

## Components of Your 75 Hour Home Care Aide Training Program

### Training Program Name, Training Program Number

#### Basic Training (70 hours)

- **Core Basic Competencies (54 Hours)**
  - ✓ Revised Fundamentals of Caregiving (RFOC) (28 hours)
  - ✓ Additional hands-on skills practice in a lab setting based on the requirements of the RFOC and the Prometric skills checklist (16 hours)
  - ✓ **\*\*Enhancements to augment the core competencies of the RFOC (10 hours)**
  
- **Population Specific Training (16 Hours) \*\***
  - ✓ Dementia Specialty, Level 1, Dementia Capable Caregiving (8 hours)
  - ✓ Mental Health Specialty, Level 1, Capable Caregiving for Mental Wellness (8 hours)

#### Orientation and Safety (5 hours)

**Basic Training + Orientation and Safety = 75 hour Home Care Aide Certificate**

#### Trainer's Attestation

I understand that each of the components above must be completed by the student before a 75 hour certificate is issued. I also understand that these courses must not be abbreviated, nor provided to students as "self-study" materials.

TRAINER'S SIGNATURE

DATE

TRAINER'S PRINTED NAME

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