

DSHS Developmental Disabilities Administration Alternative Living

Overview

DSHS Developmental Disabilities Administration's Alternative Living supports independent community living through one-on-one instruction. Individuals set measurable goals and get skills training based on their Person-Centered Service Plan. They can get up to 40 hours each month of life-skill instruction in:

- Establishing a residence.
- Home living.
- Community living.
- Health and safety.
- Social activities.
- Protection and advocacy.
- Other topics based on assessed need.



Eligibility Requirements

DDA clients who are:

- 18 years of age or older.
- Currently on or approved for a Home and Community-Based Services Core waiver or have a written agreement with the provider to purchase Alternative Living residential services using the individual's personal financial resources.
- Assessed to need Alternative Living to meet their health and welfare needs in their Person-Centered Service Plan.
- Living outside of their parents' home or moving to their own home within six months.

Budget

A total of 63 DDA clients received up to 40 hours a month of Alternative Living, as of Aug. 1, 2023.

Rates

The rate paid to providers is hourly and can be found under the "DDA Services" tab at Developmental Disabilities rates: [Office of Rates Management](#).

Partners

- Individuals receiving services.
- Families of individuals with intellectual and developmental disabilities.
- Self-advocates.
- Advocacy organizations.
- Counties.
- Service providers.

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Washington State
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Oversight

DSHS uses a formal process to review whether a service provider meets certification requirements described in law, DDA policies and the DDA contract. DDA evaluates contracted providers at least annually.

DSHS' Adult Protective Services investigates complaints regarding abuse, neglect, exploitation, financial exploitation or mistreatment of clients.

External

- Adult Protective Services.
- Centers for Medicare and Medicaid Services.
- Office of the Washington State Auditor.
- Washington State Department of Health.

Internal

- DDA Office of Compliance, Monitoring and Training
- DDA Office of Quality Programs and Stakeholder Involvement



Authority

[Chapter 71A RCW](#), Developmental Disabilities

[Chapter 388-825 WAC](#), DD Service Rules

[Chapter 388-828 WAC](#), DDA Assessment

[Chapter 388-829A WAC](#), Alternative Living