

Do you qualify?

You may qualify if:

- You are not receiving TANF.
- You are able to work at least 20 hours per week.
- You receive less income than the guidelines below.

Number of people in household	Gross Monthly Income
1	\$2,265
2	\$3,052
3	\$3,839
4	\$4,625
5	\$5,412
6	\$6,199
7	\$6,985
8	\$7,772
9	\$8,559
10	\$9,345
Add for each person over 11+	\$787

Effective 10/2022

What can BFET help you do?

Some things BFET may help you do are:

- Write an effective resume.
- Improve your interviewing skills.
- Start a career.
- Improve your English, reading, writing and math skills.
- Get your high school equivalency certificate.
- Learn new job skills in professional, technical or vocational programs.
- Finish your non-transferrable AA degree or certificate program.



What do you want for the future?

- A new career?
- Job training?
- Improved math or English skills?
- On the job training?

For provider information contact:
www.dshs.wa.gov/BFET

For college connections contact:
www.sbctc.edu/paying-for-college/bfet-student.aspx



This institution is an equal opportunity provider.

Funding provided by United States Department of Agriculture.
USDA is an equal opportunity employer, provider and lender.



DSHS 22-1681 (Rev. 1/23) REGION 1

Basic Food Employment and Training (BFET)

REGION 1

Looking for the next step to your future?



Employment and
Training Assistance

October 2022

Free to those receiving Basic Food Assistance.

TANF/Workfirst recipients must contact their case manager.





In addition to BFET, you may be eligible for Employment Pipeline services

The Employment Pipeline is a voluntary Employment and Training program offered by the Community Service Division of DSHS. EP Navigators leverage local system resources and help individuals navigate the local workforce development systems in these areas for better connection with employment and training opportunities and the necessary supports, including referrals to address barriers, and 12 months of employment retention services. EP has Navigators in the following Workforce Development Areas: Spokane, King County, Snohomish, Olympic, Pacific Mountain, Tacoma-Pierce County, Yakima County, and Southwest Washington. For more information on how Employment Pipeline can help you, send an email to the EP Navigator in your region.

Email: R1EPNavigators@dshs.wa.gov



ASOTIN COUNTY (Clarkston)	
Walla Walla Community College.....	(509) 758-3339
WorkSource Walla Walla.....	(509) 527-4393
BENTON AND FRANKLIN COUNTY	
Columbia Basin College (<i>Pasco, Richland</i>)	(509) 542-4719
Columbia Industries.....	(509) 582-4142
WorkSource Columbia Basin	(509) 734-5930
CHELAN AND DOUGLAS COUNTY	
Chelan-Douglas Community Action Council	(509) 662-6156
Wenatchee Valley College	(509) 682-6964
GRANT COUNTY (Moses Lake)	
Big Bend Community College.....	(509) 834-2979 or (509) 793-2052
KITTITAS COUNTY (Ellensburg)	
Yakima Valley Community College	(509) 574-4743
Klickitat County	
People for People.....	(503) 707-6929
Yakima Valley Community College	(509) 574-4743

OKANOGAN COUNTY (Nespelem, Omak)	
Colville Confederated Tribes (<i>Nespelem</i>)	(509) 634-2730
Colville Confederated Tribes Satellite (<i>Omak</i>)	(509) 422-7474
Wenatchee Valley College (<i>Omak</i>)	(509) 682-6806 x8
WorkSource Okanogan.....	(509) 826-7310
SPOKANE COUNTY	
Career Path Services.....	(509) 343-1310
Next Generation Zone*.....	(509) 340-7800
Resource Center of Spokane County*	(509) 867-8188
Spokane Falls Community College	(509) 533-3307
WorkSource Spokane	(509) 532-3120
STEVENS AND FERRY COUNTY (Colville)	
Confederated Tribes of the Colville Reservation.....	(509) 634-2730
Spokane Falls Community College	(509) 533-3307
WorkSource Colville	(509) 685-6158
WALLA WALLA COUNTY	
Walla Walla Community College.....	(509) 758-3339
WorkSource Walla Walla.....	(509) 527-4393

WHITMAN COUNTY	
Spokane Falls Community College	(509) 533-3307
YAKIMA COUNTY	
People for People	(509) 248-6727
Rod's House	(509) 895-2665
WorkSource (<i>Sunnyside</i>).....	(509) 836-5405
WorkSource (<i>Union Gap</i>).....	(509) 574-0105
Yakama Nation TERO	(509) 314-6701
Yakima Valley Community College (<i>Grandview, Sunnyside, Toppenish, and Yakima</i>)	(509) 574-4743
STATEWIDE	
Code Fellows	(206) 681-9318

Refugee and Immigrant Agencies

SPOKANE COUNTY	
World Relief (<i>Spokane</i>).....	(509) 484-9829

* Sub-contractor of Spokane Workforce Council