Welcome to the Basic Food Employment and Training (BFET) program. The BFET program is a partnership between the Department of Social and Health Services (DSHS), community agencies and colleges to provide you with employment and training services.
What you need to know

What can this program help you do?
Some things BFET may help you do are:
- Write an effective resume;
- Improve your interviewing skills;
- Start a career;
- Improve your English, reading, writing and math in Adult Basic Education (ABE);
- Get your high school equivalency;
- Learn new job skills in professional, technical or vocational programs.

Other Services that BFET may help with:
(NOTE: Not all services available at all locations)
- Qualifying for child care subsidies;
- Connecting you with other community resources;
- Paying for transportation, books, work/training clothes related to your employment and training goals;
- Post-employment support.

What are some of your responsibilities?
- Follow your Individual Employment Plan that you created with your BFET case manager;
- Communicate with your BFET Case Manager at least once a month;
- Keep your Basic Food Assistance open by completing your reviews and reporting changes on time;
- If you are in college, apply for financial aid (FAFSA) and maintain satisfactory grades.

What can BFET not help with?
- Transfer degrees;
- 4-year degrees;
- Paid internships or work study.

Community Resource Websites
- Washington Connection
  www.waconnection.org/home/exploreoptions.go
- Washington Information Network 211
  win211.org
- Health care coverage
  www.wahealthplanfinder.org
- BFET main website
  www.basicfoodet.org/clients