ABLE BODIED ADULT WITHOUT DEPENDENTS (ABAWD)

Basic Food Eligibility Requirements: What You Need to Know to Keep Your Benefits

Basic Food Eligibility Requirements:

- You must meet the income and asset eligibility criteria.
- You must be able to work and be available for work for at least 20 hours per week.
- You must be able to work and be available for work for at least 80 hours per month.
- You must have no income and assets above the specified limits.
- You must be able to work and be available for work for at least 36 hours per week if unemployed.
- You must be able to work and be available for work for at least 80 hours per month if unemployed.
- You must be able to work and be available for work for at least 4 weeks per month.

For more information, visit www.dshs.wa.gov/bfet or call 1-877-501-2233.

www.washingtonconnection.org or the department's website.