

2014 Supplemental Budget

ENHANCED RESPITE SERVICES

Request	FY14	FY15	13-15
FTE	0	0	0
GF-State	\$174,000	\$280,000	\$454,000
Total	\$264,000	\$424,000	\$688,000

DECISION PACKAGE SUMMARY

The Developmental Disabilities Administration (DDA) requests \$688,000 Total Funds, \$454,000 GF-State to expand Enhanced Respite Services (ERS). This service provides DDA children in crisis with access to short-term respite in a structured setting so they can remain with their families. Service delivery occurs in a licensed and contracted structured setting in lieu of the more intensive Community Crisis Stabilization program.

PROBLEM STATEMENT

Passed in the 2011 Legislature, 2SSB 5459 redirected service delivery for certain youth to community-based settings rather than a Residential Habilitation Center (RHC). People under the age of 16 may not be admitted to an RHC, and those between ages 16 and 21 may not be admitted for a long-term stay. ERS is a safety valve for those families not yet in a state of crisis to warrant the much more intensive services of the Community Crisis Stabilization Services program, which is limited to only three beds at any given time. ERS provides a short-term stay in a community-based setting so individuals can ultimately remain living with their families.

Likelihood of the following risks increases without Enhanced Respite Services:

- Children lingering in hospitals after medical stability is met;
- Placement outside of the child's family home and/or community;
- For those under the age of 16, placement in an out of state Intermediate Care Facility for the Intellectually Disabled (ICF/ID) institution.

PROPOSED SOLUTION

Enhanced Respite Services are a bridge to allow access to DDA's Home and Community Based Waiver program, which provides an array of community based services aimed at preventing placement in an RHC. Currently, ERS are being provided in King and Pierce counties. Each site is individually contracted with private community residential providers, with one bed at each site. The contractors assess and balance meeting the needs of the individual requesting ERS compared with those currently residing in the home and have the ability to deny referrals. The contractor is paid regardless of occupancy, which allows for immediate support during a crisis when the bed is unoccupied. The daily rate payable to the contractor for satisfactory performance of work is \$290/day, including all expenses. A reduced rate during periods of vacancy would greatly diminish the contractors' ability to employ highly trained staff.

2014 SUPPLEMENTAL BUDGET

ENHANCED RESPITE SERVICES

The ability to successfully provide Enhanced Respite Services in a licensed community setting hinges on the contractors' ability to have highly skilled and trained staff, available space, and flexibility to support a child in crisis with sometimes limited planning due to imminent need.

Since December of 2012 when the services began with an initial trial of two slots, they have been occupied 66 percent of the time. The requested funding will allow DDA to continue those two slots and provide two more locations in other parts of the state. It is assumed that one bed will be added in January 2014 and the other in July 2014. The maximum length of stay is 30 days total in a calendar year, which means ERS is not appropriate as a waiver service, but rather serves as a conduit for long-term services upon discharge back into the family home.

The following services are provided:

- Developmentally appropriate services to families with children between ages 8 to 18;
- Identification of challenging behaviors
 - Data can be used by others to develop a functional assessment and a positive behavior support plan when the child returns to the family home;
- Parents can participate in the observation and development of therapeutic teaching and training techniques employed by staff;
- Physical assistance, support, and protective supervision in daily routine activities.

EXPECTED RESULTS

The desired outcomes and expected impacts include:

- A break in caregiving for persons family/primary caregiver
- Stabilization of a child's challenging behaviors
- Opportunity for success in a structured environment
- Participation in age-appropriate community activities through support from skilled staff
- Transition to Home and Community Based Waiver program upon discharge
- Evaluation of health and welfare needs identified through the child's individualized support plan
- Increased ability for parents to continue caring for their child with additional support.

This request supports Results Washington Goal 4 of Healthy and Safe Communities. Funding this request will result in clients with developmental disabilities being served in home and community based settings.

STAKEHOLDER IMPACT

Advocates from the developmental disability and autism communities, parents of children with challenging behaviors, and Children's Administration, are in support of funding this program. The Developmental Disabilities Council and ARC of Washington support the program.