

# DEVELOPMENTAL DISABILITIES ADMINISTRATION Olympia, Washington

TITLE: CLIENT RIGHTS POLICY 5.06

Authority: Civil Rights Act of 1964

Americans with Disabilities Act

Individual with Disabilities Education Act (IDEA, Part C)

<u>42 CFR 483.420</u> *Condition of participation: client* 

Chapter 11.88 RCW
Chapter 70.122 RCW

Protections
Guardianship
Natural Death Act

<u>Chapter 71A RCW</u> Developmental Disabilities

WAC 388-823-1095 What are my rights as a DDA client?
WAC 388-76-10510 - 14645 Adult Family Home resident rights
WAC 388-78A-2660 - 2690 Assisted Living resident rights (formerly

Boarding Homes)

WAC 388-101-3320 - 3330 Client rights and treatment
WAC 388-829A-130 Alternative Living client rights
WAC 388-829C-100 Companion Home client rights

Reference: DSHS Administrative Policy 7.02 Equal Access to Services for Individuals

with Disabilities

DDA Policy 5.03 Client Complaints

## **BACKGROUND**

Federal and state laws have been promulgated to assure that the civil rights of all people are recognized and protected. The <u>Civil Rights Act of 1964</u> mandates protection of the civil rights of persons who have a developmental disability.

#### **PURPOSE**

This policy provides a basic summary of the civil rights of eligible clients of the Developmental Disabilities Administration (DDA) of the Department of Social and Health Services (DSHS). The summary is <u>not</u> intended to be all inclusive. Refer to <u>WAC 388-823-1095</u> for an additional list of client rights and the other residential WACs as noted above under <u>Authority</u>.

### **SCOPE**

This policy applies to all eligible clients receiving DDA funded supports or services, Administration staff, and contracted service providers.

## **DEFINITIONS**

**Administration** means the Developmental Disabilities Administration of the Department of Social and Health Services (DSHS).

#### **POLICY**

- A. Clients of the DDA have the same legal rights and responsibilities guaranteed to all other individuals by the U.S. Constitution, and federal and state law. All eligible Administration clients will be informed of their civil rights.
- B. When services are offered by DDA, all clients shall receive a copy of the form, <u>DSHS 16-172</u>, *Your Rights and Responsibilities When You Receive Services Offered by the Aging and Disability Services Administration*.
- C. All facilities, programs, contractors, and service providers receiving funding from DDA shall promote clients' rights.
- D. Violation of the civil, constitutional and/or other rights of clients is prohibited. These rights include, but are not limited to, the following:
  - 1. The right to be free from discrimination.
    - No client shall be subjected to discrimination because of race, color, national origin, gender, age, religion, creed, marital status, disability, sexual orientation, or the presence of any physical, mental, or sensory disability.
  - 2. The right to be free from harm.
    - To be free from any kind of abuse or punishment, including verbal, mental, physical, and/or sexual abuse.
    - To be free from unnecessary medication, restraints, seclusion, and restrictions.
    - To express concerns and complaints without fear of retribution.
  - 3. The right to dignity, privacy, and humane care.

- To be treated respectfully by all Administration staff and contracted service providers.
- To meet with and talk privately with friends and family members.
- To personal privacy and confidentiality of personal and other records.
- To have services delivered in the least restrictive environment possible.
- To set rules in your own home and to know what rules service providers have when living in another person's house or working in someone else's business.
- To help from an advocate.
- To decide whether or not to participate in research after the research has been explained to you, and not unless you or your legal representative give written consent for you to participate.
- To make choices about your life.
- To wear your clothes and hair the way you want.
- 4. The right to prompt medical care and treatment.
  - To access healthcare that meets your needs.
  - To know what your doctor wants you to do or take and to help plan how that will happen.
- 5. The right to religious freedom and practice.
  - To attend the church of your choice.
- 6. The right to receive a free appropriate public education.
- 7. The right to social interaction and participation in community activities.
  - To choose activities and schedules that meet your needs.
  - To vote and help people get elected to office.
- 8. The right to physical exercise and recreational activities.
- 9. The opportunity to benefit from employment.

- To be employed and receive a fair wage.
- To manage your money or choose other persons to assist you.

## **EXCEPTIONS**

None

## **SUPERSESSION**

DDD Policy 5.06 Issued January 3, 2011

Approved: /s/Donald Clintsman Date: July 15, 2013

Deputy Assistant Secretary

Developmental Disabilities Administration