

## Components of Your 75 Hour Home Care Aide Training Program

### Training Program Name, Training Program Number

#### Basic Training (70 hours)

- **Core Basic Competencies (54 Hours)**
  - ✓ Revised Fundamentals of Caregiving (RFOC) (28 hours)
  - ✓ Additional hands-on skills practice in a lab setting based on the requirements of the RFOC and the Prometric skills checklist (16 hours)
  - ✓ **\*\*Enhancements to augment the core competencies of the RFOC (10 hours)**
  
- **Population Specific Training (16 Hours) \*\***
  - ✓ Dementia Specialty, Level 1, Dementia Capable Caregiving (8 hours)
  - ✓ Mental Health Specialty, Level 1, Capable Caregiving for Mental Wellness (8 hours)

#### Orientation and Safety (5 hours)

#### Basic Training + Orientation and Safety = 75 hour Home Care Aide Certificate

#### Trainer's Attestation

I understand that each of the components above must be completed by the student before a 75 hour certificate is issued. I also understand that these courses must not be abbreviated, nor provided to students as "self-study" materials.

TRAINER 1 SIGNATURE	DATE	TRAINER 1 PRINTED NAME
TRAINER 2 SIGNATURE	DATE	TRAINER 2 PRINTED NAME
TRAINER 3 SIGNATURE	DATE	TRAINER 3 PRINTED NAME