

# DSHS PINE LODGE

WA STATE PROJECT NUMBER: 2024-429 L (9)

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#### **EXECUTIVE SUMMARY**

#### **OVERVIEW**

Pine Lodge (PL) is a facility south of the main Eastern State Hospital facility which is composed of multiple buildings. It was maintained and operated by the Department of Corrections but after a reorganization it has been utilized by Consolidated Support Services (CSS) for maintenance, shops, and other ancillary activities.

Hargis Engineers was retained to provide an assessment of the current Information Technology Network Infrastructure and develop recommendations for network improvements. The objective of the assessment was to review and evaluate the current campus backbone distribution system, the condition of horizontal cabling, telecommunications grounding, existing physical media types, physical pathways, physical spaces, and supporting electrical and mechanical systems and compare the existing conditions to current industry standards specific to this facility type. Excluded from the assessment were electronic systems, applications, and hardware, such as the network switches and servers. Buildings that have been planned for demolition or that have been decommissioned or included potential hazards have also been excluded from the assessment. (This includes the Residence Unit and the Living Unit.)

The existing campus telecommunications cabling backbone infrastructure includes inter-building optical fiber cabling and twisted-pair copper backbone cabling. The existing backbone cabling

#### CONSULTING TEAM

Hargis Engineers, Inc. Seattle, WA 98101

Patrick Shannon, RCDD, PMP Principal

Ben Helms, PE, RCDD Associate has been updated and modified several times over many years. The twisted pair copper backbone cabling is antiquated and is not able to support the deployment of new technologies nor does it comply with current industry standards. The Category 3 rated twisted-pair copper backbone is rated for traditional telephony service.

The existing horizontal cabling within buildings includes unshielded twisted pair copper cabling to provide connectivity to computers, telephones, printers, and other devices. The existing horizontal cabling is a mix Category 5e and Category 6 cabling depending on building. While it is sufficient to meet the current facility needs, it is not technically compliant with current standards for healthcare facilities, which require a minimum of Category 6A for all horizontal cabling.

Based on physical inspection and review of existing documentation, it is the determination of the team that the existing IT infrastructure does not comply with any of the current industry standards and that it will not support evolutions to modern and/or future technologies. The existing optical fiber infrastructure is obsolete, consisting mostly of OM3 50-micron multi-mode optical fiber cable and OS1 Single mode fiber optic cable. Improving the IP backbone connectivity will be a fundamental component to creating an environment that will permit Pine Lodge and DSHS to identify, adapt, and implement new technologies that contribute to safety and operational improvements.

Existing horizontal cabling is not compliant with current TIA standards for this facility type. Upgrading category cabling requires a replacement of the complete channel to include horizontal cabling, patch cords, patch panels, and work area outlets. At Pine Lodge, this upgrade also requires installation of additional cabling to be compliant with port density requirements defined in TIA-1179.

In addition to the cabling noted above, the existing telecommunications spaces do not meet industry standards. Per TIA-1179 a dedicated telecommunications room is required on every floor to support the horizontal cabling infrastructure. Complying with the standard will require new/additional telecommunications rooms to be built on floors that do not currently have a telecommunication room. The additional telecommunications rooms will need to be equipped with supporting systems to include grounding, conduit sleeves, temperature control, and physical security of the space.

#### **OBJECTIVES**

The project objectives are as follows:

- Inventory and document the condition of the existing telecommunications infrastructure, including telecommunications spaces, pathways, backbone, and cabling.
- » Identify current deficiencies.
- Recommend infrastructure improvements to bring the campus infrastructure into compliance with current codes and standards.
- » Provide As-built drawings, documenting current conditions.
- » Provide a ROM cost opinion for infrastructure improvements.



HORIZONTAL CABLING

#### **PROJECT APPROACH & STANDARDS**



#### **PROJECT APPROACH**

Hargis conducted a site visit to review existing conditions including:

- » Type of backbone cabling
- Overall architecture of backbone connectivity »
- » Supporting spaces and systems, including interior and exterior pathways and spaces (telecommunications vaults and rooms)
- » Quantity, age, vintage, and condition of the horizontal cabling in each building.

The site review was limited by accessibility. Only what could be seen from plain view was evaluated, the team did not move furniture to look behind, and ceiling access was limited to minimize impact to the facility. Where cabling disappeared in walls and pathways, a certain level of deduction was used to determine the termination point, for example, we can assume that cabling for voice ports terminate at the voice cross connect on their respective floor.

As part of the assessment, the team recorded the existing conditions and the locations of voice and data ports for the purpose of creating as-built documentation. The as-builts include floor plans, enlarged telecom room plans, telecom rack elevations, butterfly diagrams,

#### **PROJECT APPROACH**



Review, assess and evaluate systems in each building



Identify the capabilities, deficiencies and vulnerabilities of each system



Provide recommendations for capital improvements to introduce, enhance, expand, or replace security system components as necessary



improvement

Develop a rough Chart a order of magnitude migration path to for the recommended optimize capital investments

and a backbone cabling one-line diagram.

The team sought input from the stakeholder team and consulted current industry standards and best practices. Results from the assessment were analyzed and evaluated and a set of recommendations were developed to aid DSHS and Pine Lodge stakeholders in planning future network improvement projects, budget requests, and establishing priorities. Those recommendations were analyzed to determine a possible project sequence for constructability while limiting downtime for the facility, understanding that the facility will need to remain in operation during any project.

#### **STANDARDS & CODES**

- » TIA-1179-B Healthcare Facility Telecommunications Infrastructure Standard
- » TIA-5017 Telecommunications Physical Network Security Standard
- » TIA-569 Telecommunications Pathways and Spaces
- » BICSI Telecommunications Distribution Methods Manual, 14th Edition
- » Health Insurance Portability and Accountability Act (HIPAA)

ΗΛRGIS

#### **ABBREVIATIONS & GLOSSARY**

#### **BEP** Building Entrance Protection

Surge protective device used to mitigate risk of damage to equipment from conductive cabling exiting the building envelope.

#### **BICSI** Building Industry Consulting Service International

BICSI is a professional association supporting the advancement of information and communications technology (ICT) profession. They publish the Telecommunications Distribution Methods Manual (TDMM) and other Telecommunications standards.

#### EF Entrance Facility

An environmentally controlled centralized space for telecommunications equipment that usually houses a main or intermediate cross-connect. (TIA)

#### ER Equipment Room

A room in a building where public and private network services can enter the building and be consolidated.

#### HC Horizontal Cross-Connect

A cross-connect of horizontal cabling to other cabling, e.g., horizontal or backbone equipment.

#### IC Intermediate Cross-Connect

A cross-connect between first-level and second-level backbone cabling. This secondary cross-connect in the backbone cabling is used to mechanically terminate and administer backbone cabling between the main cross-connect and horizontal cross-connect (station cables).

#### IDF Intermediate Distribution Facility

Legacy term (no longer used) for what is now defined as the TR-HC or TR-IC

#### IP Internet Protocol

A standard addressing scheme and message routing protocol for communication between nodes of a data network.

#### ISP Internet Service Provider

A company that provides subscribers with access to the internet.

#### IT Information Technology

Use of any computers, storage, networking, and other physical devices, infrastructure, and processes to create, process, store, secure, and exchange all forms of electronic data.

#### LAN Local Area Network

Collection of devices connected together in one physical location, such as a building, office, or home. A LAN can be small or large, ranging from a home network with one user to an enterprise network with thousands of users and devices in an office or school.

#### MC Main Cross-Connect

The centralized portion of the backbone cabling used to mechanically terminate and administer the backbone cabling; this provides connectivity between equipment rooms, entrance facilities, horizontal cross-connects and intermediate cross-connects.

#### MDF Main Distribution Frame

Legacy term (no longer used) for what is now defined as the TR-MC and/or TR-MER

#### MER Main Equipment Room

Acts as the main IT location for a building. It is the transition point for all the voice and data cabling that enters the building, and we connect it further to the other equipment rooms.

#### MM Multi-mode

Type of optical fiber designed to carry multiple light rays or modes simultaneously, each at a marginally different reflection angle inside the optical fiber core.

#### **OFC** Optical Fiber Cable

An optical fiber cable is a type of cable that has a number of optical fibers bundled together, which are normally covered in their individual protective plastic covers. Optical cables are used to transfer digital data signals in the form of light up to distances of hundreds of miles with higher throughput rates than those achievable via electrical communication cables. All optical fibers use a core of hair-like transparent silicon covered with less refractive indexed cladding to avoid light leakage to the surroundings. Due to the extreme sensitivity of the optical fiber, it is normally covered with a high-strength, lightweight protective material like Kevlar.

#### **OMX** Optical Mode

#### (X represents the multi-mode fiber classification)

Optical Fiber Classification identifying the fiber type, core size, and properties for multi-mode optical fiber. Currently, OM1-5 are on the market. See Table 1 for more information.

#### **OSX** Optical Single-mode

(X represents the fiber construction)

Optical Fiber Classification identifying the fiber type and properties for single-mode optical fiber. Currently, OS1 and 2 are on the market. See Table 1 for more information.

#### **OSP** Outside Plant Cabling

Outside plant refers to all of the physical cablings and supporting infrastructure (such as conduit, cabinets, towers, or poles), as well as any associated hardware, placed between a demarcation point in one switching facility and another switching center or customer premises.

#### **RMFC** Rack Mount Fiber Cabinet

Also know as an LIU or Fiber Patch Panel. Enclosure mounted in a network rack to allow optical fiber to be terminated and cross-connected.

#### SM Single-mode

Common type of optical fiber that is used to transmit over longer distances. A single-mode fiber is a single glass fiber strand used to transmit a single mode or ray of light.

#### TIA Telecommunications Industry Association

Professional organization providing industry standards, professional certifications, and product standards to further the information communications technology industry.

#### TR Telecommunications Room (previously known as IDF)

An enclosed architectural space designed to contain telecommunications equipment, cable terminations, or crossconnect cabling.

#### VoIP Voice over IP

A technique that allows voice to be carried in a portion of the bandwidth of an Ethernet signal that is carrying IP traffic.

#### WAP Wireless Access Point

» A wireless access point (WAP) is a hardware device or configured node on a local area network (LAN) that allows wireless capable devices and wired networks to connect through a wireless standard, including Wi-Fi or Bluetooth. WAPs feature radio transmitters and antennae, which facilitate connectivity between devices and the Internet or a network.

» A WAP is also known as a hotspot.

#### SEQUENCING & RECOMMENDATIONS

		SEQUENCING & RECOMMENDATIONS	
Phase	Prerequisites	Scope	ROM Cost Opinion
PHYSIC	AL CONSTRUC	TION OF NEW TELECOMMUNICATIONS	
1	N/A	<ul> <li>Retrofit Telecommunications Rooms In Buildings A, B, C, E, F, H, J, K, M, N, S, &amp; T.</li> <li>Demolish any obsolete or non-operational existing equipment to make space.</li> <li>Provide Electrical Infrastructure (Grounding, UPS, Convenience Receptacles, Equipment Receptacles, Power Distribution Units [PDUs])</li> <li>Provide dedicated cooling for TRs.</li> <li>Access Control, add card reader and electrically locking hardware.</li> <li>Install Supporting Equipment (Racks, Patch Panels, Cable Management, Rack Mount Fiber Cabinets (RMFC), Adaptor plates, Ladder Rack, etc.)</li> </ul>	\$1,112,000
INSTAL	L BACKBONE C	FC TO NEW TELECOM SPACES	
2	N/A	<ul> <li>Pull 12 st OM4 OFC from MER in Building A to each telecom room in Buildings B, C, E, F, H, J, K, M, N, S, &amp; T.</li> <li>Terminate OFC Cabling if RMFC is installed.</li> </ul>	\$14,000
INSTAL	L HORISONTAL	CABLING TO NEW TELECOMMUNICATIONS OUTLETS	
3	1	<ul> <li>» Install Back boxes and pathway at new telecommunications outlet locations         <ul> <li>Existing jacks will need to be maintained in operation.</li> </ul> </li> <li>» Install Category 6A cabling and terminate for new telecommunications outlets.</li> </ul>	\$858,000
OWNER	COORDINATIO	N REQUIRED	
4	1-3	<ul> <li>» Install new Ethernet Switches</li> <li>» Install Patch cables for active ports.</li> <li>» Cut over Existing workstations to the new infrastructure to allow demolition of existing telecommunications outlets.</li> <li>» Deploy system on new telecommunications infrastructure.</li> </ul>	By Owner
INSTAL	L HORIZONTAL	CABLING TO EXISTING TELECOMMUNICATIONS OUTLETS	
5	1-4	<ul> <li>Install Category 6A using existing pathway to existing telecommunications outlets and terminate.</li> <li>Demolish existing horizontal cabling to existing telecommunications outlets.</li> </ul>	\$460,000
DEMOL	ISH DEFUNCT	INFRASTRUCTURE	
6	1-5	<ul> <li>Demolish OSP cable.</li> <li>Demolish OM3 Multi-mode OSP OFC to from Building A to Buildings B, C, E, F, H, J, K, M, N, S, &amp; T.</li> <li>Demolish Copper twisted pair OSP Backbone cabling between Building A to Buildings B, C, E, F, H, J, K, M, N, S, &amp; T.</li> <li>Demolish defunct telecommunications rooms.</li> <li>Remove any salvageable equipment from TR's.</li> <li>Remove the remaining equipment and dispose of it.</li> </ul>	\$43,000



#### **BACKBONE CABLING**

#### **Service Provider Connections**

Category 3 twisted-pair copper backbone cabling enters the facility at the Administration Building in the MER. Although the analog voice infrastructure is in place, it is not active. During the site survey, it was discussed with staff onsite that Pine Lodge has moved to an IP phone system and that the existing twisted-pair backbone cabling is not currently in use. Internet service is provided through Eastern State Hospital. Pine Lodge is connected to Eastern State Hospital through a 72-strand single-mode optical fiber backbone cable from the MER in the Administration Building at Eastern State Hospital to the MER in the Administration Building at Pine Lodge. Currently, the optical fiber backbone is utilized for telephony, state data services, and internet.

OPTICAL FIBER COMPARISON									
Fiber Mode	Fiber Type	Jacket Color	Core Size	Data Rate	Distance	Application	Notes		
	OM1	Orange	62.5 μm	1 Gb @ 850 nm wavelength	Up to 300 m	Short-haul networks, Local Area Networks (LANs), & Private networks	None		
- Multi-mode	OM2	Orange	50 µm	1 Gb @ 850 nm wavelength	Up to 600 m	Short-haul networks, Local Area Networks (LANs), & Private networks	Generally used for shorter distances. Has twice the distance as OM1.		
	OM3	Aqua	50 µm	10 Gb @ 850 nm wavelength	Up to 300 m	Larger Private Networks	Able to run 40 GB or 100 GB up to 100 meters utilizing an MPO Connector.		
	OM4	Aqua	50 µm	Up to 100 G	Up to 400 m	High-Speed Networks, Data Centers, Financial Centers, and Corporate Campuses	Able to run 100 GB up to 150 meters utilizing an MPO connector.		
-	OM5	Lime Green	50 µm	Up to 100 G	Up to 500 m	High Speed Networks and Data Centers that require greater link distances and higher speeds.	Designed to support Short Wavelength Division Multiplexing (SWDM)		
Cinala mada	OS1	Yellow	8-9 μm	Up to 10 G	Up to 6 mi	Moderate distance telecom links, LANs, buildings, factories, office parks, or campuses.	Tight Buffered Cable		
Single-mode	OS2	Yellow	8-9 μm	Up to 100 G	up to 124 mi	High Fiber count, long distance telco backbones, direct bury applications.	Loose Tube Cable		

#### INTER-BUILDING BACKBONE CABLING

The existing communications infrastructure connecting to the facility and to the campus is provided by a variety of different fiber optic cables. Currently the backbone is composed of both multimode and single-mode optical fiber cabling. Pine Lodge is connected to Eastern State Hospital through a 72-strand single-mode optical fiber cable and to Lakeland Village through a 24-strand single-mode optical fiber cable. The optical fiber backbone originates at TR-07 within the Eastern State Hospital Administration Building.

The facility is also connected via Category 3 twistedpair copper backbone cabling. Much of which has been abandoned over time or has limited connectivity.

The existing ethernet network is supported by multimode optical fiber backbone between buildings. The current backbone is OM3 optical fiber cable. While it has sufficient bandwidth and data speed to manage the current network load, it technically is not compliant with current TIA standards for healthcare facilities. TIA standards dictate the use of single-mode optical fiber or a minimum of OM4 rated multi-mode fiber. To meet current standards, it is recommended that the existing OM3 optical fiber backbone be augmented with an optical fiber backbone utilizing a minimum of 12-strands of single-mode outside plant optical fiber cable. The existing OM3 optical fiber backbone cabling can remain in place to be replaced in the future.

#### INTRA-BUILDING BACKBONE CABLING

Facility Buildings are supported by a mixture of 12 strand OM3 multi-mode and OS1 single-mode optical fiber cables provided between the MER and TR rooms within each building. To meet TIA standards, the backbone fiber cabling should be upgraded to a minimum of OM4 multi-mode and augmented with the addition of single-mode optical fiber cable. Providing 12-strand singlemode and 12-strand OM4 multi-mode optical fiber cables will provide an optical fiber backbone that is compliant with current industry standards.



Existing Copper Backbone.



Existing Interbuilding Backbone Cabling.



Existing Fiber Backbone.

## HORIZONTAL CABLING

CATEGORY CABLE COMPARISON									
Category	Max. Data Rate	Bandwidth	Max. Distance	Usage					
Category 1	1 Mbps	0.4 MHz		Telephone and modem lines					
Category 2	4 Mbps	4 MHz		LocalTalk & Telephone					
Category 3	10 Mbps	16 MHz	100 m (328 ft.)	Telephone & 10BaseT Ethernet					
Category 4	16 Mbps	20 MHz	100 m (328 ft.)	Token Ring					
Category 5	100 Mbps	100 MHz	100 m (328 ft.)	100BaseT Ethernet					
Category 5e	1 Gbps	100 MHz	100 m (328 ft.)	100BaseT Ethernet, Residential Homes					
Category 6	1 Gbps	250 MHz	100 m (328 ft.) 10 Gb at 37 m (121 ft.)	Gigabit Ethernet, Commercial Buildings					
Category 6A	10 Gbps	500 MHz	100 m (328 ft.)	Gigabit Ethernet in Data Centers & Commercial Buildings					
Category 7	10 Gbps	600 MHz	100 m (328 ft.)	10 Gbps Core Infrastructure					
Category 7A	10 Gbps	1000 MHz	100 m (328 ft.) 40 Gb at 50 m (164 ft.)	10 Gbps Core Infrastructure					
Category 8	25 Gbps (Cat8.1) 40 Gbps (Cat8.2)	2000 MHz	30 m (98ft.)	25 Gbps/40 Gbps Core Infrastructure					



Existing Data Ports Without Cover Plates.

Source: https://tripplite.eaton.com/products/ethernet-cable-types



Existing Category 5e Cabling.



Existing Category 6a Cabling.



Existing Voice & Data Outlet.

## **VOICE HORIZONTAL CABLING**

Pine Lodge utilizes a common infrastructure for the data and voice cabling. The IP phone system horizontal cabling infrastructure is comprised of Category 5e and Category 6 cabling depending on the respective building.

Category 3 cabling does not meet TIA-1179 standards for horizontal cabling. Industry wide, its use has been on a rapid decline for years as it is not manufactured to meet current bandwidth or data rate standards. The existing voice cabling is in such poor condition that it is barely supporting the existing phone system. After years of modifications and multiple generations of cabling it is nearly impossible to maintain. It is recommended that all Category 3 cabling be removed, and the voice network be collapsed onto a converged network infrastructure utilizing standards compliant Category 6A cabling.

MICROSOFT TEAMS BANDWIDTH REQUIREMENTS PER ENDPOINT										
	MINIMUM			MENDED	BEST PERF	ORMANCE				
	Download	Upload	Download	Upload	Download	Upload				
AUDIO										
One-to-One	10 kbps	10 kbps	58 kbps	58 kbps	76 kbps	76 kbps				
Meetings	10 kbps	10 kbps	58 kbps 58 kbps		76 kbps	76 kbps				
VIDEO										
One-to-One	150 kbps	150 kbps	1.5 Mbps	1.5 Mbps	4 Mbps	4 Mbps				
Meetings	150 kbps	200 kbps	2.5 Mbps	4 Mbps	4 Mbps	4 Mbps				
SCREEN SHAI	RING									
One-to-One	200 kbps	200 kbps	1.5 Mbps	1.5 Mbps	4 Mbps	4 Mbps				
Meetings	250 kbps	250 kbps	2.5 Mbps	2.5 Mbps	4 Mbps	4 Mbps				
TOGETHER M	ODE									
Meetings	1 Mbps	1.5 Mbps	1.5 Mbps	2.5 Mbps	2.5 Mbps	4 Mbps				

Source: https://learn.microsoft.com/en-us/microsoftteams/prepare-network



Existing Voice Patching.

## ETHERNET HORIZONTAL CABLING

The existing ethernet network is comprised of Category 5e and Category 6 cabling. We could not ascertain the exact age of the existing horizontal cabling, but it appeared that most of it had been upgraded or recently installed. The existing patch panels, connectors, met Category 5e and Category 6 standards respective of the Category of the cabling installed in each building. While the existing cabling is sufficient to support the existing bandwidth and data speeds required by current network demands, it does not technically meet the TIA-1179 standards for healthcare facilities, therefore, our recommendation is to upgrade to Category 6A horizontal infrastructure.

Category 6A infrastructure supporting the Silas time clocks and wireless access points (WAPs) has been installed more recently. This existing infrastructure is in compliance with standards and should remain in place.

Meeting TIA-1179 standards requires the entire channel to be Category 6A certified, which requires all new patch panels, modular jacks, and wall outlets comprising a replacement of the entire infrastructure. Existing Category 5e, and Category 6 patch panels will be removed in favor of the Category 6A infrastructure. See sequencing and recommendations for sequencing of the project to minimize down time while the infrastructure is replaced.



Existing Category 6A Cabling.



		EVALUATION CRITERIA FOR TELECOMMUNICATIONS ROOMS
Room/Space	»	Quantity, Location, and Size of Telecommunications Room.
	»	Available space to install and terminate new cabling and rack space to mount new equipment
	»	Adequate working clearances to access and maintain additional equipment and cabling
	»	Space is dedicated to telecommunications
	»	Space is secured to prevent unauthorized access.
Racks	»	Equipment racks with available space for new rack mounted network equipment required to support programs housed in building or area
Grounding &	»	Grounding bus bar bonded to NEC recognized grounding systems
Bonding	»	Equipment and cabling bonded to ground
UPS	»	Uninterruptable Power Supply (UPS) in place and operational to provide backup power in case of power failure
	»	UPS sized to provide adequate run time to support new network equipment
Cooling	»	Dedicated cooling equipment for equipment housed in space
	»	Expected life span of existing equipment
	»	Adequate capacity to support new equipment
Backbone	»	Existing fiber backbone with bandwidth and capacity to support current and future applications
Cabling	»	Minimum of 12 single-mode and 12 multi-mode optical fiber cables.
Cable	»	Cable trays and wall mounted support systems
Management	»	Rack-mounted vertical and horizontal cable management systems
Pathway	»	Dedicated telecommunications standard compliant pathways
	»	Spare conduits available with capacity for new cabling



Pine Lodge has a wide range of existing telecommunications spaces. Some spaces are dedicated rooms meeting most standards while falling short on a few. Some of the spaces are shared spaces with mechanical equipment or in automotive shops. When evaluating these spaces, it is important to consider the existing building and use, and to factor in the extent of the telecommunications systems in that building. Where there are wall mounted racks in sharded spaces, it may not be feasible to build a dedicated telecommunications room, based on the existing architecture of the building and the limited telecommunications needs. Adding dedicated equipment power, telecommunications grounding, and a ventilated rack for cooling may be sufficient in those areas to support the desired equipment. Evaluating the existing power infrastructure, cooling, cable management, rack space, grounding, and UPS power for each space, while considering the building and its telecommunications needs, led to the recommendations listed in the room summaries.

To support future expanded infrastructure and meet industry standards, it is recommended to improve existing telecommunications rooms or build new telecommunications rooms as needed. New telecommunications rooms will require power upgrades to provide convenience receptacles and dedicated equipment receptacles. Uninterruptible Power Supplies (UPS) should be provided to provide clean power, protect equipment from transients, and provide backup power. Dedicated cooling should be provided to maintain equipment temperature and humidity levels. Network support equipment will have to be provided: racks, grounding, ladder rack, Category 6A patch panels. To comply with the Health Insurance Portability and Accountability Act (HIPAA) and meet telecommunications standards, access to the space will need to be provided to limit access to authorized staff. Access control can be accomplished using different methods, including, keys and locks or an electronic access control system. Per HIPAA security requirements, the entity must "Implement procedures to control and validate a person's access to facilities based on their role or function..." Electronic access control systems have this capability built in. This capability can be accomplished for keys and locks using third-party key control systems like Keywatcher or other manual processes of controlling the physical keys, which allows keys to be checked out after entering a code or some other means of identifying information to validate a person's access to the telecommunications spaces. See room summaries later in this document.









## **ADMIN BUILDING**

Administration is a single story building central to the Pine Lodge facility. This building provides office and meeting space along with the facility MER. This MER provides connectivity to the buildings at this facility and connection to the Eastern State Hospital (ESH) and Lakeland Village (LV) facilities via optical fiber backbone.

#### MAIN EQUIPMENT ROOM - MER-07

MER-07 is the Main Equipment Room for the facility along with acting as the telecommunications room for the building. It occupies a space that was formerly a

conference room. This room includes multiple floor mounted racks with cable tray routed around the room. One rack supports multiple rack mounted fiber cabinets. The second rack includes a rack mount fiber cabinet at the top, a PLC and associated equipment, network switch, and some optical fiber media converters. The third rack contains a phone, some media converters, and a UPS. The fourth rack contains copper patch panels and network switches. Connectivity to ESH and LV is provided through single-mode optical fiber backbone cables, 1 12-strand to LV and 72-strand to ESH. 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables provide connectivity to the other Pine Lodge buildings and terminate on rack mount fiber cabinets. Twisted-pair copper cables are provided to each building for analog phone service.

Existing horizontal cabling is Category 6, and it is utilized for both data and voice cabling. It was observed that some of the OM3 optical fiber cabling was patched with an OM1 patch cord. This size mismatch (50  $\mu$ m to 62.5  $\mu$ m) creates light reflectivity and introduces noise and signal degradation.

The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, they do not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### MAIN EQUIPMENT ROOM - MER-07

#### **Deficiencies:**

- » Backbone Cabling infrastructure does not meet TIA-1179.
- » Horizontal Cabling is sufficient but does not meet TIA-1179.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Add power circuits and receptacles as needed.
- » Control access to authorized individuals.



Existing Fiber Mismatch.





Existing Server Rack.





Existing Voice Patching.







# SECURE HOUSING UNIT

Originally utilized as secure short-term housing this building is currently inactive.

#### **TELECOMMUNICATIONS ROOM - TR-115**

TR-115 is the telecommunications room supporting the building. It is in a shared mechanical space. The telecommunications space includes a wall mounted half rack cabinet and pathway. The cabinet includes a rack mount fiber cabinet and copper patch panels. 110 blocks for patching and other telephone equipment are wall mounted near the rack. Connectivity is provided via 12-strand single-mode and 12-strand multi-mode fiber optical backbone cables to the MER. Existing horizontal cabling is Category 5e for both data and voice cabling.



#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » No dedicated cooling system to maintain temperature of equipment.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add dedicated cooling system.
- » Add power circuits and receptacles as needed.
- » A properly sized UPS should be installed.

#### **TELECOMMUNICATIONS ROOM - TR-115**



Existing Telecom Cabinet.



Existing Voice Patching.



Existing Fiber Patching.







# **KITCHEN/DINING**

Originally utilized as a kitchen facility this building has been repurposed primarily as a wood shop and other support tasks.

#### **TELECOMMUNICATIONS ROOM - TR-117**

TR-117 is the telecommunications room supporting the building. It is in a shared electrical space. The telecommunications space includes a wall mounted half rack cabinet and pathway. The cabinet includes a rack mount fiber cabinet, copper patch

panels, and network switches. 110 blocks for patching and other telephone equipment are wall mounted near the rack. Connectivity is provided via 12-strand single-mode and 12-strand multi-mode fiber optical backbone cables to the MER. The optical fiber backbone connection to Lakeland Village connects here. Existing horizontal cabling is Category 5e for both data and voice cabling. No UPS was observed.

The existing telecommunications space is not standards compliant. However, due to the small size of the building, the lack of other more suitable spaces, and the fact that the building is inactive, we recommend maintaining the space as the telecommunications room. The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Minimal overhead ladder tray for cable support, leading to cables being draped or placed directly on equipment.
- » No dedicated cooling system to maintain temperature of equipment.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add ladder tray and cable management as needed.
- » Add dedicated cooling system.
- » Add power circuits and receptacles as needed.
- » A properly sized UPS should be installed.

#### **TELECOMMUNICATIONS ROOM - TR-117**



Existing Fiber Patching.



Existing Data Patching.



Existing Telecom Cabinet.



Existing Voice Patching.







# SERVICE CENTER

The Service Center includes a two-story section with storage and office space, computer lab, and a main gym section.

#### **TELECOMMUNICATIONS ROOM - TR-MECH**

Telecommunications Room TR-MECH is a shared space containing mechanical and telecommunications equipment. The telecommunications room includes a full height rack and ladder rack to support cabling. The rack includes a rack mount fiber cabinet,

copper patch panels, network switches, media converters, and a UPS. Telephone equipment and mechanical controls are wall mounted near the rack. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables, and a 100-pair twisted-pair Category 3 copper backbone cable to the MER within the Admin building. One of the optical fiber patch cords being utilized is an OM1 multi-mode patch cord patched to OM3 fiber. The size mismatch (62.5  $\mu$ m to 50  $\mu$ m) creates light reflectivity and introduces noise and signal degradation. Existing horizontal cabling is Category 5e for both data and voice cabling.

The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » No dedicated cooling system to maintain temperature of equipment.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add dedicated cooling system.
- » Add power circuits and receptacles as needed.

EQUIPMENT PLAN



Existing Fiber Mismatch.





Existing Data Patching.

Existing Telecom Rack.





# PROPERTY/LAUNDRY

Originally utilized as a laundry facility this building has been repurposed primarily for other support tasks.

#### **TELECOMMUNICATIONS ROOM - TR-101**

Telecommunications Room TR-101 is a shared space containing mechanical and telecommunications equipment. The telecommunications room includes a floor mounted rack and ladder rack to support cabling. The rack contains a rack mount fiber cabinet, copper patch panels, network switches, and a UPS. Telephone equipment and mechanical controls are mounted near the rack. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER. Existing horizontal cabling is Category 5e for both data and voice cabling.

The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### Deficiencies:

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » No dedicated cooling system to maintain temperature of equipment.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add dedicated cooling system.
- » Add power circuits and receptacles as needed.



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BUILDING

#### **TELECOMMUNICATIONS ROOM - TR-101**





Existing Voice Patching.

Existing Data Patching.

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# CHAPEL

Originally utilized as a chapel this building was at the time of the survey being refitted to allow for wood shop equipment.

#### **TELECOMMUNICATIONS ROOM - TR-A105**

At the time of the survey, the building was under construction and a purpose-built telecommunications room was being constructed. All equipment was wall mounted and included, at the time of the survey, a rack mount fiber cabinet and a copper patch panel. A network switch and UPS were planned for the telecommunications room as well. Connectivity is provided via 12-strand single-mode and a 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 5e for both data and voice cabling.

The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. The telecommunications room was still under construction but should include dedicated cooling, ladder rack, cable management, and dedicated equipment receptacles to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### Deficiencies:

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Minimal overhead ladder tray for cable support, leading to cables being draped or placed directly on equipment.
- » No dedicated cooling system to maintain temperature of equipment.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » No UPS for backup power.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add ladder tray and cable management as needed.
- » Add dedicated cooling system.
- » Add power circuits and receptacles as needed.
- » A properly sized UPS should be installed.
- » Control access to authorized individuals.



#### **TELECOMMUNICATIONS ROOM - TR-A105**





Existing Patch Panel.

Existing Voice Patching.

Existing Fiber Cabinet.







# WALKER HALL

Walker Hall is a small building central to the facility that provided office space. A portion of the building has been refitted to allow for paint shop functions.

#### **TELECOMMUNICATIONS ROOM - TR-OFFICE**

 $\square$ Telecommunications Room TR-OFFICE is a dedicated telecommunications room for the building. It includes a floor mounted rack and ladder rack to support cabling. The rack contains a rack mount fiber cabinet, copper patch panels, and a network switch. Telephone equipment is wall mounted behind the rack. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 5e for both data and voice cabling. No UPS was observed.

The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.
- » No UPS installed.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add power circuits and receptacles as needed.
- » A properly sized UPS should be installed.



#### **TELECOMMUNICATIONS ROOM - TR-OFFICE**





Existing Voice Patching.

Existing Data Patching.







# EDUCATION

This building provides classroom, office, and support space.

#### **TELECOMMUNICATIONS ROOM - TR-104**

Telecommunications Room TR-104 is a dedicated telecommunications room for the building. It includes a floor mounted rack and ladder rack to support cabling. The rack contains a rack mount fiber cabinet, copper patch panels, and a network switch. Telephone equipment is wall mounted behind the rack. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 6 for both data and voice cabling. No UPS was observed.



#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.
- » No UPS installed.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add power circuits and receptacles as needed.
- » A properly sized UPS should be installed.



**BUILDING K** 

#### **TELECOMMUNICATIONS ROOM - TR-104**



Existing Voice Patching.



Existing Fiber Patching.





Existing Telecom Rack.

**BUILDING K** 



# MEDICAL

This building was primarily utilized for medical office space but has since been refitted to accommodate office space to support CSS functions and provide meeting space.

#### **TELECOMMUNICATIONS ROOM - TR-130**

Telecommunications Room TR-130 is a dedicated telecommunications room for the building. It includes a floor mounted rack and ladder rack to support cabling. The rack contains a rack mount fiber cabinet, copper patch panels, and a network switch. Telephone equipment is wall mounted behind the rack. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 6 for both data and voice cabling. No UPS was observed.



The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### Deficiencies:

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### Recommendations:

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add power circuits and receptacles as needed.

**BUILDING M** 

#### **TELECOMMUNICATIONS ROOM - TR-130**







Existing Data Patching.

Existing Fiber Patching.

HARGIS



# WAREHOUSE/SHOPS

This building provides shop space for various maintenance departments.

#### **TELECOMMUNICATIONS ROOM - TR-1**

Telecommunications Room TR-1 is a dedicated telecommunications room for the building. It includes a floor mounted rack and ladder rack to support cabling. The rack contains a rack mount fiber cabinet, copper patch panels, and a network switch. Telephone equipment is wall mounted behind the rack. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 5e for both data and voice cabling.



The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add power circuits and receptacles as needed.

#### **TELECOMMUNICATIONS ROOM - TR-1**



Existing Voice Patching.



Existing Fiber Patching.



Existing Telecom Rack.







# STORAGE BUILDING (VEHICLE MAINTENANCE)

This building provides high bay garage space for vehicle maintenance.

#### **TELECOMMUNICATIONS ROOM - TR-101**

Telecommunications Enclosure TR-101 is two wall mounted enclosures in the southeast

corner of the open vehicle bay. Two wall mounted racks support the networking and voice infrastructure. One enclosure contains a rack mount fiber cabinet, copper patch panels, and a network switch. The second enclosure contains the telephone equipment, such as building entrance protection and 110 blocks for patching. Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 5e for both data and voice cabling. The enclosures do not have a telecommunications grounding busbar, dedicated cooling, or UPS power.

The existing telecommunications space is not standards compliant. However, due to the small size of the building and the lack of other more suitable spaces, we recommend maintaining the space as the telecommunications room. The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Dedicated cooling, cable management, and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### Deficiencies:

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Minimal overhead ladder tray for cable support, leading to cables being draped or placed directly on equipment.
- » No grounding busbar for the telecommunications equipment.
- » No dedicated cooling system to maintain temperature of equipment.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.
- » No UPS installed.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add cable management as needed.
- » Add Telecommunications Grounding Busbar.
- » Add dedicated cooling system.
- » Add power circuits and dedicated receptacles as needed.
- » A properly sized UPS should be installed.

#### **TELECOMMUNICATIONS ROOM - TR-101**



Existing 110-Block.



Existing Building Entrance Protection.



Existing Telecom Cabinet.





# **ROSS HALL**

This two-story building provides office space for support services.

#### **TELECOMMUNICATIONS ROOM - TR-102**

Telecommunications TR-102 is a dedicated telecommunications room on the lower level of the building. The room has ladder rack around its perimeter to cable support. There is a floor mounted rack containing a rack mount fiber cabinet, copper patch panels, and a network switch. Telephone equipment, such as building entrance protection and 110 blocks for patching are wall mounted opposite the rack.



Connectivity is provided via 12-strand single-mode and 12-strand OM3 multi-mode optical fiber backbone cables to the MER within the Admin building. Existing horizontal cabling is Category 5e for both data and voice cabling. The enclosures do not have a telecommunications grounding busbar, dedicated cooling, or UPS power.

The existing backbone and horizontal cabling are sufficient to meet current facility needs, however, it does not technically meet current TIA standards for healthcare facilities. To meet industry standards, it is recommended to upgrade the existing backbone and horizontal cabling. Additional Category 6A data ports should be provided as required to meet standards. Cable management and dedicated equipment receptacles are required to meet standards. The addition of card-based access control is recommended to control and track access to the space.

#### **Deficiencies:**

- » Horizontal Cabling infrastructure does not meet minimum standards per TIA-1179.
- » Backbone Cabling Infrastructure does not meet minimum standards per TIA-1179.
- » Electrical infrastructure does not meet minimum requirements per standards.
- » Uncontrolled access to space with no identity verification.
- » No UPS installed.

#### **Recommendations:**

- » Upgrade existing port locations to Category 6A.
- » Add additional Category 6A 8P8C RJ45 ports to meet standards.
- » Provide labels for all new cabling and existing cables to remain.
- » Provide 12-strand OM4 multi-mode optical fiber backbone from MER in the Admin Building.
- » Add power circuits and receptacles as needed.
- » A properly sized UPS should be installed.

#### **TELECOMMUNICATIONS ROOM - TR-102**







Existing Telecom Rack.

ΗΛRGIS

Existing Building Entrance Protection.

Existing Fiber Patching.

## ΗΛRGIS

# APPENDIX A: FULL COST OPINIONS

#### **Telecommunications Infrastructure Assessment Recommendations**

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo		DATE		August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms		OVERHEAD & F	PROFIT	15%
telecommunications	summary		subtotal	OH&P		total
Building A - Admir	nistration		\$ 157,444	\$ 23,617	\$	181,061
Building B - Secur	e Housing Unit		\$ 81,482	\$ 12,222	\$	93,704
Building C - Kitche	en/Dining		\$ 108,804	\$ 16,321	\$	125,125
Building E - Servic	e Center		\$ 106,294	\$ 15,944	\$	122,238
Building F - Prope	erty/Laundry		\$ 346,171	\$ 51,926	\$	398,096
Building H - Chape	el		\$ 83,768	\$ 12,565	\$	96,333
Building J - Walke	er Hall		\$ 175,221	\$ 26,283	\$	201,505
Building K - Educa	ational		\$ 207,065	\$ 31,060	\$	238,125
Building M - Medi	ical Building		\$ 165,690	\$ 24,854	\$	190,544
Building N - Ware	house/Shops		\$ 112,302	\$ 16,845	\$	129,147
Building S - Storag	ge		\$ 80,656	\$ 12,098	\$	92,754
Building T - Ross h	nall		\$ 126,632	\$ 18,995	\$	145,627
Sub-Total			\$ 1,751,529	\$ 262,729	\$	2,014,259
General Contract	or OH&P	15%		Γ	\$	302,139
Escalation	7%			F	\$	162,148
Total					\$	2,478,546

#### EXCLUSIONS

Pine Lodge

1 - Design contingency

2 - Sales Tax

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# Building A - Administration

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity		material cost		labor cost		engineering opinion		
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	2,318	2,318	4,636	4,636	6,953	1,043	7,997
Basic Materials and Methods	1	LS	4,354	4,354			4,354	653	5,007
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									

SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Telecommunication Room Demolition	1	EA			2,000	2,000	2,000	300	2,300
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
Telecommunications Device - 4-Port	29	EA	1,100	31,900	474	13,737	45,637	6,845	52,482
Telecommunications Device - 4-Port - Existing	18	EA	1,100	19,800	474	8,526	28,326	4,249	32,575
CAT 6A Quickport Connector	232	EA	36	8,388	25	5,800	14,188	2,128	16,316
CAT 6A Quickport Connector - Existing	144	EA	36	5,206	26	3,744	8,950	1,343	10,293
CAT 6A Patch Panel	4	EA	320	1,280	150	600	1,880	282	2,163
Copper 6-port Empty Cassette	32	EA	100	3,200	50	1,600	4,800	720	5,520
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	29	EA	200	5,800	150	4,350	10,150	1,523	11,673

Subtotal Low-Voltage Systems (Divisions 27)

144,739 21,711 166,450

# Building A - Administration

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity		material cost		labor	cost	engineering opinion		
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

1,906 14,611

# Building B - Secure Housing Unit

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity		material cost		labor cost		engineering opinion		ion
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	1,055	1,055	2,110	2,110	3,164	475	3,639
Basic Materials and Methods	1	LS	2,120	2,120			2,120	318	2,438
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472

Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Ladder Rack	60	LF	8	450	20	1,200	1,650	248	1,898
2000VA UPS	1	EA	3,000	3,000	110	110	3,110	467	3,577
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	150	LF	1	178	.05	8	186	28	214
Telecommunications Device - 4-Port	11	EA	1,100	12,100	474	5,210	17,310	2,597	19,907
Telecommunications Device - 4-Port - Existing	5	EA	1,100	5,500	474	2,368	7,868	1,180	9,049
CAT 6A Quickport Connector	88	EA	36	3,182	25	2,200	5,382	807	6,189

## Building B - Secure Housing Unit

Pine Lodge

**Basic Materials and Methods** 

(Consumables, Small Tools, Equip Rental,

Grounding, Identification, etc.) Raceway, Cabling Supports and Outlet Boxes

#### **Telecommunications Infrastructure Assessment Recommendations**

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	qua	quantity		material cost		labor cost		engineering opinion	
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
CAT 6A Quickport Connector - Existing	40	EA	36	1,446	26	1,040	2,486	373	2,859
CAT 6A Patch Panel	2	EA	320	640	150	300	940	141	1,081
Copper 6-port Empty Cassette	16	EA	100	1,600	50	800	2,400	360	2,760
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	11	EA	200	2,200	150	1,650	3,850	578	4,428
Subtotal Low-Voltage Systems (Divisions 27)							68,777	10,317	79,093
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476

280

200

280

200

200

200

LS

ΕA

1

1

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280

400

42

60

322

460

# Building B - Secure Housing Unit

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	quantity		material cost		labor cost		engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

# Building C - Kitchen/Dining

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	quantity		material cost		labor cost		engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	1,358	1,358	2,716	2,716	4,073	611	4,685
Basic Materials and Methods	1	LS	3,089	3,089			3,089	463	3,552
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									

Section 271100 Telecommunication Distribution System									
Telecommunications Rooms - HC	1	EA	12,000	12,000	2,500	2,500	14,500	2,175	16,675
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Ladder Rack	60	LF	8	450	20	1,200	1,650	248	1,898
2000VA UPS	1	EA	3,000	3,000	110	110	3,110	467	3,577
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	350	LF	1	416	.05	18	433	65	498
Telecommunications Device - 4-Port	12	EA	1,100	13,200	474	5,684	18,884	2,833	21,717
Telecommunications Device - 4-Port - Existing	9	EA	1,100	9,900	474	4,263	14,163	2,124	16,288

# Building C - Kitchen/Dining

24046

Raceway, Cabling Supports and Outlet Boxes

Pine Lodge

JOB NUMBER

#### **Telecommunications Infrastructure Assessment Recommendations**

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024

CHECKED BY Ben Helms

	qua	quantity		material cost		labor cost		engineering opinion	
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
CAT 6A Quickport Connector	96	EA	36	3,471	25	2,400	5,871	881	6,752
CAT 6A Quickport Connector - Existing	72	EA	36	2,603	26	1,872	4,475	671	5,147
CAT 6A Patch Panel	2	EA	320	640	150	300	940	141	1,081
Copper 6-port Empty Cassette	16	EA	100	1,600	50	800	2,400	360	2,760
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	12	EA	200	2,400	150	1,800	4,200	630	4,830
Subtotal Low-Voltage Systems (Divisions 27)							96,099	14,415	110,514
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									

ΕA

1

200

200

200

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15%

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**OVERHEAD & PROFIT** 

400

200

60

460

# Building C - Kitchen/Dining

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	quantity		material cost		labor cost		engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

## Building E - Service Center

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity material cost		labor cost		engineering opinion		ion		
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	1,452	1,452	2,904	2,904	4,356	653	5,010
Basic Materials and Methods	1	LS	2,866	2,866			2,866	430	3,296
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Ladder Rack	30	LF	8	225	20	600	825	124	949
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	950	LF	1	1,129	.05	48	1,176	176	1,353
Telecommunications Device - 4-Port	15	EA	1,100	16,500	474	7,105	23,605	3,541	27,146
Telecommunications Device - 4-Port - Existing	12	EA	1,100	13,200	474	5,684	18,884	2,833	21,717
CAT 6A Quickport Connector	120	EA	36	4,339	25	3,000	7,339	1,101	8,440
CAT 6A Quickport Connector - Existing	96	EA	36	3,471	26	2,496	5,967	895	6,862
CAT 6A Patch Panel	3	EA	320	960	150	450	1,410	212	1,622
Copper 6-port Empty Cassette	24	EA	100	2,400	50	1,200	3,600	540	4,140
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475

7,500

3,000

1,500

150

1,500

2,250

7,500

200

1

15

ΕA

ΕA

Subtotal Low-Voltage Systems (Divisions 27)

Telecom Room - HVAC - Ductless Split System

Pathway per Drop

93,589 14,038 107,627

1,350

788

10,350

6,038

9,000

5,250

# Building E - Service Center

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	qua	ntity	materia	l cost	labor	cost	en	ineering opini	on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806

Subtotal Life Safety and Security Systems (Divisions 28)

12,705 1,906 14,611

# Building F - Property/Laundry

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity		material cost		labor cost		engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	2,267	2,267	4,533	4,533	6,800	1,020	7,820
Basic Materials and Methods	1	LS	13,397	13,397			13,397	2,010	15,406
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									

Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Ventilated Rack	30	EA	7,500	225,000	800	24,000	249,000	37,350	286,350
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	1,000	LF	1	1,188	.05	50	1,238	186	1,424
Telecommunications Device - 4-Port	12	EA	1,100	13,200	474	5,684	18,884	2,833	21,717
Telecommunications Device - 4-Port - Existing	6	EA	1,100	6,600	474	2,842	9,442	1,416	10,858
CAT 6A Quickport Connector	96	EA	36	3,471	25	2,400	5,871	881	6,752
CAT 6A Quickport Connector - Existing	48	EA	36	1,735	26	1,248	2,983	448	3,431
CAT 6A Patch Panel	2	EA	320	640	150	300	940	141	1,081
Copper 6-port Empty Cassette	16	EA	100	1,600	50	800	2,400	360	2,760
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	12	EA	200	2,400	150	1,800	4,200	630	4,830

Subtotal Low-Voltage Systems (Divisions 27)

333,466 50,020 383,486

# Building F - Property/Laundry

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	qua	ntity	material cost		labor	cost	engineering opinio		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

# Building H - Chapel

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	quantity		material cost		labor cost		engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	1,035	1,035	2,069	2,069	3,104	466	3,569
Basic Materials and Methods	1	LS	2,251	2,251			2,251	338	2,588
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									

1	EA	12,000	12,000	2,500	2,500	14,500	2,175	16,675
2	EA	150	300	50	100	400	60	460
1	EA	300	300	110	110	410	62	472
60	LF	8	450	20	1,200	1,650	248	1,898
1	EA	3,000	3,000	110	110	3,110	467	3,577
1	EA			2,000	2,000	2,000	300	2,300
1	LS			2,000	2,000	2,000	300	2,300
550	LF	1	653	.05	28	681	102	783
9	EA	1,100	9,900	474	4,263	14,163	2,124	16,288
	1 2 1 60 1 1 1 550 9	1     EA       2     EA       1     EA       60     LF       1     EA       1     EA       1     LS       550     LF       9     EA	1       EA       12,000         2       EA       150         1       EA       300         60       LF       8         1       EA       3,000         1       EA       3,000         1       EA       1,000         1       LS       1         550       LF       1         9       EA       1,100	1         EA         12,000         12,000           2         EA         150         300           1         EA         300         300           60         LF         8         450           1         EA         3,000         3,000           1         EA         3,000         3,000           1         EA         1         653           550         LF         1,100         9,900	1         EA         12,000         12,000         2,500           2         EA         150         300         50           1         EA         300         300         110           60         LF         8         450         20           1         EA         3,000         3,000         110           1         EA         3,000         2,000         110           1         EA         2,000         2,000         1           1         LS         2,000         2,000           550         LF         1         653         .05           9         EA         1,100         9,900         474	1         EA         12,000         12,000         2,500         2,500           2         EA         150         300         50         100           1         EA         300         300         110         110           60         LF         8         450         20         1,200           1         EA         3,000         3,000         110         110           1         EA         3,000         3,000         110         110           1         EA         2,000         2,000         2,000         2,000           1         LS         2,000         2,000         2,000           550         LF         1         653         .05         28           9         EA         1,100         9,900         474         4,263	1         EA         12,000         12,000         2,500         2,500         14,500           2         EA         150         300         50         100         400           1         EA         300         300         110         110         410           60         LF         8         450         20         1,200         1,650           1         EA         3,000         3,000         110         110         3,110           1         EA         3,000         3,000         110         110         3,110           1         EA         2,000         2,000         2,000         2,000         2,000           1         LS         2,000         2,000         2,000         2,000         2,000           550         LF         1         653         .05         28         681           9         EA         1,100         9,900         474         4,263         14,163	1EA12,00012,0002,5002,50014,5002,1752EA15030050100400601EA3003001101104106260LF8450201,2001,6502481EA3,0003,0001101103,1104671EA2,0002,0002,0002,0003001LS2,0002,0002,000300550LF1653.05286811029EA1,1009,9004744,26314,1632,124

# Building H - Chapel

#### **Telecommunications Infrastructure Assessment Recommendations**

Pine Lodge

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	qua	ntity	materia	material cost		labor cost		engineering opinion	
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
Telecommunications Device - 4-Port - Existing	1	EA	1,100	1,100	474	474	1,574	236	1,810
CAT 6A Quickport Connector	72	EA	36	2,603	25	1,800	4,403	660	5,064
CAT 6A Quickport Connector - Existing	8	EA	36	289	26	208	497	75	572
CAT 6A Patch Panel	1	EA	320	320	150	150	470	71	541
Copper 6-port Empty Cassette	8	EA	100	800	50	400	1,200	180	1,380
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	9	EA	200	1,800	150	1,350	3,150	473	3,623
Subtotal Low-Voltage Systems (Divisions 27)							71,063	10,659	81,722
DIVISION 28									
IFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322

(Consumables, Small Tools, Equip Rental,

Grounding, Identification, etc.)

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## **Building H - Chapel**

Door Controller - 2-Door

Request To Exit (REX)

Portal Licenses

Card Reader

Programming

Engineering

Power Supply 10A/24V - 8-Door

Wiring - Per Access Control Door

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	P	PREPARED BY Tin Vo DA						Au	gust 14, 2024
JOB NUMBER	24046		CHECKED BY Ben Helms C					OVERHEAD & PROFIT		15%
		quar	ntity	materia	al cost	labor	cost	eng	ineering opin	ion
description		number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
Raceway, Cabling	Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACC	ESS CONTROL SYSTEM									
Access Control Par	nel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002

535

925

100

325

125

400

1,800

535

925

100

325

125

400

1,800

85

170

50

128

600

85

700

701

1,402

85

170

50

128

600

85

700

701

1,402

620

1,095

150

453

2,400

1,100

1,402

701

12,705

210

ΕA

ΕA

ΕA

ΕA

ΕA

ΕA

ΕA

LS

LS

1

1

1

1

1

1

1

1

1

Subtotal Life Safety and Security Systems (Divisions 28)

Electrified Hardware (Electrified Lock and Power Transfer)

1,906 14,611

93

164

23

68

360

32

165

210

105

713

173

520

242

2,760

1,265

1,612

806

1,259

## Building J - Walker Hall

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	qua	intity	materia	l cost	labor	cost	eng	ineering opini	on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	2,478	2,478	4,956	4,956	7,433	1,115	8,548
Basic Materials and Methods	1	LS	5,025	5,025			5,025	754	5,779
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
2000VA UPS	1	EA	3,000	3,000	110	110	3,110	467	3,577
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	800	LF	1	950	.05	40	990	149	1,139
Telecommunications Device - 4-Port	40	EA	1,100	44,000	474	18,947	62,947	9,442	72,389
Telecommunications Device - 4-Port - Existing	11	EA	1,100	12,100	474	5,210	17,310	2,597	19,907
CAT 6A Quickport Connector	320	EA	36	11,570	25	8,000	19,570	2,935	22,505
CAT 6A Quickport Connector - Existing	88	EA	36	3,182	26	2,288	5,470	820	6,290

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320

100

4,000

7,500

200

1,601

4,000

4,000

7,500

8,000

150

50

2,500

1,500

150

750

2,000

2,500

1,500

6,000

2,351

6,000

6,500

9,000

14,000

5

40

1

1

40

Subtotal Low-Voltage Systems (Divisions 27)

Telecom Room - HVAC - Ductless Split System

**Telecom Room - Electrical Improvements** 

CAT 6A Patch Panel

Pathway per Drop

Copper 6-port Empty Cassette

162,516 24,377 186,894

353

900

975

1,350

2,100

2,703

6,900

7,475

10,350

16,100

# Building J - Walker Hall

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

www.hargis.biz

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity		material cost		labor	cost	engineering opinion		
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

Subtotal Life Safety and Security Systems (Divisions 28)

14,611 1,906

# Building K - Educational

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

www.hargis.biz

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	quantity		material cost		labor cost		engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	2,960	2,960	5,921	5,921	8,881	1,332	10,213
Basic Materials and Methods	1	LS	6,013	6,013			6,013	902	6,915
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									

SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Ladder Rack	20	LF	8	150	20	400	550	83	633
2000VA UPS	1	EA	3,000	3,000	110	110	3,110	467	3,577
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	1,000	LF	1	1,188	.05	50	1,238	186	1,424
Telecommunications Device - 4-Port	34	EA	1,100	37,400	474	16,105	53,505	8,026	61,531
Telecommunications Device - 4-Port - Existing	31	EA	1,100	34,100	474	14,684	48,784	7,318	56,101
CAT 6A Quickport Connector	272	EA	36	9,834	25	6,800	16,634	2,495	19,130
CAT 6A Quickport Connector - Existing	248	EA	36	8,967	26	6,448	15,415	2,312	17,727
CAT 6A Patch Panel	6	EA	320	1,921	150	900	2,821	423	3,244
Copper 6-port Empty Cassette	48	EA	100	4,800	50	2,400	7,200	1,080	8,280
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	34	EA	200	6,800	150	5,100	11,900	1,785	13,685

**Telecommunications Infrastructure Assessment Recommendations** 

# Building K - Educational

Pine Lodge

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

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BASIS OF OPINION Pre-Design	Р	REPARED BY	/ Tin Vo				DATE	Aug	ust 14, 2024
<b>JOB NUMBER</b> 24046		CHECKED BY	<b>/</b> Ben Helms				OVERHEAD &	PROFIT	15%
	quan	itity	material	cost	labor	cost	engi	neering opinio	on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
Subtotal Low-Voltage Systems (Divisions 27)							194,361	29,154	223,515
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806

Subtotal Life Safety and Security Systems (Divisions 28)

12,705 1,906 14,611

# Building M - Medical Building

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	qua	ntity	materia	al cost	labor	r cost	engineering opinion		gopinion	
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total	
DIVISION 27										
LOW-VOLTAGE SYSTEMS - DIVISIONS 27										
General Provisions (Submittals, Mobilization, Permits)	1	LS	2,373	2,373	4,746	4,746	7,119	1,068	8,187	
Basic Materials and Methods	1	LS	4,686	4,686			4,686	703	5,389	
(Consumables, Small Tools, Equip Rental,										
Grounding, Identification, etc.)										
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM										
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460	
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472	
Demolish Defunct Infrastructure After System Cutover	1	15			2 000	2 000	2 000	300	2 200	

Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	300	LF	1	356	.05	15	371	56	427
Telecommunications Device - 4-Port	31	EA	1,100	34,100	474	14,684	48,784	7,318	56,101
Telecommunications Device - 4-Port - Existing	19	EA	1,100	20,900	474	9,000	29,900	4,485	34,385
CAT 6A Quickport Connector	248	EA	36	8,967	25	6,200	15,167	2,275	17,442
CAT 6A Quickport Connector - Existing	152	EA	36	5,496	26	3,952	9,448	1,417	10,865
CAT 6A Patch Panel	5	EA	320	1,601	150	750	2,351	353	2,703
Copper 6-port Empty Cassette	40	EA	100	4,000	50	2,000	6,000	900	6,900
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	31	EA	200	6,200	150	4,650	10,850	1,628	12,478

Subtotal Low-Voltage Systems (Divisions 27)

152,985 22,948 175,933

# Building M - Medical Building

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	qua	ntity	materia	l cost	labor	cost	engineering opinion		ion
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 20)							12 705	1.000	14 C11

Subtotal Life Safety and Security Systems (Divisions 28)

12,705 1,906 14,611

## Building N - Warehouse/Shops

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

www.hargis.biz

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	qua	ntity	materia	material cost		cost	engineering opini		ion
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	1,544	1,544	3,088	3,088	4,632	695	5,327
Basic Materials and Methods	1	LS	3,052	3,052			3,052	458	3,509
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	250	LF	1	297	.05	13	310	46	356
Telecommunications Device - 4-Port	18	EA	1,100	19,800	474	8,526	28,326	4,249	32,575

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1,100

36

36

320

100

4,000

7,500

200

13,200

5,206

3,471

2,400

4,000

7,500

3,600

960

474

25

26

150

50

2,500

1,500

150

5,684

3,600

2,496

1,200

2,500

1,500

2,700

450

18,884

8,806

5,967

1,410

3,600

6,500

9,000

6,300

12

144

96

3

24

1

1

18

Subtotal Low-Voltage Systems (Divisions 27)

Telecommunications Device - 4-Port - Existing

CAT 6A Quickport Connector - Existing

Telecom Room - Electrical Improvements

Telecom Room - HVAC - Ductless Split System

CAT 6A Quickport Connector

Copper 6-port Empty Cassette

CAT 6A Patch Panel

Pathway per Drop

99,597 14,940 114,537

2,833

1,321

895

212

540

975

1,350

945

21,717

10,127

6,862

1,622

4,140

7,475

10,350

7,245

# Building N - Warehouse/Shops

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

#### www.hargis.biz

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	qua	ntity	materia	l cost	labor	cost	engineering opinion		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

# Building S - Storage

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

www.hargis.biz

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	<b>OVERHEAD &amp; PROFIT</b>	15%

	quar	ntity	material cost		labor cost		engineering opin		on
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	920	920	1,841	1,841	2,761	414	3,175
Basic Materials and Methods	1	LS	2,228	2,228			2,228	334	2,562
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									

SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Telecommunications Rooms - HC	1	EA	12,000	12,000	2,500	2,500	14,500	2,175	16,675
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
Ladder Rack	60	LF	8	450	20	1,200	1,650	248	1,898
2000VA UPS	1	EA	3,000	3,000	110	110	3,110	467	3,577
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	500	LF	1	594	.05	25	619	93	712
Telecommunications Device - 4-Port	7	EA	1,100	7,700	474	3,316	11,016	1,652	12,668
Telecommunications Device - 4-Port - Existing	3	EA	1,100	3,300	474	1,421	4,721	708	5,429
CAT 6A Quickport Connector	56	EA	36	2,025	25	1,400	3,425	514	3,938
CAT 6A Quickport Connector - Existing	24	EA	36	868	26	624	1,492	224	1,716
CAT 6A Patch Panel	1	EA	320	320	150	150	470	71	541
Copper 6-port Empty Cassette	8	EA	100	800	50	400	1,200	180	1,380
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350
Pathway per Drop	7	EA	200	1,400	150	1,050	2,450	368	2,818

**Telecommunications Infrastructure Assessment Recommendations** 

# Building S - Storage

Pine Lodge

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

www.hargis.biz

BASIS OF OPINION Pre-Design	PREPARED BY Tin Vo						DATE	August 14, 2024		
<b>JOB NUMBER</b> 24046	CHECKED BY Ben Helms						OVERHEAD &	PROFIT	15%	
	quantity		material cost		labor cost		engineering opini		on	
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total	
Subtotal Low-Voltage Systems (Divisions 27)							67,951	10,193	78,144	
DIVISION 28										
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28										
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476	
Basic Materials and Methods	1	LS	280	280			280	42	322	
(Consumables, Small Tools, Equip Rental,										
Grounding, Identification, etc.)										
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460	
SECTION 281300 ACCESS CONTROL SYSTEM										
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002	
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713	
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259	
Portal Licenses	1	EA	100	100	50	50	150	23	173	
Card Reader	1	EA	325	325	128	128	453	68	520	
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760	
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242	
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265	
Programming	1	LS			1,402	1,402	1,402	210	1,612	
Engineering	1	LS			701	701	701	105	806	

Subtotal Life Safety and Security Systems (Divisions 28)

12,705 1,906 14,611

## Building T - Ross hall

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

## HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

www.hargis.biz

BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity		material cost		labor cost		engineering opinion		
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 27									
LOW-VOLTAGE SYSTEMS - DIVISIONS 27									
General Provisions (Submittals, Mobilization, Permits)	1	LS	1,707	1,707	3,414	3,414	5,120	768	5,888
Basic Materials and Methods	1	LS	3,556	3,556			3,556	533	4,089
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
SECTION 271100 TELECOMMUNICATION DISTRIBUTION SYSTEM									
Adaptor Plates - LC ACP	2	EA	150	300	50	100	400	60	460
Rack Mount Fiber Cabinet - 2RU	1	EA	300	300	110	110	410	62	472
2000VA UPS	1	EA	3,000	3,000	110	110	3,110	467	3,577
Demolish Defunct Infrastructure After System Cutover	1	LS			2,000	2,000	2,000	300	2,300
12 Strand Multimode Outside Plant (OSP) OFC	700	LF	1	832	.05	35	867	130	997
Telecommunications Device - 4-Port	16	EA	1,100	17,600	474	7,579	25,179	3,777	28,956
Telecommunications Device - 4-Port - Existing	19	EA	1,100	20,900	474	9,000	29,900	4,485	34,385
CAT 6A Quickport Connector	128	EA	36	4,628	25	3,200	7,828	1,174	9,002
CAT 6A Quickport Connector - Existing	152	EA	36	5,496	26	3,952	9,448	1,417	10,865
CAT 6A Patch Panel	3	EA	320	960	150	450	1,410	212	1,622
Copper 6-port Empty Cassette	24	EA	100	2,400	50	1,200	3,600	540	4,140
Telecom Room - Electrical Improvements	1	EA	4,000	4,000	2,500	2,500	6,500	975	7,475
Telecom Room - HVAC - Ductless Split System	1	EA	7,500	7,500	1,500	1,500	9,000	1,350	10,350

16

ΕA

200

3,200

150

2,400

5,600

Subtotal Low-Voltage Systems (Divisions 27)

Pathway per Drop

113,927 17,089 131,016

840

6,440

# Building T - Ross hall

Pine Lodge

#### **Telecommunications Infrastructure Assessment Recommendations**

HARGIS

1201 third avenue, ste 600 seattle, washington 98101 206.448.3376

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BASIS OF OPINION	Pre-Design	PREPARED BY Tin Vo	DATE	August 14, 2024
JOB NUMBER	24046	CHECKED BY Ben Helms	OVERHEAD & PROFIT	15%

	quantity material cost		l cost	labor	cost	engineering opinion			
description	number	unit	unit cost	total	unit cost	total	subtotal	OH&P	total
DIVISION 28									
LIFE SAFETY & SECURITY SYSTEMS - DIVISIONS 28									
General Provisions (Submittals, Mobilization, Permits)	1	LS	138	138	276	276	414	62	476
Basic Materials and Methods	1	LS	280	280			280	42	322
(Consumables, Small Tools, Equip Rental,									
Grounding, Identification, etc.)									
Raceway, Cabling Supports and Outlet Boxes	1	EA	200	200	200	200	400	60	460
SECTION 281300 ACCESS CONTROL SYSTEM									
Access Control Panel w/ Controller	1	EA	2,800	2,800	680	680	3,480	522	4,002
Door Controller - 2-Door	1	EA	535	535	85	85	620	93	713
Power Supply 10A/24V - 8-Door	1	EA	925	925	170	170	1,095	164	1,259
Portal Licenses	1	EA	100	100	50	50	150	23	173
Card Reader	1	EA	325	325	128	128	453	68	520
Electrified Hardware (Electrified Lock and Power Transfer)	1	EA	1,800	1,800	600	600	2,400	360	2,760
Request To Exit (REX)	1	EA	125	125	85	85	210	32	242
Wiring - Per Access Control Door	1	EA	400	400	700	700	1,100	165	1,265
Programming	1	LS			1,402	1,402	1,402	210	1,612
Engineering	1	LS			701	701	701	105	806
Subtotal Life Safety and Security Systems (Divisions 28)							12,705	1,906	14,611

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14,611 1,906