

Do you qualify?

You may qualify if:

- You are not receiving TANF.
- You are able to work at least 20 hours per week.
- You receive less income than the guidelines below.

Number of people in household	Gross Monthly Income
1	\$2,265
2	\$3,052
3	\$3,839
4	\$4,625
5	\$5,412
6	\$6,199
7	\$6,985
8	\$7,772
9	\$8,559
10	\$9,345
Add for each person over 11+	\$787

Effective 10/2022

What can BFET help you do?

Some things BFET may help you do are:

- Write an effective resume.
- Improve your interviewing skills.
- Start a career.
- Improve your English, reading, writing and math skills.
- Get your high school equivalency certificate.
- Learn new job skills in professional, technical or vocational programs.
- Finish your non-transferrable AA degree or certificate program.



What do you want for the future?

- A new career?
- Job training?
- Improved math or English skills?
- On the job training?

For provider information contact:
www.dshs.wa.gov/BFET

For college connections contact:
www.sbctc.edu/paying-for-college/bfet-student.aspx



This institution is an equal opportunity provider.

Funding provided by United States Department of Agriculture.
USDA is an equal opportunity employer, provider and lender.



DSHS 22-1683 (Rev. 1/23) REGION 3

Basic Food Employment and Training (BFET)

REGION 3

Looking for the next step to your future?



Employment and
Training Assistance

October 2022

Free to those receiving Basic Food Assistance.

TANF/Workfirst recipients must contact their case manager.





CLALLAM COUNTY	
Peninsula College	(360) 417-6296
CLARK COUNTY (Vancouver)	
Clark College	(360) 992-2321
Next - Opportunity Young Adult Center*	(360) 207-2628
WorkSource Vancouver	(360) 784-2980
COWLITZ COUNTY (Wahkiakum)	
Goodwill of the Olympic and Rainier Region.....	(360) 425-6929
Lower Columbia College	(360) 442-2330
Lower Columbia Community Action Program	(360) 425-3430
Next - Opportunity Young Adult Center*	(360) 207-2628
WorkSource Kelso*	(360) 577-2250
GRAYS HARBOR COUNTY	
Grays Harbor College (<i>Aberdeen</i>)	(360) 538-4058
Next - Opportunity Young Adult Center*	(360) 207-2628
JEFFERSON COUNTY	
Peninsula College	(360) 417-6296
KITSAP COUNTY	
Goodwill Evergreen (<i>Bremerton, Silverdale</i>)	(206) 812-8602
Northwest Indian College (<i>Port Gamble S'Klallam</i>)	(360) 392-4282
or (360) 202-6002	
Olympic College (<i>Bremerton, Poulsbo</i>)	(360) 475-6551

LEWIS COUNTY	
Centralia College.....	(360) 736-9391 x8959
MASON COUNTY	
Adonai Counseling & Employment Services	800-778-6310
or (253) 777-1434	
Olympic College (<i>Shelton</i>)	(360) 432-5400
PACIFIC COUNTY	
Grays Harbor College (<i>Raymond</i>)	(360) 875-9466
PIERCE COUNTY	
Adonai Counseling and Employment Services	800-778-6310
or (253) 777-1434	
Bates Technical College.....	(253) 680-7286
Career Path Services	(253) 328-4768
Clover Park Technical College (<i>Lakewood, Puyallup</i>)	(253) 589-5513
Goodwill of the Olympic and Rainier Region.....	(253) 573-6847
Green River College (<i>Enumclaw</i>)	(253) 833-9111 x2211
Orion Industries.....	(253) 661-7805
Pierce College (<i>Tacoma, Lakewood, Puyallup, Fort Steilacoom</i>)	(253) 964-6265
Tacoma Community College (<i>Tacoma, Gig Harbor</i>)	(253) 566-5188
Valeo Vocation	(253) 301-2134

In addition to BFET, you may be eligible for Employment Pipeline services

The Employment Pipeline is a voluntary Employment and Training program offered by the Community Service Division of DSHS. EP Navigators leverage local system resources and help individuals navigate the local workforce development systems in these areas for better connection with employment and training opportunities and the necessary supports, including referrals to address barriers, and 12 months of employment retention services. EP has Navigators in the following Workforce Development Areas: Spokane, King County, Snohomish, Olympic, Pacific Mountain, Tacoma-Pierce County, Yakima County, and Southwest Washington. For more information on how Employment Pipeline can help you, send an email to the EP Navigator in your region.

Email: R3EPNavigators@dshs.wa.gov



SKAMANIA COUNTY	
Clark College	(360) 992-2321
People for People	(509) 379-4709
THURSTON COUNTY (Olympia)	
Adonai Counseling and Employment Services	(253) 777-1434
Centralia College	(360) 736-9391 x8959
Northwest Indian College (<i>Nisqually</i>)	(360) 392-4282
or (360) 202-6002	
South Puget Sound Community College	(360) 596-5418
STATEWIDE	
Code Fellows	(206) 681-9318

Refugee and Immigrant Agencies

VANCOUVER	
Partners in Careers.....	(360) 696-8417
TACOMA	
TRAC Associates.....	(253) 472-1727

* Sub contractor for Workforce Development Southwest Washington