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|  | **Components of Your 75 Hour Home Care Aide Training Program**  **Training Program Name, Training Program Number** |
| **Basic Training (70 hours)** | |

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| * **Core Basic Competencies (54 Hours)**   + - [Fundamentals of Caregiving](https://www.dshs.wa.gov/sites/default/files/22-1830.pdf) (FOC) **(38 hours)**     - Additional hands-on skills practice in a lab setting based on the requirements of the FOC and the [Prometric skills checklist](https://www.prometric.com/en-us/clients/wadoh/documents/wa_hca_skills_checklist_with_candidate_performance_feedback.pdf) **(16 hours)**   + **Population Specific Training (16 Hours) \*\***     - Dementia Specialty, Level 1, Dementia Capable Caregiving **(8 hours)**     - Mental Health Specialty, Level 1, Capable Caregiving for Mental Wellness **(8 hours)** |

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| **Orientation and Safety (5 hours)** |

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| **Basic Training + Orientation and Safety = 75 hour Home Care Aide Certificate** | |
| **Trainer’s Attestation** | |
| I understand that each of the components above must be completed by the student before a 75 hour certificate is issued. I also understand that these courses must not be abbreviated, nor provided to students as “self-study” materials. | |
| TRAINER 1 SIGNATURE DATE | TRAINER 1 PRINTED NAME |
| TRAINER 2 SIGNATURE DATE | TRAINER 2 PRINTED NAME |
| TRAINER 3 SIGNATURE DATE | TRAINER 3 PRINTED NAME |