People with developmental disabilities are at greater risk of being hit by a car.

In the United States a pedestrian is killed in a traffic crash every 108 minutes.

People with developmental disabilities, and children affected by prenatal alcohol exposure, are at the highest risk for being struck by a car.

In 2007, 10 incidents involving DDD enrolled clients being struck by vehicles were reported to the Division of Developmental Disabilities in Washington State.

It’s important to ensure assessments and service plans properly address the individual’s support needs for navigating the community by foot, especially at traffic lights and intersections without signals.

Below are some tips to help reduce the risk of traffic related injury to all pedestrians. Are you teaching the individuals you support to do these things?

Remember ... Stop, Look, Listen

✓ Obey traffic signals and/or traffic officers.
✓ Always use crosswalks whenever they are available.
✓ Make eye contact with the driver(s) so they see you before you begin to cross.
✓ Watch for cars backing out of parking spaces and driveways.
✓ Never walk or run directly into the street.
✓ Stop at the curb or at the edge of the road before crossing.
✓ Look LEFT-RIGHT-LEFT to make sure the road is clear BEFORE you cross the street.
✓ Always use sidewalks whenever they are available.
✓ When sidewalks are unavailable walk on the left side of the road, facing traffic.
✓ Remember: Drivers are required by law to take great care to avoid hitting pedestrians. But you should take even more care not to be hit!

Planning & practice are the keys to traffic safety!