

Components of Your 75 Hour Home Care Aide Training Program

Training Program Name, Training Program Number

Basic Training (70 hours)

- **Core Basic Competencies (54 Hours)**
 - ✓ Revised Fundamentals of Caregiving (RFOC) (28 hours)
 - ✓ Additional hands-on skills practice in a lab setting based on the requirements of the RFOC and the Prometric skills checklist (16 hours)
 - ✓ ****Enhancements to augment the core competencies of the RFOC (10 hours)**

- **Population Specific Training (16 Hours) ****
 - ✓ Dementia Specialty, Level 1, Dementia Capable Caregiving (8 hours)
 - ✓ Mental Health Specialty, Level 1, Capable Caregiving for Mental Wellness (8 hours)

Orientation and Safety (5 hours)

Basic Training + Orientation and Safety = 75 hour Home Care Aide Certificate

Trainer's Attestation

I understand that each of the components above must be completed by the student before a 75 hour certificate is issued. I also understand that these courses must not be abbreviated, nor provided to students as "self-study" materials.

TRAINER 1 SIGNATURE

DATE

TRAINER 1 PRINTED NAME

TRAINER 2 SIGNATURE

DATE

TRAINER 2 PRINTED NAME

TRAINER 3 SIGNATURE

DATE

TRAINER 3 PRINTED NAME