



WISE Wraparound with Intensive Services

YOUTH

So what is WISE?

WISE is a new approach to helping youth with mental health challenges succeed at home, in school, and in the community. Through WISE, youth receive therapy and other services and supports to help them reach their goals. WISE uses a team approach, and youth who participate in WISE have a team that works with them and helps coordinate services and supports.

How is WISE different from other services?

Set and Achieve Your Own Goals

You deserve to have a voice and choice in the services you receive. With the support of your WISE team, you will set your own goals and then make a plan to achieve them.

Celebrate Your Strengths

Your WISE team will build on what is going well in your life and what you are good at, not just the challenges you are facing.

Get Help When and Where You Need It

WISE crisis services are available 24 hours a day, 7 days a week. You will be able to get help during a difficult time from someone who understands your situation and can come to your home, school, or wherever you are most comfortable.

Youth Voice and Choice

WISE also recognizes that youth need to have a voice and choice in their treatment. This means that youth are given the information they need to be empowered to make positive decisions regarding their care and treatment in the WISE process.

Who can receive WISE?

To get WISE, you must be under the age of 21 and eligible for Medicaid.

Any youth over the age of 13 can ask for a WISE Screen to find out if they are eligible (if you are under 13, you need permission from your parent or guardian). WISE is just getting started in Washington. By June 2018, WISE will be available all across the state. **To find out when WISE will be available where you live and who to contact, go to:** www.dshs.wa.gov/dbhr/cbh-wise.shtml.

You can also find information about WISE and other mental health services and supports that are available in your area here: <https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/mental-health-services-and-information> or by calling the Recovery Helpline toll free at 866-789-1511.

Background

In 2009, ten youth sued the state of Washington so that all youth could have better mental health services. As a result of this case, a group of experts created the "Wraparound with Intensive Services" (WISE) program. One of the goals of WISE is to reduce the number of Washington youth who are placed outside of their home.

Wraparound is an intensive, holistic method of engaging with individuals with complex needs (most typically children, youth, and their families) so that they can live in their homes and communities and realize their hopes and dreams.

Want to get involved?

Your voice can help improve services for youth. Family, Youth, System Partner Round Tables (FYSPRTs) are an important part of a governance structure that is working to make improvements to the system.

Learn more here:
FYSPRT.com



Washington State
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