For more information on Adult Day Services please contact your local Home and Community Services office or visit the Adult Day Services website: www.dshs.wa.gov/adultdayservices

Adult Day Services are supervised daytime programs.

Programs can either be Adult Day Care (ADC) or Adult Day Health (ADH).

What caregivers and agencies are saying about Adult Day Services?

“You are so easy to work with! Thanks for all you do!”

“Staff is extremely kind and caring.”

“Helpful and kind on the phone. Families and clients speak highly of the staff.”

“They always treat the clients and family with respect.”

“She really likes the activities provided.”

“The activities are excellent. I love the painting classes.”

“Wishes to attend every day!”

“I think this is a valuable resource for our clients! Thanks so much!”

“Frankly, without the program, I do believe it would NOT be possible for a portion of my clients to remain in their home. Plus, a portion of the caregivers would NOT be able to provide CG services.”

“And they laugh with her. Very important. They can get her to feel comfortable talking with them.”

“They’re great when I need talk to staff for issues that my mother’s having. They attend to her needs.”
Adult Day Care (ADC)
ADC provides core services for adults with medical or disabling conditions who do not require the interventions or services of a Registered Nurse or licensed Rehabilitative Therapist.
• Personal care services
• Social services on a consulting basis
• Routine health monitoring by an RN
• General therapeutic activities
• General health education
• Supervision and protection
• Assistance with transportation
• First aid
• Recreational/social activities
• Nutritious meals and snacks
• Reduces CARE hours by 30 minutes for every hour of attendance, up to two hours a day

Who is eligible for ADC?
Someone who:
• Has a current assessment in CARE
• Is enrolled in COPES, RCL, New Freedom, or other approved funding, and
• Has an unmet need for one or more of the following core services:
  - Personal care services
  - Health monitoring with consultation from an RN
  - General therapeutic activities
  - Supervision and/or protection
  - Lives in an in-home setting

Adult Day Health (ADH)
ADH provides skilled nursing and/or rehabilitative therapy in addition to the core services offered at ADC.
• All core services within ADC
  AND
• Skilled nursing services
• Skilled therapies: physical and occupation therapy, restorative or rehabilitative therapy, speech-language pathology, and audiology
• Supportive counseling services, case management
• Transportation included in daily rate
• No adjustment to CARE hours

Who is eligible for ADH?
Someone who:
• Has a current assessment in CARE
• Is enrolled in COPES, RCL, new Freedom, or other approved funding
• Has an unmet need for one or more of the following:
  - Skilled nursing
  - Skilled therapy
  - Counseling
• Lives in an in-home setting, assisted living facility or adult family home that does not offer the needed service(s)