ABLE BODIED ADULT WITHOUT DEPENDENTS (ABAWD)

Basic Food Eligibility Requirements: What You Need to Know to Keep Your Benefits

To keep your food benefits, you must meet certain eligibility requirements.

What if you:

• Work and be able-bodied

Then:

- You do not have to do community service work.
- You must apply within 30 days after the date of notification from DSHS.
- You must meet the work hours requirements.

For more information, please visit www.dshs.wa.gov/母婴

The Basic Food Eligibility Requirement (BFET) applies to all counties.

ABAWD

Able-bodied adult without dependents

You may be denied benefits for:

- Not working
- Not performing community service

For more information, please visit www.dshs.wa.gov/abawd

To determine your eligibility:

- Visit the DSHS website
- Call the DSHS Helpline at 1-877-501-2233

www.washingtonconnection.org

If you have questions or need help, please contact DSHS.

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