

## Specialty Examination – ORTHOPEDIC

In instances when a Specialty Examination is requested, the Contractor shall provide the DDDS and its DDDS claimants with the following, in addition to, the Adult General Medical Disability Evaluation and Report Guidelines.

The examination should concentrate on the areas affected by the DDDS claimant's illness or impairment. Provide specific information and be as descriptive as possible.

### (1) Orthopedic Examination.

- (a) Describe in detail:
  - i. Character, location, and radiation of pain
  - ii. Factors which incite and relieve the pain. Document attempted treatment modalities such as medication, physical therapy, and/or surgical intervention, as well as their effects
  - iii. Weakness, motor loss, and sensory abnormalities
  - iv. History of traumatic bone fractures. Include dates, frequency of fractures, imaging, and status of any fractures (union or non-union) at the time of exam
  - v. Dates and results of any relevant diagnostic procedures
- (b) Hand Dominance
- (c) Describe the presence or absence of:
  - i. Effusion
  - ii. Periarticular swelling
  - iii. Pain, if any, and its distribution
  - iv. Tenderness
  - v. Heat
  - vi. Redness
  - vii. Thickening of joints
  - viii. Structural deformities
  - ix. Instability
  - x. Atrophy
  - xi. Nodules (growth under the skin)
  - xii. Rashes
- (d) Any muscle spasm, atrophy, or joint deformity
- (e) Amputated Extremities. Describe:
  - i. Stump, including integrity of skin flap
  - ii. Tenderness
  - iii. Ability to use, and effective use, of any prosthetic device
- (f) Fracture of bones of extremities or pelvis. Describe imaging and clinical evidence of union or non-union
- (g) Soft tissue injuries/burns. Describe:
  - i. Nature and extent
  - ii. Skin sensitivity
  - iii. Effect the injury has on joint motion