If you are requesting a hearing for the denial of medical benefits or services from your DSHS managed care health plan, you must complete your plan’s appeal process before you can file a hearing. (WAC 388-538-112)

I request a hearing because I disagree with the following decision by the Department of Social and Health Services (DSHS) or my DSHS managed care health plan:

- Explain briefly what DSHS or your DSHS managed care health plan did or did not do (add pages if you need more room); and
- Attach a copy of the notice you are appealing, if possible.