#### **Policy**

- Required annual training per your contract under section 9 Program Training.
- Non-disclosure forms per your contract under section 6 Data Sharing section d2
- Per the BFET contract, your agency is required to maintain or exceed an 85% performance enrollment goal, per component per quarter with an overall year goal.
- If your agency utilizes an approved alternate form, your agency must maintain documentation of policy staff approval and provide it to DSHS for review during the monitoring visit.

#### For DSHS Policy Contracted Providers

• Submit all form revision request to SWBFETPolicy@DSHS.WA.GOV for approval or at the time of renewal application.

#### For SBCTC Contracted Providers

• Submit all form revisions to Kathi Medcalf at kmedcalf@SBCTC.EDU for approval. Submit alternate forms with your grant application.

#### For DSHS ORIA Contracted Providers

• Submit all form revision request to McKenzie Nassiri at McKenzie.Nassiri@DSHS.WA.GOV for approval.

#### **Monitoring**

- You should have received the official Program results of your FFY2023 BFET contract monitoring visit.
- If the Monitoring Outcomes produce finding(s) that require(s) a formal Corrective Action Plan (CAP), your agency was required to submit a CAP outlining a process plan of correcting the items within 30 days.

#### **ORIA**

State of arrivals and FAP E&T overview

#### **Files That Get Smiles**

- Requirements for participant files
- Forms
- Documentation
- Tips

If you have any questions, please reach out to your operations consultant.

#### **Secondary Traumatic Stress and Community Self-Care**

- Normalizing mental health
- Feelings of Languishment
- Self-Care for Helping Professionals
- Exposure to Secondary Traumatic Stress (STS)
- Be intentional about your own self-care plan

#### Cell-ED

This opportunity relates specifically to our ABAWD clients.

Cell-Ed has been providing services since 2014. They have a mobile platform that clients can utilize to access content that supports their learning goals.

Cell-Ed gives clients a user friendly platform. Furthermore, no smartphone, internet or data plan is required to use Cell-Ed. They are acutely aware of the digital divide that affects so many of our clients and one of their goals is to help bridge that gap by making learning tools accessible to all.

Cell-Ed is committed to working with us to serve our clients and they provide ongoing support.

Their programming is designed and developed by education experts and it is continuously improved based on new data. Cell-Ed has thousands of hours of content and they are constantly working to grow their catalog of learning. They also have trained and certified coaches who track and support each learner. The model is mobile first but not mobile only as they provide personalized support when clients need it.

Cell-Ed will provide wraparound services to help build out their program here in Washington. They are committed to providing support through regular communication in the form of webinars and 1 on 1 support. Through feedback, they will work with us on customization to be sure that our clients are getting what we want for them and that their services are of ongoing value to our clients. *(Continued on next page)* 

#### Cell-ED (cont'd)

Cell-Ed also provides comprehensive data on client progress and they will take our unique needs into account. Our partnership with Cell-Ed will provide us with some new options to serve our clients. Please reach out to us if you are interested in exploring this new opportunity.

WA state had funding to increase services for ABAWDs, not just in King & Snohomish Counties, but Statewide. This funding will provide grants to existing BFET partners, to increase their services to ABAWDs and increase capacity to serve more participants.

The funding will also be used to support new contracts with additional providers in the state to build service capacity to serve ABAWDs.

WA will soon release a proposal process for those interested providers. WA seeks competitive proposals focused on increasing ABAWD client enrollment and/or increasing program capacity from BFET E&T providers statewide by offering expanded activities.

WA anticipates these Capacity Building awards to generate a separate contract from existing BFET contracts.

Look for more information in the following few months, the proposal and an estimated timeline.

In the meantime, in order to assess interest, please contact us at SWBFETPolicy@dshs.wa.gov, no later than September 22nd.

#### **Hispanic Heritage Month**

September 15th through October 15th we honor Hispanic Heritage Month.

There are 62.5 million Hispanics in the United States. This is up from 50.5 million in 2010.

The Hispanic/Latino population is increasing steadily in Washington, almost doubling during the 1990s and reaching 13.4% of the population by 2020.

In 2020, Washington ranked 13th highest among the states in total Hispanic/Latino population and 15th in percent share of Hispanic/Latino population.

The counties with the largest metro areas in Washington have some of the highest # of Hispanics/Latinos, aside from Yakima County. King County with the most at around 234,000, followed by Yakima and then Pierce, Snohomish and Clark Counties.

Most of the counties with a high percentage of the total population of the county being Hispanic/Latino are in Eastern Washington. Yakima County has a high % as well as a high # of Hispanic/Latino people. In fact, it holds the 2nd highest population of Hispanic/Latino people in the state as you can see by the #'s in red compared to the rest of the Eastern Washington Counties with a high population percentage. How does Yakima fair in regards to some western counties which are more populated?

The counties with the largest metro areas in Washington have some of the highest # of Hispanics/Latinos, aside from Yakima County. King County with the most at around 234,000, followed by Yakima and then Pierce, Snohomish and Clark Counties.

<u>Understanding Hispanic Heritage – YouTube</u>

#### Reminders

- Success stories confirms our work is transforming lives! We would like more success stories to highlight! Please send them to <a href="mailto:SWBFETPolicy@dshs.wa.gov">SWBFETPolicy@dshs.wa.gov</a>.
- If you have a best practice or specialty presentation for a future meeting. (Around 10 minutes) we can learn from each other, please send to <a href="mailto:SWBFETPolicy@dshs.wa.gov">SWBFETPolicy@dshs.wa.gov</a>.
- DSHS provides notices to the first three points of contact on our list for your agency. Please forward any invites or emails to any of your staff.



# **BFET Quarterly Provider Meeting**



#### Welcome!

To help ensure everyone can hear the presentations, please mute yourself.

If you need any assistance with this Zoom meeting, please contact:

Felicia Talbott 360-764-9557 Or

Felicia.Talbott@dshs.wa.gov

#### **Icebreaker Question:**

Tell us your favorite soup or stew to keep you warm in the fall.

Drop your answers in the chat!



# Agenda





- 1. Icebreaker and Welcome
- 2. BFET Staff Changes
- 3. Program Updates
- 4. Break
- 5. Self-Care
- 6. Files With Smiles
- 7. Break
- 8. Cell Ed: Capacity Building
- 9. REDI/EDAI
- 10. Adjourn and Survey

If you need any assistance with this Zoom meeting, please contact Felicia Talbott at 360-764-9557 or Felicia.Talbott@dshs.wa.gov.

# Transforming Lives



Program
Manager,
Corinna
Lambert

# Transforming Lives

# **Welcoming New Staff**





BFET Operations
Consultant,
Blake O'Connor

# Policy Updates



- Policy Updates
- Monitoring
- ORIA McKenzie Nassiri





# Policy Updates

Bessie Williams – BFET Program Manager Barb Mooney – BFET Program Manager



### FFY24 Contracts





# Required Annual Trainings

- Section 9 under Program Training
- Current employees, subcontractors, volunteers, vendors
- Trainings must be completed no later than 90 days after the contract start date, Oct. 1, 2023
- Where to find the list of mandatory trainings



#### Nondisclosure Forms

- Contract under section 6 Data Sharing
- Provider Handbook under Training and Networking – Confidential Information, Fraud and Abuse Form.
- Required to all employees with access to DSHS information
- Annually required in October
- Form link in the Provider Handbook

# Transforming Lives



## FFY23 Final Performance Reports

- Your agency will receive the final Q4 performance reports no later than Oct. 31, 2023.
- If you would like to meet with your assigned BFET Program Manager after you receive your agency final performance reports, please feel free to contact them.



#### Alternate Forms

- All requests to use alternative forms must be approved annually by policy staff at the onset of each contract year. Custom forms must contain the Civil Rights Nondiscrimination Statement. Providers must use the DSHS forms if they have not received approval from policy staff to use an alternate form.
- If your agency uses an approved, alternate form, your agency must maintain documentation of policy staff approval and provide it to DSHS for review during the monitoring visit.





#### POLICY UPDATES - MONITORING

Dear partners,

You should have received the official program results of your FFY2023 BFET contract-monitoring visit.

The visit was in accordance with DSHS Administrative Policy 13.11, which mandates the monitoring of medium and high risk contracts annually.

The BFET Team would like to thank you for your continued partnership, which has allowed Washington's BFET program to be a national model.





#### POLICY UPDATES - OFFICIAL MONITORING REPORT

If the Monitoring Outcomes produce finding(s) that require(s) a formal Corrective Action Plan (CAP), your agency is required to submit a CAP outlining a process plan of correcting the items within 30 days.





#### POLICY UPDATES - OFFICIAL MONITORING REPORT

Thank you all for your continued partnerships, and we look forward to collaboration supporting participants next year.





#### POLICY UPDATES — OFFICIAL MONITORING REPORT

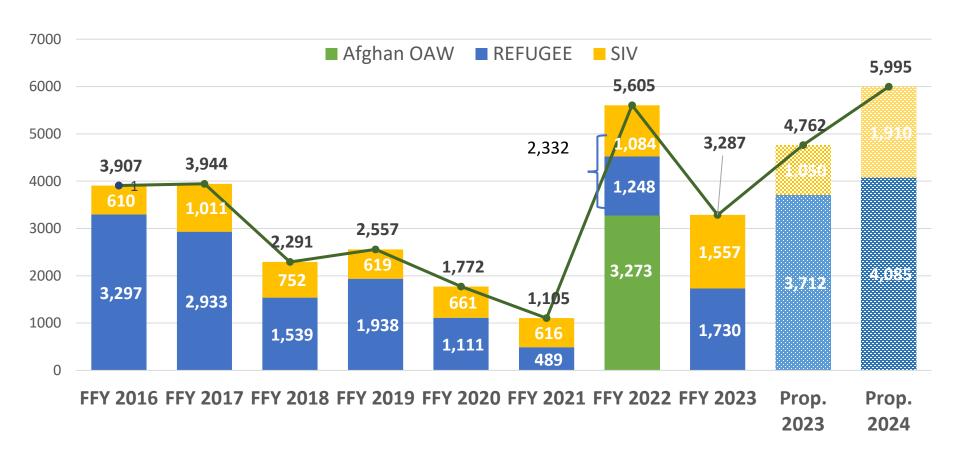
Q&A





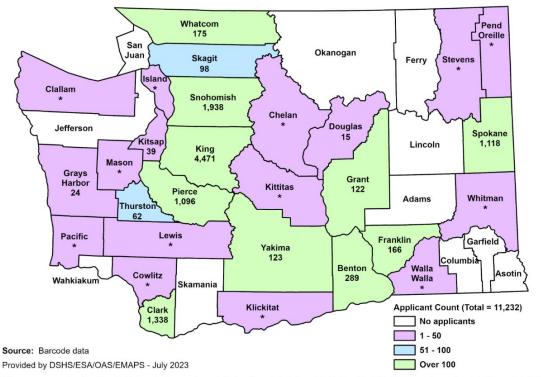
# ORIA Food Assistance Employment and Training Program Updates -McKenzie Nassiri

#### U.S. Refugee Admissions Program: Washington State Arrivals FFY 2016 to FFY 2023 (June 2023) and Projected Numbers 2023 - 2024



Sources: State Post-Arrival Demographics Report, Dept. of State, Bureau of Populations, Refugees and Migration Afghan Placement and Assistance Program - Weekly Departure Status Report

#### Newly Arrived Refugee and Humanitarian Immigrant Applicants for DSHS Services by Residential County in Washington State: October 2022 - June 2023



<sup>\*</sup> When necessary, values less than 10 (but greater than zero) are not displayed in order to help protect client confidentiality. These counties are denoted with an asterisk (\*).

#### Newly Arrived Refugee Applicants<sup>1</sup> for DSHS Services, June 2023

Source: DSHS-ESA/EMAPS Assignment M5363 using the Barcode database as of July 11, 2023

#### Serves all federal eligible immigrants, including:

- Refugees admitted under § 207 of the Immigration and Nationality Act (INA)
- People granted asylum under § 208 of the INA
- Cuban and Haitian entrants
- Amerasians
- · Certified victims of human trafficking
- Special Immigrant Visa Holders from Iraq and Afghanistan
- Afghan Humanitarian Parolees (See ORR Policy Letter 22-01 and 22-02)
- Afghan Special Immigrant Conditional Permanent Residents
- Ukrainian Humanitarian Parolees (See ORR Policy Letter 22-13)

Unduplicated # of Newly Arrived Refugee Applicants		
June 2023	1,128	
FFY 2023 (Oct. 2022 - Sep. 2023) To-Date	11,232	

Top 10 Newly Arrived Refugee Applicants by Country of Origin		
Country	# of Applicants June 2023	# of Applicants October 2022 - June 2023
Ukraine	484	6,926
Afghanistan	269	1,789
Cuba	18	375
Syria	60	189
Democratic Republic of Congo	45	160
Haiti	25	125
Colombia	10	116
Eritrea	16	88
Iran	18	79
Somalia	*	71

# Top 20 Countries of Origin for Immigrant Recipients of Cash and Food Assistance, May 2022 - April 2023

Country of Origin	Unduplicated # of SNAP/FAP Clients
Ukraine	18,242
Afghanistan	6,984
Russia	2,591
Mexico	2,283
Colombia	1,236
Venezuela	1,045
Marshall Islands	965
Micronesia	781
Nicaragua	730
Cuba	729
Ethiopia	565
Honduras	487
Somalia	450
Guatemala	395
Romania	381
Democratic Republic of Congo	313
Peru	306
Eritrea	288
Moldova	278
El Salvador	261

	,
Country of Origin	Unduplicated # of TANF/SFA Clients
Ukraine	11,077
Afghanistan	3,660
Russia	1,571
Colombia	650
Romania	326
Mexico	325
Venezuela	316
Marshall Islands	272
Cuba	185
Angola	179
Syria	165
Micronesia	147
Peru	139
Honduras	139
Nicaragua	137
Democratic Republic of Congo	130
Ethiopia	127
Moldova	126
Haiti	113
Belarus (Belorussia)	110

#### ORIA-Administered Employment and Training Programs

Available to all people receiving cash or food assistance regardless of immigration status.

- LEP Pathway Employment Program
- LEP Pathway ESL Program
- ORIA Basic Food Employment & Training
- State Food Assistance Program Employment and Training Program

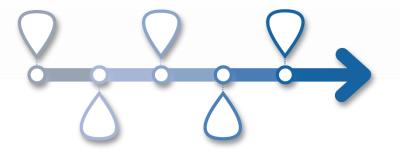
# Transforming Lives

# ORIA Food Assistance Employment and Training Program (FAP E&T)



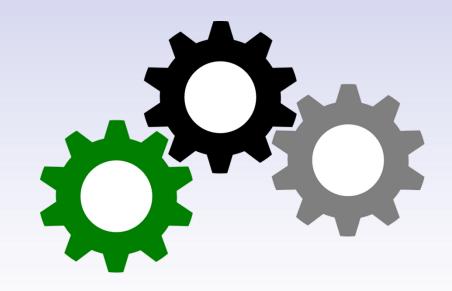
#### FAP E&T Overview

- Food Assistance Program (FAP) customers have historically not had access to E&T programs.
- ORIA requested funding from the state legislature to implement an E&T program for recipients of FAP.
- The FAP E&T program was launched Jan. 1, 2023.
- The purpose of FAP E&T is to assist FAP clients in gaining the skills, training, work or experience that will increase their ability to obtain regular employment.



## FAP E&T Overview Cont.

- FAP follows the same eligibility rules as Basic Food, except for rules related to immigration status.
- FAP customers have the same work requirements as someone receiving SNAP.
- Some must register for work unless otherwise exempt. However, the FAP E&T program is voluntary, and there are no mandatory participation requirements.



# FAP E&T Service Eligibility



- FAP customers are eligible to participate in FAP E&T if they are:
  - At least 16 years old
  - O Not receiving TANF or SFA -- RCA customers would not qualify for FAP
- FAP consists of two distinct immigrant groups:
  - Qualified aliens who have not met the requirements for work quarters or five-year timeframe as a qualified alien to be eligible for Basic Food benefits
  - Nonqualified aliens who are immigrants, but will not be eligible for federal benefits unless they have an adjustment of their immigration status

#### Citizens of the Marshall Islands, Micronesia or Palau

**TPS** Beneficiaries

Asylum Seekers

Family Unity Program Beneficiaries

Paroled into the U.S for one year or less

V Visa Holders

Foreign-Born Victims of Crimes

K Visa Holders

Temporary Residents as Amnesty Beneficiaries

Washington State Department of Social and Health Services

#### FAP E&T Service Activities

- FAP recipients have varying levels of employmentrelated service needs. Some eligible immigrants have resided in the U.S. for years and have prior work experience here, while others are recent arrivals with pending employment authorization.
- Activities include Job Readiness Training, Job Search Assistance, Basic Education, ESL and others.





# FAP E&T Support Services

- Transportation
- Educational Expenses
- ID/Licenses/Fees
- Computer Equipment
- Tools
- Clothing
- Hygiene
- Medical
- Phone/Internet
- Housing/Utilities



# Challenges







- Individuals who are eligible for FAP are typically not eligible for resettlement assistance, or connected to services through a refugee resettlement agency.
- Many participants have immigration-related legal service needs and barriers, including:
  - Paperwork
  - Attorney services and fees
  - Backlog in U.S. immigration courts
  - Lengthy processing times
- Many participants lack work authorization and/or stable income, and receive limited government support in finding housing. They rely heavily on other nonprofits, shelters and family networks.

### FAP E&T in SFY 2023

# Transforming Lives

- 264 individuals were served. More than 77% of individuals lacked employment authorization at time of enrollment.
- Services are available in seven counties, including King, Pierce, Thurston, Snohomish, Skagit, Whatcom and Spokane.
- Job Readiness Training, Basic Education/ESL, Job Skills Training and Case Management are among the most commonly provided services across providers.

## Questions?







### Transforming Lives

# Secondary Traumatic Stress and Community Self-Care

### Recognizing Our Mental Health Gauge

(How are you feeling?)



I'm doing great, totally manageable.



I'm doing pretty good, just a few hiccups.



I'm doing okay, I guess ...



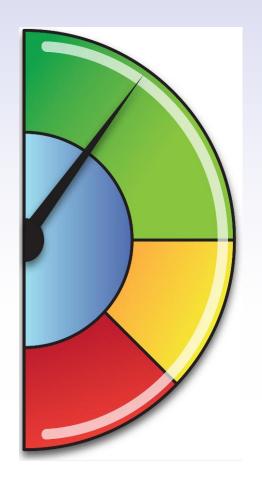
I'm starting to struggle.



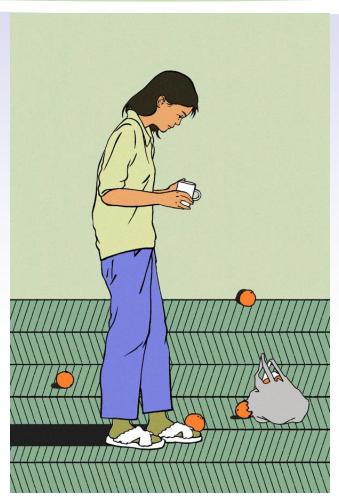
I'm having a really hard time.



I need immediate help. I'm going to snap!



## Feelings of Languishing

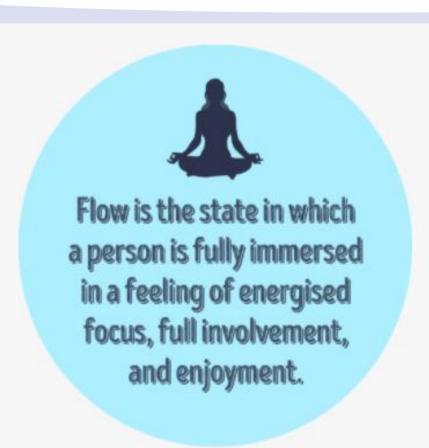


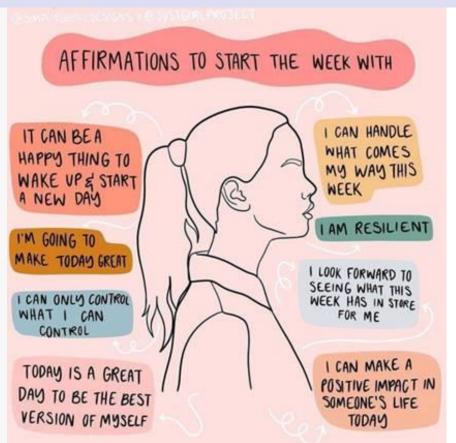
"Languishing is a sense of stagnation and emptiness. It feels as if you're muddling through your days, looking at your life through a foggy windshield."

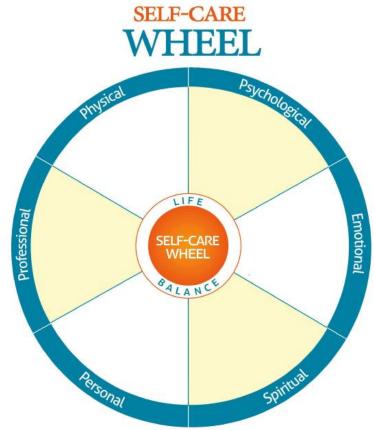
"Languishing is the neglected middle child of mental health. It's the void between depression and flourishing -- the absence of well-being. You don't have symptoms of mental illness, but you're not the picture of mental health, either. You're not functioning at full capacity. Languishing dulls your motivation, disrupts your ability to focus and triples the odds that you'll cut back on work."

-Adam Grant, Ph.D. and M.S. Professor and psychologist at Wharton University and host of the TED podcast "Worklife"

## An Antidote to Languishing

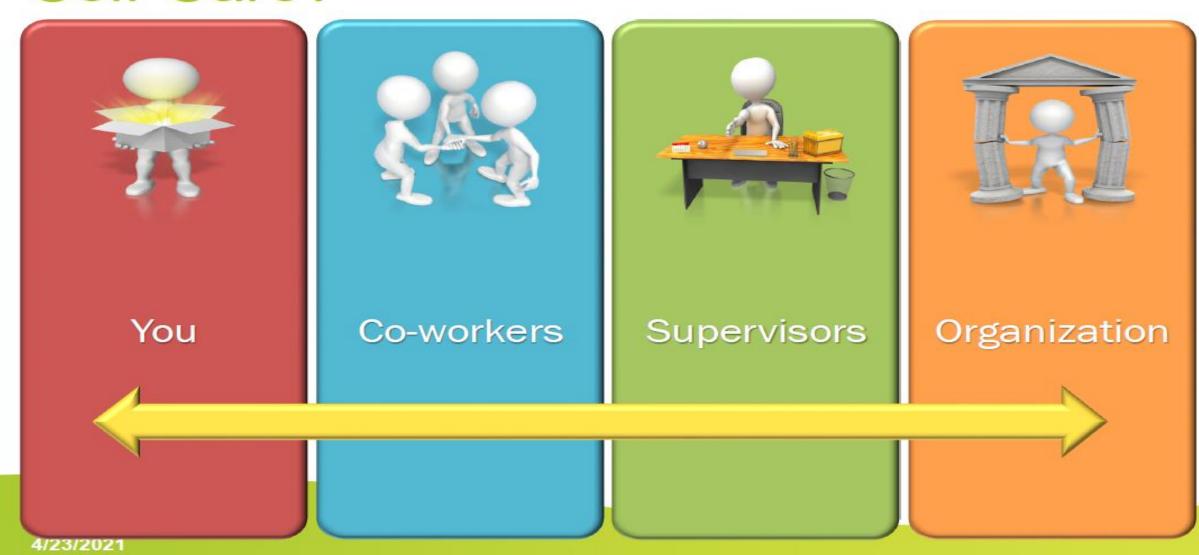






## Who is responsible for your Self-Care?





# Self-Care for Helping Professionals



 Self Care is more than a to-do list of the things you are supposed to do to take care of your mind and body.

 It's also how you manage the stress of the empathetic nature of the work.

## Vocabulary



- Compassion Satisfaction
  - Positive aspects of working as a helper
- Compassion Fatigue
  - Negative aspects of working as a helper
- Burnout
  - Inefficacy and feeling overwhelmed
- Work-related traumatic stress
  - Primary traumatic stress direct target of event
  - Secondary traumatic exposure to an event due to a relationship with the primary person

45

© Beth Hudnall Stamm, 2009. Professional Quality of Life Scale (ProQOL). www.proqol.org. This test may be freely copied as long as (a) author is credited, (b) no changes are made without author authorization, and (c) it is not sold.

## Exposure to STS





#### Exposure can be through:

- What a client tells you or says in your presence
- A person's play, humor, drawings or written stories
- The client's reactions to trauma reminders
- Media coverage, case reports, or other documents about the trauma

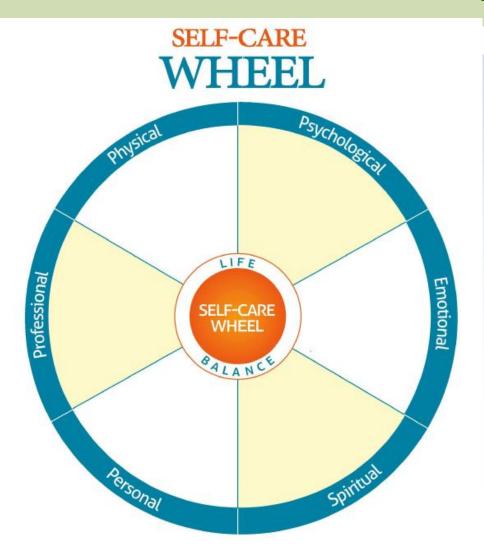
## Be intentional about your own Self-Care plan

### Make a Plan

#### Key components to include:

- A balance between work and relaxation, self and others
- How you will lean into the emotional aspects of work
- Activities purely for fun
- Regular stress management

Source: Coordinated Care of Washington



## Flow and Fun



# Transforming Lives



### Files That Get Smiles



Anita Callahan – DSHS BFET Field Operations team



### Files That Get Smiles

- Requirements for Participant Files
- Forms
- Documentation
- Tips



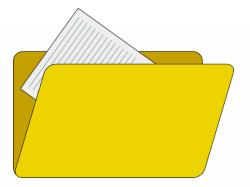




## Participant Files

Files must be kept for all BFET participants and:

- Can be paper, electronic or a combination
- Will be reviewed annually
- Supplement eJAS



- Complete
- Current
- Clean



## Participant Files

#### Electronic Files – Tips

- Convenient, multi-page scanner
- Plan with your IT
- Set up an electronic filing system
- Establish a standardized naming convention



### Files must contain:

- Intake and Assessment
- DSHS Consent Form (DSHS 14-012)
- BFET Individual Employment Plan (IEP)
  - (See Module 2 Enrolling a participant for more information on the above documents: BFET eJAS Training Guides | DSHS (wa.gov)
- Job log for all SJS activities, if not already noted in eJAS.
  - (See the Provider's Handbook section on Case Management: eJAS Case Note Documentation for guidance.)
- Participant reimbursements and receipts
  - (See Module 7 Participant Reimbursements for more information on participant reimbursements and receipts: BFET eJAS Training Guides | DSHS (wa.gov)
- Wage verification if receiving retention services
  - (See Module 9 Job Retention for more information on wage verification: BFET eJAS Training Guides | DSHS (wa.gov)
- Participant progress
- Certificates received/obtained



### Files must **NOT** contain:

- Information about other participants
- Confidential Personal Health Information
- Documents and information that is not BFET related



### Required Forms

- DSHS Consent Form DSHS 14-012
- BFET Individual Employment Plan (IEP)
- BFET Participant Reimbursement Request Form (PR Form)

Printed from eJAS or DSHS 07-103

Standard forms are available on the

**BFET Provider Resource website.** 

Alternative versions of forms must be approved annually.



### **DSHS** Consent Form

AKA: Release of Information, ROI, DSHS 14-012

This form links your BFET program and DSHS.

It must be signed **before** accessing eJAS to check eligibility.

It must be renewed when it expires.



DSHS 14-012(X) (REV. 04/20)

Check

#### Consent

NOTICE TO CLIENTS: The Department of Social and Health Services (DSHS) can help you better if we are able to work with professionals that know you and your family. By signing this form, you are giving persion for DSHS and the agencies and use and share confidential information about you. DSHS cannot refuse you benefits if you do not sign this form unless your determine your eligibility. If you do not sign this form, DSHS may still share information about you to the extent allowed by Is about how DSHS shares client confidential information or your privacy rights, please consult the DSHS Notice of Privacy Pragiving you this form. eJAS ID#

giving you this form.				
CLIENT IDENTIFICATION:				
NAME		DATE OF BIRTH	IDENTIFICATION	NUMBER
ADDRESS		CITY	STATE	ZIP CODE
TELEPHONE NUMBER (INCLUDE AREA CODE) OTHER	RINFORMATION			
CONSENT:				
consent to the use of confidential information about or for other purposes authorized by law. I further gran information and disclose it to each other for these purplease check all below who are included in this conse.  Health care providers:  Mental health care providers:  Chemical dependency service providers:  Other DSHS contracted providers:  Housing programs:  School districts or colleges:  Department of Corrections:	nt permission to DSHS poses. Information m ent in addition to DSHS	S and the below listed ago ay be shared verbally or S and identify them by na	encies, providers, or persons by computer data transfer, ma	to use my confidential ail, or hand delivery.
Employment Security Department and its employr Social Security Administration or other federal age See attached list Other:			rganizatio ne & addr	
authorize and consent to sharing the following record All my client records Records on attached list Only the following records Family, social and employment history Payment records Other (list):  PLEASE NOTE: If your client records include an give my permission to disclose the following records Mental health HIV/AIDS and STD test	ny of the folio	ength of time	Treatment or care pla School, education, and complete this section to	ans nd training
- This consent is valid for one year as lot I may revoke or withdraw this consent at any tire. I understand that records shared under this con	me in writing, but tha nsent may no longer	t will not affect any info be protected under the	ormation already shared.	er event).
- A copy of this form is valid to give my permission	DATE	AGENCY CONTACT/W	ITNESS SIGNATURE	DATE
PARENT OR OTHER REPRESEN 'S SIGNATURE (IF	F APPLICABLE)	TELEPHONE NUMBER	(INCLUDE AREA CODE)	DATE
f I am not the subject of " Parent		the: (attach proof of auth representative 🔲 Oth		
Signature of Date	di di	ed information related to 12 CFR 2.32: Federal confidentiality ru sclosure is expressly per rization for the release of	STDs, or AIDS, you may no drug or alcohol abuse by the les (42 CFR part 2). The Fed mitted by the written consent medial or other information is cute any alcohol or drug abus	e client, you must include eral rules prohibit you of the person to whom it NOT sufficient for this
CONSENT				

## DSHS Consent Form Tips

You can **pre-fill** your agency name.

Make co-enrollment easier.

You can highlight sections to make sure they are completed.

We recommend agencies be added based on the participant's BFET activities and co-enrollment at the time of those activities.





## Individual Employment Plan

AKA: IEP

The foundation of the client's BFET plan:

- Employment goal
- Assessment of skills, qualifications and employment barriers
- Employment plan
- Participation requirements



#### Basic Food Employment & Training (BFET) Individual Employment Plan

Client Name:			EJAS ID:	
BFET Provider:			Contractor Code:	
Case Manager:			Date of Intake:	
	Em	ployment Go	als	
Career Plan:	Long term er	nployment goal	3	
Wage Expectation:				
Immediate Job Goals(s):	Short term g	oal – if different	from career plan	
Target Employment Date:				
	Skills	and Qualific	ations	
		Education		
High School Diploma or Equiv	alent		Notes:	
College Education	Degree:		Notes:	

	Skills and Qualification	IS
	Education	
High School Diploma or Equiv	/alent	Notes:
College Education	Degree:	Notes:
Vocational Training	Certificate:	Notes:
	Work Experience	
Number of employers in past 5 ye List Employment History on separate sh		
No work experience in the pas	st year	
	Transferrable Skills	
Customer service	Solve problems	Organized
Write clearly	Calculate, compute	Manage people
Speak in public	Listening	Run meetings
Speak multiple languages	Managing time	☐ Direct projects
Communicate verbally	Being punctual	Other:
☐ Handle food	■ Cooperating	Other:
■ Manage money	Follow instructions	Other:
☐ Take orders	Construct or repair	Other:
Operate office equipment	Drive or operate vehicles	Other:
Computer Skills	Operate tools and machinery	Other:
	Other Qualifications	
Certificate:		
Professional License:		
Other:		

Page 1 of 6



### IEP Tips

- Pre-fill any sections that will always be the same.
- You can highlight sections to be sure they do not get missed.

#### Basic Food Employment & Training (BFET) Individual Employment Plan

Client Name: EJAS ID: Contractor Code: Case Manager: Date of Intake:

Employment Goals		
Career Plan:	Long term employment goals	
Wage Expectation:		
Immediate Job Goals(s):	Short term goal – if different from career plan	
Target Employment Date:		

#### Skills and Qualifications



## IEP Tips

#### Must update IEP:

- when component changes
- when goals change
- annually (minimum)
- at re-enrollment

#### Ways to update:

- A whole new IEP form
- New employment plan section and signature page
- Date and initial changes on the original form



## Participant Reimbursement Form

AKA: PR Form, DSHS 07-103

- It records details of support services issued.
- It includes client acknowledgements.
- The signed form and receipt must be kept in the participant file.



#### **Participant Reimbursements**

AGOOO, ADWOA Contractor ZXZ-BFET & CONTRACTOR JAS Id 2666452 Status

01/08/2019 Issuance Date: VE-15 Participant Reimbursements Education/Books/Supplies Component: Total Amount Issued: \$159.00 Created by: SKDA300 - SKAAR, DAVID - 20190108 SKDA300 - SKAAR, DAVID - 01/08/2019

Issued

#### Updated by: Justification:

ACES Id

Organization approval signature	Date
☐ Client was given a 'Gift Card Receipt Attac purchases.	chment' and a prepaid envelope to return receipts for
test	

#### Client Declaration and Signature

2666452

I understand and agree that:

Interpreter's signature

- I received the above issuance(s).
- I have not received the same type of assistance in the current month from any other organization, including but not limited to other BFET and/or RISE organizations, WorkFirst, LEP Pathways, etc.
- I can only use the assistance provided (including all Gift Cards) for work or training related purposes as described above.
- I will return the receipt(s) for all Gift Card purchases.

Client Signature	Date
If the client's primary language is not English, t by (Required if this form was interpreted to the	this form and contents were explained in their primary language client):

·	
Interpreter's printed name and Date	

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PPROVAL PRINTED NAME

ization including but not

poses as described above. back the funds. eipt Attachment."

## Participant Reimbursement Form

Needed every time a support service is issued

Best practice is to use the eJAS form

Paper forms -- PR must be entered in eJAS

Creating the PR in eJAS generates a case note



# Participant Reimbursement Form -- Tips

- Before issuing PR, always confirm the participant is eligible for PR.
- Document everything.
- Track and follow up.



## Participant Progress – JS Component

- Everyone in a JS component *must* have job search verification in their file and eJAS notes.
  - Completed and collected at least once a month
  - Best practice is to collect at each meeting with participant
  - Document in eJAS how job search logs were received from client, information about the review of job logs, and follow-up plans

# Transforming Lives

Tip: Review Job
Search Log
expectations and
due dates with
participants
frequently.



## Participant Progress

- Certificates received or obtained
- Any other documents needed to show participation and progress
- Employment-verification documents for Job Retention Services (BR component)



## Participant Progress – eJAS Client Notes

- Handbook requires a client note at least once a month, with at least 95% accuracy.
- Required notes include:
  - Initial client note
  - Ongoing client note
  - Closing client note



## Participant Progress – eJAS Client Notes

#### Why? Client notes:

- Tell the story
- Help provide continuity of support
- Provide a history
  - What was successful?
  - What was not, and why?
  - What barriers keep arising?
  - What barriers have been overlooked?
  - What barriers have not been addressed?





# Participant Progress – eJAS Client Notes Tips

#### Best practices:

- Update with each participant interaction
- Enter before the end of the third week
- Use "Monthly Progress" radio buttons
- Develop your own personalized templates
  - Blanks to fill in the who, what, why, where, when and how





### Files That Get Smiles

- Requirements for Participant Files
- Forms
- Documentation
- Tips







Q&A









## Stretches to prevent office syndrome

#### **ARM STRETCH**

Sit down. Intertwine your fingers in front of you with your palms facing outward, stretch your arms out as far as you can while keeping your back straight, and slowly count from 1-10. Repeat once more.







Now stand up with your legs apart. Intertwine your fingers with your palms facing outward and your arms upwards above your head. Stretch your arms out as far as you can and slowly count from 1-10. Repeat once more.



#### **BACK AND SIDE STRETCH**

Raise your right arm and grab your left shoulder from behind your head. With your left hand, grab your right elbow. Then lean towards the left and slowly count from 1-10. Then switch sides. Raise your left arm and grab your right shoulder from behind your head. With your right hand, grab your left elbow. Then lean towards the right and slowly count from 1-10. Repeat each side once more.



#### **NECK STRETCH**

With your left hand, grab your right wrist from behind your back, tilt your head to the left, and slowly count from 1-10. Then switch. Grab your left wrist with your right hand from behind your back, tilt your head to the right, and slowly count from 1-10.

Repeat each move one more time.





#### BACK, WAIST, AND HIP STRETCH

While sitting in a chair, cross your left leg over your right leg, twist your body towards the left, hold the chair with both hands, and count from 1-10



Then, switch legs, twist your body towards the right, and count from 1-10. Repeat each move one more time.



#### CHEST AND LOWER BACK STRETCH

Sit down in a chair and place your palms on your lower back while extending your chest out, and count from 1-10. Repeat one more time.



#### HAND STRETCH

Open and close your hands into fists 5 times.











### Transforming Lives

Washington State Department of Social and Health Services Community Services Division Programs









## Cell-Ed and ABAWDs

Sept. 12, 2023

BFET Program Administrator

Aman Joshi



#### **ABAWDS**

Some Washington state residents are required to participate in specific, employment-related activities to maintain eligibility for Basic Food assistance. These individuals are called Able-Bodied Adults Without Dependents, or ABAWDS.

ABAWD requirements returned to King and Snohomish Counties July 1, 2023.

#### Who is an ABAWD?

An ABAWD is an able-bodied adult who:

- Is aged 18-49\*\*
- Has no dependent children living with them
- Is physically and mentally able to work
- Has no exemptions or exceptions from work registration

\*\*Age range is changing due to the Fiscal Responsibility Act of 2023(FRA)

#### **New Exceptions**

The FRA created additional exceptions to the ABAWD time limits.

- Homeless, Homeless with Housing, or in a shelter
- Any veteran (even dishonorably discharged)
- Foster care system alumni under 24 years old and active on D01/D02 or D26 medical



#### Cell-Ed

We are in the process of contracting with Cell-Ed, a mobile-learning access provider.

- Cell-Ed is currently providing services to the state of California and the state of New York as well as other public and private organizations all over the country. It has won awards for its ongoing work in improving adult literacy.
- We are looking for interested providers to begin implementing and using Cell-Ed's platform as a means to serve clients in their employment and training efforts.

#### Cell-Ed

Cell-Ed is a global social-enterprise organization that provides a mobile-learning platform to assist clients in skill acquisition.

- Easy-to-access, engaging, effective holistic mobile education
- Live coaches to help connect to services, answer curriculum questions, provide tech support, and more
- Partner outreach, coordination and support to partners and their networks
- Data and reporting to meet the particular needs of the state of Washington

#### Cell-Ed

- Continuing partner support
- Ongoing webinars, quarterly webinars and one-on-one support
- Works with partners to identify enhancements based on feedback
- Comprehensive learning management system provides partners with ongoing client data



### **Questions regarding Cell-Ed?**



### Thank you



### **Capacity Building**

- Washington state has funding that will be used to bolster services for ABAWDs
  - > Statewide
  - > Existing and new BFET providers



## **Capacity Building**

- Expect to learn about capacity building in the near future.
  - > Proposals
  - > Funding will be awarded
  - > Providers will track participation and outcomes



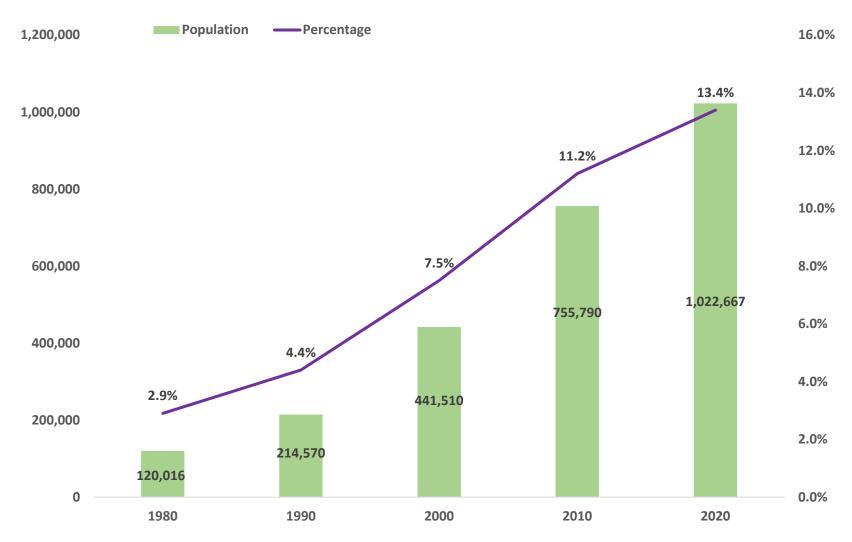
# Questions regarding capacity building?



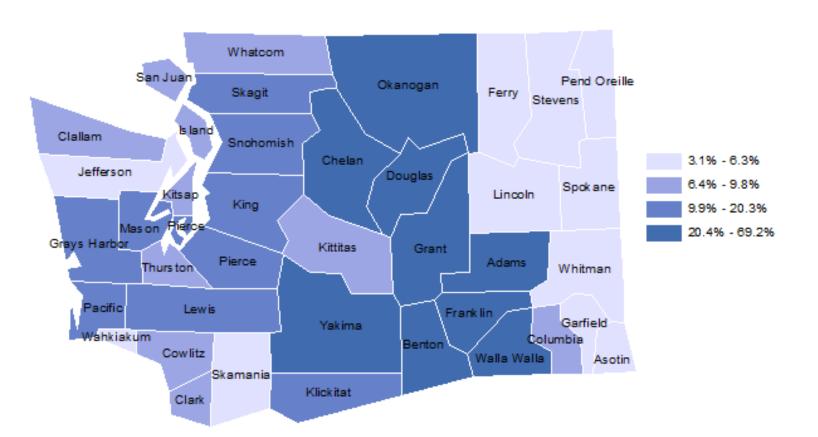
### Thank you



#### Hispanic/Latino Population Growth in Washington State

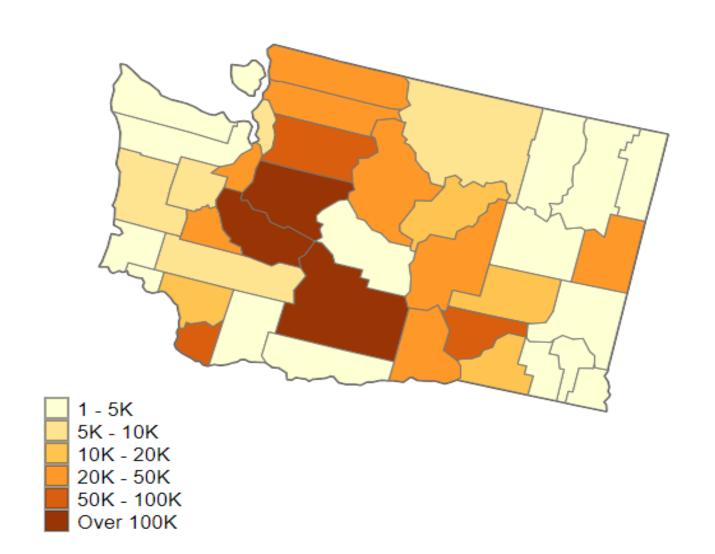


#### Counties with high %age of Hispanic/Latino Population



- 1. Adams (69%, ~13K)
- 2. Franklin (56%, ~52K)
- 3. Yakima (52%, ~130K)
- 4. Grant (43%, ~42K)
- 5. Douglas (34%, ~14K)
- 6. Chelan (28%, ~28K)
- 7. Benton (24%, ~49K)
- 8. Walla Walla (23%, ~14K)
- 9. Okanogan (19%, ~8K)

#### Counties With Highest # of Hispanic/Latino Population



Significant numbers of Hispanics/Latinos also live in western counties, while making up a lower %age of the county (the exception being Yakima County):

- King (~234K)
- Yakima (~130K)
- Pierce (~100K)
- Snohomish (~90K)
- Clark (~59K)



# From the BFET team, we thank you.



# Transforming Lives

Please complete the Zoom post-meeting survey that will pop up once you leave the meeting.

