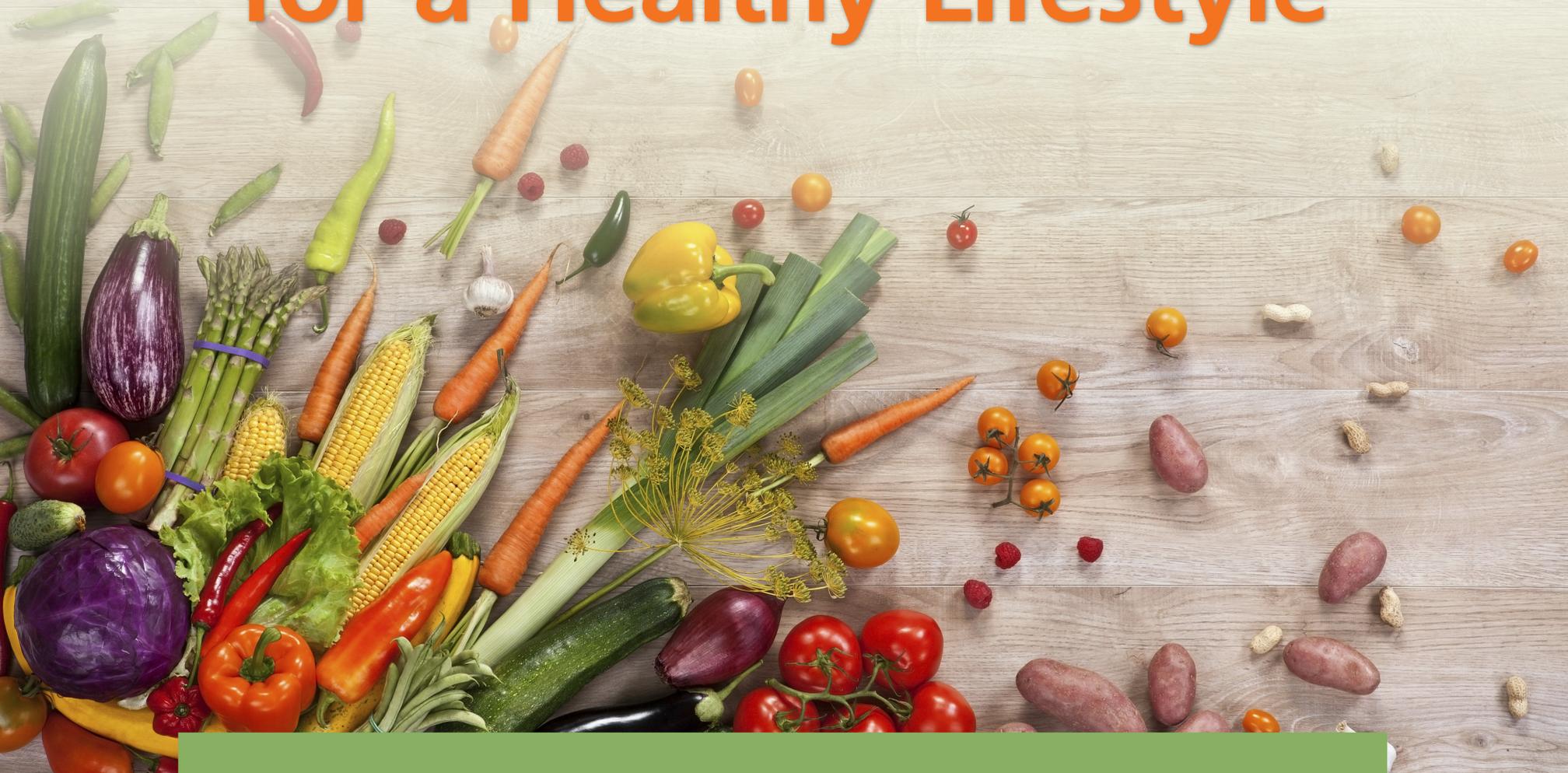


Healthy Food Choices for a Healthy Lifestyle



You may qualify for the Supplemental Nutrition Assistance Program (SNAP) food benefits if you meet the income limit listed below:

Household Size	Monthly Income Limit
1 person	\$1,980
2 people	\$2,670
3 people	\$3,360
4 people	\$4,050
5 people	\$4,740
6 people	\$5,430
7 people	\$6,122
8 people	\$6,815
9 people	\$7,508

How much could I receive?

Monthly benefits are based on how many people live in your household, your income, and living expenses.

To see what you may be eligible for, go to www.foodhelp.wa.gov and choose **Benefit Estimator**.

Scan with a mobile phone barcode reader:



How do I apply?

The fastest way to apply is online at www.washingtonconnection.org

You may also apply at the nearest Community Service Office or by mail.

Scan with a mobile phone barcode reader:



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