

5.1.9 What are the participation requirements during the third trimester?

The third trimester of pregnancy starts 90 days before the estimated due date.- For example, if the estimated due date is 7/14, the third trimester starts on 4/15.- Please use the Defining 3rd Trimester Tip Sheet to determine the start date of the third trimester.

In the third trimester of pregnancy, participation for the pregnant woman-participant is based upon the results of the full comprehensive assessment and the parent-participant may:

- Be required to participate up to 20 hours per week if the comprehensive evaluation, or an assessment, indicates a need for mental health and/or alcohol or drug treatment (unless medical evidence indicates that the parent-participant is not able to participate in any activity), or
- In ~~Parental Education~~-Project pilot sites only, be required to participate up to 20 hours per week in parental education if the comprehensive evaluation or specialized pilot site assessment indicates a need for parental education or parent skills training, or
- Participate in the WorkFirst program on a voluntary basis, if there are no identified mental health and/or chemical dependency issues, or
- Choose ~~to not~~not to participate in WorkFirst activities until delivery date, if there are no identified mental health and/or chemical dependency issues.

~~Note: In order to remain eligible for benefits all~~All pregnant minor recipients-participants must be actively participating in high school diploma or equivalency certificate-completion programs to remain eligible for benefits, and are, therefore, they are not eligible to take the 3rd trimester exemption (see WAC 388-486-0010.)

If a mental health or chemical dependency professional indicates that a parent-participant should do more than 20 hours per week of treatment, we should encourage ~~the parent~~them to participate in the number of hours recommended; however, we can only require 20 hours per week of participation. If ~~she~~they refuses to participate in required available treatment, follow the good cause process.- Indicate the appropriate participation status on the "Component/IRP Information Screen" by selecting if the parent-participant is:

- Required to participate in mental health and/or chemical dependency treatment;~~;~~
- Required to participate in parental education or parent skills training in Parental Education Project-pilot and Home Visiting, if assessed by a WFSSS as needing further support due to multiple barriers, or needs. See CSD CANS-F Tool Desk Aid for further details; ~~sites-only;~~

- Volunteering to participate in mental health and/or chemical dependency treatment; or

- Exempt from participating.

Note: See section 3.6.2.4 before lifting a sanction in the third trimester.