

# Do you qualify?

## YOU MAY QUALIFY IF:

- You are receiving or qualify for Basic Food Assistance (*application assistance available*)
- You meet income guidelines below:

Number of people in household	Gross Monthly Income
1	\$1,962
2	\$2,655
3	\$3,349
4	\$4,042
5	\$4,735
6	\$5,429
7	\$6,122
8	\$6,815
Add for each person over 8:	+\$694

Effective 4/1/2015



## What do you want... ...for the future?

- A new career?
- Job training?
- Improved Math or English skills?
- Support services (for example - transportation or tuition) for job training or job search?

Now available  
in all of Washington State

Contact a BFET provider  
or college of your choice!

[www.basicfoodet.org](http://www.basicfoodet.org)



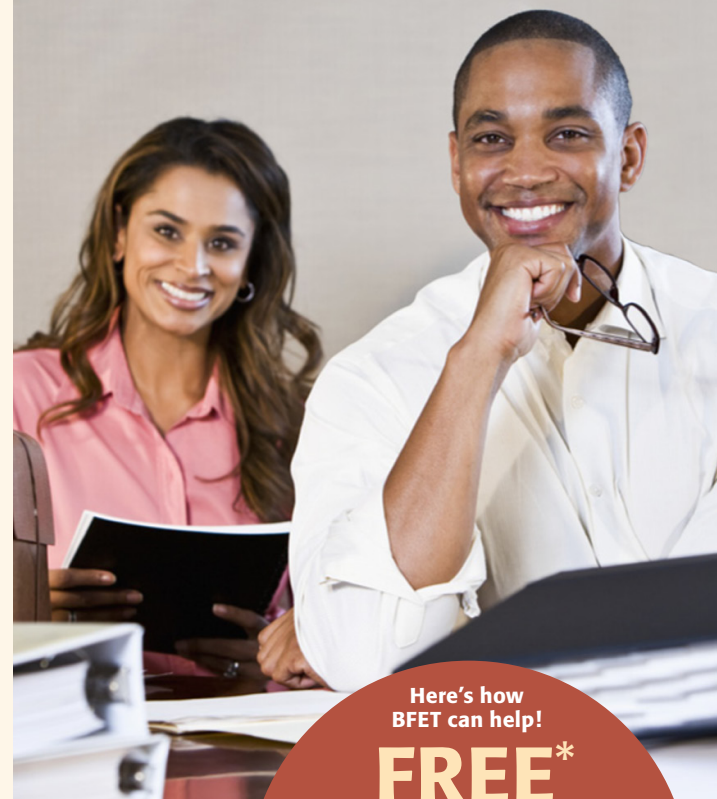
**Washington State**  
Department of Social  
& Health Services

Transforming lives

DSHS 22-1553 (Rev. 2/15)



# Looking for the next step to your future?



Here's how  
BFET can help!

**FREE\***

**Employment and  
Training Assistance**

\* Free to those receiving Basic Food Assistance.  
TANF/Workfirst recipients must contact their case manager.



This institution is an equal opportunity provider.

BASIC FOOD EMPLOYMENT & TRAINING (BFET)

## Agencies in the Community

### BELLINGHAM

Northwest Indian College\* .....(360) 255-4431  
 Opportunity Council .....(360) 734-5121

### EVERETT

Housing Hope.....(425) 347-6556

### FEDERAL WAY

Multi-Service Center (MSC) .....(253) 838-6810

### RENTON

Apprenticeship & Non-Traditional Employment  
 for Women (ANEW).....(206) 381-1384  
 Puget Sound Training Center.....(425) 656-5950

### SPOKANE

Fulcrum Institute DRC\* .....(509) 795-8955  
 YWCA of Spokane .....(509) 789-9307 x8307

### SEATTLE

Asian Counseling and Referral Services (ACRS)\* ....(206) 695-7590  
 Cares of Washington\* .....(206) 902-7150  
 FareStart\*.....(206) 443-1233  
 King County Jobs Initiative .....(206) 263-9064  
 Neighborhood House\* .....(206) 461-4568 x4110  
 Port Jobs/Airport Jobs.....(206) 787-7501  
 Refugee Federation .....(206) 501-4110  
 Seattle Goodwill\* .....(206) 329-1000  
 Seattle Jobs Initiative .....(206) 628-6975  
 TRAC Associates (King)\* .....(206) 574-0863  
 YWCA of Seattle\* .....(206) 336-7000 or (425) 861-3722

### TACOMA

Tacoma Community House.....(253) 383-3951  
 Pierce County Community Connections.....(253) 798-2870  
 Goodwill of the Olympics and Rainier Region\* .....(253) 573-6636  
 Courage360\* .....(253) 474-9933

\*Agency also serves surrounding areas

## Remote Sites

Walla Walla Community College.....(509) 758-1708

### Goodwill of the Olympics and Rainier Region

Longview .....(360) 425-6929  
 Yakima .....(253) 573-6636

### Spokane Community College

Spokane .....(509) 533-8517  
 Republic, Newport, Colville .....(509) 279-6252

### Seattle Goodwill.....(206) 812-8602

Bellingham, Mt. Vernon, Marysville, South Everett, Shoreline,  
 Seattle, Bremerton, Silverdale, Bellevue, Burien

Olympic College.....(360) 432-5400

Grays Harbor College .....(360) 875-9466

Pierce College Fort Steilacoom.....(253) 964-6265

### NW Indian College

Muckleshoot.....(253) 876-3274  
 Port S'Klallam.....(360) 297-6216  
 Swinomish .....(360) 466-4380  
 Tulalip .....(360) 716-0782  
 Nisqually .....(360) 456-5221 x1117

Fulcrum Institute.....(509) 795-8955

## Participating Colleges

Bates Technical College.....(253) 680-7286  
 Bellevue College .....(425) 564-2033  
 Bellingham Technical College .....(360) 752-8468  
 Big Bend Community College.....(509) 793-2052  
 Cascadia Community College.....(425) 352-8168 (or 8014)  
 Centralia College.....(360) 736-9391 x351  
 Clark College .....(360) 992-2321  
 Clover Park Technical College .....(253) 589-5957  
 Columbia Basin College .....(509) 547-0511  
 Edmonds Community College .....(425) 640-1727  
 Everett Community College.....(425) 388-9279  
 Grays Harbor College .....(360) 538-4155  
 Green River Community College.....(253) 833-9111 x2211  
 Highline College.....(206) 592-3368  
 Lake Washington Institute of Technology.....(425) 576-5811  
 Lower Columbia College.....(360) 442-2332  
 North Seattle College.....(206) 934-3787

Olympic College.....(360) 475-6551  
 Peninsula College.....(360) 417-6505  
 Pierce College .....(253) 964-6265  
 Renton Technical College .....(425) 235-2352 x5569  
 Seattle Central College.....(206) 934-3849  
 Seattle Vocational Institute.....(206) 934-4936  
 Shoreline Community College.....(206) 546-6967  
 Skagit Valley College.....(360) 416-7975  
 South Puget Sound Community College .....(360) 596-5401  
 South Seattle College.....(206) 934-5835  
 Spokane Community College.....(509) 533-8056  
 Spokane Falls Community College.....(509) 533-3599  
 Tacoma Community College.....(253) 566-5009  
 Walla Walla Community College .....(509) 527-1865  
 Wenatchee Valley College .....(509) 682-6613  
 Whatcom Community College.....(360) 383-3183  
 Yakima Valley Community College.....(509) 574-4743

For more information, go to:

[www.sbctc.ctc.edu/college/\\_e-wkforcebasicfoodemploytrng.aspx](http://www.sbctc.ctc.edu/college/_e-wkforcebasicfoodemploytrng.aspx)

## Refugee and Immigrant Agencies

### EVERETT

Refugee & Immigrant Services NW\* .....(425) 388-9307  
 TRAC Associates (Snohomish)\* .....(425) 514-3358

### SEATTLE

Asian Counseling and Referral Services (ACRS)\*....(206) 695-7590  
 Neighborhood House\* (Kent) .....(253) 277-1667  
 Refugee Federation .....(206) 501-4110  
 Refugee Women's Alliance (ReWA).....(206) 957-2029 x230  
 TRAC Associates (King)\* .....(206) 574-0863  
 World Relief (Kent) .....(253) 277-1121 x244

### SPOKANE

WorkSource Spokane.....(509) 532-3120  
 World Relief .....(509) 232-2814

### TACOMA

Tacoma Community House .....(253) 383-3951  
 TRAC Associates (Pierce)\* .....(253) 472-1727

### TRI-CITIES

World Relief .....(509) 734-5477

\*Agency also serves surrounding areas