

Aged, Blind, or Disabled Program

OVERVIEW



Aged, Blind, or Disabled (ABD) Program

The Aged, Blind or Disabled program assists eligible, low-income adults who are aged 65 or older, blind or determined likely to meet federal Supplemental Security Income disability criteria.

ABD Program Benefits

- Monthly cash grant
- Referral to the Housing and Essential Needs (HEN) program
- Help applying for federal SSI and Social Security Disability Insurance (SSDI) benefits
- Case management and support

How do I apply?

1. Submit an application by using any of the following methods:
 - Visit your local [Community Services Office](#) in person.
 - Call **877-501-2233** by phone.
 - Visit washingtonconnection.org online.
 - Fax 888-338-7410.
 - Mail to DSHS, PO Box 11699, Tacoma, WA 98411.
2. Complete a financial interview in person or by phone at **877-501-2233** between the hours of 8 a.m. – 2 p.m., Monday – Friday.
3. If you meet financial eligibility, you will be referred to a Social Service Specialist to determine your medical eligibility for the ABD or HEN Referral program.

Contact:
877-501-2233
8 a.m. – 2 p.m., Monday–Friday
FAX: 888-338-7410



DSHS 22-1727 (Rev 3/25)

Housing and Essential Needs Referral Program

OVERVIEW

Housing and Essential Needs Referral Program

If you are not eligible for the Aged, Blind or Disabled program but you are unable to work for at least 90 days due to a physical or mental impairment, you may receive a referral to the Housing and Essential Needs program.

After you receive a referral, you will need to contact your local HEN provider to see if the following services are available:

- Personal hygiene and cleaning products.
- Transportation assistance.
- Rent and utility assistance, if you are homeless or at risk of becoming homeless.
- Case management and support.



How do I apply?

1. Submit an application by using any of the following methods:
 - Visit your local [Community Services Office](#) in person.
 - Visit washingtonconnection.org online.
 - Fax 888-338-7410.
 - Mail to DSHS, P.O. Box 11699, Tacoma, WA 98411.
2. Complete a financial interview in person or by phone at **877-501-2233** between the hours of 8 a.m. – 2 p.m., Monday – Friday.
3. If you meet financial eligibility, you will be referred to a Social Service Specialist to determine your medical eligibility for the ABD or HEN Referral program.

Contact:
877-501-2233
8 a.m. – 2 p.m., Monday–Friday
FAX: 888-338-7410



DSHS 22-1727 (Rev 3/25)