Do you qualify?

You may qualify if:
- You are receiving or qualify for Basic Food Assistance (application assistance available)
- You meet income guidelines below:

<table>
<thead>
<tr>
<th>Number of people in household</th>
<th>Gross Monthly Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$2,082</td>
</tr>
<tr>
<td>2</td>
<td>$2,818</td>
</tr>
<tr>
<td>3</td>
<td>$3,555</td>
</tr>
<tr>
<td>4</td>
<td>$4,292</td>
</tr>
<tr>
<td>5</td>
<td>$5,028</td>
</tr>
<tr>
<td>6</td>
<td>$5,765</td>
</tr>
<tr>
<td>7</td>
<td>$6,502</td>
</tr>
<tr>
<td>8</td>
<td>$7,238</td>
</tr>
<tr>
<td>9</td>
<td>$7,975</td>
</tr>
<tr>
<td>10</td>
<td>$8,712</td>
</tr>
<tr>
<td>Add for each person over 10:</td>
<td>$736</td>
</tr>
</tbody>
</table>

Effective 4/2019

What can BFET help you do?

Some things BFET may help you do are:
- Write an effective resume;
- Improve your interviewing skills;
- Start a career;
- Improve your English, reading, writing and math in Basic Education for Adults;
- Get your high school equivalency certificate;
- Learn new job skills in professional, technical or vocational programs;
- Finish your non-transferrable AA degree or certificate program.

Now available in all of Washington State
Contact a BFET provider or college of your choice!
www.dshs.wa.gov/BFET

For more information, go to:
www.sbctc.ctc.edu/college/_e-wkforcebasicfoodemploytrng.aspx

Looking for the next step to your future?

What do you want... ...for the future?
- A new career?
- Job training?
- Improved Math or English skills?
- Support services (for example - transportation or tuition) for job training or job search?

Here's how BFET can help!

FREE* to those receiving Basic Food Assistance.
TANF/Workfirst recipients must contact their case manager.
**Agencies in the Community**

**BELLENMZH**
- Bellingham Technical College (360) 752-8468
- Northwest Indian College (360) 392-4282
- Opportunity Council (360) 734-5121
- Seattle Goodwill (206) 812-8602
- Whatcom Community College (360) 383-3185
- WorkSource Whatcom (360) 676-1521

**BELLEVUE / KIRKLAND / REDMOND / BOTHELL**
- Bellevue College (425) 564-4054
- Cascadia College (425) 352-8168 (or 8014)
- Lake Washington Institute of Technology (425) 576-5811
- Seattle Goodwill (Bellevue) (206) 812-8602
- TRAC Associates (Redmond) (425) 861-3736
- YWCA of Seattle and King County (425) 478-0749

**EDMONDS / SHORELINE**
- Cares of Washington (206) 434-6866
- HopeLink (425) 417-3141
- Edmonds Community College (425) 640-1727
- Seattle Goodwill (206) 812-8602
- Shoreline Community College (206) 546-7843

**EVERETT / MARYSVILLE**
- Cares of Washington (206) 434-6866
- Everett Community College (425) 388-9279
- Housing Hope (425) 903-4913
- Northwest Indian College (Tulalip) (360) 392-4282
- Seattle Goodwill (Everett, Marysville) (206) 812-8602

**FEDERAL WAY / KENT / AUBURN**
- Green River College (253) 833-9111 x2211
- Multi-Service Center (253) 828-6810
- Neighborhood House (206) 461-4568 x4110
- Northwest Indian College (Muckleshoot) (360) 392-4282
- TRAC Associates (Kent) (253) 856-8880
- YWCA of Seattle and King County (425) 264-1407

**ISLAND COUNTY**
- Opportunity Council (360) 679-6577
- Skagit Valley College (360) 416-7948
- WorkSource Whidbey Island (360) 412-3523

**RENTON**
- Apprenticeship & Non-traditional Employment for Women (ANEW) (206) 381-1384
- King County Jobs Initiative (206) 263-9064
- Pugent Sound Training Center (425) 656-5950
- Renton Technical College (425) 235-2352 x5569
- YWCA of Seattle and King County (206) 678-6097

**SEA-TAC / BURIEN / DES MOINES**
- Highline College (206) 592-3368
- Port Jobs/Airport Jobs (206) 747-7501
- Seattle Goodwill (206) 812-8602
- TRAC Associates (Tukwila) (206) 574-0863

**SEATTLE**
- Adonai (253) 777-1434
- Asian Counseling and Referral Services (ACRS) (206) 695-7590
- Cares of Washington (206) 434-6866
- FareStart (206) 443-1233
- King County Jobs Initiative (206) 263-9064
- Neighborhood House (206) 461-4568 x4110
- North Seattle College (206) 934-3787
- Partners in Employment (206) 429-3824 or (206) 453-5142
- Refugee Federation Service Center (206) 501-4110
- Seattle Central College (206) 934-3854
- Seattle Goodwill (206) 812-8602
- Seattle Jobs Initiative (206) 628-6975
- TRAC Associates (Seattle) (206) 443-9999
- YWCA of Seattle and King County (206) 436-8673

**SKAGIT COUNTY**
- Community Action of Skagit County (360) 416-7585
- Northwest Indian College (Swinomish) (360) 392-4282
- Seattle Goodwill (206) 812-8602
- Skagit Valley College (360) 416-7948
- WorkSource Skagit (360) 416-3600

**Refugee and Immigrant Agencies**

**BELLENMZH**
- Refugee & Immigrant Services NW (360) 714-4190

**EVERETT**
- Refugee & Immigrant Services NW (425) 388-9307
- TRAC Associates (Snohomish) (425) 514-3358

**SEATTLE / KENT**
- Asian Counseling and Referral Services (ACRS) (206) 695-7590
- Neighborhood House (253) 277-1667 x1315
- Refugee Federation Service Center (206) 501-4110
- Refugee Women’s Alliance (206) 957-2029 x230
- TRAC Associates (Seattle) (206) 574-0863
- WorkSource Seattle (253) 277-1121 x226

**The Employment Pipeline**

The Employment Pipeline is a DSHS program for individuals looking to find employment immediately. The program started in 2014. It assists clients in finding gainful employment quickly and then helps them keep that employment. For more information please, contact the Employment Pipeline at the email address provided below. Once your email has been received, you will be contacted shortly by an Employment Pipeline Team member.

Email: R2EPNavigators@dshs.wa.gov

**Participating Colleges**

- Bellevue College (425) 564-4054
- Bellingham Technical College (360) 752-8468
- Cascadia Community College (425) 352-8168 (or 8014)
- Edmonds Community College (206) 640-1727
- Everett Community College (425) 388-9279
- Green River College (253) 833-9111 x2211
- Highline College (206) 392-3368
- Lake Washington Institute of Technology (425) 576-5811
- North Seattle College (206) 934-3787
- Renton Technical College (206) 934-3854
- Shoreline Community College (206) 546-6967
- Skagit Valley College (425) 377-1667 x1315
- South Puget Sound Community College (360) 596-5418
- South Seattle College (206) 934-5835
- Whatcom Community College (360) 383-3185