

## Emphasis on Hands-On Skills Practice: Planning Attestation

Skill Tasks	Skills that students struggle with on the Prometric test	The following equipment <u>must be on site</u> for skills training.
Hand washing		<ul style="list-style-type: none"> <li>• Basins</li> <li>• Bath blanket or large towels</li> <li>• Bed (adjustable preferred)</li> <li>• Bed pads or large towels</li> <li>• Bed</li> <li>• Bedpan</li> <li>• Catheter / condom catheter supplies</li> <li>• Nail clippers</li> <li>• Clothing and footwear</li> <li>• Clothing protector or cover</li> <li>• Denture cup</li> <li>• Denture storage container</li> <li>• Dentures</li> <li>• Eating utensils</li> <li>• Emery boards</li> <li>• Food, beverage</li> <li>• Gait belt</li> <li>• Gloves</li> <li>• Gown or sleepwear</li> <li>• Lotion</li> <li>• Mannequin</li> <li>• Medication documentation paper</li> <li>• Napkins</li> <li>• Orange sticks</li> <li>• Paper cups</li> <li>• Paper towels</li> <li>• Pillows</li> <li>• Running water</li> <li>• Safety razor</li> <li>• Shaving lather</li> <li>• Sheets and bedding</li> <li>• Simulated medications and supplies</li> <li>• Sink</li> <li>• Sink liners</li> <li>• Skin cleanser (soap)</li> <li>• Soiled linen container</li> <li>• Stockings</li> <li>• Toilet</li> <li>• Toilet tissue</li> <li>• Toothbrushes or toothettes</li> <li>• Towels</li> <li>• Washcloths</li> <li>• Waste basket</li> <li>• Wheel chair with footrests</li> </ul>
Putting on / taking off gloves		
Assisting a client to eat	<b>X</b>	
Helping a client walk		
Medication assistance	<b>X</b>	
Mouth care		
Clean and store dentures		
Fingernail care		
Foot care		
Assist client with weak arm to dress		
Put knee-high stocking on client		
Provide passive Range of Motion (ROM) exercises to client's shoulder, knee, and ankle		
Provide perineal care to a female client	<b>X</b>	
Catheter care		
Transfer a client from a bed into a wheelchair		
Turn and reposition a client in bed	<b>X</b>	
The shave (with safety razor)	Not included in skills test.	
Bed bath	Not included in skills test.	
Assist client with use of bedpan	Not included in skills test.	
Assist client with condom catheter care	Not included in skills test.	
<b>Total hands-on skills time:</b>  These hours are <b>in addition</b> to the eight hours of skills practice in the RFOC.	<b>WAC Required:            12 hours</b>  <b>DSHS recommended:    16 hours</b>	
My signature below indicates that I attest that: <ul style="list-style-type: none"> <li>• I understand that a <b>16 hours of hands-on skills practice are highly recommended by DSHS</b> as part of the 75 hour HCA certification;</li> <li>• I understand that these hours are <b>in addition to the skills presented in Core Basic training</b>;</li> <li>• I understand that additional practice time should be provided for skills commonly failed during testing;</li> <li>• My students have access <b>to all the required equipment and supplies</b> needed for quality skills emphasis practice.</li> </ul>		
TRAINING PROGRAM NAME		TRAINING PROGRAM NUMBER
CORE BASIC INSTRUCTOR'S NAME	DATE	CORE BASIC INSTRUCTOR'S PRINTED NAME