

# Na Sum leh neeh le taah Kithuahpihna Nathuneihna leh Mohpuohna Your Cash and Food Assistance Rights and Responsibilities

CLIENT MIN (HEAD OF HOUSEHOLD)
CLIENT ID NAMBAT

## Na mohpuakna (Na bol/hih tei tei ding)

- **Chitna naneih le neilouh theichet na di'n na hihna (information) jousie te hing theisah in.**
- **Dih ahi chi chetna lekha apoimaw hun a ahing kinget chieng na hingpe ding hi.** Humi lekha ahing kila pie thei ding hi. Humi lekha nahing pieh te uh ahileh dihna ahi chi etchetna Federal leh State thuneitute'n ahing nei kia ding uhi. Dihna ahi chi chetna dingin akisaipi ten hing kansui thei ding uhi. Zua le naal a hemna ahiei chi tanpha hing ki kansui pehdang ahi.
- **Khotang leh Damtheina (Department of Social and Health Services) lama akisaipi te kunga nangma toh kisai nasil pieh (lekha) akigelh te akibat louleh damtheina dinga ki etkai namuna thuneitute (Health Care Authority, Health Benefit Exchange) chitna naneisa pen sukha/subuai thei ding hi.**
- **Tuomi lekha a akihenglamdang (tenna mun, sum mujat) sil aumleh theisahna apoimaw bangin WAC 388-418-0005 ah bolin.** Hatha (next month) ni 10<sup>th</sup> tana nabol ding ahi.
- **TANF kithuahpihna napom a ahileh Naupang Panpi pawl (DCS) tetoh naki thuokhoma nakithujah gige ding ahi.** DCS te ahileh, kibulpatna, heilamdangna, ahilouleh naupang panpina dia kibol tohguan te nangma in jong na pompi a najuih ding leh naupang te a dinga innkuon khat, nulehpa hina nalaah ding ahi hi. Hinanle jong DCS toh naki guijop jie an natu nata toh umkhom loupem najauthong ahileh, naki guijopna leh nakithuo khomna uh na kholsan/topsan thei gige ahi.
- **Sum tang a kithuopina nathum/nanget pen munan lechin jong, mundang, sildang ah neeh le taah holna sum lepai holna nahah kat jing ding ahi.**
- **Apoimaw theisahna leh etkiehna nasuhbuching ding ahi.**
- **Sum tang leh neeh le taah a Kithuopina dinga poimaw seple boldinga kigente natheia najui tinten ding ahi.**
- **Nangma thatanga midang khatin nang hamphatna (neeh le taah a kithuopina) hing kikoppih ding leh theisah na nahingbol ding ahi.**
- **Sep le bol a ahoitheipen ding gelna a nasem te nahing nungthuop jel ding uh ahi.**
- **Kithuopina Sum namu pen nangma leh na innsung mite ading a Neeh le taah a leina ding a najat ding ahi.**
- **Sum tang a kithuopina pen nang le na innkuonte phattuompi theina ding bou a najat ding ahi.**
- **Social Security Nambat (SSN) ahilouleh gamsung a na umtheina ding a phalna hingkipie pen panpina ngetna ding chou a napieh leh najat ding ahi.** Tuomi napieh utlou, ahilouleh innsung mite gamsung a umtheina dinga phalna neinailou aumleh, innsung mite sum muna leh sep le bol anei teng uh apoimaw banga chitna aneileh neilou thei nading in hing kisuichien thei jing ahi.

## Dan to kituo a nahamphat pi thei ding (koumau in kana bol tei tei ding uh)

- **Na min, na umna mun,** leh na suoi ahilouleh nangma phalna leh nangma thatanga suaikai theidinga phalna napieh, himi te tel a ngetna lekha nahing thot pen koumau in kana sang ding uhi.
- **DSHS lehkha sut ding koumau in kang kithuopi thei ding uhi.**
- **Neeh le taah a kithuopi** ding a ngetna napieh pen nangma in chitna kichien nanei a ahileh tuona ngetna lekha pen aban ban in kahing etkai sah thei ding uhi.
- **Na lekha poimaw** na piehte uh ana kisangna/kanamu uhi chi chetna ding (receipt) nadei a nanget leh hing kipe thei ding ahi.
- **Lehkha a gelthoth thutanna atangpi in ni 30 sung in hingki pe ding hi.**
- **Zua le naal a kikhemna akinthei lam a theikhiet nading a semtu (FRED = Fraud Early Detection) tetoh kihouna pen na utlouleh na nualsan thei hi.** Na innsung ah nangma phalna tellou in FRED te ahinglut theisah ding uhi. FRED te kung ah hung dang nidang khat chieng in hingpha in chi'n thupieh nanei thei ding hi. Na innsung nalutsah loujehin panpina na nget pen asubuo khasih ding hi.
- **Na ki ngetna dungjui a thutanna (kithuopina natan leh tanlou) ah nalung kimlou a ahileh thutanna munpi ahilouleh vaihawmna munpi ah hing ngaituo/etkieh thasah dingin nava ngen thei hi.**
- **Ha 60 (60 month) sung ahunbi nei a innkuon hahsate kithuopina/panpina vaigouna** daan pen kahing hil/gen ding uhi. Himi ha 60 sung vaigoun pen in neeh le taah, ahilouleh nausen etakaina dinga kithuopina toh kijopna anei sih ding. (a ngeina bang a peijom jel ding china ahi.)

## Toh kisai a natheih tuoh khenkhat

- **Hamphatna kipia te dihluotah a jang:** Neeh le taah leh Sum le paia panpina EBT Card tungton a hing kihom pen DSHS hingjui ding a, tuomi in nasum jat lehna teng hing kansui thei ding hi. Akisaipih Vaisai pawl in tuona nasum jatna teng hing enkai dinga tuoleh dihluo taha sumjatna ahilouleh neeh le taah leina ding a hingkipia pen a sumtang nasuo sah ei ahilouleh a poimawlou van chituom tuom leinan najang ei chitan pha hing kikansui thei ding ahi.
- **EBT Card kheng:** EBT Card na suhmang ahilouleh adang dang jie a athah nadei ding leh atha man na pieh ngai maitheih ding ahi. Na EBT card toh nangma mimal laipoimaw chituom tuomte leh nangma ki chiemte na number (PIN=Personal Identification Number) hoita nou leh bittahin kikoi chup tinten in.
- **EBT Card jat theiding a tampi kholkhom:** EBT Card tungton a panpina pen hakhat a khatvei beh najatlou ahilouleh jatloua ha tampi na kholkhom leh, panpina napoimaw nalai eima chipen hing ki kanchien ding ahi.

### Nathei ding silpoimaw (neeh le taah)

- **Mi koipou in neeh le taah** a panpina amuthei nadinga **ngetna-lai** apieh pen Federal nasemte kungah adih ahinai chi khuolchil nading in akithot jel hi. Tuomi ngetna lai a kigelte adihlou aum leh angetna pen kipom/kisan sah theilou ding ahi. Mi koipou in tuomi ngetna lai a adihlou theina sasa a apieh leh amapa/amanu pen dan bangtah a mosah leh thutankhum ahiding hi. Theina sasa a dihloutah a neeh le taah panpina mutheina ding a agamtangte ahileh maban a panpina amuthei nading pen suhbeisah, ahilouleh sum liausah, ahilou top lejong kulhbang/thong a kum thei ding ahi.
- **Neeh le taah nang a ding a hing ki pia pen najuoh, juohsom, sildang neeh le taah** hilou (sum le pai, khamnathei, hiemhei,) van juoh, dawrkai te kunga naheng som leh, na hamphatna dinga kithuopina pawlpi apat hingpeikhu atom pen a genin kumkhat sung bangma namusi dinga aphabetmoleh nadam sung tan ajong himi hamphatna/kithuopina pen na taan thei ding ahi. Himi pen akhatveina ahing kithei khiet hun hun a jong hing kibol kum thei ahi. Himi hamphatna apat paikhiet nahinuo in Washington khopi potsan nan lechin jong mundang ah bangmah namuthei nonsih ding hi.
- **Tam neeh le taah a panpina namuthei nading a thei le bol ding a kigen te nathei chiensem nading a poimaw** sep le bolding hun a kizil chilna mun a natellou leh na hamphatna ding pen hakhat sung na taan thei ding ahilouleh apoimaw bangkim nasufel masang teng bangma namusi ding hi. Tua mabang in anivei tanna a kizil chilna mun a natel kia lou leh, hathum sung, tuochima bangin akieh a pen napel kia leh hagup sung, tuachibang ma in peitou den ding hi.
- **Tami laidal sung a zui ding a kigel/kibol daante** nazuiloua ahiloudan dan a nabol/naum leh, himi hamphatna/panpina vaiguon apat a namin nuoimang ahiding hi.
- **Innkuon** sunga sen le sah teng himi neeh le taah a panpina nuoi a abeijat nagomkhom/jeptel ut leh theisahna napieh ding ahi. Theisahna leh na sen le sah teng adih ahina chi chetna nahing piehlou a ahileh, nangma in himi seen le sah te pen neeh le taah mubeh nading a jah ding naphal sih uh chinadan a kikoi ding ahi.

### Nathei ding silpoimaw (sum)

- **Ahunchiem nei a innkuon hasa te kithuopina (TANF = Temporary Assistant for Needy Family)** silpieh namu/natan leh naupang panpina pawlpi (DCS) te kung ah nata leh nazi/napasal amaute etkol a panpithei nading in thunei na napekhie chinatoh kibang ahi. TANF apat kithuopina namu leh DCS te kungah naupang panpina namu nahi chipen natheisah pei ding ahi.
- **TANF patsa nana mujing** naupang panpina pen ahingkhoh/namu nonlou a ahileh bangjiej ahiei, naupang pen mundang a kituon khie ahiei ahilouleh a umna mun kiheng ahileh DCS te natheisah peiding ahi.
- **TANF namu leh**, huntomnou sung naki buseh nading innle lou sah/lam nadingin sum nanget be theiding hi.

Federal Civil Rights Law leh U.S. Department of Agriculture (USDA) in mipite thuneina apieh dan thupieh toh kituoh a USDA hitaleh akahiangte hitaleh, tuoleh sepna mun, semtute leh zilkung tuom tuom, USDA vaihawmna vaiguon te hitaleh koipou in kinuoisieh na, mel le puom etdan ah, mai rong, gamdang a hingkipan, ginna, pienken a miphalou, kum upat/naupang jiej leh innkuon sum lepai dinmun, hasatna jiej a phuolpi vaihawmtu apat panpina mu jiej, kumpi kivaihawmna pawl guptuom neijeih, chihte leh adang dang te jiej in koiman ahing nuoisieh theisih ding hi. Hasatnate lah apatsa suotat theina ding leh lungkimlouna jieh a thutut nanei theina te ahuntop hunding pen a vaiguon dungjui in kibang kimlou hi.

Pienken a guol phalou te'n Vaiguon toh kisai a theiding a poimawte thei nadinga kitheisahna amau toh kituoh a poimawh uleh, akisaipih te (e.g., Braille, large print, audiotape, American Sign Language, etc.) ahilouleh (USDA's TARGET Center) siltupna Munpi ah (202) 720-2600 (awging/kamsuah leh TTY) ahilouleh Federal Relay Service pansan in USDA te thujaah theina ding (800) 877-8339 ah. Tuobanah, vaiguon toh kisai theidinga poimaw te English/mangkang ham/pau hilou hamtuom/pautuom in theisahna jong hing kibol thei ding hi.

Vaiguon toh kisai a kinelsiehna/kituombolna aum a ahileh, USDA Vaiguon nanuoi ah (USDA USDA Program Discrimination Complaint Form) Lungkimlouna suhlat theina dinga kibol lehkha umsa AD-3027 chia kimivuoh lekha pansan in theisahna nabol theiding ahi. Tam lekha pen himi website [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) ah namuthei ding a, tuoban ah USDA sepmun khatpou ah jong namuthei ding hi. Tuochilou in jong, laithon USDA te kung ah nathon thei nalai a, tuo laithon ah apoimaw bangkim AD-3027 a tuongjousieh najau sah ngai ding hi. AD-3027 ngetna lai pen phone call (866) 632-9992 tungton in ngetna nabol thei ahi. Himi laithon, AD-3027 lekha tel in USDA te umna mun anuoia kipie ah nava pethei ding hi.

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Ave, SW  
Washington, D.C. 20250-9410;
2. Fax: (202) 690-7442;
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

USDA ahileh koipouh khentuom umlou leh kituoh tah leh akibang a panpina petu, sep le bol a panpitu, kithuopina petu ahi uhi.

Ka kung a theisahna hing kibol bang in, keima'n thuneina leh mohpuona kanei bangin DSHS akipatsa'n hamphatna kamuthei na hi chi etsahna in anuoi ah ka suoi kakai hi. Himi laidal a ka suoi kakai utlouleh panpina kamutheina asubuoi sih ding chi jong kathei a, himananhleh, himi vaiguon subuching nading a mopuohna kaneite kabuchi'n lou a ahileh katung a hingki bol bang bang in kalungkim ding hi. Vaiguon tahsuoh nadinga kabol ding hingki pete subuchin ding pen keima mopuohna ahi.

NGETNA PETU SUOI

TARIK

NGETNA PIEHKHOM PIPA/PINU SUOI

TARIK