

# Aged, Blind, or Disabled Program

## OVERVIEW

### Aged, Blind, or Disabled (ABD) Program



The Aged, Blind, or Disabled (ABD) program assists eligible, low-income adults who are age 65 or older, blind, or determined likely to meet federal Supplemental Security Income (SSI) disability criteria.

#### ABD Program Benefits

- Monthly cash grant
- Referral to the Housing and Essential Needs (HEN) program
- Help applying for federal SSI and Social Security Disability Insurance (SSDI) benefits
- Case management and support

#### How do I apply?

1. Submit an application:
  - In person at your local Community Services Office;
  - Online at [www.washingtonconnection.org](http://www.washingtonconnection.org);
  - By fax at 888-338-7410; or
  - By mail: DSHS, PO Box 11699, Tacoma, WA 98411.
2. Complete a financial interview in person or by phone at **877-501-2233** between the hours of 8 a.m. – 3 p.m., Monday – Friday.
3. If you meet financial eligibility, you will be referred to a Social Service Specialist (Social Worker) to determine your medical eligibility for the ABD or HEN Referral program.

# Housing and Essential Needs Referral Program

## OVERVIEW

### Housing and Essential Needs (HEN) Referral Program

If you are not eligible for the Aged, Blind, or Disabled (ABD) program, but you are unable to work for at least 90 days due to a physical or mental impairment, you may receive a **referral** to the Housing and Essential Needs (HEN) program.



After you receive a referral, you will need to contact your local HEN provider to see if the following services are available:

- Personal hygiene and cleaning products
- Transportation assistance
- Rent and utility assistance if you are homeless or at risk of becoming homeless
- Case management and support

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