

Throw away food ...

Food that has been touched by flood water is not safe to eat or drink. Throw away any food or beverages left in refrigerators and freezers damaged by flood waters. Draw pictures of food that would spoil if touched by flood waters.



You can get very sick from eating food or drinking beverages contaminated by flood water. It's better to be safe, than sorry. Throw it away!

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What if the storm comes again?

Let's make a list of the things you might need if a storm comes again. Ask your parents to help. As a family, together you can plan for the next emergency and Be ready!

Check list:

- ☐ First aid kit
Equipo de primeros auxilios
- ☐ Flashlight
Foco de pilas
- ☐ Fresh water
Agua freza
- ☐ Food
Comida extra
- ☐ Warm clothes
Ropa caliente
- ☐ Pets
Un animal domestico
- ☐ Other things _____
Otras cosas



To talk to a trained outreach worker about the recent storms, call:

1-800-850-8115

www.dshs.wa.gov/DisasterOutreachServices

They will listen to concerns and provide information that can assist in storm-recovery efforts.

DSHS 22-1282 (5/08)

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