### Monthly Activities

**Record in-home and community activities below.**

**Week 1**
- **Start date:** 1st – 7th
  - **IN-HOME ACTIVITIES (IH)**
    - **NUMBER OF IH ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]
    - **COMMUNITY BASED ACTIVITIES (CB)**
      - **NUMBER OF CB ACTIVITIES ATTENDED:**
      - **On the whole:**
        - Client participated? [ ]
        - Client enjoyed? [ ]

**Week 2**
- **Start date:** 8th – 14th
  - **IN-HOME ACTIVITIES (IH)**
    - **NUMBER OF IH ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]
  - **COMMUNITY BASED ACTIVITIES (CB)**
    - **NUMBER OF CB ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]

**Week 3**
- **Start date:** 15th – 21st
  - **IN-HOME ACTIVITIES (IH)**
    - **NUMBER OF IH ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]
  - **COMMUNITY BASED ACTIVITIES (CB)**
    - **NUMBER OF CB ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]

**Week 4**
- **Start date:** 22nd – 28th
  - **IN-HOME ACTIVITIES (IH)**
    - **NUMBER OF IH ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]
  - **COMMUNITY BASED ACTIVITIES (CB)**
    - **NUMBER OF CB ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]

**Week 5**
- **Start date:** 29th – 31st
  - **IN-HOME ACTIVITIES (IH)**
    - **NUMBER OF IH ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]
  - **COMMUNITY BASED ACTIVITIES (CB)**
    - **NUMBER OF CB ACTIVITIES ATTENDED:**
    - **On the whole:**
      - Client participated? [ ]
      - Client enjoyed? [ ]

### Monthly Challenging Behaviors

**List two (2) challenging behaviors and record each week.**

**TARGETED BEHAVIOR 1**
- **Did it happen?** [ ]
- **Was it disruptive?** [ ]

**TARGETED BEHAVIOR 2**
- **Did it happen?** [ ]
- **Was it disruptive?** [ ]

### What activities worked well in Week 1:

**Week 1**
- **Start date:** 1st – 7th

**Week 2**
- **Start date:** 8th – 14th

**Week 3**
- **Start date:** 15th – 21st

**Week 4**
- **Start date:** 22nd – 28th

**Week 5**
- **Start date:** 29th – 31st
  - **ONLY IF NEEDED**

**What activities worked well in Week 5:**
Notes about the form generally:

- Each ROW of this form represents one week’s worth of activity AND behavior reporting. You will file one form per month.
- The first two COLUMNS are used to document ACTIVITIES (In-Home / Community-Based) for the week.
- The last two COLUMNS are used to document BAHAIORS (Targeted Behavior 1 / Targeted Behavior 2) for the week.

At the top of the form, enter the following information:

- **Client Name** (First name, then last)
- **Completed By** (Full name of whoever is completing the form)
- **Adult Family Home** (Please use your full official home name)
- **Month / Year** (Like 03/2019)
- **County** (The county your home is in)

For EACH of the 4 (or 5) weeks, enter:

- **In-Home Activities**
  - Enter the **number** of in-home activities the resident attended during the week.
  - Considering ALL of the in-home activities for the week, rate how much the resident:
    - Participated in the activities
    - Enjoyed the activities

- **Community-Based Activities**
  - Enter the **number** of community-based activities the resident attended during the week.
  - Considering ALL of the community-based activities for the week, rate how much the resident:
    - Participated in the activities
    - Enjoyed the activities

- **Targeted Behavior 1**
  - Enter a **behavior** from the resident’s care assessment.
    - Rate how **often** the behavior occurred during the week.
    - Rate how **disruptive** the behavior was during the week.

- **Targeted Behavior 2**
  - Enter a second **behavior** from the resident’s care assessment.
    - Rate how **often** the behavior occurred during the week.
    - Rate how **disruptive** the behavior was during the week.

- Describe activities that worked well during the current week.

**Tips**

Please print as neatly as you can!

Record information at least weekly. Don’t wait until the end of the month.

Some months have a partial 5th week. Only complete that row as needed.

Enter only a single number of activities (not a range like 4-6), and don’t forget to rate the resident’s participation and enjoyment.

Count activities attended by the resident, even if you were not present yourself.

When rating how frequently a client participated in an activity, reduce the frequency if the client took part, but not a very active part.

When rating how frequently the client enjoyed weekly activities, consider both how **often** and how **much** they enjoyed the activity.

Targeted behaviors should come from the resident’s care assessment. They may be the same from one month to another, but can change along with the care plan.

When rating how **disruptive** a behavior was, consider both how **often** it occurred and how **disruptive** it was.