

**SOLA** is a state-operated, supported living program. SOLA offers up to 24 hours/day staff support for individuals served in the program.

SOLA provides services for individuals 18 and older, and a small children's program for youth under 21 years of age.

Services include habilitation and other supports individuals need to live meaningful lives in the community.

SOLA individually tailors skill development, medication management, community integration, and advocacy.

Clients served in the program also have access to Employment or Community Inclusion services which is delivered through county contracts.

Individuals served by SOLA live in private residences with up to three housemates that share living expenses, while receiving shared staff support.

The individuals served by SOLA pay their own rent, food, utilities, and personal expenses.

Regulatory oversight for supportive living programs is provided by Residential Care Services under Chapter 388-101 WAC and Chapter 388-101D WAC.



**SOLA**  
State-Operated Living Alternatives  
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*Transforming lives*

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# SOLA

## State-Operated Living Alternatives

Supporting clients across Washington



*Transforming lives*

## SOLA - A history of service

- In 1989, the Legislature established SOLA to provide a residential option to move people from residential habilitation centers to the community.
- The first SOLAs were located in or near Seattle, Spokane, Tacoma, and Yakima.
- In 2011, SOLA expanded to Bremerton to support individuals leaving Francis Haddon Morgan Center.
- In 2016, SOLA began transitioning individuals into the community from Eastern and Western State Hospitals.
- In 2018, the Legislature funded SOLA to support 47 individuals leaving residential habilitation centers over the next three years.
- In 2019, SOLA increased capacity to support 32 individuals transitioning from Rainier Pat A into the community.

## SOLA stands by DDA's Mission and Values

- SOLA specializes in working with people who have acute support needs.
- SOLA supports individuals based on personal needs. This assists them to reach their full potential to live in, contribute to, and participate in their communities.
- SOLA offers community support to clients in King, Kitsap, Snohomish, Spokane, Thurston and Yakima counties.
- SOLA hires a skilled team of employees to assist individuals in their own home.



SOLA services are offered in an integrated setting and support personal power, choice, and access to the greater community.



“We have a choice – and we choose to move forward so the people we serve can exercise the rights and privileges that have always been theirs. Unconditional support should not be withheld, but provided through understanding, commitment, and inclusion.”

– Evelyn Perez, DSHS Assistant Secretary  
Developmental Disability Administration

## Children's SOLA

Children's SOLA provides 24/7 residential support in a specially modified home to people under 21 receiving Voluntary Placement Services.

Wrap-around services address the youth's individualized support needs, including habilitation, independent skill development, shared parenting, and community integration.