

# Sideen ku...



## ☛ Codsadaa ama Ku cusboonaysiiyaa Ceymiska Daryeelka Caafimaadka

(Ceymiska loogu talagalay Caafimaadka, Ilkaha, Caafimaadka Maskaxda, ama Xanuunada Isticmaalka Daroogada)

### Haddii aad tahay:

- Qof u codsanaya carruurta
- Waalid ama daryeel bixiye u codsanaya carruurta
- Qof uur leh ama u codsanaya qof uur leh
- Qof weyn oo 18 illaa 64 sanno jir ah

**Tooska internetka:** Booqo [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) si aad u codsatid Washington Apple Health (Medicaid) ama ku jirida ceymiska caafimaadka khaaska ah.

**Telefoonka:** Kala xiriir Xarunta Taageerada Macamiilka Washington Healthplanfinder lambarkan 1-855-923-4633.

**Caawimaad si-shakhsi ah:** Ka raadi goob Raadiyaha deegaanka halkan:

[https://www.wahealthplanfinder.org/HBEWeb/Annon\\_DisplayBrokerNavigatorSearch.action?brokerNavigator=NAV&request\\_locale=en](https://www.wahealthplanfinder.org/HBEWeb/Annon_DisplayBrokerNavigatorSearch.action?brokerNavigator=NAV&request_locale=en)

### Haddii aad tahay:

- Qof da'diisu tahay 65 ama ka weyn
- Xaq u leh Daryeelka caafimaadka (Medicare)
- Ku jira Bixinta
- U baahan qaadashada Barnaamijka Keydadka Daryeelka caafimaadka (Medicare)
- Qof u baahan ama qaadanaa Adeegaha Muddada-dheer iyo Taakulooyinka
- Qof qabba naafo
- Qof u codsanaya Healthcare ee la siiyo Shaqaalayaasha qabba Naafooyinka (HWD)

**Tooska internetka:** Booqo [www.washingtonconnection.org](http://www.washingtonconnection.org) si aad u codsatid Washington Apple Health (Medicaid).

**Telefoonka:** Kala xiriir Xarunta Xiriirka Adeega Macamiilka ee DSHS lambarkan 1-877-501-2233.

**Caawimaada si-shakhsi ah:**

- Ka raadi Xafiiska Adeegaha Bulshada ee DSHS halkan <https://www.dshs.wa.gov/esa/community-services-find-an-office>.
- Ka raadi wakaalada deegaanka halkan <https://www.washingtonconnection.org/home/publicaccessdirectory.go>.
- Ka raadi dhacdada Xafiiska Adeegaha Bulshada Guura meel adiga kuu dhow halkan [www.dshs.wa.gov/MobileOffice](http://www.dshs.wa.gov/MobileOffice).

## ☛ Codso Daryeelka Caafimaadka Dib loo cusboonaysiiyay ee la siiyo Carruurta ku jira Daryeelka Xanaanada

**Loogu talagalay carruurta iyo dhallinyarada:**

- Qof ka yar da'da 21 qofkaas oo ku jira daryeelka xanaanada ama qaadanaa taakulada korsashada.
- Da'daadu tahay 18 illaa 26 sanno jir qofkaas oo ka weynaaday daryeelka xanaanada markii ay ahayd ama kadib dhallashadaada 18aad.

**Telefoonka:** Kala xiriir Qaybta Caafimaadka Daryeelka Xanaanada lambarkan 1-800-562-3022 wicitaanka fog. 15480.

## ☛ Raadi Caawimaada Taakulooyinka iyo Adeegaha Muddada-Dheer

**Adeegaha xarunta kalkaalinta, daryeelka gudaha guriga ah, caawimaada nololaha ama guriga qoys ee qof weyn, ama daryeelka shakhsiyeed ee Caawimaada caafimaadka (Medicaid):**

- La xiriir Xafiiska Adeegaha Bulshada iyo Guriga ee deegaanka. Ka raadi xafiiska deegaanka halkan <https://www.dshs.wa.gov/AL TSA/resources>.

**Daryeelka caafimaadka (Healthcare) la siiyo Shaqaalayaasha qabba Naafooyinka (HWD):**

- Kala xiriir Qaybta Takhasuska ee HWD lambarkan 1-800-871-9275.

**Adeegaha Maamulka Naafooyinka Koriinka:**

- Ka raadi xafiiskaaga deegaanka ama xarunta adeega halkan <https://www.dshs.wa.gov/dda/find-dda-office>.

**Adeegaha Isbitaalka:**

- Ka raadi wakaalada isbitaalka deegaanka halkan <https://wshpco.org/directory-search/>.

## ☛ Raadi Caawimaada loogu talagalay Caafimaadka Maskaxda iyo Daaweynta Xanuunka Isticmaalka Daroogada

**Tooska internetka:** Booqo <https://www.hca.wa.gov/health-care-services-supports/behavioral-health-and-recovery> si aad u heshid macluumaad ku saabsan sida lagu helo daaweynta la maal-geliyay ee Medicaid.

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## ☛ Codsadaa ama Ku cusboonaysiiyaa Caawimaada Cuntada

**Tooska internetka:** Booqo [www.washingtonconnection.org](http://www.washingtonconnection.org) si aad u codsatid ama u cusboonaysiisid caawimaada.

**Telefoonka:** Kala xiriir Xarunta Xiriirka Taakulada Macamiilka ee DSHS lambarkan 1-877-501-2233.

**Caawimaad si-shakhsi ah:**

- Ka raadi Xafiiska Adeegaha Bulshada ee DSHS ee deegaanka halkan <https://www.dshs.wa.gov/esa/community-services-find-an-office>.
- Ka raadi wakaalada deegaanka halkan <https://www.washingtonconnection.org/home/publicaccessdirectory.go>.
- Ka raadi dhacdada Xafiiska Adeegaha Bulshada Guura meel adiga kuu dhow halkan [www.dshs.wa.gov/MobileOffice](http://www.dshs.wa.gov/MobileOffice).

## ☛ Codso ama Cusboonaysii Caawimaada Lacagta Caddaanka ah

(Waayeelka, Indhoolaha, Naafada; La xiriir Qoyska; ama Caawimaada Qaxootida)

**Tooska internetka:** Booqo [www.washingtonconnection.org](http://www.washingtonconnection.org) si aad u codsatid caawimaad.

**Telefoonka:** Kala xiriir Xarunta Xiriirka Adeega Macamiilka ee DSHS lambarkan 1-877-501-2233.

**Caawimaad si-shakhsi ah:**

- Ka raadi Xafiiska Adeegaha Bulshada ee DSHS ee deegaanka halkan <https://www.dshs.wa.gov/esa/community-services-find-an-office>.
- Ka raadi wakaalada iskaashiga deegaanka halkan <https://www.washingtonconnection.org/home/publicaccessdirectory.go>.
- Ka raadi dhacdada Xafiiska Adeegaha Bulshada Guura meel adiga kuu dhow halkan [www.dshs.wa.gov/MobileOffice](http://www.dshs.wa.gov/MobileOffice).

## ☛ Codso ama Cusboonaysii Caawimaada Daryeelka Ilmaha

**Tooska internetka:** Booqo [www.washingtonconnection.org](http://www.washingtonconnection.org) si aad u codsatid Barnaamijyada Kabka Daryeelka Ilmaha.

**Telefoonka:** Kala xiriir Xarunta Xiriirka Kabka Daryeelka Ilmaha lambarkan 1-844-626-8687.

## ☛ Bedel Kaarkayga DSHS EBT ee loogu talagalay Cuntada ama Dheefaha Lacagta Caddaanka ah

**Tooska internetka:** Booqo [www.washingtonconnection.org](http://www.washingtonconnection.org) kadibna gal Koontadaada Xisaabta ee Dheefta Macamiilka si aad u samaysid codsiga.

**Telefoonka:** Kala xiriir Khadka caawimaada Adeega Macamiilka FIS lambarkan 1-888-328-9271.

- Haddii aad guurtay, kala xiriir Xarunta Xiriirka Adeega Macamiilka ee DSHS lambarkan 1-877-501-2233.

## ☛ Bedel Kaarkayga Adeegaha ProviderOne ee loogu talagalay Adeegaha Caafimaadka

**Tooska internetka:** Booqo <https://www.waproviderone.org/client> ama <https://fortress.wa.gov/hca/p1contactus/>.

**Telefoonka:** Kala xiriir Xarunta Adeega Macamiilka Caawimaada Caafimaadka ee Maamulka Daryeelka Caafimaadka lambarkan 1-800-562-3022.

### Yaanan laguugu dhagrin xeeladaha beenta ama sharci darada ah!

Ka digtoonow been-abuuradka ama boggaga internetka beenta ah kuwaas oo isku dayaya in ay kaa qaataan macluumaadkaaga shakhsiyeed ama kaa iibiyaan ceymiska caafimaadka.

Marna ma ahaanin lacag isticmaalida boggaga internetka lagu qoray qoraalkan yar.

Weligaaga haku siinin macluumaadkaaga shakhsiyeed qof aadan garanaynin tooska telefoonka ama tooska internetka.

Kusoo sheeg Medicaid-ka aad ka shakhsid iyo Beenta Nolol Wanaaga lambarkan 1-800-562-6906.



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