

Important information about Basic Food Benefits

DSHS is issuing some Basic Food (EBT) benefits early in March 2019.

If you normally get food benefits on March:	You will get food benefits on March:
1st – 10th	No Change in Date
11	2
12	3
13	4
14	5
15	6
16	7
17	8
18	9
19	10
20	11

This is because we issued February benefits in January due to the federal government shutdown. These benefits are not extra. The next time you get benefits will be in April on your normal benefit day.

This applies to the following programs:

- Washington Basic Food Program (Basic Food)
- Washington Combined Application Project (WASHCAP)
- Food Assistance Program for Legal Immigrants (FAP)
- Transitional Food Assistance (TFA)

You can get updates at www.dshs.wa.gov/esa

If you have questions, please contact us at 1-877-501-2233.