

# Do you qualify?

## You may qualify if:

- You are receiving or qualify for Basic Food Assistance (application assistance available)
- You meet income guidelines below:

Number of people in household	Gross Monthly Income
1	\$2,082
2	\$2,818
3	\$3,555
4	\$4,292
5	\$5,028
6	\$5,765
7	\$6,502
8	\$7,238
9	\$7,975
10	\$8,712
Add for each person over 10:	\$736

Effective 4/2019

# What can BFET help you do?

## Some things BFET may help you do are:

- Write an effective resume;
- Improve your interviewing skills;
- Start a career;
- Improve your English, reading, writing and math in Basic Education for Adults;
- Get your high school equivalency certificate;
- Learn new job skills in professional, technical or vocational programs;
- Finish your non-transferrable AA degree or certificate program.



## What do you want... ...for the future?

- A new career?
- Job training?
- Improved Math or English skills?
- Support services (for example - transportation or tuition) for job training or job search?

Now available in all of Washington State

Contact a BFET provider or college of your choice!

[www.dshs.wa.gov/BFET](http://www.dshs.wa.gov/BFET)

For more information, go to:

[www.sbctc.ctc.edu/college/\\_e-wkforcebasicfoodemploytrng.aspx](http://www.sbctc.ctc.edu/college/_e-wkforcebasicfoodemploytrng.aspx)

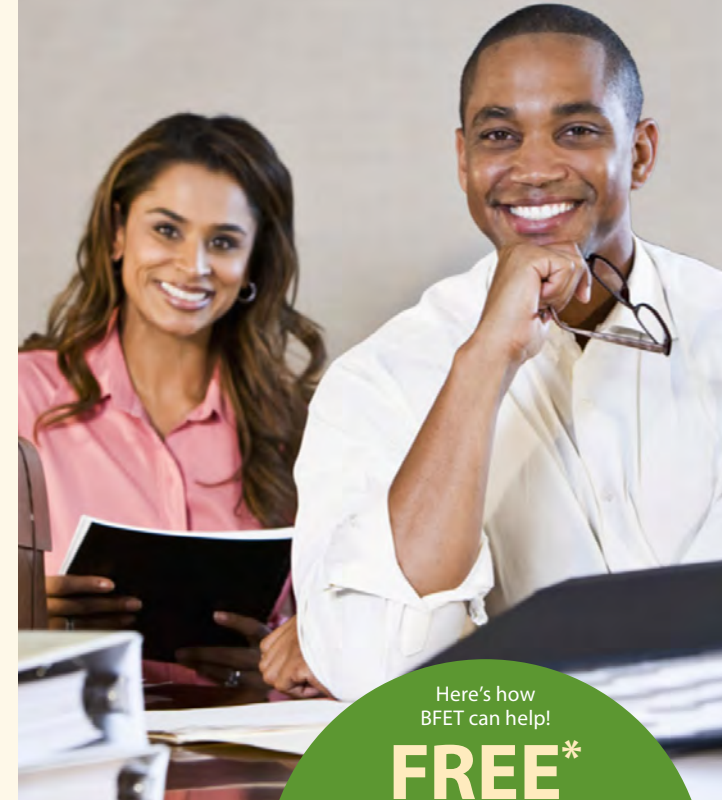


DSHS 22-1683 (Rev. 3/19)  
REGION 3

This institution is an equal opportunity provider.

Funding provided by United States Department of Agriculture.  
USDA is an equal opportunity employer, provider and lender.

# Looking for the next step to your future?



Here's how  
BFET can help!

**FREE\***

REGION 3

Employment and  
Training Assistance

\* Free to those receiving Basic Food Assistance.  
TANF/Workfirst recipients must contact their case manager.



BASIC FOOD EMPLOYMENT & TRAINING (BFET)

## Agencies in the Community

### CLALLAM COUNTY

Adonai..... (253) 777-1434  
 Peninsula College..... (360) 417-6505

### GRAYS HARBOR COUNTY

Grays Harbor College..... (360) 538-4058

### KITSAP COUNTY

Northwest Indian College (Port Gamble S'Klallam)..... (360) 392-4282  
 Olympic College ..... (360) 475-6551  
 Seattle Goodwill (Bremerton, Silverdale) ..... (206) 812-8602

### LEWIS COUNTY

Centralia College ..... (360) 736-9391 x770

### LONGVIEW / KELSO

Goodwill of the Olympic and Rainier Region ..... (360) 425-6929  
 Lower Columbia Community Action Council..... (360) 425-3430

### MASON COUNTY

Adonai..... (360) 552-2303  
 Olympic College ..... (360) 432-5400

### OLYMPIA

Northwest Indian College (Nisqually) ..... (360) 392-4282  
 South Puget Sound Community College..... (360) 596-5418

### PACIFIC COUNTY

Grays Harbor College..... (360) 875-9466

### PIERCE COUNTY

Adonai..... (253) 777-1434  
 Bates Technical College ..... (253) 680-7286  
 Cares of Washington ..... (253) 248-3305  
 Career Path Services..... (253) 284-8887  
 Clover Park Technical College ..... (253) 589-5513  
 Goodwill of the Olympic and Rainier Region ..... (253) 573-6679  
 Pierce College ..... (253) 964-6265  
 Pierce County Human Services..... (253) 798-2870  
 Tacoma Community College ..... (253) 566-5188  
 Tacoma Community House..... (253) 383-3951  
 TRAC Associates..... (253) 258-4698

### VANCOUVER

Clark College ..... (360) 992-2321  
 WorkSource Vancouver ..... (360) 735-4967

## Participating Colleges

Bates Technical College..... (253) 680-7286  
 Centralia College ..... (360) 736-9391 x770  
 Clark College..... (360) 992-2321  
 Clover Park Technical College ..... (253) 589-5513  
 Grays Harbor College (*Aberdeen*)..... (360) 538-4058  
 Grays Harbor College (*Raymond*) ..... (360) 875-9466  
 Lower Columbia College..... (360) 442-2330  
 Olympic College (*Bremerton, Poulsbo*)..... (360) 475-6551  
 Olympic College (*Shelton*) ..... (360) 432-5400  
 Peninsula College ..... (360) 417-6505  
 Pierce College (*Tacoma, Lakewood, Puyallup, Fort Steilacoom*)..... (253) 964-6265  
 South Puget Sound Community College..... (360) 596-5418  
 Tacoma Community College ..... (253) 566-5188

## Refugee and Immigrant Agencies

### TACOMA

TRAC Associates..... (253) 472-1727

### VANCOUVER

Partners in Careers..... (360) 696-8417

## The Employment Pipeline

The Employment Pipeline is a DSHS program for individuals looking to find employment immediately. The program started in 2014. It assists clients in finding gainful employment quickly and then helps them keep that employment. For more information please, contact the Employment Pipeline at the email address provided below. Once your email has been received, you will be contacted shortly by an Employment Pipeline Team member.

Email: [R3EPNavigators@dshs.wa.gov](mailto:R3EPNavigators@dshs.wa.gov)

