

# New Caregiver Training

Learn skills to help create a safe and healthy environment for youth.

- ▶ Two online trainings about working with Children Exhibiting Sexual or Physically Assaultive/ Aggressive behavior problems (1 hour 13 minutes each)
- ▶ Required for all caregivers of youth identified as sexually aggressive or physically assaultive/aggressive
- ▶ Encouraged for all caregivers wanting to increase their skills
- ▶ These trainings are available online at: [www.dshs.wa.gov/ca/fosterparents/onGoingVid.asp](http://www.dshs.wa.gov/ca/fosterparents/onGoingVid.asp)
- ▶ PowerPoint documents can be downloaded or printed as reference tools prior to watching the training
- ▶ Certificates of completion can be printed on the website for verification of your training. A copy can be sent directly to the youth's assigned social worker
- ▶ More in-depth classroom training is available. Training dates can be seen at: [www.dshs.wa.gov/ca/fosterparents/Ongoing.asp](http://www.dshs.wa.gov/ca/fosterparents/Ongoing.asp)
- ▶ Must have Windows Media or RealPlayer on your computer to play the videos
- ▶ If you have technical questions contact Carolyn Jones at: [carolyn.jones300@dshs.wa.gov](mailto:carolyn.jones300@dshs.wa.gov)

## Resource Family Training Institute Trainers

Please contact our Foster Parent Trainers. They are very willing to help you.

Please call the trainer listed below that is closest to you.

Region	RFTI Supervisor	RFTI Trainers
1 Spokane & surrounding areas	<b>Jan Hinkle-Rodriguez</b> , 509.836.5769 <a href="mailto:Jan.Hinkle-Rodriguez@dshs.wa.gov">Jan.Hinkle-Rodriguez@dshs.wa.gov</a>	<ul style="list-style-type: none"> <li>• <b>Michelle Cutlip</b>, 509.363.3392, <a href="mailto:Michelle.Cutlip@dshs.wa.gov">Michelle.Cutlip@dshs.wa.gov</a></li> <li>• <b>Nancy Leigh</b>, 509.846.2089, <a href="mailto:Nancy.Leigh@dshs.wa.gov">Nancy.Leigh@dshs.wa.gov</a></li> </ul>
2 Yakima, Tri-Cities, Ellensburg and surrounding areas	<b>Jan Hinkle-Rodriguez</b> , 509.836.5769 <a href="mailto:Jan.Hinkle-Rodriguez@dshs.wa.gov">Jan.Hinkle-Rodriguez@dshs.wa.gov</a>	<ul style="list-style-type: none"> <li>• <b>Ryan Kruger</b>, 509.737.2879, <a href="mailto:Ryan.Kruger@dshs.wa.gov">Ryan.Kruger@dshs.wa.gov</a></li> </ul>
3 Bellingham, Everett, Mt. Vernon, and surrounding areas	<b>Cora Phillips</b> , 206.923.4953 <a href="mailto:Cora.Phillips@dshs.wa.gov">Cora.Phillips@dshs.wa.gov</a>	<ul style="list-style-type: none"> <li>• <b>Joan Sager</b>, 425.339.1811, <a href="mailto:Joan.Sager@dshs.wa.gov">Joan.Sager@dshs.wa.gov</a></li> <li>• <b>Sheri Rego</b>, 360.738.2305, <a href="mailto:Sheri.Rego@dshs.wa.gov">Sheri.Rego@dshs.wa.gov</a></li> </ul>
4 Seattle Metro Area	<b>Cora Phillips</b> , 206.923.4953 <a href="mailto:Cora.Phillips@dshs.wa.gov">Cora.Phillips@dshs.wa.gov</a>	<ul style="list-style-type: none"> <li>• <b>Shelly Myers</b>, 206.923.4950, <a href="mailto:Shelly.Myers@dshs.wa.gov">Shelly.Myers@dshs.wa.gov</a></li> <li>• <b>Yolonda Marzest</b>, 206.923.4955, <a href="mailto:Yolonda.Marzest@dshs.wa.gov">Yolonda.Marzest@dshs.wa.gov</a></li> </ul>
5 Tacoma, Bremerton, Puyallup, and surrounding areas	<b>Cora Phillips</b> , 206.923.4953 <a href="mailto:Cora.Phillips@dshs.wa.gov">Cora.Phillips@dshs.wa.gov</a>	<ul style="list-style-type: none"> <li>• <b>Linda Falcocchio</b>, 253.983.6474, <a href="mailto:Linda.Falcocchio@dshs.wa.gov">Linda.Falcocchio@dshs.wa.gov</a></li> <li>• <b>Lynne Welton</b>, 253.983.6435, <a href="mailto:Lynne.Welton@dshs.wa.gov">Lynne.Welton@dshs.wa.gov</a></li> </ul>
6 Tumwater, Olympia, Forks, Aberdeen, Kelso, Vancouver, and surrounding areas	<b>Jan Hinkle-Rodriguez</b> , 509.836.5769 <a href="mailto:Jan.Hinkle-Rodriguez@dshs.wa.gov">Jan.Hinkle-Rodriguez@dshs.wa.gov</a>	<ul style="list-style-type: none"> <li>• <b>Bill Todd</b>, 360.565.2296, <a href="mailto:Bill.Todd@dshs.wa.gov">Bill.Todd@dshs.wa.gov</a></li> <li>• <b>Arthur Fernandez</b>, 360.725.6788, <a href="mailto:Arthur.Fernandez@dshs.wa.gov">Arthur.Fernandez@dshs.wa.gov</a></li> <li>• <b>Colleen Wilcox</b>, 360.993.7991, <a href="mailto:Colleen.Wilcox@dshs.wa.gov">Colleen.Wilcox@dshs.wa.gov</a></li> </ul>

## Questions and Answers

### SAY and PAAY Training - Most Frequently Asked Questions

- 1 Will the social worker tell me if a particular child has sexual aggressive tendencies before I agree (or not agree) to accept that child into my home?** RCW 74.13.280 and policy 4413 requires CA to share known client information to caregiver.
- 2 Is there any other training available for me for SAY or PAAY children, other than this class?** There are online trainings available at: [www.dshs.wa.gov/ca/fosterparents/onGoingVid.asp](http://www.dshs.wa.gov/ca/fosterparents/onGoingVid.asp)
- 3 How to ask “when was the most recent time and how many times this child acted this behavior out” which applies to both the SAY and PAAY?** Simply asking; “Is this current or past behavior” and if so, “How often does it occur.” Ask these questions at the time of the referral for placement, or when completing the supervision and safety plan with the social worker.
- 4 Where do I find the supervision plan for the child(ren)?** Policy 4536 requires the social worker to complete a supervision and safety plan with the caregiver. A signed copy is to be provided to the caregiver.
- 5 In the SAT class, how does a child get “labeled” SAY, and the differences between “sexually aggressive” and “sexually reactive” and for older kids, “sexually active” behaviors?** The social worker and supervisor identify a youth as SAY or PAAY per policy definitions. The social worker then refers to the regional SAY Committee for final determination.  
  
SAY is defined by RCW 74.13.075 and youth must have committed a sexually aggressive as defined in RCW.  
  
Sexually reactive is defined in RCW 74.13.280 as children who exhibit sexual behavior problems including, but not limited to, sexual behaviors that are developmentally inappropriate for their age or are harmful to the child or others.  
  
Youth exhibiting or engaging in age appropriate, consenting sexual behavior should not be identified as SAY.
- 6 In the PAT class, we get questions about physical restraint training, and reimbursement for damages if/when the child damages property.** Physical restraint training must be approved by DLR. Hands on Restraint should only be used if all other strategies fail and the physical safety of individuals is at risk.  
  
Foster parents may pursue reimbursement for property damage by completing a reimbursement for damages form and submitting this form to the assigned social worker.
- 7 What category of special rate should I be getting with these behaviors? And who does the rate assessment?** Rate assessment should be completed with the social worker. There is no special rate for SAY or PAAY youth outside of the foster parent rate assessment