funds are only available for expenditures made by states for services under the approved waiver. *Select one:*

- ◉ **Providers receive and retain 100 percent of the amount claimed to CMS for waiver services.**
- ○ **Providers are paid by a managed care entity (or entities) that is paid a monthly capitated payment.**

Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the State.

Appendix I: Financial Accountability

I-3: Payment (7 of 7)

g. Additional Payment Arrangements

i. Voluntary Reassignment of Payments to a Governmental Agency. *Select one:*

- ○ **No. The State does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.**
- ◉ **Yes. Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e).**

Specify the governmental agency (or agencies) to which reassignment may be made.

Counties.

ii. Organized Health Care Delivery System. *Select one:*

◉ **No. The State does not employ Organized Health Care Delivery System (OHCDS) arrangements under the provisions of 42 CFR §447.10.**

○ **Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements under the provisions of 42 CFR §447.10.**

Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants have free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:

iii. Contracts with MCOs, PIHPs or PAHPs. *Select one:*

◉ **The State does not contract with MCOs, PIHPs or PAHPs for the provision of waiver services.**

○ **The State contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the State Medicaid agency.**

Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.

○ **This waiver is a part of a concurrent §1915(b)/§1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.**

○ **This waiver is a part of a concurrent ♦1115/♦1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The ♦1115 waiver specifies the types of health plans that are used and how payments to these plans are made.**

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (1 of 3)

a. State Level Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the State source or sources of the non-federal share of computable waiver costs. *Select at least one*:

☑ **Appropriation of State Tax Revenues to the State Medicaid agency**

☑ **Appropriation of State Tax Revenues to a State Agency other than the Medicaid Agency.**

If the source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the State entity or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if the funds are directly expended by State agencies as CPEs, as indicated in Item I-2-c:

The Department of Social and Health Services/Developmental Disabilities Administration (the State Operating Agency), receives funding for all waiver services. Payment for most waiver services will be made directly to service providers via ProviderOne, and Individual ProviderOne, both approved MMIS which are operated by the Health Care Authority, the
Single State Agency.
No funds to cover the portion of the rates that are non-match are transferred to the Medicaid agency. All nonmatch
funding is appropriated to the State Medicaid Agency or the State Operating Agency by the Legislature.

☐ **Other State Level Source(s) of Funds.**

Specify: (a) the source and nature of funds; (b) the entity or agency that receives the funds; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by State agencies as CPEs, as indicated in Item I-2-c:

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (2 of 3)

b. Local Government or Other Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the source or sources of the non-federal share of computable waiver costs that are not from state sources. *Select One*:

◉ **Not Applicable**. There are no local government level sources of funds utilized as the non-federal share.

○ **Applicable**

Check each that applies:

☐ **Appropriation of Local Government Revenues.**

Specify: (a) the local government entity or entities that have the authority to levy taxes or other revenues; (b) the source(s) of revenue; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement (indicate any intervening entities in the transfer process), and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:

☐ **Other Local Government Level Source(s) of Funds.**

Specify: (a) the source of funds; (b) the local government entity or agency receiving funds; and, (c) the mechanism that is used to transfer the funds to the State Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (3 of 3)

c. Information Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that make up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes or fees; (b) provider-related donations; and/or, (c) federal funds. *Select one*:

◉ **None of the specified sources of funds contribute to the non-federal share of computable waiver costs**

○ **The following source(s) are used**
Check each that applies:
☐ **Health care-related taxes or fees**
☐ **Provider-related donations**
☐ **Federal funds**

For each source of funds indicated above, describe the source of the funds in detail:

Appendix I: Financial Accountability

I-5: Exclusion of Medicaid Payment for Room and Board

a. Services Furnished in Residential Settings. *Select one:*

○ **No services under this waiver are furnished in residential settings other than the private residence of the individual.**
◉ **As specified in Appendix C, the State furnishes waiver services in residential settings other than the personal home of the individual.**

b. Method for Excluding the Cost of Room and Board Furnished in Residential Settings. The following describes the methodology that the State uses to exclude Medicaid payment for room and board in residential settings:

Foster Family Home
Payment for the room and board for a foster family home resident is made under a stand-alone payment code. The payment made by the state is net of any payment made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the Administration's home and community-based services waiver).

Foster Group Care Facility
Payment for the room and board for a foster group care facility resident is made under a stand-alone payment code. The payment made by the state is net of any payment made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

Group Home/Group Training Home/Companion Home
The state of Washington's claim for residential habilitation services provided in group homes, group training homes, and companion homes is based on the cost of habilitation services only (i.e., not based on the total cost, which includes room and board). The individual pays for the cost of room and board using earned or unearned income. If the individual's contribution is less that the full cost of the room and board, the payment toward the cost of room and board made by the state is account-coded to all state dollars to ensure that no federal funding is claimed.

Individuals Residing in Their Own Residence
Waiver clients who live in their own home (e.g., house, apartment) pay for their room and board out of their own resources (e.g., SSA, SSI, earnings from supported employment). Since supportive living services (either state-staffed or privately contracted) do not include room and board, payments for those services (which are claimed under Title XIX) do not include the cost of room and board.

Staffed Residential Home
The payment for room and board for a staffed residential home resident is made under a stand-alone payment code. The payment made by the state is net of any payments made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the Administration's home and community-based services waiver).

The rates claimed for behavioral health crisis stabilization services do not include room and board costs, which are reimbursed separately.

Appendix I: Financial Accountability

I-6: Payment for Rent and Food Expenses of an Unrelated Live-In Caregiver

Reimbursement for the Rent and Food Expenses of an Unrelated Live-In Personal Caregiver. *Select one:*

- (●) **No. The State does not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who resides in the same household as the participant.**
- ( ) **Yes. Per 42 CFR §441.310(a)(2)(ii), the State will claim FFP for the additional costs of rent and food that can be reasonably attributed to an unrelated live-in personal caregiver who resides in the same household as the waiver participant. The State describes its coverage of live-in caregiver in Appendix C-3 and the costs attributable to rent and food for the live-in caregiver are reflected separately in the computation of factor D (cost of waiver services) in Appendix J. FFP for rent and food for a live-in caregiver will not be claimed when the participant lives in the caregiver's home or in a residence that is owned or leased by the provider of Medicaid services.**

The following is an explanation of: (a) the method used to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver and (b) the method used to reimburse these costs:

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (1 of 5)

a. Co-Payment Requirements. Specify whether the State imposes a co-payment or similar charge upon waiver participants for waiver services. These charges are calculated per service and have the effect of reducing the total computable claim for federal financial participation. *Select one:*

- (●) **No. The State does not impose a co-payment or similar charge upon participants for waiver services.**
- ( ) **Yes. The State imposes a co-payment or similar charge upon participants for one or more waiver services.**

i. Co-Pay Arrangement.

Specify the types of co-pay arrangements that are imposed on waiver participants (*check each that applies*):

Charges Associated with the Provision of Waiver Services *(if any are checked, complete Items I-7-a-ii through I-7-a-iv):*

- [ ] **Nominal deductible**
- [ ] **Coinsurance**
- [ ] **Co-Payment**
- [ ] **Other charge**

Specify:

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (2 of 5)

a. Co-Payment Requirements.

ii. Participants Subject to Co-pay Charges for Waiver Services.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (3 of 5)

a. Co-Payment Requirements.

iii. Amount of Co-Pay Charges for Waiver Services.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (4 of 5)

a. Co-Payment Requirements.

iv. Cumulative Maximum Charges.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (5 of 5)

b. Other State Requirement for Cost Sharing. Specify whether the State imposes a premium, enrollment fee or similar cost sharing on waiver participants. *Select one*:

- (●) **No. The State does not impose a premium, enrollment fee, or similar cost-sharing arrangement on waiver participants.**
- ( ) **Yes. The State imposes a premium, enrollment fee or similar cost-sharing arrangement.**

Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income; (c) the groups of participants subject to cost-sharing and the groups who are excluded; and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:

Appendix J: Cost Neutrality Demonstration

J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

Composite Overview. Complete the fields in Cols. 3, 5 and 6 in the following table for each waiver year. The fields in Cols. 4, 7 and 8 are auto-calculated based on entries in Cols 3, 5, and 6. The fields in Col. 2 are auto-calculated using the Factor D data from the J-2-d Estimate of Factor D tables. Col. 2 fields will be populated ONLY when the Estimate of Factor D tables in J-2-d have been completed.

Level(s) of Care: ICF/IID

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)
1		12125.10	12125.10	161730.24	6784.08	168514.32	156389.22
2		12391.85	12391.85	161730.24	6784.08	168514.32	156122.47
3		12664.47	12664.47	161730.24	6784.08	168514.32	155849.85
4		12943.09	12943.09	161730.24	6784.08	168514.32	155571.23
5		13227.84	13227.84	161730.24	6784.08	168514.32	155286.48

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (1 of 9)

a. **Number Of Unduplicated Participants Served.** Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table: J-2-a: Unduplicated Participants

Waiver Year	Total Unduplicated Number of Participants (from Item B-3-a)	Distribution of Unduplicated Participants by Level of Care (if applicable)	
		Level of Care:	
		ICF/IID	
Year 1	4938		4938
Year 2	5038		5038
Year 3	5138		5138
Year 4	5238		5238
Year 5	5338		5338

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (2 of 9)

b. **Average Length of Stay.** Describe the basis of the estimate of the average length of stay on the waiver by participants in item J-2-a.

The 336 days is the four year average length of stay on the Core Waiver for Waiver Renewal Year 1-5. This four year average was calculated from the accepted CMS 372 Reports for 2012-13 and 2013-14 and from the draft CMS 372 reports for 2014-15 and 2015-16.

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (3 of 9)

c. **Derivation of Estimates for Each Factor.** Provide a narrative description for the derivation of the estimates of the following factors.

i. **Factor D Derivation.** The estimates of Factor D for each waiver year are located in Item J-2-d. The basis for these estimates is as follows:

Projections for all services except Chemical eradication of bed bugs for the Waiver Renewal are based on the four year trend of expenditures from CMS 372 Reports for waiver years 2012-2013, 2013-2014, 2014-2015 (draft) and 2015-2016(draft):

Respite
- Community Access

Community Transition
Residential Habilitation Services
- Prevocational Services
- Supported Employment

Individual Technical Assistance
- Community Guide
- Positive Behavior Management and Consultation
- Staff/Family Consultation and Training
- Environmental Adaptations
- Transportation
- Specialized Medical Equipment and Supplies

Specialized Psychiatric Services
- Skilled Nursing
- Risk Assessment
- Behavioral Health Stabilization Services: Positive Behavior Support and Consultation
- Behavioral Health Stabilization Services: Behavioral Health Crisis Diversion Bed Services
- Behavioral Health Stabilization Services: Specialized Psychiatric Services
- Occupational Therapy
- Physical Therapy

Speech, Hearing and Language Services
Wellness Education

Chemical Eradication of Bed Bugs utilization and expenditures are based on market research and professional judgement.

Note: No waiver participants have been added to pre-vocational services since 9/1/2015, per approved waiver amendment, as pre-vocational services do not meet the requirements for a home and community-based setting. Individuals already receiving pre-vocational services as of 9/1/2015 will be transitioned to other services, including supported employment, individual technical assistance or community inclusion services by February 2019, as outlined in state's initially approved Statewide Transition Plan.

ii. Factor D' Derivation. The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

The Factor D'' estimates for Waiver Renewal Years 1-5 are based on actual expenditures compiled for waiver year 2014-2015 plus an estimate of CFCO expenditures per participant for the waiver year 2015-2016, plus as estimate of MCO annual premiums per participant, plus an inflation factor based on current annual CPI data. For WY1, MCO annual premium per participant = $9,600; CFCO annual expenditures per participant = $2,525.10; annual inflation factor based on current CPI = 2.2%.

iii. Factor G Derivation. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Estimates of Factor G values for Waiver Renewal Years 1-5 are based upon the aggregate average daily cost for state-operated and privately-operated ICF/IID beds in Washington State for waiver year 2014-2015 times the number of days individuals on the waiver would be in an ICF/IID if the waiver did not exist. In the absence of the waiver, waiver participants would be on an ICF/IID for the same number of days that they are projected to be on the waiver.

iv. Factor G' Derivation. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G'' projections are based on the estimated per person cost ($6,784.08) of State Plan services by ICF/IID residents during Waiver Year 4 (9/1/2014 - 8/31/2015). No trend factors were applied for the Waiver Renewal period.

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (4 of 9)

Component management for waiver services. If the service(s) below includes two or more discrete services that are reimbursed separately, or is a bundled service, each component of the service must be listed. Select "*manage components*" to add these components.

Waiver Services	
Community Inclusion	
Individual Supported Employment/Group Supported Employment	
Prevocational Services	
Residential Habilitation	
Respite	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	
Specialized Psychiatric Services	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation	
Chemical Extermination of Bed Bugs	
Community Guide	
Community Transition	
Environmental Adaptations	
Individualized Technical Assistance	
Occupational Therapy	
Physical Therapy	
Positive Behavior Support and Consultation	
Risk Assessment	
Skilled Nursing	
Specialized Medical Equipment and Supplies	
Speech, Hearing, and Language Services	
Staff Family Consultation and Training	
Transportation	
Wellness Education	

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (5 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 1

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Inclusion Total:						
Community Inclusion	Each	758	479.66	7.76	**2821398.49**	
				GRAND TOTAL:		
				Total Estimated Unduplicated Participants:		**4938**
				Factor D (Divide total by number of participants):		
				Average Length of Stay on the Waiver:		336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Inclusion						
Community Inclusion						
Community Inclusion						
Individual Supported Employment/Group Supported Employment Total:						
Individual Supported Employment/Group Supported Employment	Each	2186	422.66	17.29	**15974832.00**	
Individual Supported Employment/Group Supported Employment						
Individual Supported Employment/Group Supported Employment						
Prevocational Services Total:						
Prevocational Services	Each	70	1132.75	13.34	**1057761.95**	
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Residential Habilitation Total:						
Group Home	Day	259	321.36	236.29	**19666945.99**	
Foster Group Care	Month	26	9.11	3549.16	**840654.04**	
Contracted Supported Living	Day	3729	338.62	273.55	**345415409.23**	
Companion Home	Day	72	345.01	207.21	**5147245.59**	
Group Training Home	Day	18	321.46	236.29	**1367240.10**	
Family Foster Care	Month	17	11.72	3549.16	**707134.64**	
State Staffed Supported Living (SOLA)	Day	133	365.00	412.94	**20046172.30**	
Staffed Residential Home	Day	98	334.76	390.08	**12797151.72**	

GRAND TOTAL:		
Total Estimated Unduplicated Participants:		**4938**
Factor D (Divide total by number of participants):		
Average Length of Stay on the Waiver:	336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Alternative Living	Hour	129	318.10	15.81	**648761.77**	
Residential Habilitation						
Respite Total:						
Respite	Hour	272	523.04	16.04	**2281960.76**	
Respite						
Respite						
Behavioral Health Stabilization Services-Specialized Psychiatric Services Total:						
Behavioral Health Stabilization Services-Specialized Psychiatric Services	Each	79	8.43	128.39	**85503.89**	
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Specialized Psychiatric Services Total:						**6976.99**
Specialized Psychiatric Services	Hour	5	7.08	197.09	**6976.99**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services Total:						
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Day	161	14.94	367.70	**884443.52**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral						
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**4938**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:		336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation Total:						
Behavior Support and Consultation-Privately Contracted	Hour	115	47.39	84.20	**458877.37**	
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation						
Chemical Extermination of Bed Bugs Total:						
Chemical Extermination of Bed Bugs	Each	20	2.00	3000.00	**120000.00**	
Chemical Extermination of Bed Bugs						
Chemical Extermination of Bed Bugs						
Community Guide Total:						
Community Guide	Hour	5	15.59	19.05	**1484.95**	
Community Guide						
Community Guide						
Community Guide						
Community Transition Total:						
Community Transition	Each	9	1.42	1103.40	**14101.45**	
Community Transition						
Community Transition						
Community Transition						
Environmental Adaptations Total:						
Environmental Adaptations	Each	8	1.75	5953.56	**83349.84**	
Environmental Adaptations						
Environmental Adaptations						
Environmental Adaptations						
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**4938**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:		336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Individualized Technical Assistance Total:						
Individualized Technical Assistance	Each	36	47.41	26.04	**44444.03**	
Individualized Technical Assistance						
Occupational Therapy Total:						
Occupational Therapy	Each	3	4.01	166.67	**2005.04**	
Occupational Therapy						
Occupational Therapy						
Physical Therapy Total:						
Physical Therapy	Each	17	7.97	100.86	**13665.52**	
Physical Therapy						
Physical Therapy						
Positive Behavior Support and Consultation Total:						
Positive Behavior Support and Consultation	Hour	408	32.44	88.52	**1171608.23**	
Positive Behavior Support and Consultation						
Risk Assessment Total:						
Risk Assessment	Each	10	1.24	1618.48	**20069.15**	
Risk Assessment						
Risk Assessment						
Risk Assessment						
Skilled Nursing Total:						
Skilled Nursing	Hour	33	1136.70	32.12	**1204856.53**	
Skilled Nursing						
Skilled Nursing						
Skilled Nursing						
Specialized Medical Equipment and Supplies Total:						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**4938**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Specialized Medical Equipment and Supplies	Each	9	0.83	1002.69	**7490.09**	
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Speech, Hearing, and Language Services Total:						
Speech, Hearing, and Language Services	Hour	2	110.44	86.55	**19117.16**	
Speech, Hearing, and Language Services						
Speech, Hearing, and Language Services						
Staff Family Consultation and Training Total:						
Staff Family Consultation and Training	Hour	16	6.01	95.76	**9208.28**	
Staff Family Consultation and Training						
Transportation Total:						
Transportation	Mile	117	3331.98	0.54	**210514.50**	
Transportation						
Wellness Education Total:						
Wellness Education	Each	51	12.00	3.07	**1878.84**	
Wellness Education						
Wellness Education						

GRAND TOTAL:

Total Estimated Unduplicated Participants: **4938**

Factor D (Divide total by number of participants):

Average Length of Stay on the Waiver: 336

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (6 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 2

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Inclusion Total:						
Community Inclusion	Each	773	479.76	7.76	**2877830.76**	
Community Inclusion						
Community Inclusion						
Community Inclusion						
Individual Supported Employment/Group Supported Employment Total:						
Individual Supported Employment/Group Supported Employment	Each	2230	422.60	17.29	**16294061.42**	
Individual Supported Employment/Group Supported Employment						
Individual Supported Employment/Group Supported Employment						
Prevocational Services Total:						
Prevocational Services	Each	70	747.62	13.34	**698127.56**	
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Residential Habilitation Total:						
Group Home	Day	259	321.37	236.29	**19667557.98**	
Foster Group Care	Month	26	8.89	3549.16	**820352.84**	
Contracted Supported Living	Day	3849	338.62	273.55	**356530949.35**	
Companion Home	Day	72	345.01	207.21	**5147245.59**	
Group Training Home	Day	18	321.46	236.29	**1367240.10**	
Family Foster Care	Month				**707738.00**	

GRAND TOTAL:

Total Estimated Unduplicated Participants: 5038

Factor D (Divide total by number of participants):

Average Length of Stay on the Waiver: 336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
		17	11.73	3549.16		
State Staffed Supported Living (SOLA)	Day	133	365.00	412.94	**20046172.30**	
Staffed Residential Home	Day	98	334.76	390.08	**12797151.72**	
Alternative Living	Hour	129	318.10	15.81	**648761.77**	
Residential Habilitation						
Respite Total:						
Respite	Hour	277	523.86	16.04	**2327551.89**	
Respite						
Respite						
Behavioral Health Stabilization Services-Specialized Psychiatric Services Total:						
Behavioral Health Stabilization Services-Specialized Psychiatric Services	Hour	81	8.38	128.39	**87148.56**	
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Specialized Psychiatric Services Total:						**7114.95**
Specialized Psychiatric Services	Hour	5	7.22	197.09	**7114.95**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services Total:						
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Day	164	14.96	367.70	**902129.89**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5038**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation Total:						
Behavior Support and Consultation-Privately Contracted	Hour	117	47.51	84.20	**468040.01**	
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation						
Chemical Extermination of Bed Bugs Total:						
Chemical Extermination of Bed Bugs	Each	20	2.00	3000.00	**120000.00**	
Chemical Extermination of Bed Bugs						
Chemical Extermination of Bed Bugs						
Community Guide Total:						
Community Guide	Hour	5	15.90	19.05	**1514.48**	
Community Guide						
Community Guide						
Community Guide						
Community Transition Total:						
Community Transition	Each	9	1.45	1103.40	**14399.37**	
Community Transition						
Community Transition						
Community Transition						
Environmental Adaptations Total:						
Environmental Adaptations	Each				**85254.98**	

GRAND TOTAL:		
Total Estimated Unduplicated Participants:		**5038**
Factor D (Divide total by number of participants):		
Average Length of Stay on the Waiver:	336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
		8	1.79	5953.56		
Environmental Adaptations						
Environmental Adaptations						
Environmental Adaptations						
Individualized Technical Assistance Total:						
Individualized Technical Assistance	Each	37	47.05	26.04	**45331.73**	
Individualized Technical Assistance						
Occupational Therapy Total:						
Occupational Therapy	Each	3	4.08	166.67	**2040.04**	
Occupational Therapy						
Occupational Therapy						
Physical Therapy Total:						
Physical Therapy	Each	17	8.12	100.86	**13922.71**	
Physical Therapy						
Physical Therapy						
Positive Behavior Support and Consultation Total:						
Positive Behavior Support and Consultation	Hour	416	32.46	88.52	**1195317.43**	
Positive Behavior Support and Consultation						
Risk Assessment Total:						
Risk Assessment	Each	10	1.26	1618.48	**20392.85**	
Risk Assessment						
Risk Assessment						
Risk Assessment						
Skilled Nursing Total:						
Skilled Nursing	Hour	34	1125.34	32.12	**1228961.31**	

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5038**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Skilled Nursing						
Skilled Nursing						
Skilled Nursing						
Specialized Medical Equipment and Supplies Total:						
Specialized Medical Equipment and Supplies	Each	9	0.84	1002.69	**7580.34**	
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Speech, Hearing, and Language Services Total:						
Speech, Hearing, and Language Services	Hour	2	112.64	86.55	**19497.98**	
Speech, Hearing, and Language Services						
Speech, Hearing, and Language Services						
Staff Family Consultation and Training Total:						
Staff Family Consultation and Training	Hour	16	6.01	95.76	**9208.28**	
Staff Family Consultation and Training						
Transportation Total:						
Transportation	Mile	119	3341.50	0.54	**214724.79**	
Transportation						
Wellness Education Total:						
Wellness Education	Each	52	12.00	3.07	**1915.68**	
Wellness Education						
Wellness Education						
				GRAND TOTAL:		
				Total Estimated Unduplicated Participants:		**5038**
				Factor D (Divide total by number of participants):		
				Average Length of Stay on the Waiver:		336

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (7 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 3

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Inclusion Total:						
Community Inclusion	Each	789	479.44	7.76	**2935438.52**	
Community Inclusion						
Community Inclusion						
Community Inclusion						
Individual Supported Employment/Group Supported Employment Total:						
Individual Supported Employment/Group Supported Employment	Each	2274	422.72	17.29	**16620276.69**	
Individual Supported Employment/Group Supported Employment						
Individual Supported Employment/Group Supported Employment						
Prevocational Services Total:						
Prevocational Services	Each	0	0.00	13.34	**0.00**	
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Residential Habilitation Total:						
Group Home	Day	259	321.37	236.29	**19667557.98**	
Foster Group Care	Month	26	9.11	3549.16	**840654.04**	
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5138**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:		336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Contracted Supported Living	Day	3969	338.62	273.55	**367646489.47**	
Companion Home	Day	72	345.02	207.21	**5147394.78**	
Group Training Home	Day	18	321.46	236.29	**1367240.10**	
Family Foster Care	Month	17	11.73	3549.16	**707738.00**	
State Staffed Supported Living (SOLA)	Day	133	365.00	412.94	**20046172.30**	
Staffed Residential Home	Day	98	334.76	390.08	**12797151.72**	
Alternative Living	Hour	129	318.10	15.81	**648761.77**	
Residential Habilitation						
Respite Total:						
Respite	Hour	283	523.02	16.04	**2374155.15**	
Respite						
Respite						
Behavioral Health Stabilization Services-Specialized Psychiatric Services Total:						
Behavioral Health Stabilization Services-Specialized Psychiatric Services	Hour	82	8.45	128.39	**88961.43**	
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Specialized Psychiatric Services Total:						**7252.91**
Specialized Psychiatric Services	Hour	5	7.36	197.09	**7252.91**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services Total:						
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Day	168	14.89	367.70	**919808.90**	
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5138**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:			336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation Total:						
Behavior Support and Consultation-Privately Contracted	Hour	120	47.25	84.20	**477414.00**	
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation						
Chemical Extermination of Bed Bugs Total:						
Chemical Extermination of Bed Bugs	Each	20	2.00	3000.00	**120000.00**	
Chemical Extermination of Bed Bugs						
Chemical Extermination of Bed Bugs						
Community Guide Total:						
Community Guide	Hour	5	16.22	19.05	**1544.96**	
Community Guide						
Community Guide						
Community Guide						
Community Transition Total:						
Community Transition	Each	9	1.48	1103.40	**14697.29**	
Community Transition						
Community Transition						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5138**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Transition						
Environmental Adaptations Total:						
Environmental Adaptations	Each	8	1.82	5953.56	**86683.83**	
Environmental Adaptations						
Environmental Adaptations						
Environmental Adaptations						
Individualized Technical Assistance Total:						
Individualized Technical Assistance	Each	37	47.99	26.04	**46237.41**	
Individualized Technical Assistance						
Occupational Therapy Total:						
Occupational Therapy	Each	3	4.17	166.67	**2085.04**	
Occupational Therapy						
Occupational Therapy						
Physical Therapy Total:						
Physical Therapy	Each	18	7.83	100.86	**14215.21**	
Physical Therapy						
Physical Therapy						
Positive Behavior Support and Consultation Total:						
Positive Behavior Support and Consultation	Hour	424	32.48	88.52	**1219054.95**	
Positive Behavior Support and Consultation						
Risk Assessment Total:						
Risk Assessment	Each	10	1.29	1618.48	**20878.39**	
Risk Assessment						
Risk Assessment						

GRAND TOTAL:

Total Estimated Unduplicated Participants: 5138

Factor D (Divide total by number of participants):

Average Length of Stay on the Waiver: 336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Risk Assessment						
Skilled Nursing Total:						
Skilled Nursing	Hour	34	1147.84	32.12	**1253533.11**	
Skilled Nursing						
Skilled Nursing						
Skilled Nursing						
Specialized Medical Equipment and Supplies Total:						
Specialized Medical Equipment and Supplies	Each	9	0.86	1002.69	**7760.82**	
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Speech, Hearing, and Language Services Total:						
Speech, Hearing, and Language Services	Hour	2	114.90	86.55	**19889.19**	
Speech, Hearing, and Language Services						
Speech, Hearing, and Language Services						
Staff Family Consultation and Training Total:						
Staff Family Consultation and Training	Hour	16	6.01	95.76	**9208.28**	
Staff Family Consultation and Training						
Transportation Total:						
Transportation	Mile	122	3324.51	0.54	**219018.72**	
Transportation						
Wellness Education Total:						
Wellness Education	Each		12.00	3.07	**1952.52**	
				GRAND TOTAL:		
				Total Estimated Unduplicated Participants:		**5138**
				Factor D (Divide total by number of participants):		
				Average Length of Stay on the Waiver:		336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
		53				
Wellness Education						
Wellness Education						
				GRAND TOTAL:		
				Total Estimated Unduplicated Participants:		5138
				Factor D (Divide total by number of participants):		
				Average Length of Stay on the Waiver:	336	

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (8 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 4

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Inclusion Total:						
Community Inclusion	Each	804	479.90	7.76	**2994115.30**	
Community Inclusion						
Community Inclusion						
Community Inclusion						
Individual Supported Employment/Group Supported Employment Total:						
Individual Supported Employment/Group Supported Employment	Each	2320	422.62	17.29	**16952471.54**	
Individual Supported Employment/Group Supported Employment						
Individual Supported Employment/Group Supported Employment						
Prevocational Services Total:						
Prevocational Services	Each	0	0.00	13.34	**0.00**	
Prevocational Services						
				GRAND TOTAL:		
				Total Estimated Unduplicated Participants:		5238
				Factor D (Divide total by number of participants):		
				Average Length of Stay on the Waiver:	336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Residential Habilitation Total:						
Group Home	Day	259	321.37	236.29	**19667557.98**	
Foster Group Care	Month	26	8.89	3549.16	**820352.84**	
Contracted Supported Living	Day	4089	338.62	273.55	**378762029.59**	
Companion Home	Day	72	345.01	207.21	**5147245.59**	
Group Training Home	Day	18	321.46	236.29	**1367240.10**	
Family Foster Care	Month	17	11.73	3549.16	**707738.00**	
State Staffed Supported Living (SOLA)	Day	133	365.00	412.94	**20046172.30**	
Staffed Residential Home	Day	98	334.76	390.08	**12797151.72**	
Alternative Living	Hour	129	318.10	15.81	**648761.77**	
Residential Habilitation						
Respite Total:						
Respite	Hour	289	522.40	16.04	**2421616.54**	
Respite						
Respite						
Behavioral Health Stabilization Services-Specialized Psychiatric Services Total:						
Behavioral Health Stabilization Services-Specialized Psychiatric Services	Hour	84	8.41	128.39	**90699.83**	
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5238**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Specialized Psychiatric Services Total:						**7400.73**
Specialized Psychiatric Services	Hour	5	7.51	197.09	**7400.73**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services Total:						
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Day	171	14.93	367.70	**938749.13**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation Total:						
Behavior Support and Consultation-Privately Contracted	Hour	122	47.40	84.20	**486911.76**	
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation						
Chemical Extermination of Bed Bugs Total:						
Chemical Extermination of Bed Bugs	Each	20	2.00	3000.00	**120000.00**	
Chemical Extermination of Bed Bugs						
Chemical Extermination of Bed Bugs						
Community Guide Total:						
Community Guide					**1575.44**	
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5238**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:			336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
	Hour	5	16.54	19.05		
Community Guide						
Community Guide						
Community Guide						
Community Transition Total:						
Community Transition	Each	10	1.36	1103.40	**15006.24**	
Community Transition						
Community Transition						
Community Transition						
Environmental Adaptations Total:						
Environmental Adaptations	Each	8	1.86	5953.56	**88588.97**	
Environmental Adaptations						
Environmental Adaptations						
Environmental Adaptations						
Individualized Technical Assistance Total:						
Individualized Technical Assistance	Each	38	47.66	26.04	**47160.52**	
Individualized Technical Assistance						
Occupational Therapy Total:						
Occupational Therapy	Each	3	4.25	166.67	**2125.04**	
Occupational Therapy						
Occupational Therapy						
Physical Therapy Total:						
Physical Therapy	Each	18	7.98	100.86	**14487.53**	
Physical Therapy						
Physical Therapy						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5238**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Positive Behavior Support and Consultation Total:						
Positive Behavior Support and Consultation	Hour	433	32.44	88.52	**1243397.95**	
Positive Behavior Support and Consultation						
Risk Assessment Total:						
Risk Assessment	Each	11	1.20	1618.48	**21363.94**	
Risk Assessment						
Risk Assessment						
Risk Assessment						
Skilled Nursing Total:						
Skilled Nursing	Hour	35	1137.35	32.12	**1278608.87**	
Skilled Nursing						
Skilled Nursing						
Skilled Nursing						
Specialized Medical Equipment and Supplies Total:						
Specialized Medical Equipment and Supplies	Each	10	0.79	1002.69	**7921.25**	
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Speech, Hearing, and Language Services Total:						
Speech, Hearing, and Language Services	Hour	2	117.20	86.55	**20287.32**	
Speech, Hearing, and Language Services						
Speech, Hearing, and Language Services						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5238**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Staff Family Consultation and Training Total:						
Staff Family Consultation and Training	Hour	16	6.01	95.76	**9208.28**	
Staff Family Consultation and Training						
Transportation Total:						
Transportation	Mile	124	3336.32	0.54	**223399.99**	
Transportation						
Wellness Education Total:						
Wellness Education	Each	54	12.00	3.07	**1989.36**	
Wellness Education						
Wellness Education						
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5238**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:		336	

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (9 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 5

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Inclusion Total:						
Community Inclusion	Each	820	479.48	7.76	**3051027.14**	
Community Inclusion						
Community Inclusion						
Community Inclusion						
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5338**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:		336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Individual Supported Employment/Group Supported Employment Total:						
Individual Supported Employment/Group Supported Employment	Each	2364	422.64	17.29	**17274801.40**	
Individual Supported Employment/Group Supported Employment						
Individual Supported Employment/Group Supported Employment						
Prevocational Services Total:						
Prevocational Services	Each	0	0.00	13.34	**0.00**	
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Prevocational Services						
Residential Habilitation Total:						
Group Home	Day	259	321.37	236.29	**19667557.98**	
Foster Group Care	Month	26	8.89	3549.16	**820352.84**	
Contracted Supported Living	Day	4209	338.62	273.55	**389877569.71**	
Companion Home	Day	72	345.01	207.21	**5147245.59**	
Group Training Home	Day	18	321.46	236.29	**1367240.10**	
Family Foster Care	Month	17	11.73	3549.16	**707738.00**	
State Staffed Supported Living (SOLA)	Day	133	365.00	412.94	**20046172.30**	
Staffed Residential Home	Day	98	334.76	390.08	**12797151.72**	
Alternative Living	Hour	129	318.10	15.81	**648761.77**	
Residential Habilitation						
Respite Total:						
Respite					**2467615.74**	

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5338**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
	Hour	294	523.27	16.04		
Respite						
Respite						
Behavioral Health Stabilization Services-Specialized Psychiatric Services Total:						
Behavioral Health Stabilization Services-Specialized Psychiatric Services	Hour	85	8.47	128.39	**92434.38**	
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Behavioral Health Stabilization Services-Specialized Psychiatric Services						
Specialized Psychiatric Services Total:						**7538.69**
Specialized Psychiatric Services	Hour	5	7.65	197.09	**7538.69**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services Total:						
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Day	174	14.95	367.70	**956498.01**	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services						
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation Total:						
					496251.22	

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5338**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Behavior Support and Consultation-Privately Contracted	Hour	124	47.53	84.20		
Behavioral Health Stabilization Services-Positive Behavior Support and Consultation						
Chemical Extermination of Bed Bugs Total:						
Chemical Extermination of Bed Bugs	Each	20	2.00	3000.00	**120000.00**	
Chemical Extermination of Bed Bugs						
Chemical Extermination of Bed Bugs						
Community Guide Total:						
Community Guide	Hour	5	16.86	19.05	**1605.92**	
Community Guide						
Community Guide						
Community Guide						
Community Transition Total:						
Community Transition	Each	10	1.38	1103.40	**15226.92**	
Community Transition						
Community Transition						
Community Transition						
Environmental Adaptations Total:						
Environmental Adaptations	Each	9	1.68	5953.56	**90017.83**	
Environmental Adaptations						
Environmental Adaptations						
Environmental Adaptations						
Individualized Technical Assistance Total:						
Individualized Technical Assistance	Each	39	47.33	26.04	**48066.45**	
Individualized Technical Assistance						

GRAND TOTAL:	
Total Estimated Unduplicated Participants:	**5338**
Factor D (Divide total by number of participants):	
Average Length of Stay on the Waiver:	336

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Occupational Therapy Total:						
Occupational Therapy	Each	3	4.33	166.67	**2165.04**	
Occupational Therapy						
Occupational Therapy						
Physical Therapy Total:						
Physical Therapy	Each	18	8.14	100.86	**14778.01**	
Physical Therapy						
Physical Therapy						
Positive Behavior Support and Consultation Total:						
Positive Behavior Support and Consultation	Hour	441	32.46	88.52	**1267151.41**	
Positive Behavior Support and Consultation						
Risk Assessment Total:						
Risk Assessment	Each	11	1.22	1299.00	**17432.58**	
Risk Assessment						
Risk Assessment						
Risk Assessment						
Skilled Nursing Total:						
Skilled Nursing	Hour	36	1126.77	32.12	**1302906.69**	
Skilled Nursing						
Skilled Nursing						
Skilled Nursing						
Specialized Medical Equipment and Supplies Total:						
Specialized Medical Equipment and Supplies	Each	10	0.80	1002.69	**8021.52**	
Specialized Medical Equipment and Supplies						
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5338**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:		336	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Specialized Medical Equipment and Supplies						
Speech, Hearing, and Language Services Total:						
Speech, Hearing, and Language Services	Hour	2	9.23	86.55	**1597.71**	
Speech, Hearing, and Language Services						
Speech, Hearing, and Language Services						
Staff Family Consultation and Training Total:						
Staff Family Consultation and Training	Hour	16	6.01	95.76	**9208.28**	
Staff Family Consultation and Training						
Transportation Total:						
Transportation	Mile	127	3319.39	0.54	**227643.77**	
Transportation						
Wellness Education Total:						
Wellness Education	Each	55	12.00	3.07	**2026.20**	
Wellness Education						
Wellness Education						
			GRAND TOTAL:			
			Total Estimated Unduplicated Participants:			**5338**
			Factor D (Divide total by number of participants):			
			Average Length of Stay on the Waiver:			336