

Do you qualify?

You may qualify if:

- You are receiving or qualify for Basic Food Assistance (application assistance available)
- You meet income guidelines below:

Number of people in household	Gross Monthly Income
1	\$2,082
2	\$2,818
3	\$3,555
4	\$4,292
5	\$5,028
6	\$5,765
7	\$6,502
8	\$7,238
9	\$7,975
10	\$8,712
Add for each person over 10:	\$736

Effective 4/2019

What can BFET help you do?

Some things BFET may help you do are:

- Write an effective resume;
- Improve your interviewing skills;
- Start a career;
- Improve your English, reading, writing and math in Basic Education for Adults;
- Get your high school equivalency certificate;
- Learn new job skills in professional, technical or vocational programs;
- Finish your non-transferrable AA degree or certificate program.



What do you want... ...for the future?

- A new career?
- Job training?
- Improved Math or English skills?
- Support services (for example - transportation or tuition) for job training or job search?

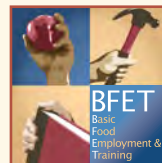
Now available in all of Washington State

Contact a BFET provider or college of your choice!

www.dshs.wa.gov/BFET

For more information, go to:

www.sbctc.ctc.edu/college/_e-wkforcebasicfoodemploytrng.aspx



DSHS 22-1682 (Rev. 3/19)
REGION 2

This institution is an equal opportunity provider.

Funding provided by United States Department of Agriculture.
USDA is an equal opportunity employer, provider and lender.

Looking for the next step to your future?



Here's how
BFET can help!

FREE*

REGION 2

Employment and Training Assistance

* Free to those receiving Basic Food Assistance.
TANF/Workfirst recipients must contact their case manager.



BASIC FOOD EMPLOYMENT & TRAINING (BFET)

Agencies in the Community

BELLINGHAM

Bellingham Technical College.....	(360) 752-8468
Northwest Indian College.....	(360) 392-4282
Opportunity Council.....	(360) 734-5121
Seattle Goodwill	(206) 812-8602
Whatcom Community College	(360) 383-3185
WorkSource Whatcom	(360) 676-1521

BELLEVUE / KIRKLAND / REDMOND / BOTHELL

Bellevue College.....	(425) 564-4054
Cascadia College.....	(425) 352-8168 (or 8014)
Lake Washington Institute of Technology	(425) 576-5811
Seattle Goodwill (Bellevue).....	(206) 812-8602
TRAC Associates (Redmond).....	(425) 861-3736
YWCA of Seattle and King County	(425) 478-0749

EDMONDS / SHORELINE

Cares of Washington.....	(206) 434-6866
Hopelink.....	(425) 417-3141
Edmonds Community College.....	(425) 640-1727
Seattle Goodwill	(206) 812-8602
Shoreline Community College.....	(206) 546-7843

EVERETT / MARYSVILLE

Cares of Washington.....	(206) 434-6866
Everett Community College	(425) 388-9279
Housing Hope.....	(425) 903-4913
Northwest Indian College (Tulalip)	(360) 392-4282
Seattle Goodwill (Everett, Marysville).....	(206) 812-8602

FEDERAL WAY / KENT / AUBURN

Green River College.....	(253) 833-9111 x2211
Multi-Service Center.....	(253) 828-6810
Neighborhood House	(206) 461-4568 x4110
Northwest Indian College (Muckleshoot)	(360) 392-4282
TRAC Associates (Kent).....	(253) 856-8880
YWCA of Seattle and King County	(425) 264-1407

ISLAND COUNTY

Opportunity Council.....	(360) 679-6577
Skagit Valley College.....	(360) 416-7948
WorkSource Whidbey Island	(360) 412-3523

RENTON

Apprenticeship & Non-traditional Employment for Women (ANEW).....	(206) 381-1384
King County Jobs Initiative.....	(206) 263-9064
Puget Sound Training Center	(425) 656-5950
Renton Technical College	(425) 235-2352 x5569
YWCA of Seattle and King County	(206) 678-6097

SEA-TAC / BURIEN / DES MOINES

Highline College	(206) 592-3368
Port Jobs/Airport Jobs.....	(206) 747-7501
Seattle Goodwill	(206) 812-8602
TRAC Associates (Tukwila)	(206) 574-0863

SEATTLE

Adonai.....	(253) 777-1434
Asian Counseling and Referral Services (ACRS).....	(206) 695-7590
Cares of Washington.....	(206) 434-6866
FareStart.....	(206) 443-1233
King County Jobs Initiative.....	(206) 263-9064
Neighborhood House	(206) 461-4568 x4110
North Seattle College	(206) 934-3787
Partners in Employment.....	(206) 429-3824 or (206) 453-5142
Refugee Federation Service Center	(206) 501-4110
Seattle Central College	(206) 934-3854
Seattle Goodwill	(206) 812-8602
Seattle Jobs Initiative.....	(206) 628-6975
TRAC Associates (Seattle).....	(206) 443-9999
YWCA of Seattle and King County	(206) 436-8673

SKAGIT COUNTY

Community Action of Skagit County	(360) 416-7585
Northwest Indian College (Swinomish).....	(360) 392-4282
Seattle Goodwill	(206) 812-8602
Skagit Valley College.....	(360) 416-7948
WorkSource Skagit.....	(360) 416-3600

Refugee and Immigrant Agencies

BELLINGHAM

Refugee & Immigrant Services NW	(360) 714-4190
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EVERETT

Refugee & Immigrant Services NW	(425) 388-9307
TRAC Associates (Snohomish).....	(425) 514-3358

SEATTLE / KENT

Asian Counseling and Referral Services (ACRS).....	(206) 695-7590
Neighborhood House	(Kent) (253) 277-1667 x1315 (Seattle) (206) 430-8890
Refugee Federation Service Center	(206) 501-4110
Refugee Women's Alliance.....	(206) 957-2029 x230
TRAC Associates.....	(Seattle) (206) 574-0863 (Tukwila) (206) 574-0863 (Kent) (253) 856-8880
World Relief.....	(253) 277-1121 x226

Participating Colleges

Bellevue College.....	(425) 564-4054
Bellingham Technical College.....	(360) 752-8468
Cascadia Community College.....	(425) 352-8168 (or 8014)
Edmonds Community College	(425) 640-1727
Everett Community College	(425) 388-9279
Green River College	(253) 833-9111 x2211
Highline College.....	(206) 592-3368
Lake Washington Institute of Technology	(425) 576-5811
North Seattle College.....	(206) 934-3787
Renton Technology College	(425) 235-2352 x5569
Seattle Central College	(206) 934-3854
Shoreline Community College	(206) 546-6967
Skagit Valley College (Mt. Vernon, Oak Harbor).....	(360) 416-7975
South Puget Sound Community College	(360) 596-5418
South Seattle College.....	(206) 934-5835
Whatcom Community College	(360) 383-3185

The Employment Pipeline

The Employment Pipeline is a DSHS program for individuals looking to find employment immediately. The program started in 2014. It assists clients in finding gainful employment quickly and then helps them keep that employment. For more information please, contact the Employment Pipeline at the email address provided below. Once your email has been received, you will be contacted shortly by an Employment Pipeline Team member.

Email: R2EPNavigators@dshs.wa.gov

