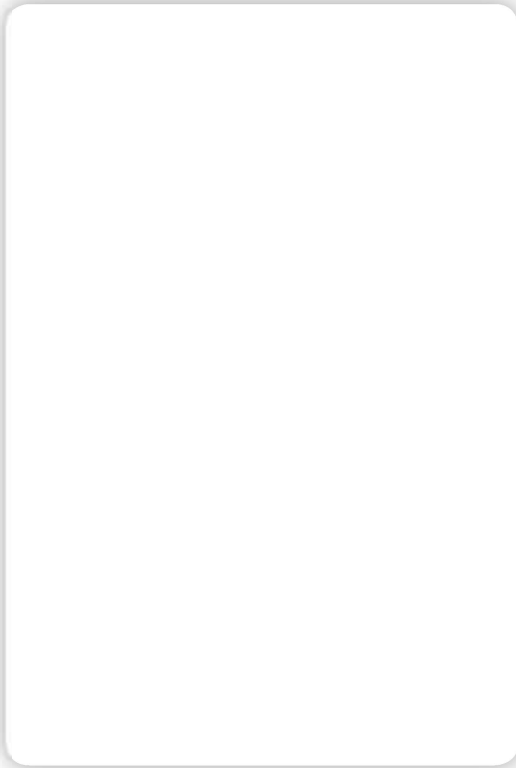


# Throw away bad food...

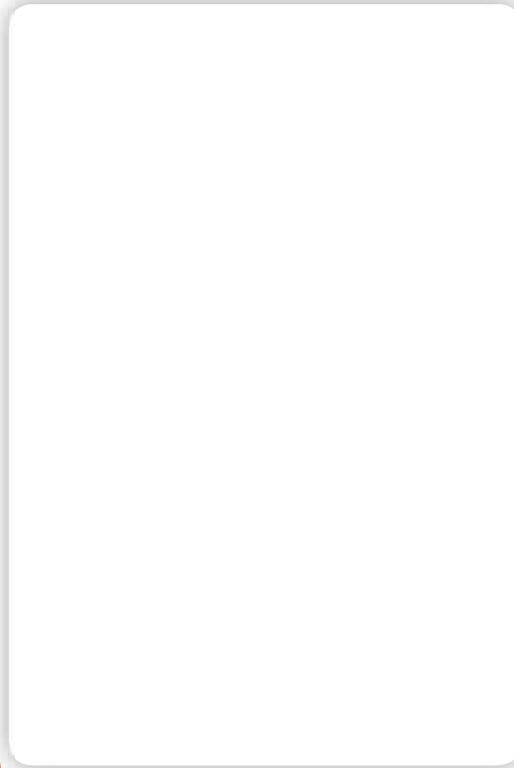
Food that has been touched by flood water or left in refrigerators or freezers during a power outage, is not safe to eat or drink. They can make you very sick. Throw them away!



Draw the foods you would throw away if you found them in a warm refrigerator.

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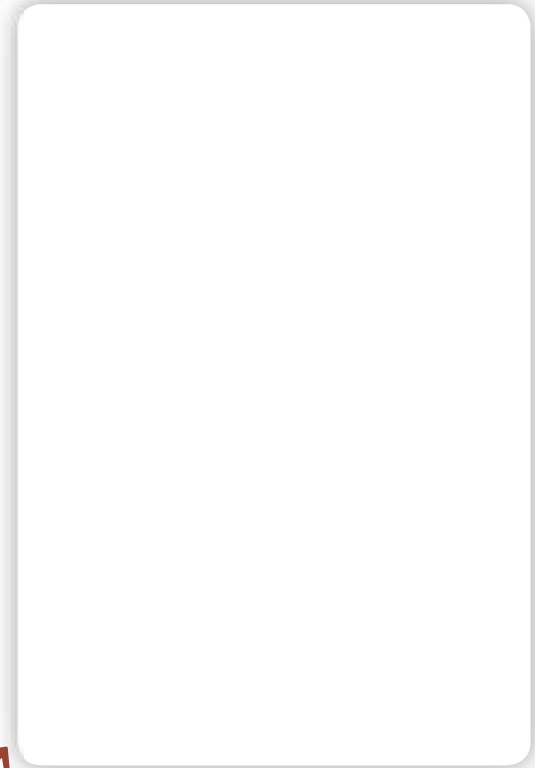
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# What if the storm comes again?

Let's make a list of the things you might need if a storm comes again. Ask your parents to help. As a family, together you can plan for the next emergency and be ready!

## Check list:

- First aid kit  
Equipo de primeros auxilios
  - Flashlight  
Foco de pilas
  - Fresh water  
Agua freza
  - Food  
Comida extra
  - Warm clothes  
Ropa caliente
  - Pets  
Un animal domestico
  - Other things \_\_\_\_\_  
Otras cosas
- 
- 



To talk to a trained outreach worker about the recent storms, call:

**1-800-850-8115**

[www.dshs.wa.gov/DisasterOutreachServices](http://www.dshs.wa.gov/DisasterOutreachServices)

They will listen to concerns and provide information that can assist in storm-recovery efforts.

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