

Eligibility

How do I apply to be a client of DDA?

- Complete the required forms and documents. You may download DSHS forms in your preferred language [here](#). You can request a packet by filling out a [Service and Information Request](#) or by returning the information listed below:
 - [Request for DDA Eligibility Determination \(14-151\)](#)
 - [Consent \(14-012\)](#)
 - [Notice of Privacy Practices for Client Confidential Information \(03-387\)](#)
 - Washington State [Voter Registration](#) for applicants age 18 or older
 - Documents that support that you have a developmental disability, as described in [DSHS Form 14-459 Eligible Conditions Specific to Age and Type of Evidence](#) such as:
 - Educational records
 - Psychological records
 - Medical records
- Let us know if you need help completing the forms and locating documentation.
 - Contact [your local DDA office](#) or the main regional office listed below:

County of Residence	Phone
Adams, Asotin, Benton, Chelan, Columbia, Douglas, Ferry, Franklin, Garfield, Grant, Kittitas, Klickitat, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens, Walla Walla, Whitman, Yakima	(800) 462-0624
Island, King, San Juan, Skagit, Snohomish, Whatcom	(800) 788-2053
Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Kitsap, Lewis, Mason, Pacific, Pierce, Skamania, Thurston, Wahkiakum	(800) 248-0949

Why should I apply for DDA?

- DDA has many different [services and programs](#) including personal care, respite, employment, residential supports, and much more.
- Becoming a client earlier in life will help you transition during different stages of life.
- If your caregiver is not able to provide supports to you in the future, you will already be a client so the process will be easier and faster.
- Some DDA clients do not have paid services but they still receive the following:
 - [Informing Families](#) newsletter
 - Access to the [Developmental Disabilities Endowment Trust Fund](#)
 - An annual physical examination and additional dental services through [Apple Health](#)
 - Reduced fees through the [Washington Department of Fish and Wildlife](#)
 - Discounted passes with [Washington State Parks](#)
 - Additional affordable [housing options](#)

Will my DDA eligibility expire or need review?

Yes, it might. We will send you reminder notices if your eligibility is about to expire or be reviewed. If you have questions please contact us.

What is a developmental disability in Washington State?

[RCW 71A.10.020\(5\)](#) defines a developmental disability as Intellectual Disability, Cerebral Palsy, Epilepsy, Autism or another neurological or other condition similar to Intellectual Disability.

The disability must:

- Have originated before you turned eighteen,
- Continued or can be expected to continue indefinitely, and
- Results in substantial limitations

Where can I find the rules for eligibility?

The criteria for determining eligibility is in [Chapter 388-823 WAC](#).

Can I reapply if I am not eligible?

Yes. You can reapply if:

- Your eligibility will expire at your next birthday;
- You were eligible before but your eligibility expired;
- Your eligibility was terminated because you were no longer a Washington State resident; or
- You were previously found ineligible, but have new information.

How do I request services with DDA?

- If you are **not** already a DDA client, complete and turn in the required forms and documents.
- If you are a DDA client and do not have a Case Resource Manager, fill out a [Service Referral and Information Request](#) or call us.
- You might not need to be a DDA client to receive the service you need.
 - For children - DDA offers personal care through Community First Choice for children whether or not they are DDA clients. Even if you do not have a developmental disability, you might be eligible for personal care.
 - For adults - Adults that need personal care but are not DDA clients can receive this service through [Aging and Long-Term Support Administration](#).