

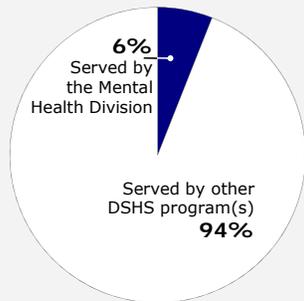


DSHS | Mental Health Clients (HRSA)

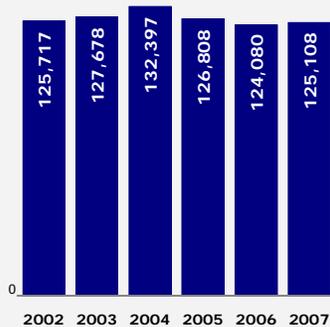
Number 11.136.030 | A look at client participation using DSHS' Client Services Database

Clients Served by this Program as a Percent of All DSHS

125,108 of 2,150,603 TOTAL, SFY 2007

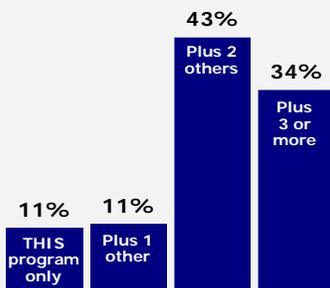


HRSA Mental Health Client Trend



Clients Need Many Services

Percent using this program in SFY 2007. . .



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2007 Client Participation

MENTAL HEALTH DIVISION (MHD) is part of the Health and Recovery Services Administration (HRSA) and administers psychiatric treatment services for adults and children who are living with significant mental illnesses. MHD administers services through three channels 1) Directly operated state mental hospitals, which deliver services to clients on civil or forensic commitment orders. 2) Contracts with Regional Support Networks, administrative entities which contract with licensed community mental health providers to supply mental health services. RSNs coordinate crisis response, community support, residential and resource management services. MHD funds services to Medicaid eligible consumers within an RSN through capitated Prepaid Inpatient Health Plans and limited services are available to non-Medicaid-eligible consumers within general state fund resources. 3) In areas where there is no RSN, MHD directly issues and manages fee for service contracts with local providers. In State Fiscal Year (SFY) 2007, **125,108 clients** received the services described below from the Mental Health Division. The average cost per client was **\$4,800**.

COMMUNITY INPATIENT EVALUATION AND TREATMENT

Acute psychiatric care on a voluntary and involuntary basis is provided in a variety of community settings including general hospitals, psychiatric specialty hospitals, and freestanding evaluation and treatment residential treatment facilities (E&Ts). In order to provide involuntary services, these hospitals and facilities must be certified and able to meet the treatment needs and rights of those who have been determined to meet state standards for involuntary mental health commitment. These certified settings provide services during emergency situations for the initial 72-hour detention and for an additional 14 days of commitment if necessary. *7,689 clients, average client cost = \$12,100*

STATE HOSPITALS (STATE INSTITUTIONS)

For adults requiring longer periods of treatment than community hospitals and E&Ts are able to provide, long term treatment services are provided by the two adult psychiatric hospitals operated by the state, Eastern and Western State Hospitals. The Program of Adaptive Living Skills (PALS) is a residential program on the grounds of WSH and is intended as a transitional program where former patients are taught community living skills. *2,889 clients, average client cost = \$73,000*

Number of Clients Receiving a MHD Service

Community Services 123,565

SFY 2007

Total Clients = 125,108

DSHS Client Services Database (CSDB)

7,689 Community Inpatient Evaluation and Treatment

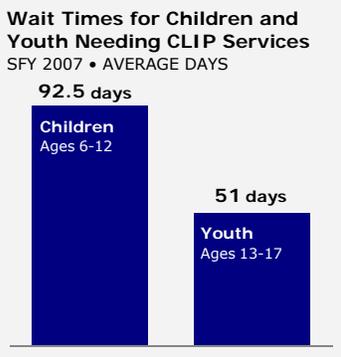
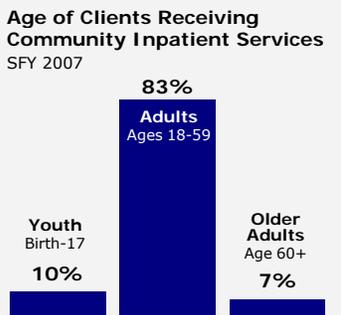
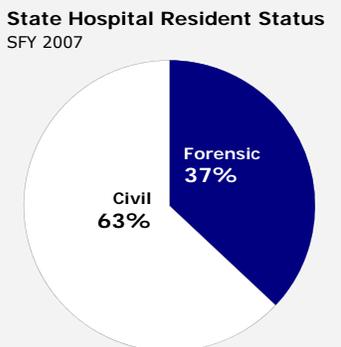
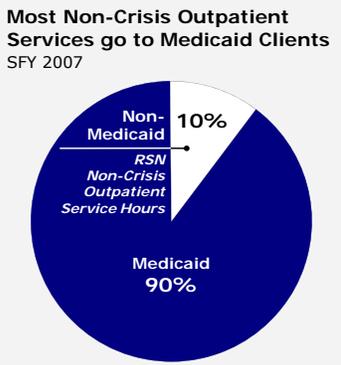
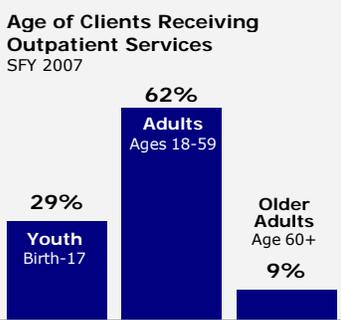
2,889 State Institutions

NOTE: Since most clients receive more than one service, the sum of the categories shown at right will exceed the total number of clients served by the program.

101 Children's Long Term Inpatient Program

92 Child Study and Treatment Center

NOTE: CSDB identifies service use information and expenditures specific to each DSHS client. Costs that cannot be assigned to individual clients are not included—such as facilities, licensing, admin, outreach, prevention, fraud investigation, community block grants, and cost recoveries.



CHILDREN'S LONG-TERM INPATIENT PROGRAM

For children and youth, initial acute inpatient services are provided either in community psychiatric hospitals or in special units set aside for children and youths. Children’s Long-Term Inpatient facilities, (CLIP), provide inpatient care for those children and youth who need extended inpatient services. Standing agreements between CLIP and the RSN detail the responsibility for the resource management of these beds. *101 clients, average client cost = \$65,500*

CHILD STUDY AND TREATMENT CENTER

The CLIP facilities (above) include the Child Study Treatment Center which is a 47 bed state run facility on the grounds of Western State Hospital. MHD also holds contracts for the operation of three community run CLIP programs. These three facilities provide for an additional 44 children statewide. *92 clients, average client cost = \$112,800*

COMMUNITY SERVICES

Community Support Services are designed to support the person’s recovery goals as documented in their individual treatment plan. Crisis services include a 24-hour per day crisis line, in-person evaluations to anyone in the community, and stabilization services offered to maintain individuals in their current living situation. Crises are to be resolved in the least restrictive manner and should include family members and significant others as appropriate.

Outpatient rehabilitation services are provided to support people in their own homes and promote access to safe and affordable housing and community integration. These services include:

- Individual counseling and psychotherapy
- Medication management
- Crisis and stabilization
- High Intensity Treatment and Program of Assertive Community Treatment Teams
- Peer Support
- Day treatment (day support)
- Services to individuals transitioning from jails or correctional facilities
- Respite for caregivers, clubhouses, and supported employment as funding allows

Medically necessary services are provided as needed to Medicaid recipients and limited services may be available to some low income individuals who do not qualify for Medicaid. Includes Medicaid Personal Care, Community Options Program Entry Services (COPES), Washington Medicaid Integration Partnership pilots (in selected counties), and Medicare crossover. *123,565 clients, average client cost = \$2,300*

NOTE: In some cases, client counts and costs may vary from other MHD reports due to variations in underlying data.