



What caregivers and agencies are saying about Adult Day Services?

*“You are so easy to work with!
Thanks for all you do!”*

“Staff is extremely kind and caring.”

*“Helpful and kind on the phone. Families
and clients speak highly of the staff.”*

*“They always treat the clients
and family with respect.”*

“She really likes the activities provided.”

*“The activities are excellent.
I love the painting classes.”*

“Wishes to attend every day!”

*“I think this is a valuable resource
for our clients! Thanks so much!”*

*“Frankly, without the program,
I do believe it would NOT be possible for a
portion of my clients to remain in their home.
Plus, a portion of the caregivers would NOT
be able to provide CG services.”*

*“And they laugh with her. Very important. They
can get her to feel comfortable talking with them.”*

*“They’re great when I need talk to
staff for issues that my mother’s having.
They attend to her needs.”*

For more information on Adult Day Services please contact your local Home and Community Services office or visit the Adult Day Services website:
www.dshs.wa.gov/adulthoodservices

Adult Day Services

*Adult Day Services
are supervised
daytime programs.*

*Programs can either be
Adult Day Care (ADC)
or Adult Day Health (ADH).*



Aging and Long-Term
Support Administration



Transforming lives

DSHS 22-1731 (8/17)

Adult Day Care (ADC)

ADC provides core services for adults with medical or disabling conditions who do not require the interventions or services of a Registered Nurse or licensed Rehabilitative Therapist.

- Personal care services
- Social services on a consulting basis
- Routine health monitoring by an RN
- General therapeutic activities
- General health education
- Supervision and protection
- Assistance with transportation
- First aid
- Recreational/social activities
- Nutritious meals and snacks
- Reduces CARE hours by 30 minutes for every hour of attendance, up to two hours a day



Who is eligible for ADC? Someone who:

- Has a current assessment in CARE
- Is enrolled in COPES, RCL, New Freedom, or other approved funding, and
- Has an unmet need for one or more of the following core services:
 - Personal care services
 - Health monitoring with consultation from an RN
 - General therapeutic activities
 - Supervision and/or protection
 - Lives in an in-home setting

Adult Day Health (ADH)

ADH provides skilled nursing and/or rehabilitative therapy in addition to the core services offered at ADC.

- All core services within ADC
- AND
- Skilled nursing services
 - Skilled therapies: physical and occupation therapy, restorative or rehabilitative therapy, speech-language pathology, and audiology
 - Supportive counseling services, case management
 - Transportation included in daily rate
 - No adjustment to CARE hours

Who is eligible for ADH? Someone who:

- Has a current assessment in CARE
- Is enrolled in COPES, RCL, new Freedom, or other approved funding
- Has an unmet need for one or more of the following:
 - Skilled nursing
 - Skilled therapy
 - Counseling
- Lives in an in-home setting, assisted living facility or adult family home that does not offer the needed service(s)