



State Headquarters:
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**All children have the
potential to succeed.**

Advocating for Mental Health & Substance Abuse Treatment for Youth with Juvenile Justice Involvement

This training made possible with funding through

LEAP

Learning, Employment and Achieving Potential for
Youth with Juvenile Justice Involvement

*This Young Offender program is funded by the U.S.
Department of Labor from July 1, 2009 through June
30, 2012; the program received funds totaling
\$6,230,520 equal to 100% of the cost of operating
the program.*

A Roadmap

- Why mental health matters
- Talking to teens about their health needs
- Navigating publicly funded health coverage
- Service delivery systems & scope of services
- Advocate! A Case for Continuity of Care



Why Does Good Mental Health Matter for Youth?

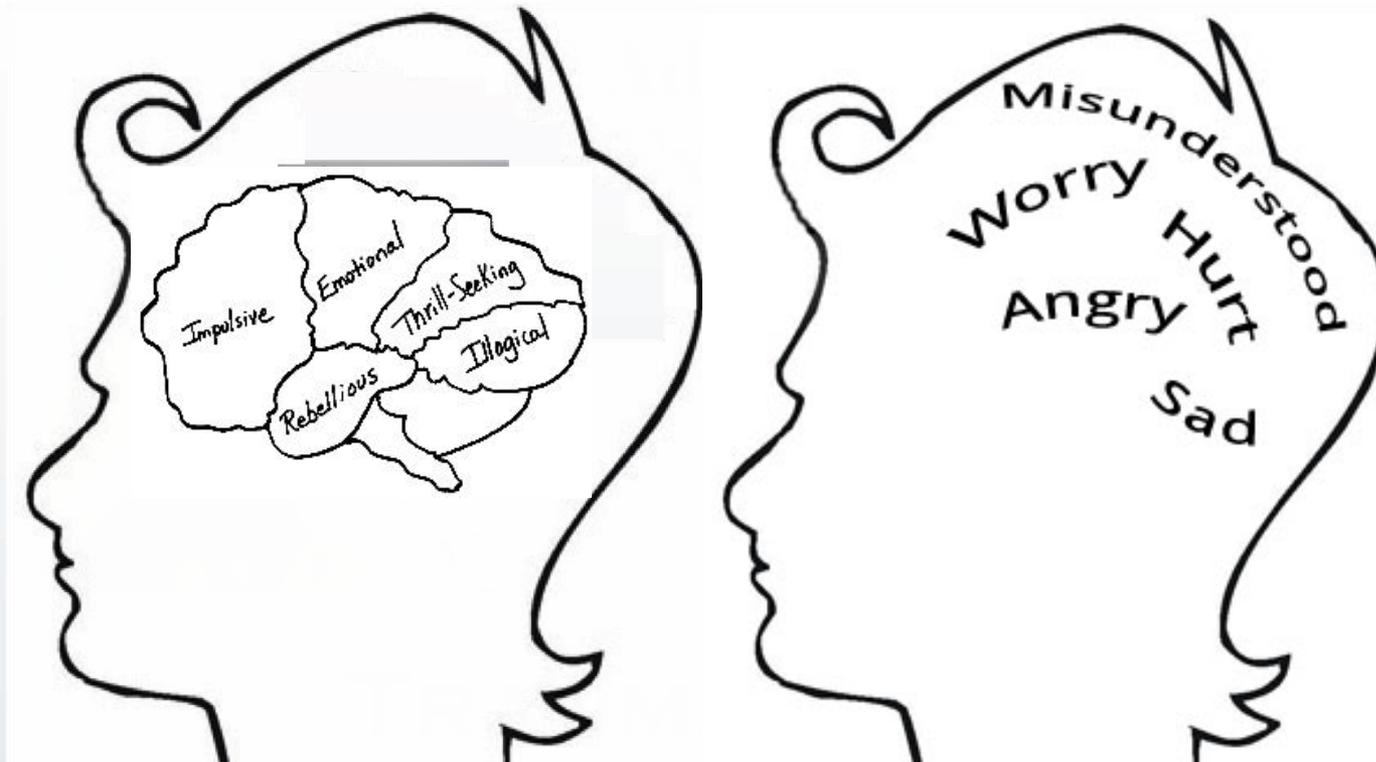


- Success in school / Dropout prevention
- Employability
- Conflict in home / Homelessness prevention
- Social development / Healthy friendships
- Youth and community safety



Why Mental Health Matters

Normal adolescent development

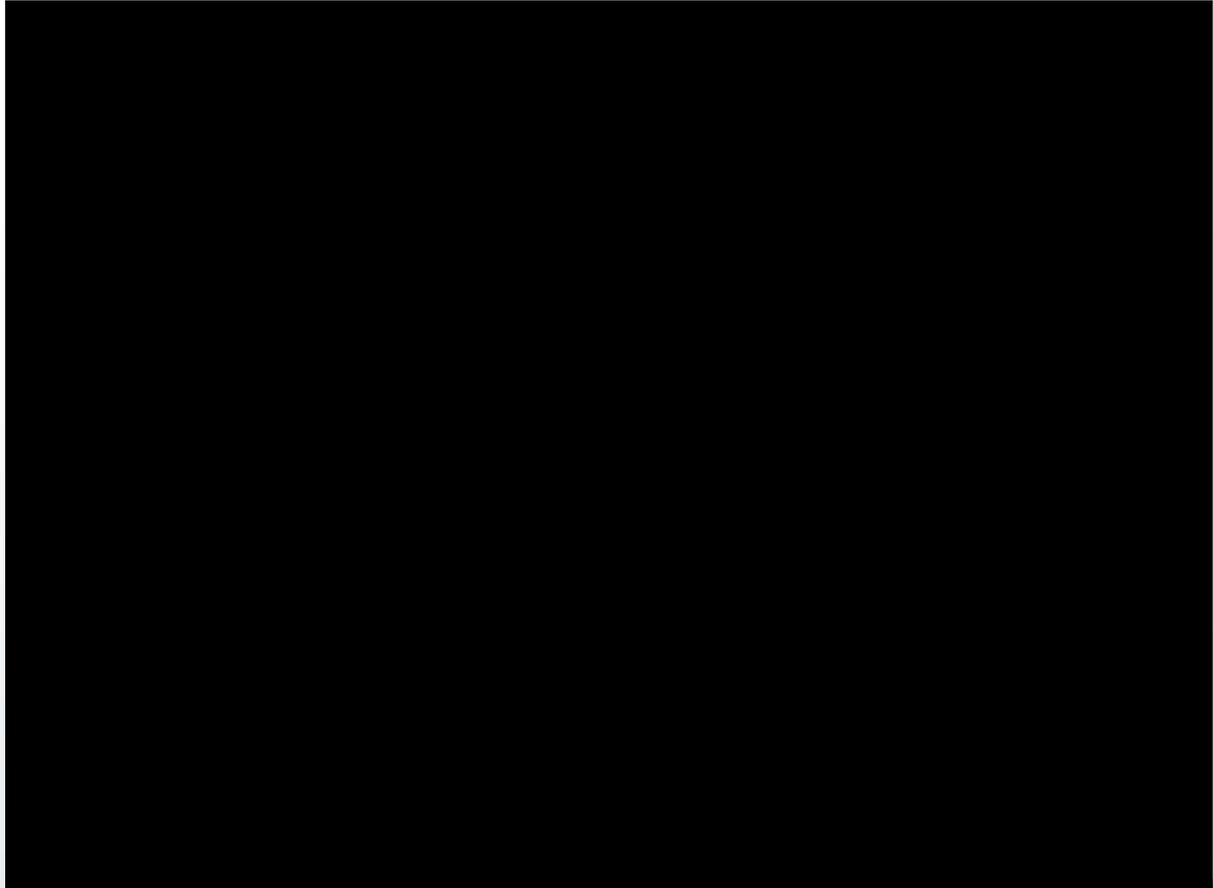


Talking with Youth

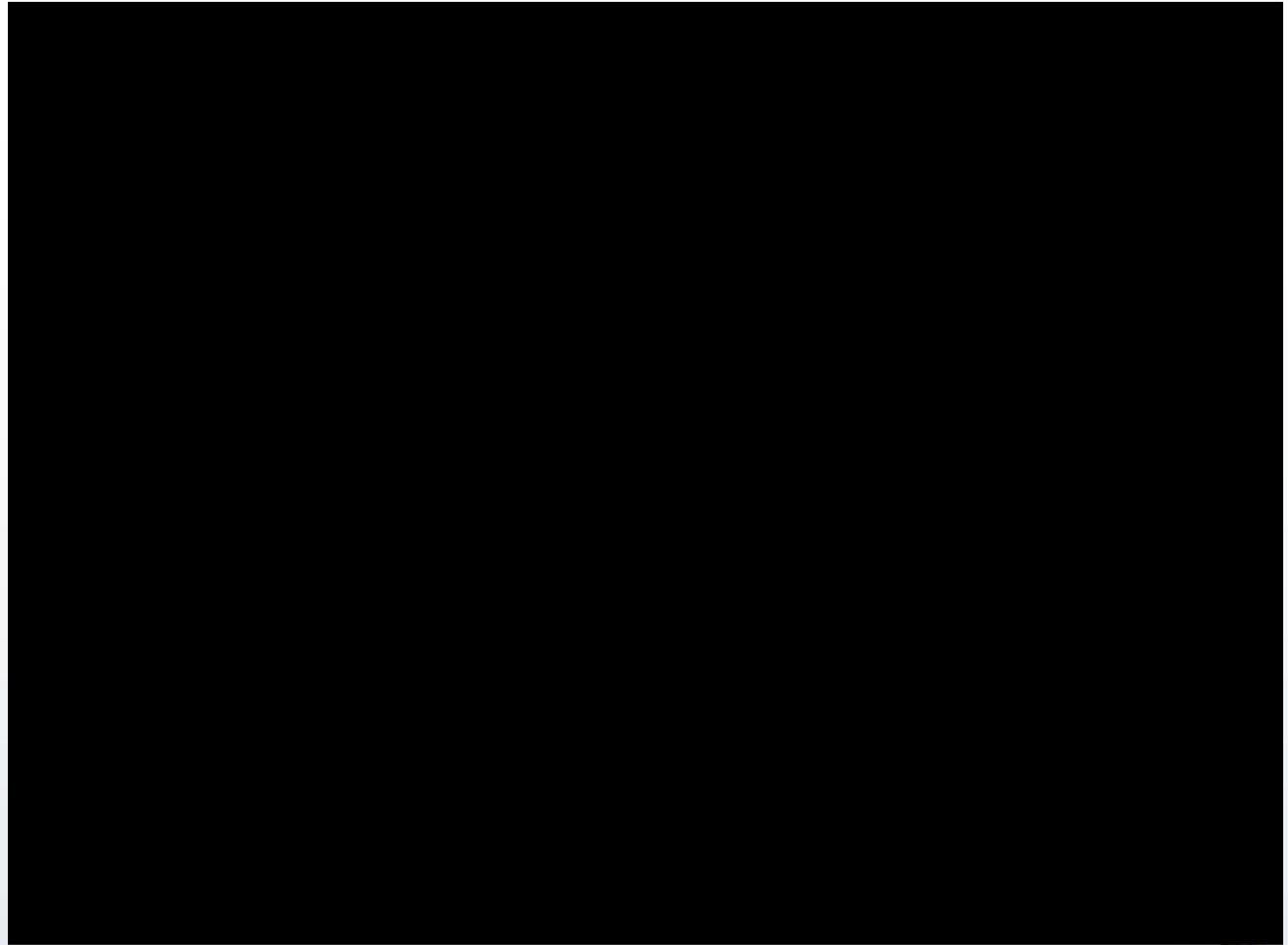
Resources

- Self help
- Trusted Adult
- Peers

CLICK
for Video



Navigating Publicly Funded Behavioral Health Care in Washington



Service Delivery System - Highlights

Children and youth can obtain publically funded health insurance through DSHS:

Apple Health

Medicaid

CHIP

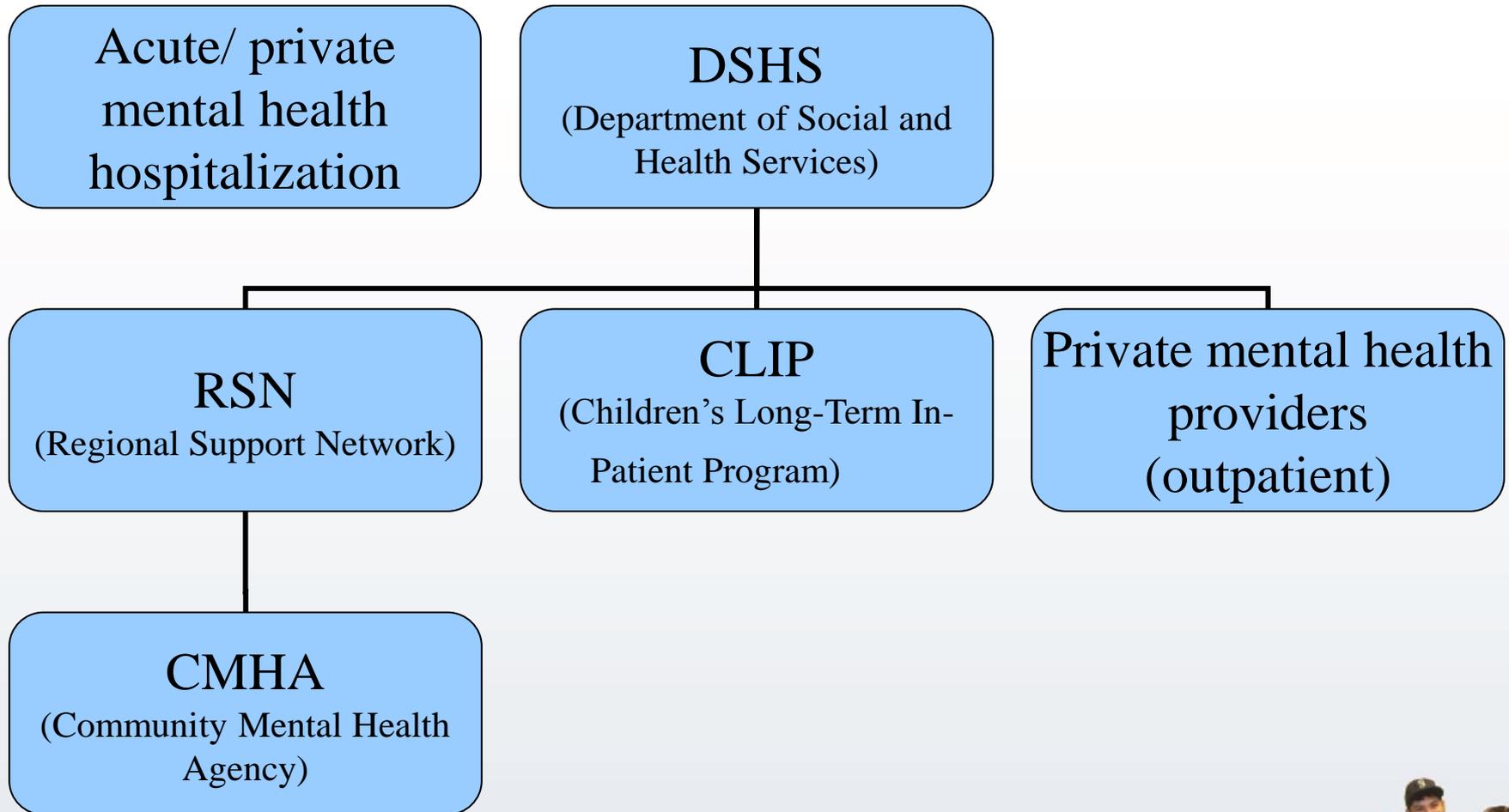
Children's Health

Basic Health

Basic Health Plus



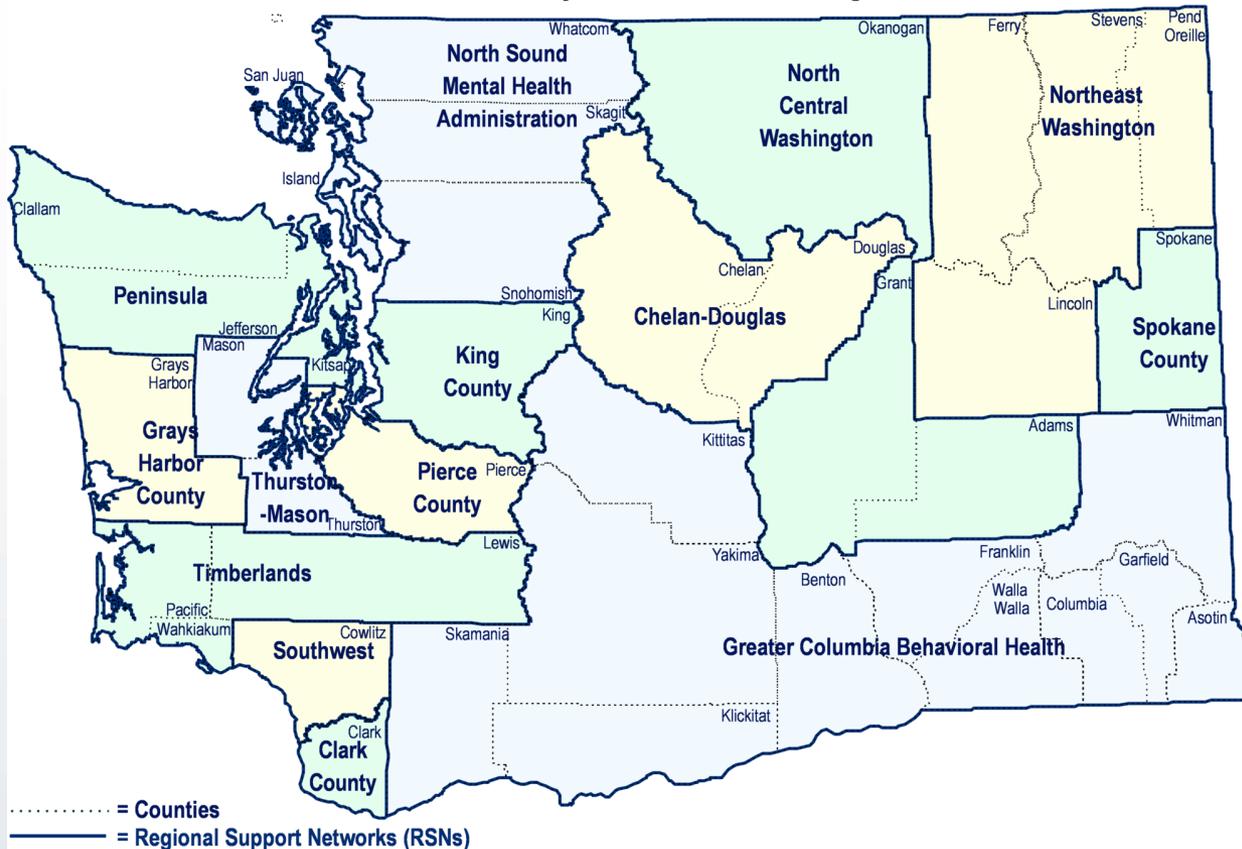
Mental Health Delivery System



Mental Health Delivery System Cont.

WA State Regional Support Networks (RSNs)

RSNs and County Boundaries since August 1999



How does a youth access mental health services?

- Intake at community mental health agency
- Private providers / therapists
- Primary care doctor referral
- Crisis care / short-term or long-term hospitalization
 - Residential placements through Medicaid
 - Involuntary commitment



WA State Plan Mental Health Services

- Brief Intervention
- Crisis Services
- Day Support
- Family Treatment
- Group Treatment
- Individual Treatment
- Medication Monitoring
- Peer Support
- Stabilization Services
- Psychological Assessment
- Rehabilitation Case Management
- Therapeutic Psychoeducation
- Residential Treatment
- **Plus anything medically necessary under EPSDT**



Wraparound

- Not a service but an approach. A process based on the idea that services should be tailored to meet the needs of children and their families
- Wraparound team
- Team meeting
 - 1) Strengths
 - 2) Goals
 - 3) Needs
 - 4) Prioritize needs
 - 5) Brainstorming options
 - 6) Decide options team will pursue
 - 7) Team member commitments to tasks
 - 8) Safety planning



Consumer Rights

- Right to notice / due process
 - For terminations, suspensions, reductions or denials
 - Continued benefits
- Right to all necessary services to correct or ameliorate illnesses and conditions
- Right to avoid delay



Consumer Rights Cont.

- Age of consent
- Right to privacy/ confidentiality
- Other rights provided under state law
 - Right to develop a treatment plan to meet individual needs
 - Right to choice of providers (including to change providers)



Advocate! How to Challenge a Denial of Mental Health Services

Consumers can challenge a denial, termination, suspension, or reduction of mental health services.

- Request an administrative hearing (“fair hearing”)
- Other state/ local processes, e.g.:
 - Request a second opinion if consumer disagrees about what is medically necessary
 - File a grievance / make a complaint
 - File an appeal with through the managed care system



Advocate! A Case Study for Continuity and Coordination of Care

- Jacob - 16.5 years old
- Dependent since age 6, legally free since age 12
- Significant developmental and mental health issues
- Serving JRA commitment based on an MI up - scheduled to be released a month after he turns 18
- Eligibility for Medicaid, except during periods of incarceration
- Housing is uncertain after release. Under current rules, not eligible to opt in to state's extended foster care



Advocate! A Case Study for Continuity and Coordination of Care

- Connecting to community based mental health treatment prior to release
- Exploring supported housing options
- Leveraging education and special education support
- Identifying advocacy resources



Resources for Follow-up

- TeamChild (statewide headquarters) (206) 322-2444
- Wellness Project www.teamchild.org/wellnessproject
- National Alliance on Mental Illness (800) 950-NAMI (6264)
- National Wraparound Initiative www.nwi.pdx.edu/





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Thank You

“Treat people as if they were what they should be, and you help them become what they are capable of becoming.”
-Goethe

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