Where do I go for more information?

Contact your local Community Living Connections/Area Agency on Aging office – you can find locations and local phone numbers at www.waclc.org under the Connect section or call toll free 1-855-567-0252.

Or visit www.dshs.wa.gov/altsa/home-and-community-services/caregiver-resources for more information about these programs and other caregiver resources.

Timely, limited services and supports for individuals or their caregivers helps people continue to live independent, healthy lives in their homes.

DSHS 22-1781 (7/18)

Medicaid Alternative Care and Tailored Supports for Older Adults

Unpaid caregivers are the backbone of our long-term services and supports. These services are designed to assist unpaid caregivers in getting supports necessary to continue to provide high-quality care and to focus on their own health and well-being.

Washington State Department of Social & Health Services

Transforming lives

Washington state is offering two additional ways to support older adults who need help to live at home. These programs, described below, support their unpaid family caregivers or support individuals who do not currently have an unpaid caregiver. Your local Community Living Connections office or an Area Agency on Aging office can provide additional information or you can find information online.

What do these programs provide?

Both programs provide a wide range of services and supports you may be eligible for, including:

- Housekeeping and errands
- Support groups and counseling
- Specialized medical equipment or supplies
- Respite care options
- Training opportunities
- Adult Day Health or Adult Day Care
- Information about caregiving, resources in your community, available services and more.

Under the **Tailored Supports for Older Adults**, personal assistance services (including personal care and nurse delegation) are an additional choice, instead of respite, for an adult who does not have a caregiver, is age 55 or older, and meets functional and financial requirements.

Who	Program Name	Age Requirements	Medicaid Requirements	Other Requirements	Benefit Level
Caregivers	Medicaid Alternative Care (MAC)	The care receiver must be 55+ and the caregiver must be 18+ in age.	Requires the care receiver to currently be on Apple Health (Medicaid).	The care receiver must need help with some activities of daily living, like bathing, walking, medications, transfers, etc.	Depending on your situation, you could receive one of three different levels of services and supports.
Caregivers or Older Adults without a Caregiver	Tailored Supports for Older Adults (TSOA)	The care receiver must be 55+ and the caregiver must be 18+ in age.	Medicaid eligibility is not a requirement. Your income and resources can be above the Medicaid amounts. Staff will help you determine your financial eligibility.	The care receiver must need help with some activities of daily living, like bathing, walking, medications, transfers, etc.	Depending on your situation, you could receive one of three different levels of services and supports.