

# What does a Person-Centered Plan Facilitator do?

Person-centered Planning (PCP) means helping an individual plan for the life they want to live.

PCP facilitation is an approach to forming life plans that is centered on an individual. It enables individuals with disabilities (or others requiring support) to increase personal self-determination.

## Person-centered Plan Facilitation

- Identify and develop a potential circle of support
- Explore what matters by listening and learning
- Develop a vision for a meaningful life
- Discover capacities and assets of family, neighborhood, and support network
- Create an action plan
- Facilitate follow-up meetings to track progress toward goals

## Person-Centered Plans

Individualized person-centered plans include, but are not limited to:

- Dreams, vision and goals
- A profile that can include likes/dislikes, history, strengths, gifts, talents, relationships, choices, daily schedules, etc.
- A one-page summary of the plan
- Identifies and describes responsible individuals, action tasks, due dates, and locations, if applicable



The Department of Social and Health Services assists more than 32,000 clients through the Developmental Disabilities Administration. As part of our mission of transforming lives, we need people to serve in the role as Person-Centered Plan Facilitator.  
[www.dshs.wa.gov/dda/](http://www.dshs.wa.gov/dda/)



Transforming lives

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