

**Xuquuqahaaga iyo Masuuliyadahaaga Marka Aad Hesho Adeegaha Laga bixiyo dhinaca Maamulka Taageerada Mudada-Dheer iyo Da'weynaanta iyo Maamulka Horumarinta Naafooyinka**  
Your Rights and Responsibilities When You Receive Services Offered by Aging and Long-Term Support Administration and Developmental Disabilities Administration

MAGACA MACMIILKA
LAMBARKA AQOONSIGA ACES

**Adeegaha Laheli karo**

Waxaad xaq u leedahay in aad kala doorato adeegaha aad u qalantid in aad hesho. Adeegaha waa kuwo iskaaga ah. Adeegaha ay bixin karaan Maamulka Taageerada Mudada-Dheer iyo Da'weynaanta (AL TSA) iyo Maamulka Horumarinta Naafooyinka (DDA) waxaa dhici karta in aysan kugu caawin dhammaan baahoyinkaaga.

Maamulka Taageerada Mudada-Dheer iyo Da'weynaanta iyo Maamulka Horumarinta Naafooyinka waxay adeegaha kubixiyaan gudaha:

- Qoyska Guriga Qofka Weyn, Xarunta Caawimaada Nolosha, Xarunta Adeegaha Horumarsan, Xarunta Kalkaalinta, Guri Saaxiib, Guriga Xanaanada Caruurta, Guriga Ay Deganyihiin Shaqaalaha Rukhsadaysan ee Caruurta; Guryaha Kooxda Horumarinta Naafooyinka, ICF/IDs; AMA
- Guriga uu qofku iska leeyahay. **Fiiro gaar ah:** Maamulka Taageerada Mudada-Dheer iyo Da'weynaanta iyo Maamulka Horumarinta Naafooyinka ma bixiyaan adeegaha daryeelka shakhsiga maalinta/24 saac labixiyey. Haddii loo baahanyahay daryeelka 24 saac markaasi waxaa la tixgelin karaa doorashooyin adeeg kale.

Maamulahaaga Kiiska AAA, Maamulaha Xogta Kiiska Maamulka Horumarinta Naafooyinka, ama Takhasuslaha Adeega Bulshada ee Adeega Daryeelka Caafimaadka ee dukumeentigaan loogu yeero **shaqaalaha kiiska**.

**Xuquuqahaaga**

Adiga waxaad xaq u leedahay in:

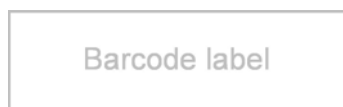
- Laguula dhaqmo si sharaf, xushmad iyo cunsuriyad la'aan ah;
- Laga dhigo macluumaada adiga kugu saabsan mid sir ah oo keliya loo isticmaalo xuduudaha qaanuunka iyo xeerarka Waaxda Adeegaha Bulshada iyo Caafimaadka;
- Aan laguugu xad gudbin, lagu dayacin, lagaaga faa'ideysan maaliyad ahaan, ama lagaa tagin; haddii adiga ama qof aad taqaanid lag xad gudbey, ladayacey ama maaliyad ahaan looga faa'ideystay, fadlan kawac Waaxda Adeegaha Bulshada iyo Caafimaadka lambarkan lacag la'aanta ah 1-866-363-4276 si aad ula hadashid shaqaale ku caawin kara;
- Loola dhaqmo hantidaada qaab ixtiraam leh;
- Laguugu sheego dhammaan waxyaabaha kusaabsan adeegaha aad qaadan karto oona sameysid doorashooyin kusaabsan adeegaha aad doonaysid ama aadan doonayn;
- Aad si iskaashi ah ula shaqaysid shaqaalaha kiiskaaga u qorsheynta daryeelkaaga;
- Iska joojisid adeegaha maamulida kiiska dheeriga ah kuwaas oo aadan doonaynin in aad heshid (si kastab, si aad u heshid adeegaha waxaa khasab kugu ah in aad u oggolaatid shaqaalaha kiiska in uu sameeyo kuwaan soo socda ugu yaraan halmar sannadkii: in uu buuxiyo qiimeynta; booqdo gurigaaga oona ilaaliyo keenida adeegaaga);
- Aan laguugu qasbin in aad kajawaabtid su'aalaha ama in aad sameysid wax aadan doonaynin in aad sameysid;

- Lagu sheegay qoraal go'aanada wakaalada ah kadibna qaado nuqul kusaabsan gunaanadka qorshahaaga taageerada ama qorshahaaga daryeelka;
- La hadal horjoogaha haddii aan adiga iyo shaqaalahaaga kiiska oggolaanin arintaas;
- Codso maamul dhagaysi xitaa haddii aad hore u samaysay cabasho;
- Samee cabasho adiga oo aan kacabsan in ay dhibaato lagu gaysto xitaa haddii aad hore u codsatay maamul dhagaysi;
- La hadal qareen adiga oo waca 1-888-201-1014;
- Diid dhammaan adeegaha;
- Hayso adeegaha turjumaanka adiga lagu siiyo si lacag la'aan ah haddii aadan ugu hadli karin ama u fahmi karin luuqada Ingiriisiga si fiican;
- Dooro, buri ama bedel deryeel bixiyaha u qalma; kadibna
- Qaado natiijoyinka baaritaanka asalka lagu sameeyo qofkasta oo daryeel bixiye khaas ah oo aad adigu dooratid.

**Masuuliyadahaaga**

Waxaad leedahay masuuliyada in aad:

- U oggolaato shaqaalaha kiiska in uu kuugu buuxiyo qiimeyntaada ugu yaraan sannad ahaan meel adiga kugu habboon;
- U oggolaatid shaqaalaha kiiska in uu arko deegaanka aad kunooshahay ugu yaraan si sannadle ah;
- Nasiisid macluumaad nagu filan si aynu u buuxino qiimeyntaada;
- U sheegtid shaqaalaha kiiskaaga haddii uu qofkale kuu sameeyo ama kuu gaaro go'aanada maaliyeed ama caafimaad;
- Kaqayb gashid horumarinta lagu sameeyo qorshaha daryeelkaaga ama taageerada, kadibna sixiixdid;
- Fahantid in daryeel bixiyahaaga aan lacag lagu siinin adeegaha ama saacadaha aan la oggolaanin;
- Dooratid daryeelkaaga caafimaadka khaaska kuu ah;
- Dooratid daryeel bixiye u qalma;
- Bixisid meel shaqo ammaan ah;
- Kadhiga baaritaanada asalka daryeel bixiyaha kuwo khaas am sir ah;
- Haddii aad dooratid Daryeel bixiyaha Qofka(IP):
  - ✓ Oggoow in aad tahay qofka ay ayagu u shaqeyaan Daryeel bixiyahaaga Qofkana waxaa khasab ah in lala lahaado qandaraas kahor inta aan lacag lagu siinin shaqada uu adiga kuu qabto; iyo
  - ✓ Xaqiiqso ama hubso saacadaha shaqaalahaaga Daryeel bixiyaha Qofka uu kuugu shaqeyay waraaqada waqtigiisa;



## Masuuliyadahaaga (sii socota)

- U sheeg shaqaalahaaga kiiska haddii aad kuqabtid wax mushkilado ah daryeel bixiyahaaga ama haddii aadan qaadanin saacadaha uu sheegay daryeel bixiyahaaga;
- Lacag sii daryeel bixiyahaaga bil kasta haddii laguugu caawiyo in aad bixiso daryeelkaaga;
- Ha u dhaqmin qaab kadhigaysa qofkasta in uu khatar galo; iyo
- U sheeg shaqaalaha kiiska haddii uu jiro isbedel kudhaca:
  - ✓ Xaalada caafimaadkaaga;
  - ✓ Caawimaada aad kaheshid qoyska iyo wakaalado kale;
  - ✓ Halka aad kunooshahay; ama
  - ✓ Xaaladaada maaliyadeed.

## Masuuliyadaha Shaqaalaha Kiiska

Shaqaalahaaga kiiska wuxuu masuul kayahay in uu:

- Kuula dhaqmo si xushmad iyo ixtiraam leh;
- Ilaaliyo khusuusiyaadkaaga;
- Kuu sheego waxa ay kuu qaban karaan ama aan kuu qaban karin Maamulka Taageerada Mudada-Dheer iyo Da'weynaanta iyo Maamulka Horumarinta Nafooyinka;
- Helo macluumaad adiga kugu saabsan iyo kuwo kale si loogu sameeyo qiimeyn kadibna loo xadido loona go'aansado waxa ay yihiin adeegaha aad dooran karto.
  - ✓ Qiimeynta waxaa kamid noqon doona meelaha aad kuffiicantahay, xuduudahaaga, ahdaaftaada, iyo waxyaabaha aad jeceshahay.
  - ✓ Qiimeynta waxaa kamid noqon doona caawimaada aad marhore kahelaysay ama aad kaheli karto dhinaca qoyska ama wakaalado kale iyo sida aad u doonaysid in adeegaha loo sameeyo;
- Kugu caawiyo in aad horumarisid qorshe daryeel ama qorshe taageero midkaas oo sheega caawimaad ay lasocoto daryeelka shakhsiga ah oona kamid yihiin ahdaaftaada shakhsiyeed, waxyaabaha aad jeceshahay, iyo doorashooyinka;
- Helo macluumaad adiga iyo dadka kale kusaabsan si loo cusboonaysiiyo qorshahaaga daryeelka ama qorshahaaga taageerada sannad kasta ama marka ay isbedesho xaaladaada;
- Kusiiyo waqti kugu filan si uu u bixiyo macluumaada loo baahanyahay;
- U sheego mushkiladaha aad kuqabtid qorshahaaga daryeelka ama qorshahaaga taageerada marka ay soo baxaan;
- Ixtiraamo xuquuqahaaga oona bixiyo caawimaad dheeri ah oo kusaabsan helida adeegaha haddii aad qabtid daciifnimo jirka, dareenka, neerfaha, ama maskaxda ah; iyo
- Kugu caawiyo in aad heshid daryeel bixiye u qalma haddii aadan awoodin in aad mid hesho.

## Dukumeentiga Qoran Ee Aad Kusheegaysa Nooca Daawada Aad Jeceshahay

Adiga waxaad xaq u leedahay in aad qorto dukumeentiga qoran ee aad kusheegaysa nooca daawada aad jeceshahay. Dukumeentigaas waxaa kamid noqon kara qoraalka aad kusheegto nooca daawada aad doonaysa in aad qaadata ama awooda adkaysiga qareenka uu adkaysan karo daryeelkaaga caafimaadka. Dukumeentiga qoran wuxuu koobayaa waxa aad jeceshahay ee kusaabsan daawada iyo/ama daryeelka caafimaadka maskaxda, ay kamid yihiin xaqa aad ku aqabasho ama kudiido daawada, caafimaadka maskaxda, ama daaweynta qaliinka, marka aadan qabin awooda maskaxda aad kugaari karto go'aanadaas. Waad burin kartaa dukumeentigaaga qoran waqti kasta.

## Adeega Isdiiwaan gelinta Coddeeyaha

Qaanuunka Qaranka Ee Kusaabsan Isdiiwaan gelinta Coddeeyaha ee 1993 wuxuu uga baahanyahay dhammaan gobolada in ay kabixiyaan caawimaada isdiiwaan gelinta coddeeyaha tooska xafiisadooda caawimaada dadweynaha. Codsashada si la isku diiwaangeliyo ama ka noqoshada diiwaangelinta lagu coddeeyo ma ahaan doonto mid saameysa adeegaha ama tirada dheefaha ay dhici karto in lagaa siiyo dhinaca wakaaladan. Haddii aad jeceshahay caawimaad laguugu caawiyo buuxinta foomka diiwaangelinta qofka coddeeya, waan kugu caawin doona. Go'aankaaga ku aadan in aad isdiiwaan gelisid ama kanoqotid isdiiwaan gelinta wuxuu ahaan doona mid sir ah waxaana keliya loo isticmaali doona ujeedooyin isdiiwaan gelinta coddeeyaha ah. Haddii aad aaminsantahay in qof faraha lasoo galay xuquuqahaaga diiwaangelinta ama si looga laabto isku diiwaangelinta lagu coddeeyo, xaqa aad u leedahay in aad hawlahaaga khaas u noqotid ee ah go'aansashada haddii la isdiiwaangelinayo ama codsashada si la isku diiwaangeliyo in la coddeeyo, ama xaqaaga aad kudooratid xisbigaaga siyaasadeed ama doorasho siyaasadeed kale, waxaad fayl cabasho u diri kartaa dhinaca:

Washington State Elections Office  
PO Box 40229  
Olympia WA 98504-0229  
1-800-448-4881

## Sixiixaaga

Sixiix sadarka hoose haddii aad fahansantahay xuquuqahaaga iyo masuuliyadahaaga oona fahansantahay masuuliyadaha shaqaalaha kiiskaaga.

---

SIXIIXA MACMIILKA

---

TAARIKHDA

---

SIXIIXA WAKIILKA SHARCIGA AH

---

TAARIKHDA

Oggaysiis loogu talagalay macaamiisha iyo shaqaalaha (Cinwaanka VI iyo VII): Waaxda Adeegaha Caafimaadka iyo Bulshada ee Gobolka Washington waa fursad lamid ah qofka loo shaqeeyo mana kusamaynayso wax midab takoor ah goobaha shaqada, barnaamijyadeeda ama adeegaheeda midab takoor kusalaysan aasaas da', nooc, jihayn galmo, nooca qofka, muujinta qofka noociisa/sheegida, xaalad guur, jinsiyad, caqiido, midab, asal dhalasho, diin ama waxa uu qofku aaminsanyahay, taageero siyaasad, xaalad ciidan, halyeey dagaal hore oo si sharaf leh u fadhiistay, Waagii Dagaalkii Fiitnaam, hadda dhow kala tagay ama xaalado halyeey dagaal hore oo uu sharcigu ilaaliyay, qabida wax naafo ah oo ku saabsan dareenka, maskaxda, naafo jirka ah ama isticmaalka eey la tababaray oo loo isticmaalo hagid ama adeeg xayawaan uu isticmaalo qof naafo qaba, dhammaan waxay helayaan dadkaan lacag bixin sinaan leh ama macluumaad hidaha ah.

**Your Rights and Responsibilities When You Receive Services Offered by  
Aging and Long-Term Support Administration and Developmental Disabilities Administration**

INSTRUCTIONS

1. Present this form to the client when completing the initial CARE assessment and reviewing the care plan or support plan. If the client is already receiving services and did not previously sign this version of the form, present the form to the client at the next assessment. Review the form with the client to answer any questions about the client's rights and responsibilities.
2. Have the client or the client's representative sign two copies of the form to indicate his/her understanding of the client's rights and responsibilities when receiving services offered by Aging and Long-Term Support Administration and Developmental Disabilities Administration.
3. File one copy in the hard file or Document Management System (DMS) and give the other copy to the client.