



## What caregivers and agencies are saying about Adult Day Services:

*"You are so easy to work with!  
Thanks for all you do!"*

*"Staff is extremely kind and caring."*

*"Helpful and kind on the phone. Families  
and clients speak highly of the staff."*

*"They always treat the clients  
and family with respect."*

*"She really likes the activities provided."*

*"The activities are excellent.  
I love the painting classes."*

*"Wishes to attend every day!"*

*"I think this is a valuable resource  
for our clients! Thanks so much!"*

*"Frankly, without the program,  
I do believe it would NOT be possible for a  
portion of my clients to remain in their home.  
Plus, a portion of the caregivers would NOT  
be able to provide CG services."*

*"And they laugh with her. Very important. They  
can get her to feel comfortable talking with them."*

*"They're great when I need talk to  
staff for issues that my mother's having.  
They attend to her needs."*

For more information on Adult Day Services please  
contact your local Home and Community Services  
office or visit the Adult Day Services website:  
[AdultDayServices@dsha.wa.gov](mailto:AdultDayServices@dsha.wa.gov)

# Adult Day Services

*Adult Day Services  
are supervised  
daytime programs.*

*Programs can either  
be Adult Day Care  
or Adult Day Health.  
Remote options are available  
for both programs, to  
those who qualify.*



Transforming lives

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Department of Social and Health Services  
Aging and Long-Term  
Support Administration

## Adult Day Care (ADC)

ADC provides core services for adults with medical or disabling conditions who do not require the interventions or services of a Registered Nurse or licensed Rehabilitative Therapist.

- Personal care services.
- Social services on a consulting basis.
- Routine health monitoring by an RN.
- General therapeutic activities.
- General health education.
- Supervision and protection.
- Assistance with transportation.
- First aid.
- Recreational/social activities.
- Nutritious meals and snacks.



## Who is eligible for ADC? Someone who:

- Has a current assessment in CARE.
- Is enrolled in COPES, RCL, New Freedom, or other approved funding, and
- Has an unmet need for one or more of the following core services:
  - Personal care services.
  - Health monitoring with consultation from an RN.
  - General therapeutic activities.
  - Supervision and/or protection.
  - Lives in an in-home setting.



## Adult Day Health (ADH)

ADH provides skilled nursing and/or rehabilitative therapy in addition to the core services offered at ADC.

- All core services within ADC.

AND

- Skilled nursing services.
- Skilled therapies: physical and occupation therapy, restorative or rehabilitative therapy, speech-language pathology, and audiology.
- Supportive counseling services, case management.
- Transportation included in daily rate

## Who is eligible for ADH? Someone who:

- Has a current assessment in CARE.
- Is enrolled in COPES, RCL, new Freedom, or other approved funding.
- Has an unmet need for one or more of the following:
  - Skilled nursing.
  - Skilled therapy.
  - Counseling.
- Lives in an in-home setting, assisted living facility or adult family home that does not offer the needed service(s).

## Who is eligible for Remote services?

- Please check with your local Adult Day Service provider to see if you would qualify.