

## Khayraadka

Si aad u dhammeysa wareysi, u soo sheegto isbeddel kasta ama si aad ugu hadasho dheefahaaga Cuntada, Caddaanka ama Caafimaadka..... 1-877-501-2233

Si aad u codsato, u buuxiso dib-u-eegis ama aad u soo sheegto isbeddelada barnaamijka Kaalmada Daryeelka Ilmaha..... 1-844-626-8687

Gargaarka Caafimaad ee loogu talagalay dadka waayeelka ah, indhaha la' ama naafada ah ..... 1-877-501-2233

Telefoonka Jawaabta ..... 1-877-980-9220

Si aad u soo sheegto kaarka EBT ee lagaa xadey ama kaa lumey ..... 1-888-328-9271

Si aad u soo sheegto khiyaano ..... 1-800-562-6906

Khadka keliya Bixiyaha Daryeelka Ilmaha ..... 1-800-394-4571

WASHCAP (Mashruuca Codsiga Isku-jirka ah ee Gobolka Washington)..... 1-877-380-5784

### **Xafiska Guurguura ee Adeegyada Bulshada**

[www.DSHS.wa.gov/esa/csd-mobile-community-services-office](http://www.DSHS.wa.gov/esa/csd-mobile-community-services-office)

–AMA–

[www.facebook.com/dshsmobileoffice](http://www.facebook.com/dshsmobileoffice)

## Khayraadka kale

Si aad u codsato Apple Health ..... 1-855-923-4633

Apple Health/ProviderOne..... 1-800-562-3022

Khadka macluumaadka khayraadka bulshada..... 211

Qaybta Taakuleynta Carruurta ..... 1-800-442-5437

Si aad u soo sheegto xadgudubka ama dayaca carruurta, waayeelka ama naafada ..... 1-866-363-4276

Adeegyada Codbixiyaha..... 1-800-865-7801

Macluumaadka daaweynta caafimaadka dhimirka iyo khamaarka, daroogada iyo khamriga..... 1-866-789-4276

### **Ogow Daryeelka Carruurta –**

si lagaaga caawiyo in aad hesho daryeela carruur oo shati u haysta ..... 1-800-424-2246

Khatka tooska ah ee rabshada qoyska..... 1-800-799-7233

Medicare ..... 1-800-633-4227

Maamulka Dammaanada Bulshada..... 1-800-772-1213

Waaxda Adeegyada Caafimaadka iyo Bulshada

Qaybta Adeegyada Bulshada

Xarunta Lagala Xiriiro Adeegga Macmiilka

PO Box 11699

Tacoma, WA 98411-9905

Taleefoon Bilaash ah: 877-501-2233

TTY: 800-209-5446 ama 711

Faakis: 888-338-7410

Department of Children, Youth, and Families

Child Care Subsidy Contact Center

PO Box 11346 • Tacoma, WA 98411

### **MAAMULKA ADEEGYADA DHAQAALAH A HIIGSIGA**

In uu wax ka beddelo noloshu isagoo awood u siinaya shakhsiyaadka iyo qoysaska in ay kobcaan



*Transforming lives*

DSHS 22-1628 SM (Rev. 7/19)

# Xarunta Xiriirka Adeegga Macmiilka



## Yoolkeenna

In wax laga beddelo noloshu iyadoo awood loo siinaya shakhsiyadka iyo qoysaska in ay kobcaan iyadoo la baahinayo si ay u helaan dadka deggan Gobolka Washington.

## Baaxadda Adeegga

- Codsiyada Cuntada Aasaasiga ah iyo dib-u-eegisyada u-qalmitaanka
- Dib-u-eegistada u-qalmitaanka Gargaarka Aan Joogtada Aheyn ee Loogu Talagalay Qoysaska u Baahan (TANF)
- Codsiyada iyo dib-u-eegisyada Caafimaadka Heerka Sare ee Dadka Waayeelada ah, Indhaha La' ama Naafada
- Isbeddelka Xaaladda ee barnaamijka oo dhan
- Dib-u-eegisyada caddeynta-dhexe ee barnaamijka oo dhan
- Khayraadka iyo gudbinta
- Macluumaad guud

## Adeegyada oo la Soo Koobay

### Go'aaminta U-qalmitaanka

Dhammeynta wareysiyada loogu talagalay codsiyada iyo ururinta xaqiijinta lagama maarnaamka ah ee loo baahan yahay si loo go'aamiyo u-qalmitaanka maaliyadeed ee dheefaha.

### Taageerada Kiiska

Waxaa ay ku caawinayaan dadka soo waca kuwaas oo soo sheegaya isbeddelada dakhliga, inta uu reerka le'eg yahay, cinwaanka, xaalka kiiska, iwm.

### Xog Weyddiinta Macmiilka

Ka jawaabidda weyddiinta macluumaadka guud iyo soo gudbinada.

### Taageero Luuqadeed

Dhammaan taxaallada telefoonka waxaa lagu heli karaa luuqadaha Ingiriiska, Isbaanish, Ruush iyo Fiitnaamees. Waxaan sidoo kale bixinaa adeegyo turjumaan oo loogu talagalay luuqadaha intooda badan.

### Unug Sawireed

Dhammaan dokumentiyada waxaa fakis loogu soo diri karaa, si bilaash ah, 888-338-7410 ama boostada loogu soo diri karaa PO Box 11699, Tacoma, WA 98411-9905.

## Helitaanka Adeeg

- Xarunta **Xiriirka Adeegga Macmiilka** waxaa ay leedahay wakiilo la heli karo 8 subaxnimo ilaa 5 galabnimo Isniin-Jimco (marka laga reebo ciidaha). Si laguula yeesho wareysi fadlan nala soo xiriir Isniin Jimco laga bilaabo 8 subaxnimo ilaa 3 galabnimo. Lambarka khatkeenna tooska ah waa 877-501-2233.
- Telefoonkeenna **Jawaabta** waxaa bixiyaa macluumaadka dhabta ah ee ku saaban dheefaha Cuntada, Caddaanka, Caafimaadka iyo Daryeelka Carruurta, macluumaadka ballamaha iyo xaalka dokumentiyada. Telefoonka Jawaabta ayaa waxaa lagu heli karaa 24 saacadood maalintii, 7 maalmood toddobaadkii, waana bilaash, 877-980-9220.
- **Mashruuca Codsiga Isku-jirka ah ee Gobolka Washington (WASHCAP)** waa barnaamij dheefo cunto oo la fududeeyay oo loogu talagalay intooda badan qaatayaasha Dakhliga Damaannada Dheeriga ah (SSI). Lambarka bilaashka ah waa 877-380-5784.
- **Washington Connection** waa madasha dheefaha online-ka oo lagu helo karo barnaamijyada Cuntada, Lacagta Caddaanka ah, Caafimaadka iyo Daryeelka Carruurta; daryeelka mustaqbalka-fog; daaweynta khamriga iyo daroogada; helitaanka adeegyada kale oo ay ku jiraan, kaalmo guryeyn, kaalmada hawlgabka iyo Dakhliga Damaannada ee Dheeriga ah (SSI). Waxaad sidoo kale abuuri kartaa Koontada Dheefta Macmiilka si aad dib u eegis ugu sameyso xaalka kiiskaaga hadda, u soo sheegto isbeddelada iyo si aad u buuxiso dib-u-eegisyada: [www.washingtonconnection.org](http://www.washingtonconnection.org).

